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FOUR WINDS YOGA
FOR BODY • MIND • SPIRIT
in the new Tamarack Wellness Center
10-week Beginning Series!
Mondays 7:15-8:45pm
March 29-June 7
with **Justine Gross**
No class on May 31
Tuesdays 7:15-8:45pm
April 6-June 8
with **Lynne Mahan**
Thursdays 5:30-7:00pm
April 1 - June 3
with **Michele Bulgatz**
Voted #2 Yoga Teacher
in the 2003 Eugene Weekly Readers' Poll
Cost: \$75/10 week series
Preregistration required - Call now!
OR, start ANYTIME with a drop-in class!
Here are some good ones for starters
Mondays 9:15am with **Lynne**
Tuesdays 3:30pm with **Glen**
Wednesdays 9:15am with **Donna**
Check website for list of all 32 of our classes!
6-week series for family & teens!
Kid & Family Yoga
with **Nancy**
Tuesdays 3:45-5:00pm
April 6-May 11
\$55/Adult & Child (Add. child: \$22)
Yoga for Teens*
with **Sylvie** for Age 10-16
Wednesdays 3:45-5:00pm
April 14-May 19 Cost: \$38
3575 Donald St. Eugene 484-6100
www.fourwindscenter.com

Premium Pour Bartending, Inc.
1010 Oak St • Eugene, OR 97401
(541) 485-4895 • www.premium-pour.com
OLCC SERVER CLASS
May 1, \$30
SAVE \$125 IN MARCH
on the Spring Break Special, March 22 (9-5pm)
or a 2 week session, March 29.
NEW! Intro Class April 15 - \$35
Is bartending for you? Get behind the bar, mix it up,
and taste your creations.

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Wellness

MEDICAL MARIJUANA SIGN UP clinics in Cottage Grove. March 27 and 28. Ongoing appointments also available. 541-942-6962. www.somm-net.org
TAI CHI workshop for health. Classes with Sensei Suman on Fridays, 6pm at Tamarack Center and others. Call 520-1790.

Hypnotherapy

EARN A DOCTORATE in hypnosis. Start a new career in this exciting field. Part time or full time. Learn in the privacy of your own home. Limited availability. email larryu99@sbcglobal.net (AAN CAN)
FEAR OF flying? Other phobias? Leave it behind or pay no fee. Joe Casey 484-0608. See display ad for more.

Intuitive Arts

MALE WITCH. Psychic readings and counseling. Casting and removal of spells. Contact with spirits. Call 24/7. Tom: 800-419-3346. Credit/Debit cards. Get back the one you love. (AAN CAN)

Massage

MASSAGE THERAPY. Rejuvenation Health Spa. 10 am to 10 pm, 7 days a week. 272 W 11th Ave, Downtown Eugene. Call now: 349-0540. www.rejuv.org
DEEP-TISSUE massage by Michael Bell, LMT #7878. First time special \$30 for one hour. 3225 Willamette St. 729-5622.
ENCHANTED FOREST; musical creek with viewing porch; meditation trail; a great massage (#5219) tailored to your needs. Gift yourself call 822-3334.

FRIDAY MASSAGE SPECIAL
\$35 for one hour
\$50 for 1 1/2 hours
Swedish, Deep Tissue
Relaxation
Jesse, 687-4879.
Center for Integrative
Massage
LMT # 10398

SPECIAL PRICE massage \$25/hr. Diane Whiffen, LMT, lic#9736. Heavenly Touch Massage, River Road Office, 461-5950.

Pregnancy Support

BIRTH DESIGN Doula Services. Exceptional support during the prenatal period and for your birth. You can have the birth you desire in the surroundings you choose. Please call Janene Becker, LMT, CD (DONA) at 284-5947 or visit www.birthdesign.com

Reiki

REFRESH, RENEW, EXPERIENCE the light of energetic healing. Janhavi Morton, 345-7456. Claudia Rosenthal, 942-1385. Ask about tandem healing sessions.

NW CENTER FOR REIKI TRAINING and Client Services. Free brochure. Manual, \$25. 915-5723, 954-9703.

THE REIKI ROOM. Karen Gordon, Reiki Master. 683-3448. Treatments and classes. Usui System of Natural Healing practitioner since 1983.



Homes

GIANT HOUSE south of campus. 5-bdrm, 2 offices, 2 living rooms, vaulted, workshop, shed, hot tub. View of Laurelwood. \$300,000. Can convert to house + apt. 345-6466.
WEST EUGENE home. \$83,000. Nicely renovated. Charlotte Brady, Parrish Realty Group. 342-1619. parrishrealtygroup@msn.com

Real Estate

ALTERNATIVEREALTOR.COM Eugene's Alternative Realtors. Free email listings. Toll free, 866-706-3283 or local, 521-DAVE.

PUBLISHER'S NOTICE: All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention, to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18. This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll-free at 1-800-669-9777. The toll-free telephone number for the hearing impaired is 1-800-927-9275.



Commercial Rentals

ARTIST STUDIO. Two rooms, over 258 sq. ft., \$350/mo. 345-8854.

MOVEMENT SPACE, hourly rate, \$15. Office space available at same location. 855 West 1st Ave. 686-9342.

Comm. Rental Wanted

ARTIST, JEWELER seeks large, light workspace, room in SE Eugene. Must have water, elec. No garages. \$250/mo. 484-1040.

Apts. for Rent

2-BDRM NEWLY refurbished. Spacious, quiet. Large patio, storage, laundry facility, parking, NP \$575/mo. + deposit. 577 W. 10th. 954-3289.

UTILITIES PAID, 2-bdrm in 1920s duplex. \$565/mo includes all utilities. 577 Madison. 338-2190.

SUNNY, 2-BDRM. Wood floors, garden, private porch, W/D hookups. \$675/mo + 1st, last, dep., util. NS, No dogs. 543-1816.

2-BDRM, 1.5 BA. Pool, Sundance, UO, pets ok. 2 story. Lots of extras. On 24th. \$700. 434-6383, 914-7895. Leave message.

APARTMENT AVAILABLE. 2-bdrm, 1-ba. Directly above the Oregon County Fair office within walking distance to downtown Eugene and Willamette River. Incl appliances, garden space, parking for one car and is wired for the Internet. NP, NS. \$550/mo + utils. 12 mo lease. First, \$500 dep. 343-4298 or office@oregoncountyfair.org for app.

NEW 2-BDRM garage apt, skylight, wood floors, vaulted ceilings, W/D. Arthur St. Incl water and garbage. \$650/mo + dep. 485-3417.

LARGE 1-BDRM apartment in 1890s multiplex. Large yard, animals OK with fee. \$510/mo. 531 Monroe. 338-2190.

Duplexes for Rent

HAYDEN BRIDGE Duplex. 2-bdrm. Great neighborhood. Newly refurbished. Spacious. Clean. Large kitchen, dining area. Laundry room. Storage. Patio. NP \$595/mo, dep. 2492 Laralee. 954-3289.

2-BDRM, STORAGE, off street parking, some furniture. \$560/mo. 374 1/2 W 4th, 343-1178

Land/Space for Rent

ON MCKENZIE River. Neat, clean, quiet, and serene RV space only \$250/mo. or trade for home care. NS. 744-0652.

RV SPACE on 10 acre organic farm in S. Springfield near Mt. Pisgah. Price negotiable. 968-8431.

Homes for Rent

2-BDRM COTTAGE, fenced yard, private, ND, \$475/mo. 1st, last, \$200 dep. 737 W. 5th, Eugene. 520-1578.

LAKE DORENA. New house. Upstairs studio unit. Custom oak walnut cabinetry, balcony. Beautiful views, garden, community property 1,200 acres. NS, NP, \$375/mo. +, 942-5439.

BEAUTIFUL 3-BDRM home. Quiet River Rd. neighborhood. Gardener's paradise, 6 foot tub with two shower heads, wood stove and floors, solar water heater, W/D, dishwasher, refurbished kitchen and bathroom. Fenced yard for pets. Five minutes from Rec. Center. Garage. \$965/mo. 888-883-9304.

4-BDRM, 1- BA. Large Southern fenced yard. Fireplace, wood floors, NS, NP. Bike and bus. \$950/mo + dep. 344-7196.

LESBIAN LAND. 1,200 sq ft duplex on beautiful acreage with views. Just outside city limits. Huge kitchen, Hot tub and pool. Friendly pets ok. \$750/mo. Available now. Call 541-465-9268.

VERY CUTE, stylish, 1926 2-BDRM, garden, fireplace, walk to river, Skinner's butte, downtown. NS. \$800/mo. + util. Located at 71 Madison St. Available March 15. Call 503-490-5185.

OPEN HOUSE March 27, noon to 4pm. at 1895 City View. Cute 2-bdrm., new bright paint and carpet, wood floors, dining room, all appliances, storage, fenced, garden space. Pets? \$800/mo. 484-6767.

WATER WHEEL house converted into cozy secluded, peaceful cabin. Woodstove, loft, next to creek. 1/2 hr from town. Share bath, kitchen, laundry in separate cabin. Nine wooded organic acres \$450/mo., 937-3754.

LORANE COUNTRY living. Almost new home with 3-bdrm, 2-ba, 1,400 sq ft, deck with landscaping. On 2 fenced acres. \$1,150/mo. One year lease required. 541-942-1566.

CUTE 1-BDRM Cottage. Ferry St. Bridge area. Perfect for a conscious being. Water, sewage, W/D incl. Near bus, bike, park. \$525/mo + dep., fee, last. 349-0202.

DOUBLE DEAD-END near bike path. Three bedroom, large living room and kitchen. W/D. \$850/mo. NS. No dogs. Cat? Barb 345-4491.

BEAUTIFUL COUNTRY unique 1-bdrm space. Wood floors, lots of windows. \$550/mo, partial rent exchange for caretaker, gardener. NP, NS. 744-9086.

THREE BEDROOM country home. Share 75 acres, 35 mi S. Gardens, creek, greenhouse, forest, meadows. Seeking community minded vegans. Pets OK. \$600/mo, partial work trade? Also unfinished 2-bdrm. \$300/mo. 431-1663.

BEAUTIFUL COUNTRY duplex. 1-bdrm \$675/mo or 2-bdrm \$780/mo. Appliances, oak, walnut cabinetry, hardwood floors, tie. Gorgeous views and grounds, garden, veranda, patio. NS, NP 942-2049.

BACHELOR COTTAGE. 1 bdrm. Garage. Small yard, big tree, W/D \$525 + deposit. NS, NP See at 1474 W. 11th Alley. Call 484-3689.

TWO BEDROOM, one bathroom, in South Hills. W/D, great view. \$920/mo includes utilities. Please call 729-7255.

Shared Housing

GREAT PLACE. 2 rooms, bdrms and office, studio, yoga. Organic garden, cable, W/D, DW, fireplace, NS, NP \$350/mo. 413-0870.

TWO VEGETARIANS seek housemate to share beautiful South Eugene home. \$325/mo. + utils, dep. No pets. 683-8271.

LIGHT FILLED room. \$275/mo, 1st, last. Share large home with happy folk on 40+ acres. 10 min to town. Gardens, forests, wildlife await. Utils incl. No dogs. 345-2792 msg.

COOL, RESPONSIBLE female to share 3 1/2-bdrm, S Eugene Hills. Great neighborhood. Fireplace, garden. \$300/mo + 1/4 utils, \$150 security deposit. Paula, 425-418-1342.

2 SUNNY ROOMS in beautiful spacious house. Lg. yard with OG garden. Quiet neighborhood with old trees, near river bike path, bus and downtown. Seeking peaceful conscious roommate. \$290/mo, \$320/mo + 1/3 utils. 968-8385.

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