



On-Going Drop-In Classes Open to All Levels



sliding scale 485-4559

LAURA TAYLOR • 484-6224
NATIONALLY CERTIFIED COLON HYDROTHERAPIST



EFFICIENT Housecleaning with references. \$15/hr. 341-1408.

SWEET AND SIMPLE Cleaning offering nontoxic office, move out and housecleaning. Bonded, insured, references. 684-4540. SS. Sr discount.

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- anxiety, stress & depression
- relationships • personal growth

349-0595 • Eugene

Kay Porter, Ph.D.
342-6875

LINDA SATTLER • REGISTERED PRACTITIONER
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Visit our website for complete schedule
3575 Donald St. Eugene 484-6100
www.fourwindscenter.com
email: info@fourwindscenter.com

Classes with: **Janet Hollander 747-3850**

Individual & Weekly Group Support Sessions
Valerie Gomes-Pereira
521-3422 • www.inhalelife.net
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3225 Willamette St. Suite 3-D

Beginning Soon
Call Lucia McKelvey
683-3286