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VERY LITTLE THEATRE
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AUDITIONS

Cat on a Hot Tin Roof
The Pulitzer-Prize winning
drama by Tennessee Williams
Directed by James Aday

Sat., Feb. 7 • 1 p.m.
Sun., Feb. 8 • 5 p.m.
2350 Hilyard St.

Roles for five men and four women
(one African-American), ages 25-64

For scripts or information, call
896-0427
jladay@yahoo.com

Six Degrees of Separation
a comedy written by John Guare
directed by Patrick Torelle

Feb. 6 - 7
13 - 14
20 - 21
8 pm

Sun. Feb. 15
2 pm

\$10 adult
\$8 student
463-5202

Blue Door Theatre
Main Campus

Lane Community College

INAUGURAL
Joy Belsky
LECTURE

THE PUBLIC TRUST AND THE PRECAUTIONARY PRINCIPLE:
Visionary Tools for the Environment and Public Health

February 10, 2004
Alumni Lounge, Gerlinger Hall
7:30 P.M.

Carolyn Raffensperger
Executive Director, Science and Environmental Health Network

Martha Dina Arguello
Director, Health and Environment Programs, Physicians for Social Responsibility, Los Angeles

For more information,
call (541) 346-5015.

CENTER FOR THE STUDY OF WOMEN IN SOCIETY

O UNIVERSITY OF OREGON

MINDING YOUR BODY 2004

MIND & BODY NEWS

Nanotech to the Rescue

Major advances are predicted in nanotechnology in the next few decades. These breakthroughs are expected to have profound implications for health and longevity, and will likely make obsolete many of the medical treatments and technologies we rely on today.

Nanotechnology is a manufacturing technology designed to inexpensively fabricate products, materials and systems with molecular precision. And nanobiotechnology focuses on molecular systems that mimic living biologic systems. The potential applications for health and longevity are staggering, and for some, frightening.

According to the Los Alamos National Laboratory, "Within a few decades, health care will be revolutionized by combining nanotechnology with biotechnology to produce ingestible systems that will be harmlessly flushed from the body if the patient is healthy but will notify a physician of the type and location of diseased cells and organs if there are problems. Nanometer-scale traps will be constructed that will be able to remove pollutants from the environment and deactivate chemical warfare agents."

Far from being a dream, nanotechnology will materially impact many of our economy's largest markets during the next 10 years, and will be a common thread in many of the emerging businesses during this time, says Dr. Andrew Mutz, managing director of Codesta (www.codesta.com). "While medicine will lag other industries due to the multi-year average time for new medical technologies to emerge from clinical trials, it may be the most profoundly impacted within the next two decades," he says.

In his article "Robots in the Bloodstream: the promise of Nanomedicine," Robert Freitas says "In just a few decades physicians could be sending tiny machines into our bodies to diagnose and cure disease. These nanodevices will be able to repair tissues, clean blood vessels and airways, transform our physiological capabilities, and even potentially counteract the aging process."

Several websites offer extensive news, archives and mailing lists on nanotechnology, including an Oregon-based site, www.nanotech-now.com that features a glossary. — TJT

Diabetes Expo Coming

Diabetes is reaching near-epidemic proportions, affecting more than 18 million Americans. The fifth deadliest disease in America, it kills more than 210,000 Americans each year. It is the leading cause of heart disease and stroke, adult blindness, kidney failure and non-traumatic amputations.

On Feb. 21, the American Diabetes Association will host an expo at the Oregon Convention Center in Portland. General panel discussions will continue throughout the day, touching on nutrition, research, women and diabetes, using the insulin pump, dental care, mental health aspects and more. Specific discussion topics will include Type 1 research, Type 1 diet and nutrition, children with diabetes panel discussion, and more. A special Latino discussion area will include general care, mental health, cooking and nutrition classes, all in Spanish, with special information on outreach to the Latino community.

Speakers will discuss nutrition, hypertension, research and sexual dysfunction. More than 120 exhibitors will be present to share resources. Cost is \$5 seniors, \$2.50 general and kids 12 and under are free. Information: (888) 342-2383 or www.diabetes.org

Inner Child Workshop

Gary Springfield, spiritual teacher and visionary, will present the workshop "Inner Child and Enlightenment," 9:30 am to 5 pm, Sunday Feb. 22. According to www.enlightenu.com, Springfield "...teaches how to create balance in our lives in these hectic times by showing us a simple way to ground and open ourselves to the Golden Healing Light." The workshop will explore "techniques to clear the emotional and physical body."

Springfield has over 20 years of research experience into the higher consciousness and the perfecting of spiritual harmony. Springfield lectures and conducts aura readings, described as "an in-depth look at the Soul ... as it creates the tapestry of color and light ..." For more information on the workshop and/or aura readings, visit www.enlightenu.com, or contact Petra Nicole at 485-9660.

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