

1 THURSDAY

Sunrise 7:48 am; Sunset 4:45 pm
Av High 45; Av Low 32

GATHERINGS Tai Chi New Year's Practice and brunch potluck party, 10 am, EWEB Reservoir. 683-8626. FREE.

HIV counseling and testing, 9 to 11:15 am Thursdays, 135 E. 6th Ave. \$15.

Vigorous yoga, 5:45 pm Thursdays, Friends Meeting House. \$7-\$10 ss.

Grief Support Group, McKenzie-Willamette Medical Center Willamette Room, 7 pm Thursdays. FREE.

KIDSTUFF Music fun with Rich Glauber, 10 am, BabyCakes. don.

ON THE AIR "The Healing Connection," 7 pm Thursdays, CTV-22 & 29.

"New Dimensions," 6:30 pm, KLCC, 89.7 FM.

"The Jefferson Exchange" features archive programs, 8 am, 8 pm weekdays, KRVM, 1280 AM.

OUTDOORS/RECREATION One-hour fast bike rides, noon Monday through Friday, Bike Friday. 687-0487. FREE.

SPIRITUAL Eugene Peace Circle, noon Thursdays, Suite 306, 474 Willamette St. 684-3850. FREE.

Prayer for Peace circles, noon Monday through Friday, Unity of the Valley. FREE.

2 FRIDAY

Sunrise 7:48 am; Sunset 4:46 pm
Av High 45; Av Low 32

ARTS/VISUAL S.L.U.G. Queen leads the First Friday Artwalk. First stop is at 5:30 pm at the Jacobs Gallery, then White Lotus Gallery, New Zone Art Collective, Circle of Hands, and concludes at the Atrium Building. The Jacobs Gallery, lower level, Hult, presents artists Jeannette Denicolis Meyer (fiber) and Ellen Morrow (watercolor). Artists present. White Lotus Gallery, 767 Willamette St., features *Mood Indigo: Paintings by Hong-Wen Sun*. New Zone Art Collective, One East Broadway, presents *The Mystery Show: Celebrating Mystery of the Experimental Artist*. Featuring work by Dominic DeFazio and William Kasper. Artists present. Circle of Hands, 1030 Willamette St., presents featured works by Jaime Dianne Bures, including paintings in acrylic, stained glass pieces, unique latch hook rugs, and mixed-media assemblages. Artist present. Atrium Building, 99 W. 10th Ave., celebrates the completion of the Atrium Building's 1% for Art Project, a new floor created by Eugene artists Alison McNair and Bill Fairchild. Artists present.

Opening reception for exhibit of stained glass, glass jewelry and mixed media by Jana Cox, Joe Crisanti and Malori Novak, 7 pm, Downtown Lounge. Free.

DANCE First Friday Irish Community Dance, 8 pm, St. Mary's Episcopal Church. \$8, ss. 935-3028.

GATHERINGS Toastmasters meeting, 6:15 am Fridays, Mr. K's Restaurant, Coburg Rd. 683-9657. FREE.

Progressive Coalition Happytime Friday, 5:30 pm Fridays, Café Paradiso. FREE.

Intro to pure, therapeutic grade essential oils, 10 am, Eugene Wellness Center. FREE.

KIDSTUFF Experiments and crafts to celebrate the season,

noon to 4 pm today and tomorrow, The Science Factory. \$4 exhibit hall or planetarium, \$7 exhibits and planetarium. www.sciencefactory.org.

Mom and Baby Play Group, 10 am, Bambini. FREE.

Pre-school Storytime, for ages 3 to 6, 10:30 am, Bethel Branch Library. FREE.

ON THE AIR "The Jefferson Exchange" features archive programs, 8 am, 8 pm weekdays, KRVM, 1280 AM.

OUTDOORS/RECREATION One-hour fast bike rides continue. See Thursday, Dec. 25.

SCIENCE "Into the Woods" exhibit celebrates great explorer and plant collector David Douglas with tree and plant identification, kids' tent camping and wildlife study, noon to 4 pm Fridays and Saturdays, The Science Factory. \$4. www.sciencefactory.org.

SPIRITUAL Prayer for Peace circles continue. See Thursday, Dec. 25.

Lecture, meditation, and dance into enlightenment, Trinity Healings, Energy Baptisms, 7 pm Fridays. Call 344-0458 for location. don.

3 SATURDAY

Sunrise 7:48 am; Sunset 4:47 pm
Av High 45; Av Low 32

GATHERINGS Indoor Saturday Market, 9 am to 2 pm Saturdays, The Art of Everything, Cottage Grove. FREE.

KIDSTUFF Experiments and crafts to celebrate the season, continues. See Friday.

Children's Storytime, 11 am Saturdays, Borders Books. FREE.



CHRIS ROCK ROLLS THROUGH THE SCHNITZ ON HIS BLACK AMBITION TOUR. SEE JAN. 8, ON THE ROAD.

Saturday Storytime, 10 am, Barnes and Noble Books. FREE.

Family Music Time, 10:15 am, Sheldon Branch and Downtown Libraries. FREE.

OUTDOORS/RECREATION Gay tennis group, noon Saturdays and Sundays. 687-9689. FREE.

SCIENCE "Into the Woods" exhibit continues. See Friday.

"Signs in the Sky" planetarium show, 2 pm Saturdays, The Science Factory. \$4. www.sciencefactory.org.

SPIRITUAL Kirtan, Spiritual Talks, Bhakti Yoga, Vegetarian Feast, 5 pm Saturdays, 741 Lincoln St. 434-1008. FREE.

4 SUNDAY

Sunrise 7:48 am; Sunset 4:48 pm
Av High 45; Av Low 32

GATHERINGS "Strategies to prevent demolition and redevelopment in Moss/Villard/Columbia neighborhood," 7 pm Sundays, 13th and Alder Starbucks. FREE.

Interfaith dialogues with incarcerated youth, 10:30 am Sundays, Serbu Juvenile Justice Center. For information call 344-3080.

ON THE AIR "The Healing Connection," 8 pm Sundays, CTV-22 & 29.

"Anarchy Radio," John Zerzan, 11 pm Sundays, KWVA, 88.1 FM.

Listener call-in features ((WHAT)), noon Sundays, KLCC, 89.7 FM.

OUTDOORS/RECREATION Open house tour of Aprovecho Research Center. Organic gardens, straw bale dormitory and more. Call 942-8198 for directions. FREE.

Gay tennis group continues. See Saturday.

SPIRITUAL Taize service for healing and wholeness, 7 pm, Unity of the Valley. 345-9913. FREE.

Tibetan Buddhist meditation with Tulku Gyurmey Rinpoche, 9 am Sundays and 6:30 pm Wednesdays. For information call 554-9696. \$2-\$5 ss.

"Dances of Universal Peace," 7 pm Sundays, 855 W. 1st Ave. 688-4134. don.

Rigpa Tibetan meditation evenings feature video teaching from Sogyal Rinpoche, 7 pm Sundays, 1405 Mill St. \$5 don.

Tibetan Buddhist teachings feature meditation, chanting and relaxation, 11 am Sundays and 7 pm Wednesdays, 3333 Storey Blvd. FREE.

5 MONDAY

Sunrise 7:48 am; Sunset 4:49 pm
Av High 45; Av Low 32

ARTS/VISUAL Life Drawing and Painting, 7:45 pm Mondays, 439 W. 2nd Ave. 302-2727. \$5.



THE TOASTERS PLAY THE WOW HALL WEDNESDAY.