

calendar

Caring for the Caregiver support group, Wednesday afternoons. For information, call 687-6234. FREE.

All-levels yoga, 5:30 pm Wednesdays, Friends Meetinghouse. \$7-\$9 ss.

KIDSTUFF Wednesday evening storytime features Mrs. Claus, 7 pm, Barnes and Noble. FREE.

Teen Council for middle and high schoolers, 4 pm to 5:30 pm, Downtown Library. FREE.

LITERARY ARTS Adult Book Group discusses *Remains of the Day*, noon, Downtown Library. FREE.

OUTDOORS/RECREATION One-hour fast bike rides continue. See Thursday, Dec. 18

SPIRITUAL "Foundations in Meditation," 7 pm Wednesdays. For information call 343-5252. FREE.

Prayer for Peace circles continue. See Thursday, Dec. 18

Tibetan Buddhist teachings, meditation, chanting and relaxation continue. See Sunday.

Tibetan Buddhist meditation continues. See Sunday.

Christmas Eve Candlelight Service and Pageant, 7 pm, Wesley United Methodist Church. FREE.

25
THURSDAY
Sunrise 7:46 am; Sunset 4:39 pm
Av High 45; Av Low 33

ON THE AIR "The Healing Connection," 7 pm Thursdays, CTV-22 & 29.

"New Dimensions" features "A Grateful Heart," Brother David Steindl-Rast, 6:30 pm, KLCC, 89.7 FM.

Looking for the perfect gift?

Gift Certificate

This certificate entitles Someone Special to \$ 25 toward the purchase of drinks/meals.

Gift Giver Sam T. Klawns

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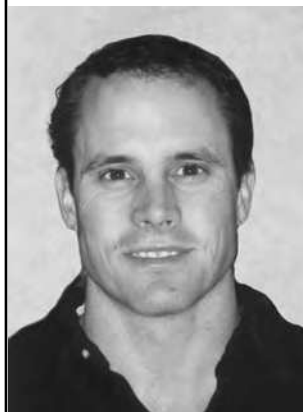


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Darin J. Ward DDS PC, F.A.G.D.
Fellow of the Academy of General Dentistry
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Eugene, OR 97401



At Health Centered Dentistry, we focus on your overall wellness. By taking a holistic approach and arranging for health rather than merely treating disease, we offer an opportunity to restore your oral health to its optimum.

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(541) 686-2441



Dance Listings

Th: Alfredo's Wild Interpretive-8. For location, call 302-8143.
Argentine Tango, Beg.-noon, Int.-7, The Tango Center. www.tangocenter.org
Middle Eastern-7, Oregon Ballet Academy. 232-1860.
Tribal Bellydance, Beg. I-7, Beg. II-8, Paradise Dance Studio. 485-4669.
Argentine Tango, Int.-8, Studio B. www.eugenetango.com
Razia's Bellydance II-5:30, River Rd. Parks and Rec. 688-4052.
Ballet-10 am, Paradise Dance Studio. 485-4669.
Jazz-5:30 pm, Paradise Dance Studio. 747-1323.
Fr: Breton-8, Agate Hall, UO. 683-3688.
Salsa-9, Los Grouchos. 484-1747.
Ballroom-7:30, 220 Gerlinger, UO. 346-6025.
Tribal Hip-Hop/Body Waves-8, Paradise Dance Studio. 717-7450.
Argentine Tango, Beg.-8, Milonga dance party-9, The Tango Center. 349-8682.
Brazilian Capoeira, Beg.-7:30, Core Star Center. 221-1549.
Flamenco, Beg.-5, Martita. 431-1640.
Ballet-5:30, Paradise Dance Studio. 485-4669.
Pre-teen ballet-3:30, Hip hop-4:30, Paradise Dance Studio. 747-1323.

Dance Studio. 747-1323.
Modern, Beg.-7, Paradise Dance Studio. 521-3623.
Hip-Hop, Beg.-7, Paradise Dance Studio. 607-7075.
International Folk, Beg.-1:30, Int.-2, Willamalane Adult Center. 736-4444.

Sa: Amy's Mother/Daughter Tribal Bellydance-10 am, Healthy Weigh Weight Loss and Wellness Clinic. 684-8150.
Argentine Tango, Beg.-8, Milonga dance party - 9, The Tango Center. 349-8682.
Ballet-10 am, Paradise Dance Studio. 485-4669.
Salsa-8:30, Studio B. 461-6681.
Pre-ballet for children-11:30 am, Paradise Dance Studio. 485-4669.

Su: West African-11, WOW Hall. 687-2746.
Brazilian Capoeira, Beg.-7:30, Core Star Center. 221-1549.
International Folk-7:15, In Shape Fitness. 726-7548.
Mo: Ballet-5:30, Paradise Dance Studio. 485-4669.
Pre-teen ballet-3:30, Pre-teen hip-hop-4:30, Paradise Dance

Studio. 747-1323.
Line dancing-6:45 pm, Vet's Club. 485-1823.
International Folk, 2:30, Campbell Sr. Center. 682-5318.
Razia's Bellydance II-5:30, River Rd. Parks and Rec. 688-4052.
Argentine Tango, Beg.-noon, Concert-8, The Tango Center. 349-8682.
Brazilian Capoeira, Beg.-6, The Tango Center. 221-1549.
Flamenco-6:30, G-nome. 683-1937.
Flamenco, Beg.-7:30, Martita. 431-1640.
Breakdancing-8, Paradise Dance Studio.
West African-7:30, WOW Hall.
Hip-Hop, Int. and Adv.-7, Paradise Dance Studio. 520-3565.
Tu: Middle Eastern-7, Oregon Ballet Academy. 232-1860.
Ballet-10 am, Paradise Dance Studio. 485-4669.
Jazz-5:30 pm, Paradise Dance Studio. 747-1323.
Salsa-9, In-Shape Athletic Club. 345-9024.
Modern, Beg.-7, Paradise Dance Studio. 521-3623.
Swing Lesson-7, Swing Dance-8, Legends. 68-SWING.
Partner dancing, Beg.-6:30, Studio B. www.eugenetango.com
Salsa-6, Studio B. No phone.
Lyrical jazz-4, Paradise Dance Studio. 747-1323.
Flamenco-6:30, G-nome. 683-1937.
Sabine's Bellydance, Beg.-7:30, Ta-Da Studio. 484-5365.
Razia's Bellydance I-5:30, River Rd. Parks and Rec. 688-4052.
Bhangra, Dance Fitness-7, Paradise Dance Studio. 334-7634.
We: Salsa-7, Los Grouchos. 484-1747.
Amy's Tribal Bellydancing, Beg.-7, Healthy Weigh Weight Loss and Wellness Clinic. 684-8150.
Contact Improvisation-5:30, Agate Hall. 517-1897.
Middle Eastern-7:30, Ballet Fantastique. 461-2086.
Flamenco, Beg.-5, 6, Martita. 431-1640.
Astryd's Middle Eastern, Int.-7:30, Eugene School of Ballet. 683-7778.
Ballet-5:30 pm, Paradise Dance Studio. 485-4669.
Argentine Tango, Beg.-noon, The Tango Center. 349-8682.
Pre-teen ballet-3:30, Pre-teen tap-3:30, Jazz-4:30, Adult Tap-4:30, Paradise Dance Studio. 747-1323.
Brazilian Capoeira, Beg.-6, The Tango Center. 221-1549.
Swing/Lindy-8, Studio B, 189 W. 8th Ave.
http://www.eugenelindy.com
Israeli-8, Temple Beth Israel. 485-7218.
Hip-Hop-7, Paradise Dance Studio. 520-3565.



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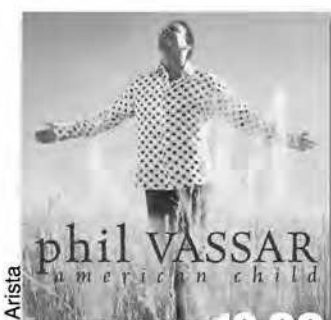
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