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Building / Remodel

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I START with the ceiling and end with the floors and somehow, everything in between gets really clean. 20 years experience. References. Call Niki at 485-7666.

SAFE METHODS cleaning using biodegradable supplies. \$15/hr. 345-6003.

Hauling

MOVING, HAULING. Hourly or by the job. Nice equipment available 606-6173. Free Estimates!

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WRITER (50 YO) seeks a quiet location as a housesitter for the winter. Can take care of animals, plants etc. 344-5458.

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Classes

MEDICINE TREES. A one day workshop offered through LCC. Sat, Oct 25th, noon-6pm. For more info., 541-344-7534 or givingtree@earthlink.net

Counseling

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Massage

GOING TO Cougar Hot Springs? Stop by Elk Creek for an Eclectic Intuitive Massage. Sharon Shaffer BS, LMT #5219. \$40-60 for one hour, up to 2 hrs. 822-3334.

AYURVEDIC MASSAGE treatment. www.omshantiaurved.com. Call Shanti at 870-2774. #7488.

MASSAGE, \$40. Swedish, pregnancy, deep tissue, injury management. Kate Custer, Eugene Downtown Massage Therapy. 913-6008, 342-5775 (LMT #10492).

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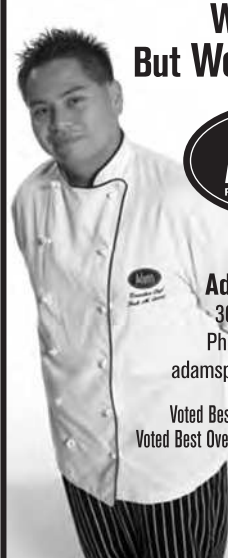
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