

We Feature Locally Owned, Locally Roasted
Full City Coffee & Espresso
(Oakway & Meridian Locations Only)

CAFÉ YUMM!™

Sandwiches - Classics & Specialties

PB'n'I \$3.95 Half \$2.50
Cheese \$5.50 Half \$3.50
Avo & Cream Cheese \$5.50 Half \$3.50
House Tuna Salad \$5.50 Half \$3.50
Turkey \$5.50 Half \$3.50
House Chicken Salad \$5.75 Half \$3.75
Tempeh Almond Salad (vegan)
Turkey 'n' Berries \$5.75 Half \$3.75
Curry Mango Turkey \$5.75 Half \$3.75
Deli Lama™ ultimate veggie \$5.75 Half \$3.75

Deli Case Items

Panini Sandwich Pesto-Provolone or Turkey
Barbecued Tofu Stick
Teriyaki Tempeh Stick
Teriyaki Chicken Stick
Fresh Bakery goods

Take home one of our special sauces, dressings, or marinades for that special meal or barbecue!

Breakfast Menu - Oakway Center Location Only

Breakfast Yumm!™ Bowls

Yumm!ette™ Brown or Jasmine rice, Original Yumm!™ Sauce, scrambled egg or seasoned tofu, shredded cheddar, diced tomato. Med (1 egg) \$3.50 Lrg (2 eggs) \$4.25

Edamame Yumm! Brown or Jasmine rice, Original Yumm! Sauce or Black Sesame Dressing, green soybeans (edamame), nori (seaweed). Med \$3.50 Lrg \$4.25

Breakfast Yumm!™ Plates

Egg & Fritter Plate \$6.25 Brown or Jasmine rice, Original Yumm! Sauce, 2 Ginger Garlic Tofu Fritters, scrambled eggs and toast. Substitute tofu for 50¢.

Yumm! Rancheros \$7.75 Two warm corn tortillas topped with melted cheddar, mild green chilies, brown rice, red & black beans, Original Yumm! Sauce, scrambled eggs or seasoned tofu, diced tomato, fresh avocado, sour cream, black olives, cilantro. Choice of salsa*.

Breakfast Quesadilla \$6.25

White or whole wheat flour tortilla filled w/scrambled eggs or seasoned tofu, green chilies, and melted cheddar, cut into wedges. Served with sour cream, cilantro and Original Yumm! Sauce. Choice of salsa*.

Grilled Sandwiches

(Oakway & 5th St. locations only)

Tempeh 'BLT' \$5.95
The Tempehst™ \$5.95
Tempeh Reuben \$5.95
Turkey Reuben \$5.95
Ginger-Garlic Tofu Fritter \$5.95 (vegan).
Garden Burger™ \$5.50
Boca Burger™ \$5.50 (vegan).
Salmon Burger \$5.75

Soup & Salad

House-made — From Traditional to Exotic!
Favorites include: African Ground Nut, Tomato Basil Brie, Broccoli Beer Cheese, Chipotle Chili, Chilean Zucchini Stew

House Soups S \$2.75 M \$3.50 L \$4.25
Soup, Salad, & Bread \$6.25
Fresh Green Salad Sm \$3.25 Lg \$4.50
Hearty Salads \$4.95
Secret Asian Man™ Sm \$4.95 Lg \$6.95

Breakfast Wraps

Choice of whole wheat or white flour tortilla
\$4.25 w/cheese \$4.75

Original Yumm! Breakfast Wrap Red & black beans, brown rice, Original Yumm! Sauce. Choice of salsa*.

Jazzy Yumm! Breakfast Wrap Rosemary red beans, jasmine rice, Original Yumm! Sauce. Choice of salsa*.

Yumm! Baby Breakfast Wrap

No beans about it! Jasmine rice, Original Yumm! Sauce, fresh avocado. Choice of salsa.

Breakfast Basics

Scrambled Egg \$1.50 2 eggs \$2.75 Free range, organic

Scrambled Tofu \$1.50 1/2 lb \$2.75

Deluxe Scramble Tofu or Eggs \$3.95

Bird in the Nest \$2.50 2 birds \$4.75

Toast & Bagels Spelt available - add 60¢

Open Face Bagel \$4.75

Breakfast Bagel \$4.75

Cafe Yumm! Granola or Muesli

With steamed or cold milk \$2.95

With yogurt & mango \$3.25

With steamed milk & mango \$3.25

With steamed soy milk & mango \$3.75