

Vegan Cheesecake • Vegan Gluten Free Brownies • Iced Tea • Iced Coffee

Vegan Chocolate Silk • Fruit Pies • Italian Sodas



Cheesecakes • Fresh Fruit Tarts • Crème Brûlée

WARNING: Too many sweets may cause unexplainable behavior!

Sweet Life

755 Monroe St. • 683-5676 • www.sweetlifedesserts.com
Hours: Sun - Wed till 9:00pm • Thur - Sat till 11:00pm

calendar



FRIDA Y DIEGO RETURN, MITZI LINN'S STUDIO SALE. SEE FRIDAY & SATURDAY.

Eco-Building Guild hosts Green Builders and their projects, 7 pm, McNail-Riley House. FREE.

SPIRITUAL Prayer for Peace circles continue. See Thursday, July 31.

Tibetan Buddhist meditation continues. See Saturday.

VIGIL Vigil, 4:30 pm, Federal Building. FREE.

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THURSDAY

Sunrise 6:07 am; Sunset 8:29 pm
Av High 83; Av Low 51

FILM Easter Parade, 10 am, Shedd Chapel. FREE.

GATHERINGS Meridian Farmers Market continues. See Thursday, July 31.

HIV counseling and testing continues. See Thursday, July 31.

KIDSTUFF Baby storytime, 10:15 am, Downtown Library. FREE.

Live reptiles help celebrate the end of the Summer Reading Program, 1 and 3 pm, Springfield Library. FREE.

"Pee-wee Playground" continues. See Thursday, July 31.

J. and the Beanstalk continues. See Tuesday.

"Comedy Jam" continues. See Thursday, July 31.

LECTURE The first crooners by Ian Whitcomb, part of OFAM's Easy to Remember presentation, 5 pm, Shedd Chapel. FREE.

LITERARY ARTS Dean Van Leuven reads, 7 pm, Barnes and Noble Books. FREE.

MUSIC JAW Productions MC battles, 9:30 pm, Core Star Center. \$5.

"Easy to Remember: The Great American Songbook" begins with Puttin' on the Ritz, Fred Astair and

KIDSTUFF Wednesday evening storytime, 7 pm, Barnes and Noble. FREE.

"Explore! Theater!" for kids 3-6 years, with Sparky Roberts, 10:15 & 11 am, Downtown Library. FREE.

"Beginning Birding" for ages 5 through 7, 8 to 10 am. For information call 683-6494.

The Butler Battle Dr. Seuss music, 6:30 pm, Scobert Park. FREE.

"Pee-wee Playground" continues. See Thursday, July 31.

J. and the Beanstalk continues. See Thursday, July 31.

LECTURE "Circumcision: Concerned About the Mental, Physical and Emotional Impacts of

the World's Oldest Cosmetic Surgery?" 2 pm, 4th Floor, 5th St. Public Market. FREE.

MUSIC Calamity Jazz, 11:30 am, Springfield Library. FREE.

OUTDOORS/RECREATION Nearby Nature's "Lady's Night Out" nature walk, 6 to 8 pm, Alton Baker Park. For information call 687-9699. FREE.

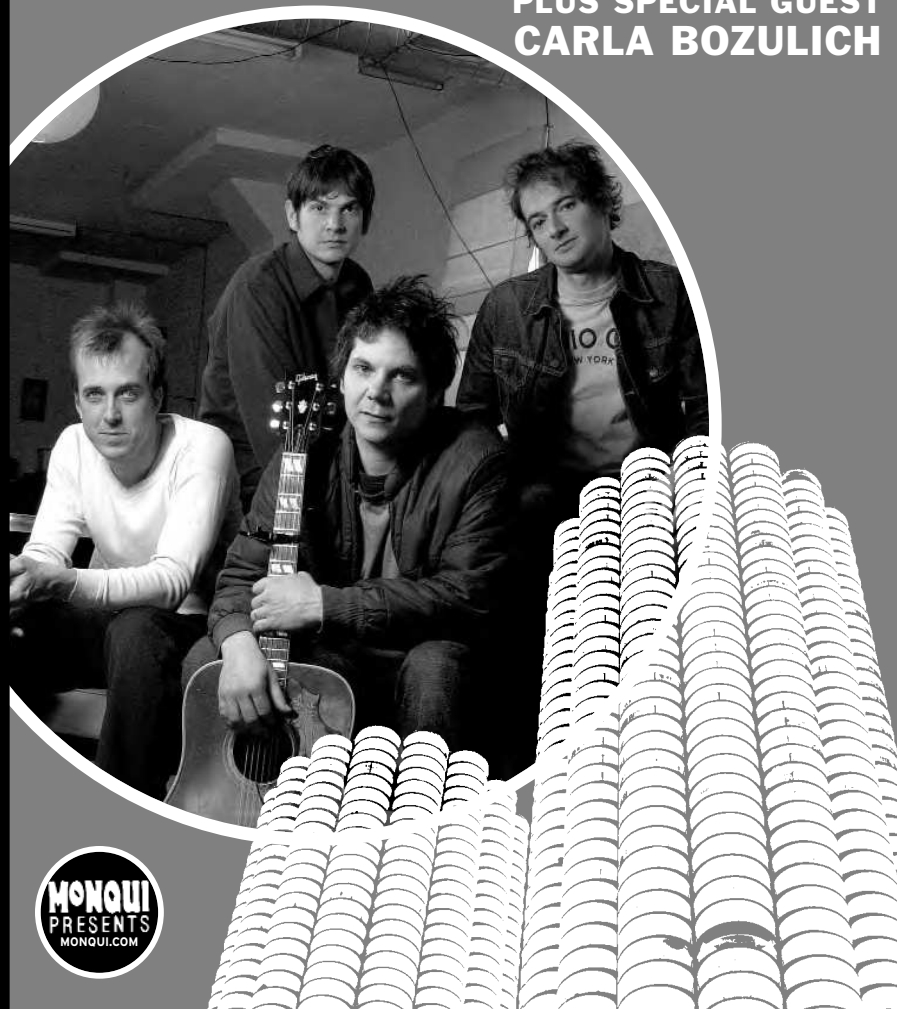
One-hour fast bike rides continue. See Thursday, July 31.

PRESENTATIONS "Mad Pride: Campaigns for Human Rights in Mental Health" with discussion and networking, 5:30 pm, Growers Market Office Building. 345-9106. FREE.

TICKETS ON SALE SATURDAY AUGUST 2 AT 10AM

WILCO

PLUS SPECIAL GUEST
CARLA BOZULICH



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PRESENTS
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SEPTEMBER 4

McDONALD THEATER

TICKETS AT TICKETSWEST 503-224-TIXX • ALL AGES

dance listings

Th: Alfredo's Bellydancing-7, 8. For location, call 302-8143.
Scottish-7:30, Friends Meeting Hall. No Phone.
Tribal Bellydance, Beg.-7, Int.-8, Paradise Dance Studio. 485-4669.
Argentine Tango-8, Studio B. www.eugenetango.com
Margo's Modern-7:45, Eugene School of Ballet. 344-5317.
Razia's Bellydance II-5:30, River Rd. Parks and Rec. 688-4052.
Ballet-10 am, Paradise Dance Studio. 485-4669.
Fr: Ballet-5:30, Paradise Dance Studio. 485-4669.
Dance/Yoga-8:45 am, Friends Meeting Hall. 684-9701.
Jean's Dance Fitness-8:30 am, Eugene School of Ballet. 341-6448.
Sa: Ballet-10 am, Paradise Dance Studio. 485-4669.
Salsa-8:30, Studio B. 461-6681.
Pre-ballet for children-11:30 am, creative movement-12:30, Paradise Dance Studio, 485-4669.
Su: Argentine Tango, Beg.-6:30, Studio B. 343-2162.
International Folk-7:15, In Shape Fitness. 726-7548.

Mo: Ballet-5:30, Paradise Dance Studio. 485-4669.
West Coast Swing-7, Agate Hall. 687-9464.
Razia's Bellydance II-5:30, River Rd. Parks and Rec. 688-4052.
Flamenco-6:30, Gnome. 683-1937.
Jean's Dance Fitness-8:30 am, Eugene School of Ballet. 341-6448.
Tu: Ballet-10 am, Paradise Dance Studio. 485-4669.
Salsa-9, In-Shape Athletic Club. 345-9024.
International Folk-7:30, St. Mary's Episcopal Church. 461-9328.
Swing-6:45, Rock 'n' Rodeo. 68-SWING.
Flamenco-6:30, Gnome. 683-1937.
Razia's Bellydance I-5:30, River Rd. Parks and Rec. 688-4052.
We: Contact Improvisation-5:30, Agate Hall. 517-1897.
Jean's Dance Fitness-8:30 am, Eugene School of Ballet. 341-6448.
Middle Eastern-7:30, Ballet Fantastique. 461-2086.
Astryd's Middle Eastern, Int.-7:30, Eugene School of Ballet. 683-7778.
Ballet-5:30 pm, Paradise Dance Studio. 485-4669.
Swing/Lindy-8, Studio B, 189 W. 8th Ave. 684-4516.
Israeli-8, Temple Beth Israel. 343-8920.

Here's just a few of the many reasons to come to

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