

Nancy Mac
counseling

- changing old patterns to allow new choices
- creating healthy relationships

Individuals / Couples
sliding scale 485-4559

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- Asthma • Digestive
- Cardiovascular
- Immune Disorder
- Vertigo • Dizziness
- Fibromyalgia

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• Master's Degree in Acupuncture from China's Liaoning College of TCM
• Physician in China
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Weekday Eves: M Tu W Th 5:30pm; M 7pm
Women's classes: Tu 7pm & Sat 10:30am
Saturday Morning Wake Up Call 8:30am
Sunday Evening Series 5-6:30pm
Sat Nam Rasayan Practice Group Th 7pm

Call 686-0432 for recorded schedule

Four Winds
Center for Body, Mind & Spirit

We are Moving!
Say Goodbye to Our Old Sacred Space

Four Winds will be moving to our new location during the month of August, ready to open on the day after Labor Day, Sept. 2nd at 3575 Donald Street.

We have been in our start-up space here on Willamette St since 1995 and it has blessed the community well. It will be hard to leave it. So lets give it a party and ask the Sacredness of this Space to follow us to our new home!

Please join our
CLOSING CIRCLE CELEMONY & POTLUCK CELEBRATION
at Four Winds Center, 1840 Willamette St.
Friday, August 1 at 7:15pm

Following Steph's 5:30-7pm yoga class (all levels). All are welcome to come to yoga first (\$8/drop-in).
Bring any memories or blessings you may want to share, as well as some food, drink or delights to share with others and help us celebrate.

Current classes are held at the Willamette location through August 1st.
Call or visit our website for complete class schedule

1840 Willamette St. Eugene 484-6100
www.FourWindsCenter.com

ew Classifieds

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SINGER

3-BDRM NEAR bike path, Mathew's Garden. \$875/mo. incl. water. Oak floor, skylights. NS. Barb, 345-4491.

WATER WHEEL house converted into cozy secluded, peaceful cabin. Woodstove, loft, next to creek. 1/2 hr from town. Share bath, kitchen, laundry in separate cabin. Nine wooded organic acres \$475/mo., 937-3754.

SWEET 2-BDRM house in SW Eugene. Vaulted ceiling, beautiful built-ins in 1-bdrm. Small second bedroom w/loft. Cozy, quiet garden space. No dogs or smoking. Avail. early August. \$750/mo. 2190 Arthur. 344-1075.

STUDIO, LARGE quiet, close. Newer. Very efficient, well lit. NP \$585/mo+. Also: 2-bdrm, cozy, close, quiet, deck, patio. W/D. \$695/mo+. 344-1964.

CABIN FOR RENT. Beautiful, secluded. Creswell. NP \$300/mo. For details, 949-212-3696.

LAKE DORENA. Beautiful custom crafted 2-bdrm, 2 bath, family room, office. Gorgeous views & grounds. Garden, all appliances. On 1200 acre community. NS, NP \$995/mo. + 942-2049.

Shared Housing

2 QUIET rooms in charming SE home. Close to UO, bus. Use of kitchen, W/D. \$285/295/mo. + 1/3 utilities. 434-1245.

HOUSEMATES WANTED. Share spacious house. Ferry St. Br. area. Sunny, HW floors, garden desk, W/D. \$350/mo. + 1/3 utilities. 686-3337.

FUN LOVING mom and daughter prefer clean, mature woman for long-term living. Avail 8/1. \$350/mo.+utilities. 606-2076.

FURNISHED PRIVATE bdrm. Mature, stable, \$375/mo. Utilities, phone, W/D, NA, NP. Bethel Danebo. 688-9153.

ROOMS FOR rent. M/F 6-bdrm 2 bath. 8 blocks to UO. Near Sundance. Front/back deck and backyard. Skylights, wood floor, big kitchen, 2 fridges. Hi-speed internet, storage/music garage. Quiet, mature, eco-conscious. \$355-\$405/mo. Year lease. 1st, last, dep. NP 687-1901.

ALL AREAS-Roommate.com. Browse hundreds of online listings with photos and maps. Find your roommate with a click of the mouse! Visit: www.Roommate.com. (AAN CAN)

AVAILABLE NOW. Share beautiful 3-bdrm, 2 bath house in S. hills. Fireplace, W/D, big fenced yard. \$350/mo. + 1/3 utilities. Dog? 302-6344.

SUNNY DECK, beautiful view, 3000 books, Friendly St. neighborhood, on bus line, off street parking. W/D, fireplace, rowing machine, machine, quiet but friendly. Call Matteo at 543-0525.

SHARE 3-BDRM house in Barger area. NP NS, \$350/mo. + 1/2 utilities & phone. 517-8603.

SHARE BEAUTIFUL home. 3-bdrm, 2 bath, skylights, wood interiors, nice porch, small upper deck, music oriented, gay friendly. \$350/mo. + utilities, deposit. 338-8761.

BEAUTIFUL ACREAGE 15 miles West. Music, garden, cable, river, fruit trees, W/D, more! Long term a plus. \$260-\$275/mo plus. 968-2257.

NICE ROOM in N.Eugene. Vegetarian, gay friendly home with great yard and hot tub. \$325/mo. + 461-0511.

SHARE SPACIOUS, bright vintage farmhouse on huge, treed lot. Delta Acres, GI Joe's. \$425/mo. incl. 2 rooms (1 person), utilities. 343-1817.

MELLOW, FRIENDLY person to share widow's home in SE edge campus. Private room and bath. \$425/mo. including utilities, laundry. Off-street parking. Lois, 484-9719.

SW HILLS. Share 3-bdrm, 2 bath home. W/D, phone, yard, garage, bus. \$450 or \$355/mo. + deposit, 1/3 utilities. 341-1795.

COMMUNITY HOUSEHOLD. Nice 9-bedroom co-op, near parks, bus, campus. Shared dinners. Seek dependable, clean housemates with good communication skills, and eco-sensibilities. \$325/mo. + utilities. 484-1156.

VEGETARIAN HOUSEHOLD. 1-bdrm/person avail. 7/15. Quiet, clean, earth-friendly, organic garden. \$330/mo. + \$300 dep. Call eves, 242-3318. No cigs, pets.

VENETA. 2 Rooms for rent in house, \$275/325/mo.+utilities. Shared vegetarian kitchen & bath. Please, eco-friendly. Couples & females preferred. Big yard, lots of gardening space. Sorry, no dogs. NS. Wendy, 935-4600, lv msg. whrm123@aol.com Avail. 7/22.

SINGLE PARENT preferred for W. Eugene home. Large yard with OG garden on quiet street with nearby park. Clean, creative, leftish home. \$325/mo. for 1.5 rooms. Avail. 343-2542.

Rentals Wanted

RESPONSIBLE WOMAN ISO close-in community to park house-on-wheels. Rent, trade, or caretake. References. Cat, 913-7004.

Aaron Irons
684-0645 nourishingtouch@yahoo.com
CELL: 510-967-6710

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