

SAVE 50¢

On the purchase of one package of RISING MOON RAVIOLI

CONSUMER: Limit, one coupon per package specified product. RETAILER: Rising Moon will reimburse you the face value plus 8¢ handling only when redeemed by you from a customer at the time of purchase on product indicated. Any other constitutes fraud. Void if copied or where prohibited by law. Cash value 1/20¢. To redeem, mail coupon to: Rising Moon Organics, 888 West 8th, Eugene, OR 97402. **COUPON VALID until December 31, 2003.**



RAVIOLI • PASTA SAUCE • PESTO

WORLD PEACE BEGINS IN THE KITCHEN

38 SPECIAL

IN CONCERT FRIDAY, AUGUST 22 AT 9 P.M.



Tickets \$25 & 15
Tickets on sale at the Seven Feathers Box Office, Safeway TicketsWest Outlets or call 800-992-TIXX. Must be 12 or older. Doors open at 8 p.m.

SEVEN FEATHERS HOTEL & CASINO RESORT
I-5, Exit 99 or 98 • Canyonville, OR • 1.800.548.8461 • sevenfeathers.com

RED BARN

NATURAL GROCERY EST. 1982

Whole foods, for whole people . . . Fresh from the farm to you!

organically grown produce • organic beer & wine
organic bulk foods • vitamins & supplements
organic herbs & spices • special orders / case discounts
natural body care products

LOCALLY OWNED & OPERATED

4TH & BLAIR • 342-7503 • M-Sa. 8AM-10PM • Su. 10AM-9PM

calendar

22

TUESDAY

Sunrise 5:50 am; Sunset 8:47 pm
Av High 83; Av Low 51

BENEFIT Locks of Love hair drive continues. See Friday.

GATHERINGS Southtowne Shoppes Farmers Market continues. See Saturday.

Farmers Market continues. See Saturday. FREE.

2003 Tour of Homes continues. See Saturday.

KIDSTUFF Talent show for teens, 6 pm, Downtown Library. To participate call 682-8316. FREE.

"Recycled Wire Works" continues. See Monday.

Tuesday Toddlertime, 10 am, Barnes and Noble Books. FREE.

Toddler storytime, 10:15 and 11 am, Downtown Library. FREE.

"Peewee Playground" continues. See Thursday, July 17.

LITERARY ARTS Chick-Lits Book Group discusses *Friendship Cake* by Lynne Hinton, 7 pm, Barnes and Noble. FREE.

MUSIC Skip Jones and the Spirit of New Orleans, 6:30 pm, Amazon Center. FREE.

Jackson Browne, Keb' Mo, Steve Earle, 7 pm, Cuthbert Amphitheater. \$45.

Joy Askew & Echo, 9:30 pm, Luna. \$7.

ON THE AIR "Alternative Radio" features "The Best Democracy Money Can Buy," Greg Palast, 6:30 pm, KLCC, 89.7 FM.

OUTDOORS/RECREATION Canoe and Kayak trip on Coyote Creek, 5 pm, ORS. FREE.

Obsidians hike 11 miles, Yapoah Crater. See YMCA board for details. \$3-\$4 sugg. don.

"Discover Oregon's Overlooked Wilderness Gems" continues. See Saturday.

The Ems play the Sox. See Monday.

1-hour fast bike rides continue. See Thursday, July 17.

PRESENTATIONS "Moving From Conflict to Collaboration," Kris King, 7 pm, The Wings Bldg. 683-8540. FREE.

"Active Life," Sunny Kierstyn, 12:30 pm, Willamalane Sr. Adult Activity Cntr., Spfd. FREE.

SPIRITUAL Video meeting and meditation with GangaJi, 7 pm Tuesdays, 5th St. Market, 4th floor, Conf. Rm. FREE.

Prayer for Peace circles continue. See Thursday, July 17.

VIGIL Peace vigil, 4:30 pm Tuesdays, Island Park and Main Streets, Spfd. 747-5886. FREE.

The Ems play the Sox. See Monday.

1-hour fast bike rides continue. See Thursday, July 17.

PRESENTATIONS "The HEART of Healing" for strengthening abilities in connection and intuition, Russ Reina, 7 pm, Foolscap Books. www.lostvalley.org FREE.

Presentation and raw food preparation by the Boutenko family, 6 pm, the Conquering Lion, 1435 Willamette St. 463-0800. \$25 includes food, \$15 stu., sr.

SPIRITUAL Prayer for Peace circles continue. See Thursday, July 17.

Tibetan Buddhist meditation continues. See Saturday.

VIGIL Vigil, 4:30 pm, Federal Building. FREE.

23

WEDNESDAY

Sunrise 5:51 am; Sunset 8:46 pm
Av High 83; Av Low 51

GATHERINGS Caring for the Caregiver support group, Wednesday afternoons. For information, call 687-6234. FREE.

2003 Tour of Homes continues. See Saturday.

KIDSTUFF Wednesday evening storytime, 7 pm, Barnes and Noble. FREE.

Destination DJ karaoke for kids, 11:30 am, Meadow Park, Spfd. FREE.

Teen Council meeting, 4 pm, Downtown Library. FREE.

"Recycled Wire Works" continues. See Monday.

"Peewee Playground" continues. See Thursday, July 17.

LITERARY ARTS Adult Book Group meeting, noon, Downtown Library. FREE.

MUSIC Jim Brickman, 5 pm, Secret House Vineyard, Veneta. \$25.

Brian Cutean plays, 6:30 pm picnic, 7 pm concert, Scobert Park. FREE.

Trachtenburg Family Slideshow Players, The Rotten Apples, 8:30 pm, WOW Hall. \$8 adv., \$10 dos.

OUTDOORS/RECREATION GEARS rides 30 miles, Fox Hollow. Meet at 6 pm, Alton Baker Park. FREE.

Obsidians hike 5.6 miles, Lowder Mtn. See YMCA board for details. \$3-\$4 sugg. don.

"Discover Oregon's Overlooked Wilderness Gems" continues. See Saturday.

The Ems play the Sox. See Monday.

1-hour fast bike rides continue. See Thursday, July 17.

PRESENTATIONS "The HEART of Healing" for strengthening abilities in connection and intuition, Russ Reina, 7 pm, Foolscap Books. www.lostvalley.org FREE.

Presentation and raw food preparation by the Boutenko family, 6 pm, the Conquering Lion, 1435 Willamette St. 463-0800. \$25 includes food, \$15 stu., sr.

SPIRITUAL Prayer for Peace circles continue. See Thursday, July 17.

Tibetan Buddhist meditation continues. See Saturday.

VIGIL Vigil, 4:30 pm, Federal Building. FREE.

THE CONFERENCEWORKS! PRESENTS

Caroline Myss

bestselling author of *Why People Don't Heal & How They Can* and *Anatomy of the Spirit*



The Call to Live a Symbolic Life

August 8-9

DoubleTree Hotel

Jantzen Beach

Portland, OR

plus optional Sunday seminar by Sonia Choquette

Sponsored by AHP: Association for Humanistic Psychology • ahpweb.org
in cooperation with ATP: Association for Transpersonal Psychology, Saybrook Graduate School & Research Center, Hay House and New Dimensions Radio
CECs

1-800-395-8445 x 168

ConferenceWorks.com

MCDONALD THEATRE

www.mcdonaldtheatre.com

THURSDAY JULY 31 **BRUCE COCKBURN** RESERVED SEATING

LIMITED SEATING **MONDAY AUGUST 4** AN EXCELLENT EVENING WITH **DARK STAR ORCHESTRA**

LIMITED SEATING **MONDAY AUGUST 11** **TOWER OF POWER**

LIMITED SEATING **SATURDAY AUGUST 16** AN EVENING WITH **BELA FLECK AND THE FLECKTONES** JEFF COFFIN • BELA FLECK • VICTOR WOOTEN • FUTURE MAN

All concerts will feature an opening band unless otherwise noted. Times subject to change. Tickets at all **TicketsWest** outlets (800) 992-TIXX. Service charges may apply.