

Natural Health Care
for your whole family

Gynecology

Dr. Virginia Oram
Naturopathic Physician
343-2384
www.droram.com
Now accepting new patients.

SHAMANIC HEALING
Shamanic Healing addresses the spiritual aspects of physical, mental and emotional illness. It works well in conjunction with traditional and/or alternative health care practices. Possible symptoms calling for Shamanic Intervention are:

- not feeling whole
- "part of me left" or "I haven't been the same since"
- chronic illness, depression or fatigue
- addictions
- feelings of possession, darkness, or alienation

A one time Healing Empowerment Ceremony can address the issues & restore the integrity of the soul force. There is also a monthly drumming & journey circle to support your ongoing process.

Karuna Gatton
Shamanic Practitioner for over 10 years in Eugene
Holistic Massage • Reiki Master
License #0612 **485-3881**

Within Reach
natural medicine

Rachel Gross, N.D.
Tom Donnelly, N.D.
935-3453
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(phone number in yellow pages is INCORRECT)

Massage by Margaret Pratt
LMT #2144, B.S. (Educ)

- * Gentle, DEEP-TISSUE massage
- * First session - \$30/hr.
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- * Strong, Intuitive, Thorough
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"A massage you won't regret, will never forget, and will repeat as often as able."

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Jeff Burch ROLFING
structural integration



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SINCE 1977

LIFE DIRECTION
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- Past Life Regression
- Rapid Eye Therapy
- Weight Loss

342-6875

Acupuncture & Naturopathic Medicine
INTEGRATED NATURAL MEDICINE

Dr. Robert Clarke N.D., L.Ac.

- Acupuncture
- Naturopathic Doctor
- Chinese Medicine
- Homeopathy

334-6855

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Karen Lackritz
CERTIFIED ADVANCED ROLFER
CERTIFIED ROLF MOVEMENT PRACTITIONER
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ROLFING AND THE LITTLE BOY LOGO ARE SERVICE MARKS OF THE ROLF INSTITUTE

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Center for Body, Mind & Spirit

Morning Yoga on July 4th!
9:15am Continuing Level with Donna
Celebrate freedom in mind, spirit, and body!
No afternoon or evening classes on July 4th
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www.FourWindsCenter.com

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INSTRUCTORS
SUMMER INTRO SPECIAL
\$10 FOR 10 DAYS
ACTIVATE BY AUGUST 20
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Call 349.YOGA



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Δ Sliding scale
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Pamela McGilvray, M.A.

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Days of Olde

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Location Closing
Sat, July 5! (10% off all)
Moving & Re-opening, apt only
Lammas, Aug 1st
149 W. Hilliard Lane

Your ABCs of Ritual

- athames • alter supplies • auguries
- books • bowls • bells • bangles
- candles • cauldrons • capes • classes

Sandra Norris Wheeler
23 years Extensive Professional Experience

Welcoming new clients for...

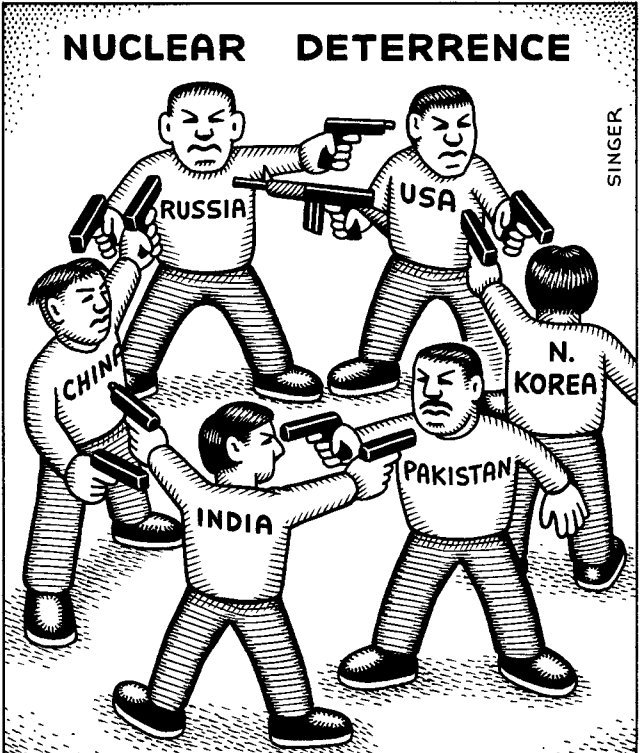
- Advanced Craniosacral Therapy
 - ◆ Biodynamic Cranial Work
 - ◆ Milne Institute Visionary Craniosacral Work
 - ◆ Nationally Designated Practitioner
- Advanced Myofascial Release Therapist
 - ◆ John Barnes Myofascial Release & Unwinding
 - ◆ Nationally Designated Practitioner
- ◆ STRUCTURAL REALIGNMENT
- ◆ ENERGETIC REBALANCING
- ◆ DEEPLY RESTORATIVE WORK FOR INJURY, TRAUMA, AND SURGERY

343-4415
Integrity • Wisdom • Skill

ew Classifieds

NO EXIT © Andy Singer

NUCLEAR DETERRENCE



EXTRA LARGE (24 x 14 sq. ft.) Modern, clean room. Private entrance, bath. Close in River Road. Bike path, acre. NP, NS, \$400/mo. + cleaning deposit. 461-5904.

BEAUTIFUL ACREAGE 15 miles West. Music, garden, cable, river, fruit trees, W/D, more! Long term a plus. \$260-\$275/mo plus. 968-2257.

QUIET W. Eugene home to share. Lots of personal space & privacy. Cat ok. \$375/mo. + dep. 520-9352.

SHARE BEAUTIFUL home. 3-bdrm, 2 bath, skylights, wood interiors, nice porch, small upper deck, music oriented, gay friendly. \$350/mo. + utilities, deposit. 338-8761.

ROOM FOR rent. S. hills, share w/SM + 2 cats, 1/2 utilities, WD. Quiet neighborhood. Responsible, mature, open-minded, SM preferred. \$350/mo. Do we fit? 343-2805.

ALL AREAS-Roommate list. Browse hundreds of online listings with photos and maps. Find your roommate with a click of the mouse! Visit: www.Roommate.com. (AAN CAN)

FEMALE PREFERRED. Working mom, teen daughter, small dog want casual, dependable renter for 3-bdrm, 1 bath on quiet street. Double bed, table. \$300/mo, \$300 dep. We enjoy KLCC/KRVM, food, film, hike, bike. 685-1196.

COUNTRY PARADISE. Triangle Lake area. 40 miles out. 8 acres, large room avail. \$300/mo. + 1/3 utilities. 927-6114.

BEAUTIFUL HOME in W.Eugene. Share w/1 woman. Near bike path, organic gardens, W/D. NP. 1-2 rooms, \$250-\$300/mo. 684-0066.

DOG LOVER wanted to share 2-bdrm condo with 19 yo. female architecture student & 10 mo. old beagle. Located in W. Eugene. Close to bus & bike path. \$300/mo + 1/2 utilities. W/D, pool access. Student preferred. Contact Molly at 343-5824.

PEACEFUL VALLEY healing arts center has 2 rooms available. \$325/375/mo. 1st, last, dep. Rural SW Eugene. 683-6083.

SHARE HALF a cute house in quiet neighborhood. Wooden floors, organic garden, W/D, garage, \$350/mo. +. 689-0430.

VENETA. 2 Rooms for rent in house, \$275/325/mo. + utilities. Shared vegetarian kitchen & bath. Please, eco-friendly. Couples & females preferred. Big yard, lots of gardening space. Sorry, no dogs, NS. Wendy, 935-4600, lv msg. whrm123@aol.com Avail. 7/22.

SW HILLS. Share 3-bdrm, 2 bath home. W/D, phone, yard, garage, bus. \$450 or \$355/mo. + deposit, 1/3 utilities. 341-1795.

FORMING VEGETARIAN household. Room for rent in 3-bdrm house. \$300/mo. incl utilities. 607-8468.

HOUSEMATES WANTED. Share spacious house. Ferry St. Br. area. Sunny, HW floors, garden desk, W/D. \$350/mo. + 1/3 utilities. 686-3337.

PREFER WOMAN to rent. Loft, own living space, separate entrance, share kitchen, bath, W/D, garden. Responsible NS, vegetarian. \$350/mo + dep & utilities. 345-9018. Avail 7/1.

SHARE 2 bdrm house in quiet SE Eugene. Close to everything. Fireplace, wood floors, natural gas, W/D, big windows, back yard, garage/storage. Female preferred. NS, NP \$375/mo. 343-7858.

Nancy Mac counseling

- changing old patterns to allow new choices
- creating healthy relationships

Individuals / Couples
sliding scale **485-4559**

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Doctors need Doctors...
Lawyers need Lawyers.

I read Tarot for Tarot readers.
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Tara Alder
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ANSWERS TO LAST WEEK'S JONASIN' CROSSWORD

I	N	T	H	E	E	B	B	S	P	R	O	M
C	A	R	O	L	U	R	A	L	R	E	P	O
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	F	I	G	H	T	B	E	T	W	E	E	N
B	I	V	D	I	O	S	P	A	I	L	L	
A	N	A	L	N	R	G	Y	U	P	P	I	E
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C	I	A	O		E	C	O	N	R	U	B	E
U	N	T	O		D	E	M	O		E	R	A
T	E	E	M		S	T	A	B		W	O	R

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KATHY STEWART-BRONSON, LMT, NCTMB
NATIONALLY CERTIFIED THERAPIST

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EUGENE, OR 97401
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Urban Shamanism

683.3756

Is it time to awaken your real self?
Recognize your own inner wisdom
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