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Attending to Soul

Tools and Rituals for Resiliency and Regeneration

- Sustainable relationship to one's work
- Self care Strategies for "Busy Women"
- A personal resource to prevent burnout

Upcoming Retreats

May 24th- The "Busy Women's" Retreat
 June 7th- The "Busy Woman's" Retreat for Healing Arts Professionals

THE AVALON LODGE RETREAT CENTER

Conveniently located in South Eugene
 Teresa@campavalon.org • 541-345-0756

In This Time

dances by Bonnie Simoa

featuring The Lane Dance Co.

Thursday, Friday & Saturday
 May 29, 30, 31, 8:00 pm
 Performance Hall

Adults \$10.00
 Students \$8.00
 463-5203

Lane Community College

Starhawk
 Eugene
 May 20-25

Sponsored by InForm Energy, Cauldron of Change, Sophia Sanctuary and Lost Valley Education Center

"Connecting Permaculture and the Sacred"
 T-W, May 20 - 21 Lost Valley Education Center
 (541) 937-3351, www.lostvalley.org

"War, Peace, Terror, and Global Justice — Where Do We Go Now?"
 Thursday, May 22 7p UO EMU Ballroom
 Post-presentation Booksigning \$6 students; \$11 non-student Tickets at UO/EMU Ticket Offc.

Webs of Power Booksigning
 Friday, May 23 Noon
 Mother Kali's, 720 East 13th

"Vision and Action":
 An Activist Trainer's Training
 Friday, May 23 9:30-5p
 \$50; limited attendance.
 (541) 345-1633 or inform@rio.com

For more info: (541) 345-1633 or www.lostvalley.org/Starhawk.html

"Magic, Ritual, & Activism"
 Saturday, May 24 10a-4p
 \$25-75 sliding scale; Dorris Ranch, Springfield
 (541) 746-6090 or wyl@efn.org

"An Evening Ritual for the Earth"
 Saturday, May 24 8-10p
 Donation; Dorris Ranch, Springfield

"Taking it to the Streets (& beyond)"
 Sunday, May 25 1-4p
 Donation; WOW Hall, 291 W. 8th
 (541) 746-6090 or wyl@efn.org

calendar

29
THURSDAY

Sunrise 5:35 am; Sunset 8:46 pm
 Av High 69; Av Low 44

DANCE *In This Time*, dances by Bonnie Simoa, 8 pm tonight, tomorrow and May 31, Performance Hall, LCC main campus. \$10, \$8 stu., sr.

GATHERINGS HIV counseling and testing continues. See Thursday, May 22.

KIDSTUFF Baby storytime, 10:15 am, Downtown Library, pre-school

storytime, 10:30 am, Bethel and Sheldon branch library. FREE.

LECTURES "Shadows of Middle Passage: Carceral Formation and the Political Logic of Mass Imprisonment;" Dylan Rodriguez, 2 pm, Knight Library, UO. FREE.

LITERARY ARTS Derek Brown and Joel Chmara read poetry, 8 pm, Foolsap Books. Open mic follows. \$2-\$4 ss.

Jeanne Manning reads, 7 pm, Barnes and Noble Books. FREE.

Amit Goswami reads, 7 pm, UO Bookstore. FREE.

MUSIC Students of the Month SHOCe concert, 12:15, lobby, Hult. FREE.

The Visible Men, Room 101, 9 pm, Sam Bond's Garage. \$3-\$5 ss.

Funk Junkee, Saint Dog, 9:30 pm, WOW Hall. \$10 adv., \$12 dos.

ON THE AIR "New Dimensions" features "Mystical Animals;" Jean Houston, 6:30 pm, KLCC, 89.7 FM.

"Arts Journal" features NewZone Art Collective show, 6 pm, CTV 29 & 22.

SPIRITUAL Eugene peace circle continues. See Thursday, May 22.

THEATER *Twelfth Night* Impact! Arts performance, 7:30 pm tonight and tomorrow, and at 2:30 and 7:30 pm May 31, 2520 Harris St. \$3.

VIGIL Women in Black vigils continue. See Thursday, May 22.

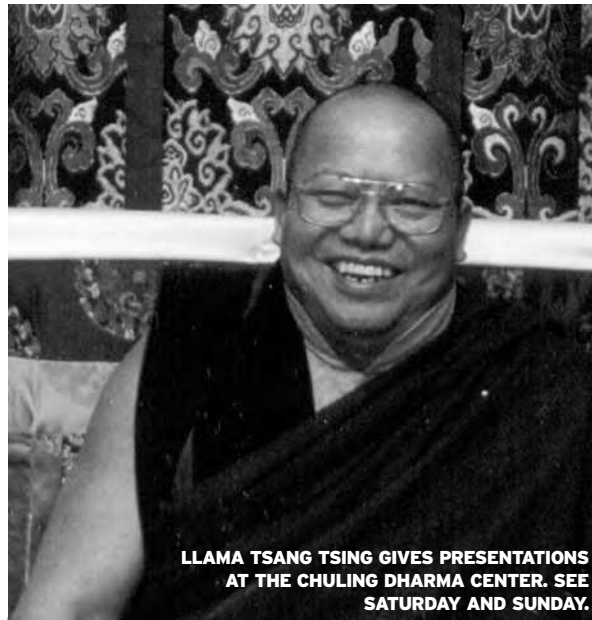
Prayer for Peace circles continue. See Thursday, May 22.

ON THE ROAD

Note- Continuation dates for out-of-town events are listed under the first day of the event.

MAY 22 Art, 8 pm tonight, tomorrow and May 24, 29, 30 and 31, Theatre West, Lincoln City. \$9.50, \$8.50 sr., stu., \$6 children under 12.

Becoming a Nation, Americana From the Diplomatic Reception Rooms, U.S. Department of State, Portland Museum of Art, through June 8. \$10-\$12, \$9 stu., sr., \$6 youth.



LLAMA TSANG TSING GIVES PRESENTATIONS AT THE CHULING DHARMA CENTER. SEE SATURDAY AND SUNDAY.

DANCE LISTINGS

Th: Alfredo's Bellydancing-7, 8. For location, call 302-8143.
 Scottish-7:30, Friends Meeting Hall. No Phone.
 Tribal Bellydance, Beg.-7, Int.-8 Paradise Dance Studio. 485-4669.
 Argentine Tango-8, Studio B. www.eugenetan-go.com
 Ballet-10 am, Paradise Dance Studio. 485-4669.
 Margo's Modern, Int.-7:45, Eugene School of Ballet. 344-5317.
Fr: Ballroom-7:30, Rm. 220, Gerlinger, UO. 346-6025.
 Ballet-5:30, Paradise Dance Studio. 485-4669.
 Dance/Yoga-8:45 am, Friends Meeting Hall. 684-9701.
 Jean's Dance Fitness-8:30 am, Eugene School of Ballet. 341-6448.
Sa: Ballet-10 am, Paradise Dance Studio. 485-4669.
 West African-11:30 am, WOW Hall. 687-2746.
 Salsa-8:30, Studio B. 461-6681.
 Pre-ballet for children-11:30 am, creative movement-12:30, Paradise Dance Studio, 485-4669.
Su: Argentine Tango, Beg.-6:30, Studio B. 343-2162.
Mo: Ballet-5:30, Paradise Dance Studio. 485-4669.
 West Coast Swing-7, Agate Hall. 687-9464.

Bellydance-7, Foolsap Bookstore. 686-2778.
 West African-7:30, WOW Hall. 687-2746.
 Jean's Dance Fitness-8:30 am, Eugene School of Ballet. 341-6448
 Flamenco, Beg.-6:30, Gnome. 683-1937
 Margo's Modern, Beg.-8:45 am, Eugene School of Ballet. 344-5317.
Tu: Ballet-10 am, Paradise Dance Studio. 485-4669.
 Salsa-9, In-Shape Athletic Club. 345-9024.
 International Folk-7:30, St. Mary's Episcopal Church. 461-9328.
 Margo's Modern, Int.-7:30, Eugene School of Ballet. 686-6214.
 Swing-6:45, Rock 'n' Rodeo. 68-SWING.
 Flamenco, Beg.-6:30, Gnome. 683-1937.
We: Contact Improvisation-5:30, Agate Hall. 517-1897.
 Margo's Modern, Beg.-8:45 am, Eugene School of Ballet. 344-5317.
 Salsa-7, Senior Frogs. 342-3021.
 Jean's Dance Fitness-8:30 am, Eugene School of Ballet. 341-6448.
 Middle Eastern-7:30, Ballet Fantastique. 461-2086.
 Astryd's Middle Eastern, Beg.-7, Int.-8:15, Eugene School of Ballet. 683-7778.
 Ballet-5:30 pm, Paradise Dance Studio. 485-4669.
 Swing/Lindy-8, Studio B, 189 W. 8th Ave. No Phone.
 Israeli-8, Temple Beth Israel. 343-8920.
 West African-7:30, WOW Hall. 687-2746.

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