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Jai Kartar/Joan Sat 8:30-10AM

On-Going Drop In Classes Open to All Levels
W 8:30am; M Tu W Th 5:30pm; M 7pm
Women's Classes: Tu 7pm, Sat 10:30am
Saturday Morning Wake Up Call 8:30am
Sunday Evening Series 5-6:30pm
Sat Nam Rasayan Practice Group Th 7pm
Call 686-0432 for recorded schedule

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Classes
HERBAL MEDICINE Makers Class: Learn to make herbal medicines in this 6 part class. Starts 5/21. For details see herbaltransitions.com or call 736-0164.
MEDICINAL HERB classes (beginning & advanced) with herbalist, author, & naturopathic physician, Dr. Sharol Tilgner. Pleasant Hill, 20 minutes from downtown Eugene. Go to herbaltransitions.com for class details. Next class, common herbs & their side effects; includes ginkgo, st. john's wort, kava & others. May 14th, 6-8pm, \$35.

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Tarot
SPIRITUAL, INTUITIVE tarot reader. \$2/min. I also teach tarot classes. Patricia Frances, 935-4253.

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