

REIKI & MASSAGE
 Reiki energy comes through the practitioner's hands when put on strategic places on the body such as organs and glands. Through day to day stress these areas become overheated and overactive, leading to anxiety and or illness. Reiki can also assist the energy field in the body with proper movement. A luxurious full body massage is included in the Reiki treatment.

1 1/2 - 2 hr. session, \$65

Karuna Gatton L.M.T.
 Holistic Massage • Reiki Master
 License# 0612 **485-3881**

astrology
 Marti Goodban, M.S.W.

Sliding Scale Gift Certificates

541-683-4543
 Wild Spirit, Sacred Soul



Classes • Consultations
 Oils • Supplements • Herbs-by-the-ounce

Living Earth Herbs
 Organic Health & Body Care

Eugene Planing Mill District
383 W. 3rd
345-7744

Open Tues-Sat, 10-7,
 Sundays 12-5,
 closed Mondays

www.LivingEarthHerbs.com

Culinary & Medicinal Herbs

Sandra Norris Wheeler
 23 years Extensive Professional Experience

Welcoming new clients for...

- Advanced Craniosacral Therapy
 - ◆ Biodynamic Cranial Work
 - ◆ Milne Institute Visionary Craniosacral Work
 - ◆ Nationally Designated Practitioner
- Advanced Myofascial Release Therapist
 - ◆ John Barnes Myofascial Release & Unwinding
 - ◆ Nationally Designated Practitioner
- ◆ STRUCTURAL REALIGNMENT
- ◆ ENERGETIC REBALANCING
- ◆ DEEPLY RESTORATIVE WORK FOR INJURY, TRAUMA, AND SURGERY

343-4415
 Integrity • Wisdom • Skill

Four Winds Center for Body, Mind & Spirit

Beginning Yoga Series
 with Michele Bulsatz
Thursdays 5:30-7:00pm
May 15- July 3 Cost: \$50 for 8-week series
 Pre-registration/Pre-payment required.
 It fills up quickly - Call **484-6100** or send email now! info@fourwindscenter.com

Karen's back!

Alignment with Yoga
 Karen Lackritz
 Certified Advanced Rolfer
Thursdays 7:30-9:00pm Drop-in


1840 Willamette St. 484-6100
www.FourWindsCenter.com

Jeff Burch ROLFING
 structural integration



689-1515
 darkwood@rio.com
 SINCE 1977

DAVID LANG
 Urban Shamanism



683.3756

Are you called to find deeper meaning in your life?
urbanshamanism@msn.com

SUPPORT GROUP
 for what ails you from the Personal to the Political

RECEIVE SUPPORT FOR EMOTIONS & CREATIVE SOLUTIONS with **Richard Grimaldi M.P.W.** counseling locally for 15 years

MONDAYS MAY 5, 19 & 26
6:30PM TO 9PM
ST. MARY'S EPISCOPAL CHURCH
13TH & PEARL ST. • DONATIONS ACCEPTED
FOR QUESTIONS OR COUNSELING 344-7604

STAGES OF MENOPAUSE
 Saturday, May 10 • 9:30-4:30pm
 A comprehensive workshop to explore, talk and practice:


- Psychological & spiritual changes
- Hormone options and natural solutions
- Yoga & Qigong for hormonal balance

PRESENTED BY:
Kamala Quale, LAc Naturopathic Physician, Hakomi Counselor
Lori Horan, ND, LAc Naturopathic Physician, Licensed Acupuncturist

Call 345-2220 • \$75

Acupuncture & Naturopathic Medicine
 INTEGRATED NATURAL MEDICINE

Dr. Robert Clarke N.D., L.Ac.



- Acupuncture
- Naturopathic Doctor
- Chinese Medicine
- Homeopathy

334-6855

YOGA WEST
 3635 Hilyard
The Power of Kundalini Yoga
 Featured Class of the Week:
 SPRING CLEAN YOUR BODYMIND
 Jai Kartar/Joan Tu & Th 5:30pm

On-Going Drop In Classes Open to All Levels
 W 8:30am; M Tu W Th 5:30pm; M 7pm
 Women's Classes: Tu 7pm, Sat 10:30am
 Saturday Morning Wake Up Call 8:30am
 Sunday Evening Series 5-6:30pm
 Sat Nam Rasayan Practice Group Th 7pm
 Call 686-0432 for recorded schedule

ew Classifieds

Financial
METROPOLITAN MORTGAGE
 & Securities Co., Inc. buying seller-financed mortgages through brokers since 1953. To broker a note, call 1-800-268-9184. Visit us online at www.metrobuysnotes.com. (AAN CAN)

\$\$\$CASH\$\$\$ Immediate cash for structured settlements, annuities, real estate notes, private mortgage notes, accident cases, and insurance payouts. 800-794-7310 (AAN CAN).

Language
POUR L'AMOUR de le dire French, all levels. Unique way to use common French. Native experienced teacher. Intro free. 349-8942.

Pet Care
NEED SOME HELP WHILE YOU'RE AWAY?

- Pet Care
- Housesitting
- Cleaning

First 1/2 Hour Free
 Call **653-2850** for appt.
Professional References

DOG TRAINING
 You can understand AND afford Offering "Toy Breeds"
 Only Classes
Day Care for Dogs
 Supervised Socialization and Play Time
 Monday to Saturday, 7am - 7pm
 3390 C West 11th
 We accept VISA and MasterCard
Schilling's Canine Social Club
345-3723

Weddings
CREATIVE WEDDINGS.
 Ceremonial Ministers Registry. Civil, interfaith, ethnic. Consultations. Bilingual - Spanish. 541-915-5723, 541-688-0665.

WEDDINGS PERFORMED by ceremonial minister. Secular & religious ceremonies, vow renewal & domestic partnership vows. Pro-photography services also available. Call 345-2750 for quote.

Colon Health
SUNRISE COLONICS. Colon cleansing in safe, supportive, clean environment. Certified Colon Hydrotherapist. Affordable rates. By appointment. 484-6224.

Wellness
Stress Relief
SOLE CLEANSING. Do you need to pamper your tired and aching feet? Treat yourself to a relaxing aromatherapy foot bath. Downtown location. Saturday appts. avail. Telephone 521-8181.

Appearance & Beauty
WAXING FOR brows that show the beauty of your eyes! Full body waxing, Brazilian & regular bikini, legs, arms, backs, chests etc. Women & men app. & aromatherapy facials too. Sandy, 912-0184.

MOTHER'S DAY GIFT!
 Facials, manicures, pedicures. Attractive Gift Certificates. REJUVENATION HEALTH SPA, 272 W.11th, Downtown, 349-0540. www.rejuv.org

I WILL LISTEN to you! Haircuts the way you want. Experienced colorist; highlights that don't look grown out when you leave the salon! For appointment or complimentary consult, 968-4437, Hollie.

Bodywork
NEW CLIENTS, first massage \$30. Sports massage, trigger point therapy, Swedish/relaxation. In my studio or in your home. On site chair massage also available. Kate Custer LMT (#10492) 302-1205.

DHARMA MASSAGE CENTER. 343-2745, M-F. Morning discount, 1-1/2 hours, \$45, 34th & University, Ms. Nishan VanAtta, LIC#3430.

JIN SHIN JYUTSU. Gentle acupressure. Relax & heal, \$80. JSJ self-help classes also taught. Patricia Frances. 935-4253.

Classes
MEDICINAL HERB classes (beginning & advanced) with herbalist, author, & naturopathic physician, Dr. Sharol Tilgner. Pleasant Hill, 20 minutes from downtown Eugene. Go to herbal-transitions.com for class details. Next class, common herbs & their side effects; includes ginkgo, st. john's wort, kava & others. May 14th, 6-8pm, \$35.

Groups
REDEFINING SUCCESS and self-esteem in the context of environmental sustainability & conscious social evolution. Group now forming. 4-hour workshop. 747-6677.

Massage
HEAVENLY TOUCH Massage. Treat yourself. River Road office. Flexible days & hours. Diane Whiffin, LMT #9736. H:461-5950.

MASSAGE, CHIROPRACTIC, pain relief, facials, manicures, herbs, vitamins, gift certificates, REJUVENATION HEALTH SPA, 349-0540 www.rejuv.org

WELLNESS MASSAGE, Injury management. Relieve stress & pain with Therapeutic Deep Tissue, Swedish, and Hot Stone Massage. \$40/hour. Ins, Gift Cert. Shannon Hoell. LMT #8236. 345-1985, 968-2390.

SPECIAL OFFER. 1st time clients therapeutic massage, \$30/1 Hour or \$50/2 (1 Hour) massages. Neuromuscular therapy, pre- & post-natal, reiki & relaxation. Jenny Zoppo, LMT #10170, 607-1824.

CARING SPA quality massage, bodywork at its best. Hot rocks, oils, steaming towels. Lic. #18090 431-7095. www.geocities.com/caringspa

MOTHER'S DAY GIFT! Massage, deep tissue, hot stone massage. Attractive gift certificates. REJUVENATION HEALTH SPA, 272 W.11th, Downtown, 349-0540. www.rejuv.org

INSTEAD OF terrorism try an Eclectic Intuitive Massage. Certified Medical Intuitive Scientist. (#5219) 689-7672.

Meditation
FIND PEACE, power and purpose through meditation. 5 session series. 343-5252. Course is priceless, therefore, free.

Pregnancy Support
EXPECTING? HOLISTIC childbirth classes; focusing on noninterventive, natural birth. Sibling/ refresher classes avail. Elise 685-0063, Georganne, 242-3601.

CHOICES IN childbirth. Natural birth preparation classes. All family configurations welcome. Call Bess, 607-0487.

MAKE A NAME for your business. Advertise in *Eugene Weekly* classifieds. Call 484-0519.

Tarot
SPIRITUAL, INTUITIVE tarot reader. \$2/min. I also teach tarot classes. Patricia Frances, 935-4253.

real estate
West Eugene
 3-BDRM, 2 BATH. \$145,000. 1166 W. 8th. By appointment. Large backyard, deck. 606-0380.

Out of the Area
 *LOCATION*LOCATION* 30 miles from booming El Paso, Texas. 20 acres, roads/surveyed. References! Money Back Guarantee. No credit check. \$9,995, \$0 down, \$99/month. www.sunsetfranchises.com 1-800-755-8953. (AAN CAN)

rentals
Commercial Rentals
OFFICE SPACE for rent with bathroom & shower, shared kitchen. \$350/mo. Avail. 5/15. 485-0521

Apts. for Rent
PRIVATE APARTMENT in family home. Quiet, woodsy S. Eugene. 840 sq. ft. Garden, private entrance, laundry, near dog park. Dog or child considered. \$600/mo. Artist's studio w/windows & skylights. Inspiring space! \$300/mo. Call 686-8741.

ART STUDIO. 2-bdrm country home with professional art studio. Extensive private grounds. Marcola. wickesdealstudios.org 933-2568.

LOVELY UPSTAIRS 2-bdrm apt in vintage downtown home. Porch, private entrance. Garden space. Near bus, laundry. \$600/mo. Also, 21-bdrm units on same block. \$395/mo. Off-street parking. Cat? 684-0176.

2-BDRM APT. Upstairs, 1437 W. 10th. Exceptionally clean, quiet. Convenient downtown. NS, NP. \$605/mo. incl. some utilities, 345-0297.

TWO 2-BDRMS in Creswell. \$435 and \$445/mo plus deposits. \$75 off first month's rent. Near park. Quiet, clean. 484-7219.

1 PERSON cottage. \$475/mo. Quiet, near UO. Long term. NS, no dogs. Ref required. Avail 5/21 or sooner? 343-2884.

SEE THIS AD! If you are reading this, you know a line ad in *Eugene Weekly* classifieds gets noticed. \$2/line, 4 line minimum. We also offer line ads with logos for \$24/inch. Call 484-0519.

Reiki Training by Usui Reiki
 Master John Crundall



Reiki 1 Class at Open Hearth Spirituality Center • May 9-11
 Questions? Call 484-0677

Tara Alder
 NATIONALLY CERTIFIED COLON HYDROTHERAPIST



Offering colon cleansing and supported fasting in our comfortable, relaxed setting at **Alder Brooke Healing Arts**
 513-7894 • www.alderbrooke.com
 317 W. Broadway St. • Suite 117

Have You Tried ACUPUNCTURE?
 It Could Be The Answer.



JADE SCREEN CLINIC
344-8088

CERTIFIED BIKRAM YOGA
 INSTRUCTORS
 9-10:30am MTWThF
 6-7:30pm MTWTh
 4-5:30pm Sundays
 Eugene, Oregon
 Call 349.YOGA



Relieve the Pain
 Trust the Ancient Ways of Acupuncture



- Arthritis • Stroke Paralysis
- Headaches • Back / Neck Pain
- Depression • Asthma
- Car & Sports Injuries among others.

National Certified & State Licensed
Julie (Qiuling) Fu, L.Ac., M.Ac.

- Graduate of China Medical University
- Master's Degree in Acupuncture from Liaoning College of TCM
- Physician in China
- In practice for over 10 Years

FREE CONSULTATION
CHINESE ACUPUNCTURE CLINIC
 MEDICAL DENTAL CENTER #2
 1755 Coburg Rd. • 8:30-5 M-F • **343-6045**

*Healing is always certain
 All healing is essentially
 the release from fear.*



Classes, groups,
 private sessions
 Confidential
 Call now 484-0731
 Patricia Robinett
 Hypnotherapist