

WELLNESS

Stress Relief

SOLE CLEANSING. Offering pampered foot baths and aromatherapy. Friday and Saturday appointments. Downtown Eugene location. 541-521-8181.

Bodywork

DHARMA MASSAGE Center. 343-2745, M-F. Morning discount, 1-1/2 hours, \$45, 34th & University, Ms. Nishan VanAtta, LIC#3430.

JIN SHIN JYUTSU. Gentle acupressure, \$80. Relaxing, healing & stress reducing. Patricia Francis, Certified Practitioner. 935-4253.

Classes

MEDICINAL HERB classes (beginning & advanced) with herbalist, author, & naturopathic physician, Dr. Sharol Tilgner. Pleasant Hill, 20 minutes from downtown Eugene. Go to herbal-transitions.com for class details.

Colon Health

SUNRISE COLONICS. Colon cleansing in safe, supportive, clean environment. Certified Colon Hydrotherapist. Affordable rates. By appointment. 484-6224.

Groups

REDEFINING SUCCESS and self-esteem in the context of environmental sustainability & conscious social evolution. Group now forming. 4-hour workshop. 747-6677.

Health & Nutrition

GET HEALTHY & wealthy with Bob Barefoot's Original Coral Calcium as seen on TV, at low distributor prices. Order today at 888-55-CORAL or www.libertyfit.com (AAN/CAN)

Intuitive Arts

MALE WITCH. Psychic readings and counseling. Casting and removal of spells. Contact with spells. Call 24/7. Tom: 800-419-3346. Credit/Debit cards. Get your lover back. (AAN/CAN)

Massage

WELLNESS MASSAGE. Injury management. Relieve stress & pain with Therapeutic Deep Tissue, Swedish, and Hot Stone Massage. \$40/hour. Ins, Gift Cert. Shannon Hoell. LMT#8236. 345-1985, 968-2390.

ECLECTIC INTUITIVE massage (#5219) lifts your spirit. Reduces stress. Releases pain to your bodies welcoming. 30 yrs. exp. 541-689-7672.

SPECIAL OFFER. 1st time clients therapeutic massage, \$30/1 Hour or \$50/2 (1 Hour) massages. Neuromuscular therapy, pre- & post-natal, reiki & relaxation. Jenny Zoppo, LMT#10170, 607-1824.

CARING SPA quality massage, bodywork at its best. Hot rocks, oils, steaming towels. Lic. #18090. 431-7095. www.geocities.com/caringspa

MASSAGE, CHIROPRACTIC, pain relief, facials, manicures, herbs, vitamins, gift certificates, REJUVENATION HEALTH SPA, 349-0540 www.rejuv.org

HEALING MASSAGE. Deep tissue, pain/injury recovery, soothing relaxation, gift cert. LMT#7521, Robin Puce, 344-8671.

HEAVENLY TOUCH Massage. Treat yourself. Also Gift Cert. avail. My home or onsite. Diane Whiffin, LMT#9736. H:461-5950 P:302-7050.

Meditation

DAY-LONG MEDITATION retreat. April 26, Springfield locale. Info www.efn.org/~timbl/32.htm or call David at 484-9386.

FIND PEACE, power and purpose through meditation. 5 session series. 343-5252. Course is priceless, therefore, free.

ADD YOUR LOGO to a line ad and get noticed. Only \$24/inch. Contact *Eugene Weekly* for more details. 484-0519.

Ritual

WOODHART WAYS of Olde 782 Blair Blvd. 684-0800. New! Events, Stock, Classes... • Pagan Projections Night, 4th Tuesdays • Women's Cycles 4/12-13 • Stock: statues, blades, jewelry • Classes: Chakra for Wicca • Rituals, Moon Invitational monthly • Location: 8th Plaza at Monroe • Hours: Mon-Sat, 11-7. Walk-in readings, 3-6pm daily.

rentals

Commercial Rentals

HOLISTIC HEALING space for rent. 2 days available per week. Convenient downtown location. Further info., 349-0202.

Apts. for Rent

2-BDRM APT. Upstairs, 1437 W. 10th. Exceptionally clean, quiet. Convenient downtown. NS, NP. \$605/mo. incl. some utilities, 345-0297.

BEAUTIFUL APT for sublet. 5/12-6/30. 2-bdrm, fully-furnished, 16th & Polk in quiet, park-like env. Near bus. \$650/mo. 686-2822.

1-BDRM APT. \$450/mo. + dep. & utilities. Barger/Royal area, near bus/stores. Shared laundry & garden. NS, No Dogs, 461-2717.

STUDIO W/LOFT. Charming, spacious, 4th & Monroe, \$525/mo. incl. utilities. No dogs. 520-2229.

GET OUT of town. 10 min. from town. Rooms/apts., Fall Creek. 3.6 acres, trees, huge deck, hot tub hookups, laundry, wood-stove/fireplaces, utilities included. \$420/mo & up. 541-937-4296.

Duplexes for Rent

LAKE DORENA. 2-bdrm, 2-ba duplex. 1,200 acres of forest, meadow. Community garden near Row River Trail. \$650/mo, utilities. NS, NP No guns. Call 942-2005.

Homes for Rent

4-BDRM 2-BA, quiet neighborhood, swimming pool, \$1,295/mo. + dep. NS. 3415 Onyx Street. 342-6306.

S. UO HILLS. 2-story, 2-bdrm, 2 bath, fireplace, weatherized, office, view, yard, hardwood/carpet, W/D, \$785/mo. 954-2272.

Shared Housing

SPACIOUS HOME, sw hills, view, storage, large yard, off bus line, \$300/mo. + deposit & utilities, NP, 344-6008.

PEOPLE WHO care. 2490 Tandy Turn. Ferry St. Bridge. Share house w/private furnished room. \$420/mo incl. cable telephone, utilities, & laundry. 686-1771.

22ND/WASHINGTON, yard, w/d, hardwood floors. 1 cat, no additional pets, NS, ND, \$300/mo. +1/3 utilities. 345-0991.

SHARE 3-BDRM house in Barger area. NP, NS, \$350/mo. + 1/2 utilities & phone. 607-4487.

RIVER ROAD area room for mature, single woman preferred. \$250/mo+. Vegetarian, tidy, quiet, cozy home w/other woman, 2 cats. ND. 689-0634, Chava.

SEEKING FUN, eco, tidy, financially responsible housemate to share beautiful home with hot tub. Gay friendly. \$300/mo. 484-3783.

ROOM FOR rent. S. hills, share w/SM + 2 cats, 1/2 utilities, WD. Quiet neighborhood, responsible, mature, open-minded. Seeks same. \$350/mo. Do we fit? 343-2805.

BEAUTIFUL HOME by river bike path w/yard, flowers, trees, fireplace. Share with spirited, organic, musical woman. \$425/mo. 1/2 utilities. Vegetarian, community-minded. Also available summer sublet, \$350/mo. NS, ND, 345-3575.

1.5 BDRMS + bath. Downstairs of River Rd. home. ISO gay friendly, vegetarian female. Nice home, park-like yard, hot tub. Eco-conscious. \$325/mo + 461-0511.

ALL AREAS-Roommate.com. Browse hundreds of online listings with photos and maps. Find your roommate with a click of the mouse! Visit: www.Roommate.com (AAN/CAN)

SHARE HOME. Santa Clara, 3 acres, garden, large living room, kitchen, W/D, bdrm has sliding glass doors, hardwood floors, available 4/1. \$265/mo. + utilities. 463-9959.

SEEK MATURE individual. Furnished home, private bdrm. \$375/mo. Inclusive W/D, utilities, phone. NA, NP. Bethel-Danebo. 688-9153.

NICE ROOM in creative household. \$350/mo, includes utilities. Self-motivated person preferred. 431-3877.

SUNNY 13 X 13 room available immed. in green River Rd. house. \$325/mo.+. Please be vegetarian, stable, tidy, eco-friendly. Close to bus & river bike path. Call 686-6761.

BEAUTIFUL ACREAGE 15 miles West. Music, garden, cable, river, fruit trees, W/D, more! Long term a plus. \$260-\$275/mo plus. 968-2257.

FOREST SANCTUARY. Beautiful, close-in. Very rustic living. Quiet, detached from house. \$275/mo. + ND, NS. 345-4139

SW HILLS. Share 3-bdrm, 2 bath home. W/D, phone, garage, yard, bus, no pets, \$355/mo. + deposit & 1/3 utilities. 341-1795.

ROOMMATE WANTED. Backyard, W/D. 15th & Polk. \$220/mo. + utilities & \$200 deposit. Pets ok. 684-6801.

RESPONSIBLE NS wanted to share "people" house near Bellline and River Road. Laundry, internet, cable. \$340/370/mo. includes all. 515-2445.

TWO VEGETARIANS seek housemate to share beautiful South Eugene home. \$325/mo + util, dep. No pets. 683-8271.

LARGE, LIGHT room in nice house w/huge backyard in quiet lower River Rd. area. Fireplace, large kitchen, friendly household. NS. \$340/mo, util. incl. 689-0976.

ROOMMATE WANTED! Share 3-bdrm south hills house w/yard & deck. Private, W/D, \$300/mo. +1/3 utilities & deposit. 579-0972.

SUNNY BDRM. Organic gardening in large backyard. Woodstove, W/D, dishwasher, dining room, 1-ba. West Eugene area. 15 min. bike, bus ride to downtown/UO. Phoenix/Gloria, 687-1030.

Rentals Wanted

1/4 OR 1/2 acre wanted for organic market garden. Please call Jeff, 344-7690.

LOOKING FOR country space to rent for us & our 27' R.V. Please call Ram & B, 681-9262.

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SHAMANIC HEALING
Shamanic Healing addresses the spiritual aspects of physical, mental and emotional illness. It works well in conjunction with traditional and/or alternative health care practices. Possible symptoms calling for Shamanic Intervention are:

- not feeling whole • "part of me left" or "I haven't been the same since"
- chronic illness, depression or fatigue • addictions
- feelings of possession, darkness, or alienation

A one time Healing Empowerment Ceremony can address the issues & restore the integrity of the soul force. There is also a monthly drumming & journey circle to support your ongoing process.

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