

Keeping Posted

Boards discuss tax bases

The members of the Sandy Union High School board and the Sandy Elementary District board will meet Monday, Nov. 2, at 7:30 p.m. in rooms 50-51 of the high school's Paul Tucker Building to discuss tax base campaigns.

According to Superintendents Kent Heaton and Lee Chapman, the districts will not set dollar amounts, but instead will discuss a joint campaign to promote passage of tax bases for both districts.

Special education issues will also be discussed by the two boards.

Kids Knit offers class

The Sandy Recreation Department is offering a second session of Kids Knit beginning Friday, Nov. 6. Participants will learn the basics of knitting or improve existing skills with instructor Colleen Benelli.

The program is open to children 9 to 16 years of age. Classes will be held Fridays from 3:30 to 5:30 p.m. at the Sandy Community Senior Center, 38348 Pioneer Blvd.

Participants will learn how to cast on, knit, purl, bind off, unknit and finish. Students will also learn how to read a pattern and the knitting language.

The fee for a six-week session is \$33 for city of Sandy residents and \$36 for

T.J.'s Restaurant, and Heather Jean McGregor, editor of the Sandy Profile.

One of the women will be selected on the basis of personal accomplishment, public speaking ability and group interpersonal relations. That person will represent the Sandy organization at the North Willamette District Conference in April.

Contact Kimberly Nelson at 668-8131 for more information or for reservations.

Budget committee members sought

The Sandy Elementary District board is seeking qualified citizen members to fill two positions on the five-member budget committee.

To be eligible for appointment, candidates must live in the school district and be a qualified voter.

The people selected by the board will be appointed to three-year terms.

Applications will be accepted through Oct. 30. Applications should be delivered or mailed to the Sandy Elementary District office, 39065 Pleasant St. (Box 547), Sandy, 97055.

Stretching class to begin Tuesday

The Sandy Recreation Department is sponsoring a second session of women in today's business environ-

ment.

Participating in the program will be Diane Punzel, who is employed by "Stretching for Health and Relaxation" beginning Tuesday, Nov. 3.

Licensed massage therapist Julie Stephens will lead participants through deep breathing and guided relaxation techniques in conjunction with gentle, mindful stretching.

Classes will be held on Tuesdays from 6:15 to 7:30 p.m. at the Sandy Community Senior Center, 38348 Pioneer Blvd.

Cost of the six-week session is \$19 for city of Sandy residents and \$22 for those residing outside the Sandy city limits. Drop-ins are welcome.

For registration information, call the Sandy Recreation Department at 668-5569.

BPW plans careerist program

The Sandy Business and Professional Women will hold their monthly dinner program and meeting on Tuesday, Nov. 3, at 7 p.m. at T.J.'s Restaurant, 39024 Proctor Blvd.

Featured will be the Young Careerist Program, which was initiated in 1963 by the National Federation of Business and Professional Women.

The purpose is to provide an opportunity for young working women to receive recognition for their accomplishments and to provide personal insight to the changing roles of those residing outside the Sandy city limits. All materials are provided.

Maximum class size is six students.

Participants may begin the class at any point throughout the session as all instruction is individualized. For registration information call the Sandy Recreation Department at 668-5569.

Auction benefits Silcox Hut

A benefit auction and party to benefit Silcox Hut will be held Friday, Nov. 20, from 5:30 to 8:30 a.m. at Montgomery Park, 2700 N.W. Nicolai Street in Portland.

Jim Wickwire, expedition climber and Silcox Hut supporter, will present a slide show of his Cascade adventures.

Silent and oral auctions will feature equipment, services, books and art work for the outdoor enthusiast.

Cost is \$5. For more information call Jon Tullis at 295-1827 or 622-4574.

St. Michael's holds bazaar

The women of St. Michael's Catholic Church will be sponsoring a Christmas Craft Fair on Saturday, Dec. 5, from 9 a.m. to 5 p.m.

The fair will feature ceramics, stained glass, wooden toys, homemade candies and baked goods. Up to 30 tables or spaces are available.

For more information, call Janet Grassl at 668-4926.

No (Great!) Shakes.

Terumo has miniaturized the fever thermometer technology used in hospitals and developed a computerized thermometer that's hospital accurate and small enough to fit in the palm of your hand.

Computer design means no more shaking! Automatically activated when removed from its protective storage case, it is constructed of virtually unbreakable, washable plastic. A sealed-in lithium battery guarantees years of carefree use. All this makes glass thermometers look pretty shaky. Ask your neighborhood pharmacist.

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- Scrap Metal



668-4660

OPEN 9-5 Thurs. - Mon.
North side of Hwy. 26
1.5 MILES E. OF SANDY ON HWY 26

Senior Center news

Seniors plan Halloween benefit

Spirited festivities will be the order of the day when the center celebrates Halloween with a spaghetti dinner and traditional costume party.

Prizes will be awarded to those coming in disguise and everyone will be asked to participate in the annual pumpkin judging contest. Tickets are \$4 per person, and can be purchased in advance or at the door. Proceeds will benefit the Sandy Loaves and Fishes nutrition program.

A volunteer attorney will be

available to persons wishing to secure free 30-minute appointments for legal assistance at the center on Thursday, Nov. 5.

People who would like advice concerning estate planning, wills, consumer complaints, landlord-tenant relations and other problems may call the Sandy Senior Center at 668-5569 to make an appointment.

Alice Bankston and owners of Mt. Angel Towers have invited center members for a visit and tour of the facility on Friday, Nov. 6, in honor of Bankston's 90th birthday. A complimentary luncheon will follow the tour. Reservations for the trip or other center excursions can be made

beginning on Monday, Nov. 2.

Thursday, Oct. 29

9 a.m.: Low Impact Aerobics

Noon: L & F meal

1 p.m.: "The Old Trunk in the Attic"

Style Show Video

Friday, Oct. 30

Noon: Spaghetti Luncheon & Halloween Party

7 p.m.: Community Cards

Monday, Nov. 2

9 a.m.: Low Impact Aerobics

10:30 a.m.: Choir Practice

11:30 a.m.: Flex 'n Stretch

Noon: L & F meal

1 p.m.: Band Practice

1 p.m.: Cards

Tuesday, Nov. 3

9:30 a.m.: Planning & Evaluation

Noon: L & F meal

1 p.m.: Crafts class

Wednesday, Nov. 4

9:30 a.m.: Oil Painting

11:30 a.m.: Flex 'n Stretch

Noon: L & F meal

12:30 p.m.: Blood Pressure Clinic

Thursday, Nov. 5

9 a.m.: Senior Law Project

9 a.m.: Low Impact Aerobics

Noon: L & F meal

Share the Victory



You Could Win

WANTED

Your best holiday recipes and holiday hints for our annual Christmas gift guide.

It's easy to enter! Print or type your favorite holiday recipe or holiday hint on a 3x5 card. Be sure each card is identified with your name, address and phone number.

If you have an anecdote or an example to share, include it on a separate sheet of paper.

You Could Win

Send us your best! Recipes, gift ideas, holiday traditions, or decorating hints.

Holiday Recipes		Holiday Hints	
1st Prize	\$25 Certificate	1st Prize	\$25 Gift Certificate
2nd Prize	\$15 Certificate	2nd Prize	\$15 Gift Certificate
3rd Prize	\$10 Certificate	3rd Prize	\$10 Gift Certificate

Mail or bring your entries to: **The Sandy Post**
17270 Bluff Rd. P.O. Box 68 Sandy, OR 97055 668-5548

BUY S.M.A.R.T.* THIS FALL!

Show your car you care

\$4 REBATE ON ENGINE MAINTENANCE TUNE-UP

\$42⁰⁰ 4-cyl less 1/4 rebate	\$48⁰⁰ 6-cyl less 1/4 rebate	\$60⁰⁰ 8-cyl less 1/4 rebate
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INCLUDES:
• Mopar/Champion spark plugs
• Inspect emission components
• Set timing
• Adjust idle speed (greater than 2-BBL carb and std ignition slightly higher)
• SEE SERVICE ADVISOR FOR DETAILS ON REBATE

*Present coupons when order is written. Offer expires on November 15, 1987. It cannot be used in conjunction with any other service coupon program offers.

UP TO \$13 IN REBATES ON COOLING SYSTEM SERVICE

\$1.50 rebate per gal. Mopar® antifreeze (max. 2 gal.)
\$2.00 rebate per replacement hose (max. 2 hoses)
\$2.00 rebate per replacement belt (max. 3 belts)

\$29⁹⁵

*Present coupons when order is written. Offer expires on November 15, 1987. It cannot be used in conjunction with any other service coupon program offers.

\$10 BATTERY REBATES!

MOPAR 60 \$74.95** —10.00 rebate	MOPAR 48 \$59.95 —10.00 rebate
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\$64.95 **\$49.95**

*INSTALLATION IS AVAILABLE WITH EXCHANGE WARRANTY AVAILABLE AT 4,000 DEALERSHIPS NATIONWIDE (OVERSIZED BATTERIES EXTRA!) WARRANTY AND PRO-RATED ADJUSTMENTS EXEMPT! SEE SERVICE ADVISOR FOR DETAILS ON REBATE

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LUBE, OIL & FILTER CHANGE NOW ONLY... \$14⁹⁵

CAR, TRUCK TURBO CAR

Includes: new oil (up to 5 qts. cars, 6 qts. trucks); new Mopar® oil filter; complete chassis lube; fuel levels inspection. Special or additional oil/filter slightly higher.

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Ask about our special 11-point fall car check-up to ensure top performance, efficiency and economy.

We inspect: ☒ TIRES ☒ EXHAUST SYSTEM ☒ CV JOINT BOOTS ☒ HOSES & BELTS
☒ STRUTS ☒ EXTERIOR LIGHTS (where applicable) ☒ AIR FILTER
☒ SHOCKS ☒ SUSPENSION ☒ WIPERS ☒ ALL FLUID LEVELS

Offers Good Through November 30, 1987

Above offers good on Chrysler, Plymouth and Dodge vehicles only.
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