



Photo by Christine Bierman

Matthew and Judy Meador own Suby's Sandwiches and More at the Sandy Marketplace.

Sandwich (and more) shop has fresh, homestyle food

by CHRISTINE BIERMAN
for The Post

Fresh, homestyle food should elevate Suby's Sandwiches & More above the competition, say the owners of Sandy's newest restaurant.

Suby's opened July 13 at 37065 S.E. Highway 26 in the Sandy Marketplace.

It features 14 different submarine sandwiches, garnishes, soup, salads, desserts and beverages to be eaten there, to be taken out or to be delivered at no extra charge to locations in Sandy.

"You can go anywhere and get a sandwich," says Judy Meador, a veteran in the food business. "I think our quality and service will make the difference."

Judy, 27, speaks from experience. She has been employed for 10 years at restaurants owned by herself and family members.

Their food is made daily from scratch, the oversized cookies and brownies from recipes by Judy's

mother and grandmother. "A lot of my soups are my family's recipes," Judy said.

The restaurant is open from 11 a.m. to 7 p.m. Mondays through Fridays, 11 a.m. to 6 p.m. Saturdays, and noon to 5 p.m. Sundays. Delivery hours are 11 a.m. to 2 p.m. weekdays. The telephone number is 668-8123.

Sandwich prices range from \$2.15 for a small vegetarian sandwich to \$4.80 for The King Neptune loaded with four different meats.

The brightly colored restaurant seats up to 14 persons at white and royal blue tables with red and white metal mesh chairs.

The Meadors employ three persons part time. Matt Meador, 26, also manages the Wilmar East Apartments, 1071 S.E. Kane Road, Gresham, where they live, and works on a children's book.

"He knows how to make bread," Judy said of Matt. He chose the business's name and, a year ago, designed the nautical logo for the front window and menus. More

decorations tying in the logo and the sandwich names are planned for later.

Traffic was described as "OK" by Judy, who believes that "Once people come in and try it, I don't think I'll ever have problems with them coming back."

Their bread is superior and their sandwiches meatier than others, according to the Meadors.

They bought their equipment from The Sub Shop, a restaurant chain that had counters and lights installed in its color scheme at the site of Suby's before deciding against opening there.

Suby's kept The Sub Shop's colors of gray and royal blue, since they fit the nautical theme, Matt and Judy said.

The Meadors owned The Old Time Donut Shop and Sandwich Factory in Umatilla for a short time. Judy managed her brother's restaurant, Campus Hero, in Corvallis for 1½ years, and helped her parents at their former soup and sandwich shop in Sunnyside, Wash.

Flutist plays in concert

Flutist Licha Nyiendo of Boring gave a premiere performance of her original composition, "Petite Duet," at a concert marking the end of the July session of the Chamber Music Society of Oregon's summer music day camp.

Nyendo also played in a flute-piano duet and in the chamber orchestra, conducted by Dorothy McCormick.

The music day camps, in their 10th year, will continue in August. A free public concert will close the August session at 7:30 p.m. in Room 75 of Lincoln Hall at Portland State University in Portland.

Hwy. 26, Sandy 668-8058

PAOLA'S PIZZA BARN



Derek Spires is prep of the week.

Derek, 14, an eighth-grader at Cedar Ridge School, recently qualified for the U.S. Western Zone Swimming Championships, which will be held at Mt. Hood Community College this week. He was one of two swimmers on the Blue Marlin Aquatic Club to qualify.

Congratulations, Derek!

Enjoy great pizzas & good times at Paola's!

Sandy

Business and Professional Directory

668-5548

Beauty Consultant

Mary Kay COSMETICS (503) 668-5731

Lynn M. Baston
Independent Beauty Consultant

18070 Langensand Road Sandy, OR 97055

Carpet Service

RAINBOW INTERNATIONAL CARPET DYEING & CLEANING CO.

Cleaning, Tinting & Dyeing

667-4028 Sid Eames

Concrete Ready Mix

MT. HOOD READY MIX

Ready Mix Concrete Crushed Rock, Sand and Gravel

668-6515

Electronic Systems

RANDY'S RECEPTION SPECIALTIES

- Satellite Sales, Installation, Service
- VHF - UHF - FM Antennas
- Security Systems • 6 years experience
- Commercial & Residential

637-3034

Photo Supplies

Shop The **PHOTORY** for all your photo needs

- Film & Photo Finishing • Frames & Accessories
- Camera Equipment & Repairs • Passport Photos
- "We make the Quality Difference"

668-5870 Sandy Market Place

Local News & Advertising

The Sandy Post

668-5548

Pump Supplies

D & A PUMP & SUPPLY

- FAIRBANKS • MORSE
- RED JACKET

668-4902 or 1-655-7627

Real Estate

ERA® TOWN & COUNTRY BOB SELLERS

REALTOR-ASSOCIATE®

Home: 668-3036 Office: 668-8050
39355 S.E. Proctor • P.O. Box 148

Let Me Help You Sell Your Home

Tires

MT. HOOD TIRES

Bill Russell Proprietor

668-3211

Emergencies: 668-8926

Travel Service

Classic Holiday Travel

38555 Proctor Blvd
PO Box 1177
Sandy, OR 97055

- PAT CALKINS
- DEBBIE MUELLER
- JUDY SHEPPARD

668-3502

Directory Ads Sell Your Business All Week Long!
Call today for more information! **668-5548**

WHEN YOU GIVE HELP YOU GIVE HOPE. **arc**
Association for Retarded Citizens

Woodland owners workshop set

The Oregon forestry department, Clackamas-Marion district, and the Oregon State University Extension Service have scheduled a tour and workshop to help small woodland owners learn more about new forest practice rules and other aspects of stream-side forestry management.

The Aug. 19 tour will begin at the Estacada High School parking lot at 6:30 p.m. and will last for about two hours. Loggers, foresters and others are welcomed.

Beginning Aug. 1, forest lan-

downers in Oregon have to plan forestry-related activities around a new set of stream protection rules. The state's forest practice rules and statutes have been enforced on all forest land since 1972.

The latest rule changes are aimed at better ensuring the protection of stream-side fish, wildlife habitat and water quality.

Commercial forest operations — including logging, land clearing, site preparation, road building and slash disposal — on public and private forest land now are required to be

conducted in accordance with the new rules.

The major changes call for providing protection of riparian areas or stream-side wildlife habitat.

A set of the new rules can be obtained free from the Oregon forestry offices in Sandy, Molalla and Mehama.

For information, contact Mike Bondi, OSU Extension Service forester, at 655-8631 or Robert Lundblad at the state forestry department, 829-2216.

TIRE LIQUIDATORS

Import Steel Radial BSW

155/12	24.95
175/70/13	30.95
185/70/13	32.95
185/70/14	34.95
195/70/14	35.95

Cooper Trendsetter All-Season Steel Radial

175/80/13	33.21
195/75/14	37.91
205/75/14	39.19
215/75/15	42.60
225/75/15	45.13
235/75/15	47.29

Kelly Tires KELLY METRIC BSW

155/12	29.94
155/13	32.12
165/13	33.43
175/70/13	36.43
185/70/13	37.51
185/70/14	39.31

WHAT IS TIRE LIQUIDATORS?

TIRE LIQUIDATORS is a large Northwest based tire buying group that allows its member stores to offer the very best buys on quality tires & wheels to the public. (Each store is individually owned.)

SUMMER VACATION DAYS SALE

P-Metric Steel Radial All Season WSW

155/80/13	26.62
175/80/13	29.26
195/75/14	26.62
205/75/14	29.26
215/75/15	29.83
225/75/15	27.66
235/75/15	31.53
205/75/14	32.27
215/75/15	35.60
225/75/15	38.32
235/75/15	39.35

NAVIGATOR® 600 ALL-SEASON STEEL-BELTED RADIAL

175/80/13	41.24
195/75/14	44.40
205/75/14	46.81
205/75/15	49.09
215/75/15	50.53
225/75/15	53.01
235/75/15	55.59

\$39.32

Computer Designed Tread - Available in 70, 75 & 80 Series

*45,000 Mile Warranty

CUSTOM WHEEL LIQUIDATORS

Dozens to choose from

15x7 Black Modular	\$35.91
15x7 Chrome Modular	\$39.39
15x7 White Spoke	\$22.24

WE WON'T BE UNDERSOLD ON

KELLY SPRINGFIELD **REGUL**

KLEBER **AMERICAN RACING**

DUNLOP **PROGRESSIVE** **COOPER** **ENKEI**

Front Disc Brakes

Lifetime Warranty

Turn rotors, pack front bearings & safety system check. Semi-Metallic extra.

\$59.95

4 Wheel Alignment

Thrust Align Most Cars **\$19.95**

Thrust Align Most PU & Vans **\$21.95**

4-Wheel Align Most Front Drive Cars & Vans **\$35.95**

Plus parts

GRESHAM

NELSEN'S Kelly Tires

TIRE AND BRAKE

620 E. BURNSIDE

HOURS: M-F 8 a.m. - 6 p.m. Sat. 8 a.m. - 5 p.m. Expires 8-29-87

NELSEN'S EXTRAS: Purchase for any tire for life of the tire:

- Free tire rotation
- Free rebalance
- Free valve stem check
- Free air check
- Free flat repair

FREE ROAD HAZARD WARRANTY

* GRESHAM NELSEN TIRE EXCLUSIVE MILEAGE WARRANTY

90 DAY FINANCING OAC

666-9478