

# Disease doesn't stop cyclist

## Man's 3,000-mile bike trek brings him through area

by CHRISTY TRUE  
Staff writer

BORING — In 1981, Ed Chasteen was told by doctors that he had multiple sclerosis, a degenerative disease of the central nervous system, and would live a life of inactivity.

Now, on the last leg of a 3,000-mile bicycle journey across the United States, it is safe to say that Chasteen has proven that multiple sclerosis does not have to be debilitating.

Chasteen passed through the area early this week, staying a night in Boring with Linda Lerwick and her family before heading to Sacramento, Calif., today.

Riding an average of 50 to 60 miles a day, he started at Disneyworld in Orlando, Fla., on May 16 and expects to finish at Disneyland in Anaheim, Calif., on Aug. 27.

Chasteen's mission is two-fold. He is accepting pledges from sponsors to raise money for the Multiple Sclerosis Society and for the Human Family Reunion, an activity he organized and wants others to know about.

The Human Family Reunion is a program that has been endorsed by many churches, he said, because it promotes love and understanding between all people regardless of race or religion.

An instructor at William Jewell College in Liberty, Mo., Chasteen also wants to provide inspiration to people he meets along the way.

"I hope to inspire people, all people, not just those with multiple sclerosis, to find peace and a purpose in life," he said.

Calling his odyssey "Ed's BikeAmerica," he rides alone on his cherry red bicycle, named "The Spirit of Kansas City," and has stayed with friends and at churches along the way.

Lerwick was contacted by her brother, who works for a newspaper in Kansas City. He had met Chasteen there and asked his sister if she would give him a place to stay when he reached Portland.

At each town where he stops, Chasteen visits churches and television stations to talk about his causes. While providing encouragement for others, he has received plenty of encouragement himself.

"I've always had a place to stay and everything I need has been donated," he said. "Most of the people with multiple sclerosis are leading a good life despite their problems. They have encouraged me."

When he is done, Chasteen will write a book about his experience, entitled "Spirit Trail — Trek Across America." Included in the book will be the names of all the people and organizations who have helped him along the way.

Supporters who have pledged \$60 or more will be given one of Chasteen's earlier books free. Those books are entitled: "Counterpoint — Life Beyond a Damnable Disease;" "Bike Book — Odysseys through Small Towns and the Human Soul;" and "How to Like People Who Are Not Like You."



Multiple sclerosis has not prevented Ed Chasteen from leading an active life.

## Smokey the Bear plans appearance at Timberline

Smokey the Bear's firefighting skills will be tested on 43 candles when he celebrates his birthday as part of a fire awareness weekend Aug. 8-9 at Timberline Lodge.

The Zigzag Ranger Station is sponsoring the event from 10 a.m. to 4 p.m. Saturday and Sunday.

Smokey will blow out his birthday candles and share cake with participants at 1 p.m. each day. He turns 43 on Aug. 9.

The Zigzag station staff hopes to increase public awareness of forest fire suppression and prevention by including Smokey during his birthday celebration, says spokeswoman Roberta Hilbruner.

The event coincides with the 50th anniversary of Timberline Lodge this year.

Scheduled are a skit called "Smokey Saves the Day" involving children in the audience, a display of antique Smokey campaign materials, talks and demonstrations by smoke jumpers and the simulation of a forest firefighter base camp.

Other activities include audio-visual programs about fire, the story of the Tillamook Burn and demonstrations of fire-detection equipment.

Tours of the lodge and nature walks also are planned.

## Local volunteers sought

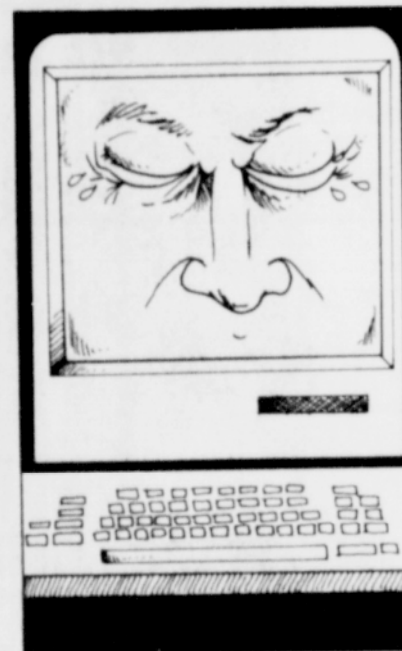
Staff members from the state Department of Human Resources will be at the Sandy Library from 3 to 6 p.m. on Thursday, Aug. 13, to talk to those interested in volunteering their time and/or transportation to others in the community who are in need.

The Department of Human Resources is recruiting volunteers to

provide transportation and to be "big brothers and big sisters" to young people at risk.

The program has a need to provide assistance to individuals living in the Sandy and Gresham areas who are clients of Adult and Family Services, Childrens Services Division, Aging Services and Mental Health.

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This message brought to you by this newspaper and by Oregon's Doctors of Optometry.



## Riders

Continued from Page 1.

"It's a little upsetting," said Doris Hanna, 25020 S.E. Webber, about the idea of ending bus service. "But I understand the businesses are paying a lot of money for it."

A Mt. Hood Community College student, Hanna said ridership increases slightly when regular classes resume.

Should Sandy withdraw from Tri-Met, Hanna would have a car she recently bought restored to working order.

One answer to what is seen by some as the excessive cost of bus service would be to schedule one rush hour bus each way per day, she sug-

gested. Tri-Met operates buses nine times a day in Sandy.

Sam Minson's alternative to Tri-Met would be a shuttle service run by Sandy businesses between here and the Gresham Transit Station, where most bus riders Tuesday boarded the light-rail train.

A rider off and on for the last six years, Minson said he understands the plight of Sandy businesses who help support Tri-Met.

"I don't blame them" for their push to secede from Tri-Met. "I pay taxes in Portland," said Minson, who works as controller for Rian's Restaurant.

A resident of 35650 S.E. Barnum Road, he boards the bus at the 362nd Avenue intersection of Highway 26 to avoid the cost, time and trouble involved in driving to downtown Portland.

"I can read," he said, waving a paperback book, "instead of wasting my time driving."

Although he would return to driving to the MAX station, Minson's name probably would be found on a petition to leave the transit district.

Looking around at the few riders, he observed that, "There's not too many that care" about the bus service.

## Treat lawn to control pesky fleas

Hungry fleas hop into many a home during late summer.

These tiny, but hungry, pests will gladly move right into your home if you don't control them before they get the chance, says Ray McNeilan, gon State University Extension agent.

Fleas are small, brown, jumping, parasitic insects that are very thin on side to side. They infest pets of certain wild animals and are usually present in lawns as well as other outdoor areas. Fleas gain access to households by traveling on

pet cats and dogs. The problem with adult fleas, of course, is that they suck blood, causing irritating bites.

The dog flea is the most common flea on cats and dogs in Oregon and is the species that bothers humans in infested homes.

In the larval stage, the flea is tiny, slender and wormlike. Hot weather intensifies flea reproduction by shortening the time period required for flea larvae to mature into adults.

Sevin dust or spray and diazinon spray are registered for flea control on lawns, building foundations and

entry ways, McNeilan says.

For best results in treating lawns, first mow the lawn and dispose of the clippings. Spray or dust following label directions. Do not water the lawn for at least two days. Repeat treatment at one- or two-week intervals until the flea problem subsides.

Observe all label directions when using any insecticides.

## More People Reap Benefits From H&R Block Tax Course

Thousands of successful tax preparers started their careers with the H&R Block Income Tax Course.

H&R Block has been teaching income taxes for 30 years and this year is offering a basic income tax course starting September 14th with morning, afternoon and evening classes available.

Many of the most successful people in the tax preparation business started with this basic course which teaches all phases of income tax preparation. The 13-week course progresses from simple to complex tax problems. Students learn through classroom discussion and homework.

Qualified course graduates may be offered job interviews for positions with Block. Many of Block's employees find the flexible hours a plus. However, Block is under no obligation to offer employment, nor are graduates under any obligation to accept employment with H&R Block.

The course is ideal for those interested in tax preparation as a career or for those who want to learn about taxes for their own personal use. The course is challenging and, for those who are highly motivated, can prove to be profitable as well. No prerequisites are required for enrollment.

One low course fee includes all textbooks, supplies and tax forms necessary for completion of the course. Certificates and 7.5 continuing education units will be awarded upon successful completion of the course. Also, the cost of the course may be tax deductible.

Registration forms and a brochure for the income tax course may be obtained by contacting the H&R Block office at 38770 Proctor Blvd, Sandy, telephone 668-8433. Don't forget to ask about our early bird special tuition price.

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