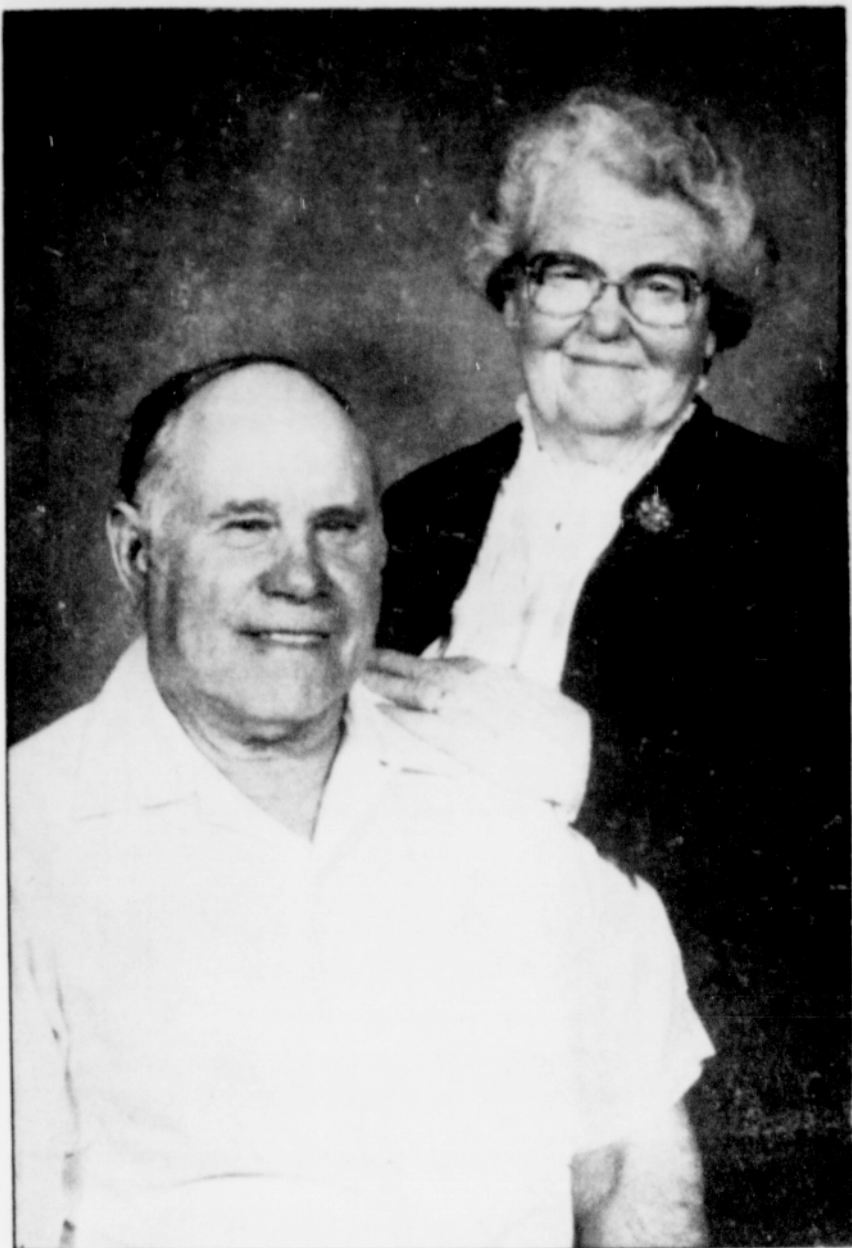


Anniversaries



James and Esther Quinn

Couple to celebrate 50th with family at open house

James and Esther Quinn of Boring will be celebrating their 50th wedding anniversary on Saturday, June 20, from 1 to 5 p.m. at the Sandy Assembly of God Church.

The Quinns and their children are hosting the open house.

James and Esther were married in

Oakgrove, La., on June 5, 1937.

The Quinns moved from Louisiana to Mississippi in 1943, to California in 1949 and to Oregon in 1956.

Helping them to celebrate will be their five children, 15 grandchildren and three great-grandchildren.

Senior center news

Hot Springs trip planned

The center plans a trip to Bagby Hot Springs on Friday, June 19. The van will leave at 10 a.m. and return at approximately 4 p.m. An opportunity to hike along the nature trail will be a special feature of the trip. Bring a sack lunch and wear comfortable shoes.

Seniors will enjoy an "Old Time Music Concert" with Eula Markle and Bill Ault on Tuesday, June 23, at 12:30 p.m.

The Hearthstone Restaurant in Gresham will be the location of this month's Senior Dine-out on Wednes-

day, June 24.

"The Old Trunk in the Attic" style show will be hosted by members of the Sandy Senior Center on Saturday evening, June 27. Festivities will get underway at 7 p.m. with the modeling of antique clothing, some of which dates back to the 1880s.

A dessert social will follow the show. Tickets are \$1.50 and can be obtained at the center office.

July 1, 1987, will begin a new fiscal year for the Sandy Senior Center and membership fees are now due. It is not necessary to be a member to be eligible for programs or services. However, membership dues collected each year help support the operation of the center. A subscription payment of \$4 per year is re-

quired to receive the newsletter through the mail. The Sandy Senior Center is funded by the city of Sandy. Suggested membership dues are \$3 for those living inside the city limits and \$6 for those residing outside the city's legal boundaries. An application for membership and subscription to the newsletter can be found in the June issue of the center's newsletter or can be obtained from the office.

ACTIVITIES
(Week of June 18-25)
Thursday, June 18
9 a.m.: Low Impact Aerobics
Noon: Luncheon at Sandy Assembly of God Church
Friday, June 19
10 a.m.: Depart for Bagby Hot Spr-

ings Hike
Noon: L & F meal
7 p.m.: Community Cards
Monday, June 22
9 a.m.: Low Impact Aerobics
11:30 a.m.: Flex 'n Stretch
Noon: L & F meal
Tuesday, June 23
9 a.m.: Foot Care Clinic
Noon: L & F meal/Hospitality Day w/Musical Entertainment
Wednesday, June 24
9:30 a.m.: Oil Painting
11:30 a.m.: Flex 'n Stretch
Noon: L & F meal
5:15 p.m.: Dine Out at the Hearthstone
Thursday, June 25
9 a.m.: Low Impact Aerobics
Noon: Golden Age Club Potluck

Drug raid ends in arrest of 3

Authorities seized more than two pounds of cocaine and arrested three persons during a drug raid in Sandy and Gresham last week.

The Multnomah County Sheriff's multi-agency task force closed a six-month investigation with the raid on several East Multnomah County, north Clackamas County and Sandy residences.

Seven vehicles, 13 weapons and about 200 pounds of cocaine were seized in the raids.

The raids began with the purchase of the cocaine by sheriff's deputy who was posing as a drug dealer.

Arrested in the incident was Ramon Aispuro, 25, of 652 S.E. 148th Ave., Gresham. Aispuro is being charged with five counts of possession and distribution of a controlled substance. Also arrested was Silvino Aispuro, 22, of 37000 S.E. Sunset Drive, Sandy, who is being charged with possession, distribution and conspiracy to distribute a controlled substance; and Sergio Corona, 23, of 36868 S.E. Hauglum Road, Sandy, who is charged with possession of a controlled substance.

The Immigration and Naturalization Service took six others into custody in the raid. They later were released.

SUBLUXATION OF THE SPINE

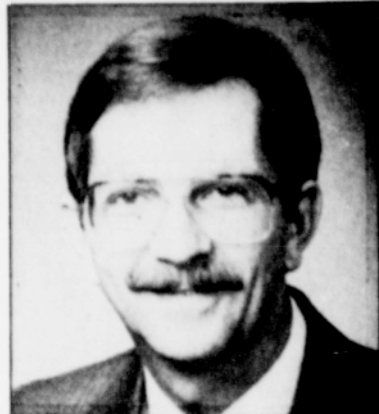
Is it effecting your health?

What is a subluxation and how does it affect me?

A luxation is a complete dislocation of a joint. We have all heard of people getting a dislocated shoulder or knee. But a subluxated joint is not dislocated but it is out of its normal alignment. The body has 206 bones connected together by over 600 muscles. Any strain, injury or stress to a muscle can cause it to pull the bone out of its normal working relationship. When this happens in the spine, it affects the body's dynamic controlling force, the brain, as it extends down the spinal cord. Over 300,000 nerves emit through each side of the vertebrae to control the body's function. Any distortion of the spine or swelling of the tissues around the spine can disturb normal nerve transmission. Just as a rheostat slowly can dim a light by shutting down its electrical input, subluxation dulls the energy traveling through the nerves. When this happens, the body is in a state of disease. If it continues long enough the tissues that the nerves supply

develop pathology and lose their ability to function. Inflammation may develop in the tissues and repeated infections. If interference to the gastro-intestinal tract develops, you may suffer from such symptoms as chronic indigestion, hyper or hypo-acid stomach or ulcers, constipation, etc.

Have you ever stopped to ask yourself, why is it that I always have kidney infection, my neighbor has stomach trouble. The reasons can be many but one thing most people never think about is restoring normal nerve supply to the affected area. They get every part of their body checked and tested and injected with all kinds of dyes but subluxation is never even looked for. In many cases it is a major contributing factor to the disease of the organ involved. Chiropractors are the only experts trained to detect subluxations. The medical profession specializes in dispensing drugs and doing surgery once the organ has diseased too much to be able to be restored. Too many times people are told



Dr. George Hyland

"We can't find anything wrong with you." All the tests are negative. And many find they have suffered years only to be restored back to health in a few months after trying chiropractic.

Have you ever been checked for SUBLUXATIONS? Why not do it today. Questions? Call Dr. George Hyland for a complimentary consultation.

SANDY CHIROPRACTIC CLINIC

668-5822

39100 Proctor Blvd.

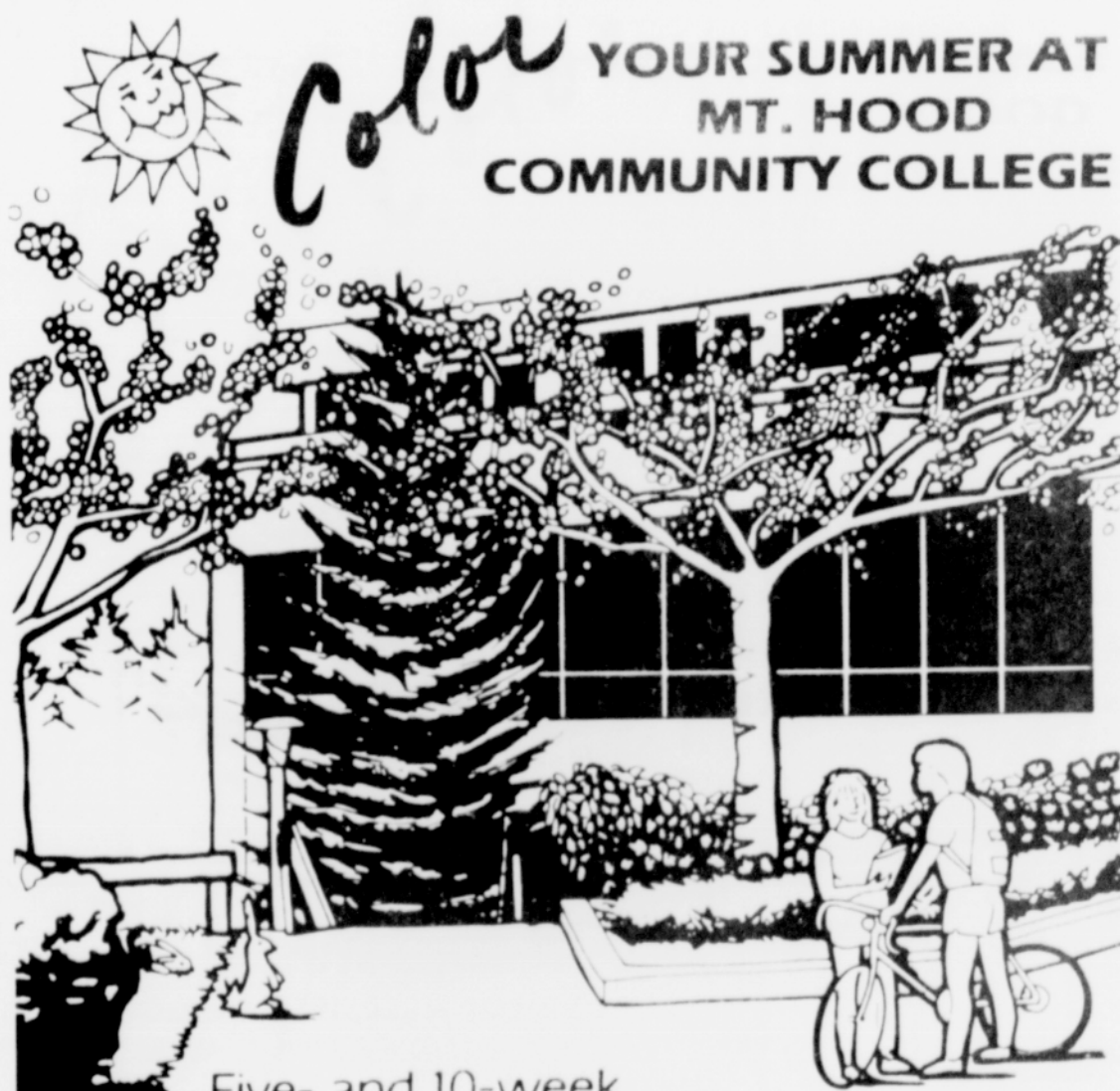
Honor roll students named

Two local people have been named to the dean's list at the University of Oregon in Eugene.

The dean's list is made up of the top 5 percent of eligible undergraduates. To be named, a student must have at least a 3.75 grade point average on a

4.0 scale and carry at least 15 credit hours. The students named were:

Susan Marie Ludi of Boring, a junior art education major; and Kimberly Jeanette Atkins of Rhododendron, a freshman biology major.



Five- and 10-week sessions begin June 22. Second five-week session begins July 27.

For information on:

Registration — Call 667-7392
Summer tours — Call 667-7260
Sports camps — Call 667-7350
Aquatic activities — Call 667-7243
Festival of Jazz — Call 665-1131

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