

The Sandy Post

# Editorial & Opinion

Scott Newton, editor  
Kimberly Nelson, advertising representative

## Citizen of the year area's top honor

When a person joins the other recipients of the Sandy Area Chamber of Commerce's citizens of the year, he joins a pretty elite group.

The chamber has been giving the award since 1965. The names of the people speak for the weightiness of the award. Award winners include:

- 1965: Lyle Seaman
- 1966: Mike Paluck, Bob Smith (posthumously)
- 1967: Ivan Barker
- 1968: Hazel Murray
- 1969: Don Deming
- 1970: Clyde Sutherland
- 1971: Howard Berger
- 1972: Olin Bignall
- 1973: Phil Jonsrud
- 1974: George Morgan
- 1975: Dale Nicholls
- 1976: Florence Schmitz
- 1977: Mel Haneberg
- 1978: Pete Sulzbach
- 1979: Marjory Hoffman
- 1980: Darrell Dempster
- 1981: Ruth Loundree
- 1982: Ann Fenwick
- 1983: Macy Brader, Pat Spradling
- 1984: Jim Duff
- 1985: Sandy Potter Marquardt
- 1986: Bob Kallen

The list of recipients represents thousands of hours of volunteer time and innumerable stories about the recent development of Sandy.

Congratulations to Bob Kallen, the newest member of an elite club.

### Experts say it's OK

## 'Just say no' works for parents, too

by JAN COOLEY

"Just Say No" programs that teach youngsters to say no to alcohol and drug problems are popping up in grade schools throughout the area.

The program teaches children to refuse offers of drugs and alcohol with a simple "no." Reasons, excuses and elaboration are not necessary.

It's a good thing someone thought of this. Until the program came along, my children never heard the word "no" spoken alone, at least not from my mouth. I always give a reason for refusing them anything. Lots of reasons.

If Bill wants to visit his girlfriend for the third time in one weekend, I don't say no. I say, "Enough is enough. You have your bedroom to clean and homework to do. While you're at it, the woodpile is getting low."

If Jennifer wants ice cream for an after-school snack, I don't say no. I tell her: "Ice cream has too much sugar in it. It isn't good for your teeth or your skin, not to mention your disposition. Too much sugar makes you hyper. Eat an apple."

I'm sure they'd rather I would just say no. The trouble is, I learned parenting from a combination of books and experience. And the books all told me to be understanding, sympathetic and above all, reasonable. If your child wants you to stop making dinner and come see a butterfly, don't tell them you're busy, the books advised. Drop everything and give them your undivided attention.

And explain your decisions, the experts said. Instead of being arbitrary, include your children in the decision-making process. When they're 2, tell them they can't touch something because A) it's valuable or B) it's dangerous. When they're 13, tell them they can't go to a rock concert because A) the noise will destroy their hearing; B) it's too far

away; or C) you've heard terrible rumors about what goes on at rock concerts.

Sometimes, however, it pays to be vague. I found that if I offer too many reasons for saying no, my children will counter by explaining how unreasonable my reasons are.

Over the years, I have created a full mental portfolio of excuses for saying no. It's too late or too early. Something's too expensive or cheaply made. There is school tomorrow or no school tomorrow. The weather isn't right. The youngster making the request is too young or I'm too old.

My responses sometimes are so convoluted they fall all over themselves. "Can Chrissy spend the night?" Jennifer asks. My brain quickly flips through the pages of my mental file of excuses.

"You've been sniffing and I think you might be coming down with a cold. A good night's sleep is the best defense against a cold," I tell Jennifer. "And you have a lot of work to do this weekend, so you ought to get started first thing in the morning. Remember, we're going to Grandma's house Sunday so you'll have to have your homework done Saturday night."

I go on and on and on. By the time I'm through giving reasons, Jennifer probably is sorry she asked. And she probably guesses the real reason for saying no: I want a quiet evening without guests.

She undoubtedly wishes I'd learn to just say no. I can do that now, for the experts have given me permission.

Why didn't I think of it myself? Surely more than 20 years of parenting qualifies me as an expert. After all, I've been taught by experts.

I'm sure my children, indeed most children, are smart enough to understand a simple no without a why. And who knows — if my children hear me just say no often enough, they might learn to use the word themselves.



### Salem scene

## Legislators hope to invalidate Snailm

by JACK ZIMMERMAN  
Associated Oregon Industries

A Portland newspaper columnist calls the place Snailm.

But the pace of activity in Oregon's capital city since Jan. 12 threatens to invalidate the nickname.

That was the day outgoing-Gov. Vic Atiyeh bade Oregonians an emotional farewell after 28 years in public office. It was the day Senate President John Kitzhaber and House Speaker Vera Katz stood at the same rostrum and outlined parallel plans for speedy accomplishment by the 64th Legislative Assembly.

And it marked the inaugural of Oregon's 33rd governor and an address by Neil Goldschmidt which charted a course designed to revive the state's economy and restore public confidence in its future.

Almost each day since has been a progression of developments that are components of the new governor's plan called "The Oregon Comeback."

First came Gov. Goldschmidt's \$2.58 billion biennial budget for 1987-1989. Actually, it was upstaged by a pre-inaugural announcement involving a projected \$32.1 million expansion of the medium-security Eastern Oregon Correctional Institution in Pendleton aimed at easing prison overcrowding.

Full disclosure of all budget elements appeared closely tied to the Goldschmidt comeback. Most state programs would be funded at minimal levels — near those of the previous biennium, adjusted for inflation. Major increases involve a reorganized Department of Economic Development, the corrections plan, and wage and salary raises.

Overall, the document calls for an average 6 percent spending increase for existing programs and \$183.6 million for new or expanded programs involving some 20 state agencies.

Crafted to avoid imposition of new taxes, the spending increases would be made possible by slight-

ly higher income tax receipts, expiration of the current property tax relief program, anticipated new revenue from a tax-amnesty proposal, and changes in the federal tax law.

A number of new user fees would be imposed and an attempt will be made to further boost gasoline taxes and vehicle registration fees.

Basic school support would be adjusted upward monetarily but remain at the current 29 percent level. Lottery revenue disposition would be revamped to augment the Oregon Convention Center project, target larger economic development projects and give the governor more discretion over future spending.

Although far short of satisfying everyone involved, the budget document was a least preliminarily accepted without exceptional anguish. And at least part of the acceptance was based on knowledge the final document has yet to face months-long scrutiny by lawmakers.

Legislative leadership, however, appeared committed to the same or similar goals outlined by Gov. Goldschmidt. Both Kitzhaber and Katz reaffirmed intentions of the democratic majorities to build on last session's accomplishments in efforts to restore public faith in the legislative process.

They both called for an early solution to the school closure problem, reconnecting Oregon's revenue system to the newly reformed federal tax law, workers' compensation reform, and resolution of the liability insurance crisis.

The new Democratic governor's staff has been expanded significantly and generally speaking, the so-called new faces in Salem appear to be a blend of the partisan faithful and longtime supporters of the former Portland mayor.

Whatever the outcome, the pace has quickened significantly in Salem and smart snails are seeking the security of their shells.

## Letters to the editor

### Observe King's birthday locally

What a bounty it would be for this small town to add something new to our local culture: the observance of the Rev. Martin Luther King Jr.'s birthday.

Could we possibly inspire our citizens, young and old alike, to participate in the promotion of peace and racial equality? The teaching of these ideals would make our community a brighter place.

Churches and organizations, as

well as the City Council and school board, could ponder the matter.

Martha Drew  
Sandy

### Forest also has economic uses

The long-range plans for the 19 national forests in Oregon and Washington now being issued for public comment by the U.S. Forest Service are important to people of these states, especially those who live and work in the scores of small, timber-dependent communities.

These plans can be blueprints for economic stability by providing high levels of output while protecting wildlife, watershed and recreational values.

However, our way of life is being threatened by major reductions in the wood harvests from national forests — 25 percent or more — that sustain logging and mill jobs and the local communities they support.

We've heard a lot lately about setting aside huge acres of forest for the spotted owl, a bird that isn't even on the federal threatened or endangered species list. We are going to hear even more about new minimum-

management requirements that were adopted without public comment. They already have had a drastic effect on harvest levels.

It's important to make our voices heard on the Forest Service planning process before it's too late. A few community organizations already exist, and we are tying ourselves together in an umbrella group called CPR — Citizens for Perpetual Resources.

If you'd like to be a part of this effort, contact us at: CPR, P.O. Box 33, Florence, OR 97439.

Del Phelps, president  
Sheridan

by Adam Kraft

### Bobcats



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