



Jim Dixon on Mt. Borah in Idaho, one of 11 peaks he climbed last year.

Jim Dixon

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wasn't seen as important as it is today. "I just wanted to give them a basis to go by so when they got older, they could realize the value of being fit," he said.

Nonie Caudell of Sandy, a former student of Dixon's, said "He's a very interesting man." He's so incredible, it's hard to describe him, she said. Her four grown children have also had Dixon for physical education and were all involved with his running program. It was difficult for them to keep up with Dixon.

Frances, Dixon's wife, said she also has trouble keeping up with him. "When he's not climbing mountains, or scuba diving or swimming, he's bringing wood or rocks home," she said. Dixon chopped enough wood last spring to heat their large split-entry home for about three years. He uses the rocks for landscaping their well-kept yard.

Frances said even though she doesn't participate in all Dixon's activities, she encourages him. "I encourage him to go because I know it's his life," she said.

Dixon agrees that his many activities are a large part of his life. When asked how he does so much, he replied, "I don't have a secret — the

whole thing is just getting out and doing it." He glanced at the clock on the wall, which showed 9:30 p.m. "Just like tonight, I'll go out and run my five miles and unload wood from my truck."

What is Dixon's advice to others? "Get into some kind of a program and keep with it," he said.

Program puts students in real world

by DAVID SCOTT

Sandy High School, in cooperation with the Kiwanis Club of Sandy, is attempting to bridge the gap between the real world and high school life. Seniors attending Sandy High are being given the opportunity to gain first-hand experience in career areas of their choice.

Welcome Rumbaugh, career center director at SUHS, said high school-aged students sometimes make mistakes in choosing a first career.

"It's a question of evaluating things you don't want to do," he said. "Then you can devote your energy to something else."

"There's a lot of trial and error (in selecting a career)," said Rumbaugh. "It's a lot better for them to find out that they don't like a job now than wait till they have a family."



Welcome Rumbaugh

Kiwanis Club members have agreed to appoint a career "mentor"

to work with a student "career explorer" for a day on the job. As a result, students will have a better idea of what it takes to succeed in today's competitive job market. In addition, they will be able to find out whether or not a particular career interests them.

The program could be of "tremendous benefit" to a student pursuing a career he doesn't know much about, according to Craig Myrvold, owner of Sandy Travel Service. "It's an opportunity to learn," he said.

Myrvold is a member of the Kiwanis Mentor Advisory Committee. Under the leadership of Terry Lenchitsky, past Kiwanis Club president, the group is working with Rumbaugh to develop the program.

Other advisory committee members are Paul Buss, owner of Holtz Market; Gale Meier, owner of Shorty's Corner; Dennis Crow, assistant principal at Sandy High; and Norm Trost of Tektronix.

"The committee is going to help me get locations," said Rumbaugh.

A "bank" of possible sites for career exploration "mentors" is being developed in as many career areas as possible, such as management, engineering, excavating, construction trades and others. As the program progresses, other community mentors will be provided for career exploration.

Spending a day with a student should allow insight into their "real" interest. For example, an individual who is interested in law might obtain an appointment with a lawyer.

To participate in the program, seniors must sign up in the career center. The program may later be expanded to the lower grades.

When a senior signs up, Rumbaugh will contact the appropriate mentor, and the student will then spend a day with that person.

The result, it is hoped, is that the student will get on the right track toward a successful career.

Mailing deadlines are near

The Postal Service is again cooperating with the business communities of Sandy and Boring in urging customers to shop early and mail early for the Christmas holiday season.

Sandy Postmaster Arnold Becker and Boring Postmaster Bill Cornell ask holiday shoppers to mail early this year and to make certain that mail is addressed correctly (including Zip Codes) and packages are wrapped properly.

"Care should be taken in preparing parcels for mailing," Becker said. For sealing packages, pressure sensitive filament tape or reinforced kraft paper tape is recommended. Cellophane and masking tape is not acceptable and string or twine should

not be used as it can become entangled in sorting equipment. Information on proper parcel preparation is available at the post office.

Many overseas mailing dates, including those for armed forces personnel stationed overseas, occur this month. Mailers may obtain specific information by calling the Sandy

Post Office at 668-4044 or the Boring Post Office at 663-4506.

"Last year, our customers helped us tremendously. They mailed early in the season and early in the day. We hope they will choose to cooperate with us again this year so we all can enjoy another successful mailing season," Becker said.

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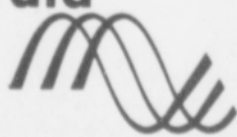
The Hoodland Community Planning Organization will hold a meeting at Welches Grade School on Thursday, Oct. 24 from 7 to 9 p.m. to discuss the RV Wonderland preserve.

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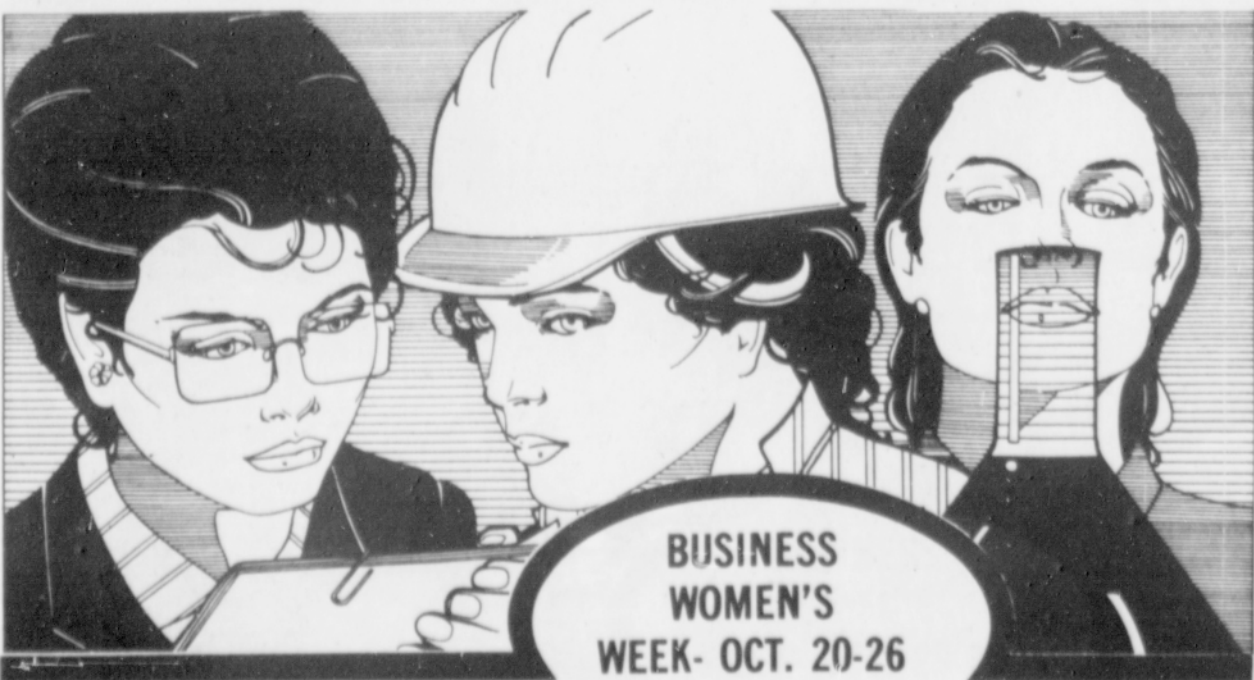
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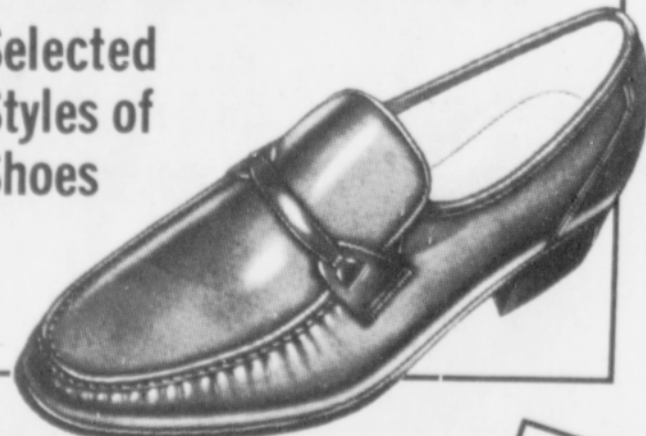
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