



Cinda Tilgner has found that as Rainshine the Clown she can practice being a loving, giving person, and after a little practice, it's easier to do without the mask.

Je T'aime Photography

Clown ministry

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Tilgner describes herself as outgoing — her husband, as shy. "What does he think of having a wife who clowns? He says, 'It's no different — my wife has always been a clown,'" she jests.

She actively participated in drama in her high school in Gila Bend, Arizona, where her mother was the drama teacher, and she received a lot of personal training. But her clowning has been primarily self-taught.

"I feel it was my calling," she said. Booked almost every weekend over the summer, she has been busy at it.

Once having seen her perform, one would hardly guess it does indeed take effort on her part to enact the bouyant character of Rainshine.

"It is exhausting work," she said. To stay in character constantly as long as she is in costume is mentally draining. But she is faithful to do so. She remembers driving into a gas station one evening after clowning and just in time remembered to "put her nose on." Sure enough, there were kids to wave and smile at there.

Tilgner envisions many avenues available to her as a clown. She eventually would like to combine puppetry and storytelling with her clowning.

She is also interested in doing safety talks with children, visiting sick people, or doing other types of ministry.

People interested in having her perform can reach her at 622-4242. She does not restrict her audience to any age. "Children love clowns," she said. "Old people are the same way."

The photograph of Rainshine on the first page of her album seems appropriate for expressing much of Tilgner's purpose in performing as Rainshine. Children in the picture gaze up at the clown with a bigger-than-life smile as she points to a block with big bold letters, GOD.



Photo by Scott Newton

Doctors Murlan Grise, Rick Asai, Jim Flerchinger and Larry Walsh will be working out of the Cascade Springs Professional Building in Welches.

Cascade Springs opens office

The public is invited to attend an open house on Friday, Oct. 18 from 3 to 7 p.m. at the Cascade Springs Professional Building, 24461 E. Welches Road (next to the Welches Mountain Center).

For the Cascade Springs Dental Clinic, which also has an office in Sandy, the move across the street into the new building means an expanded work space. At their former location at Hoodland Park Plaza, they had about 1,000 square feet. Now they have about 1,800.

The treatment areas were large enough, according to Jim Flerchinger, D.D.S., but now there is enough room in the business area as well.

By building they were also able to design the office to fit their needs, Flerchinger said. There is room for expansion if needed.

Flerchinger and Dr. Wally McKenzie, D.M.D., who is currently operating a clinic in Madagascar, are partners in Cascade Springs. Their associate in the Sandy-Welches practice is Rick Asai, D.M.D.

Murlan Grise, D.O., will also be opening an office in the Professional Building. He will have owned the Hoodland Family Medical Clinic for two years in November.

He will be installing an X-ray machine, which will allow him to diagnose fractures and other problems on site. It will be the first X-ray machine in the Welches area.

The Sandy Animal Clinic, which previously has not had an office open in the Welches area, will also have an office in the Professional Building.

According to Larry Walsh, D.V.M., about 20 to 25 percent of their practice came from residents of the mountain.

Like the Cascade Springs Dental

Clinic, Sandy Animal Clinic will continue to operate its office in Sandy.

Walsh is partners with George McGinnis, D.V.M. They have a small animal practice.

Flu vaccinations offered

Flu shots will be given to senior citizens on Wednesday, Oct. 16 from 1 to 3 p.m. at the Sandy Community Senior Center.

"It's really a good service, said Sandra Potter Marquardt, director of community services. The immunization service is offered as inexpensively as anywhere, she said.

Generally, flu shots are recom-

mended for "at-risk seniors," said Potter Marquardt, defining "at risk" as people with chronic health problems.

According to Joyce Kramer, RN and school nurse at Sandy High School, Cottrell, Bull Run, Welches and Boring grade schools, a trivalent vaccine is offered, which will protect people from the three specific strains

medical experts "feel will cause problems this year." Flu immunization is for the more serious strains, not the 24-hour flu bug.

People who have never had a flu shot or are curious about the appropriateness of receiving immunization should consult a doctor, Potter Marquardt said.

Financial planning class set

The American Red Cross is sponsoring a class entitled "Asset Management/Financial Planning" at Sandy High School on Oct. 16, 23, 30 and Nov. 6, from 7 to 9 p.m.

Topics to be discussed include taxes, inflation, investments, tax shelters, budgeting, insurance and general financial planning. The focus will be on the major reasons why many people reach retirement age financially unprepared.

Professional financial planners from Waddell & Reed Inc., a national financial services company, have agreed to volunteer their time to teach these classes. Proceeds will be donated to the American Red Cross.

Tax deductible donations of \$10 per person, or \$15 per couple, should be made payable to: Oregon Trail Chapter, American Red Cross. Mail

checks to Geraldine Clark, Waddell & Reed Inc., 1122 N.E. 122nd Ave., Suite

B211, Portland, 97230. Call 256-0084 for more information.

Vocal music department fund raiser scheduled

Sandy High School's vocal music department will present its eighth annual Sports Challenge on Saturday, Oct. 19 at 7:30 p.m. in the gymnasium.

The Sports Challenge is an evening of competition between the freshman, sophomore, junior and senior classes, which will each be represented by a team of 10 boys and 10 girls.

Events will include crab soccer, scooterboard races, a tug-of-war and an obstacle course. Team entrances

and pyramids, as well as each class's rooting section and the decoration of the gym, will be judged by an adult panel. The number of tickets sold by each class will also be calculated into points for the teams.

The \$2 ticket cost includes admission and a chance to win one of the entrance prizes, which is a new addition to the Sports Challenge this year. A number of local businesses have made donations.

Tickets may be purchased from students or at the door.

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