Julie Hollcraft, Miss Multnomah County
Practicing her talent during a pageant rehearsal.

Look into the house that will help pay the mortgage.

Good Cents

PGE

PROFESSIONAL TECHNIQUES

Photography
- location photography
- studio photography
- runway photography
- portfolio development
- composites
- poses, facial expressions

Advanced Make-Up for:
- runway
- television, film
- black and white photography
- color photography

Television/Film Industry
- image projection
- voice projection, emphasis, phrasing
- castings

Runway
- formal shows
- informal modeling
- wholesale, trade show modeling
- model's bag and wardrobe
- on stage showmanship
- fashion terminology and designers
- rehearsal, fitting, staging and commentary procedures

Promotional Work
- poise (audible and visual)
- hair
- personality development
- makeup

FINISHING, FASHION, SELF ENHANCEMENT

Hair
- face shape
- products
- hair care
- styling

Makeup
- skin tone analysis
- skin care program
- makeup for day and evening
- hand and nail care
- personalized makeup chart

Wardrobe
- rules of dress
- basic summer and winter wardrobe
- positive image dressing
- body type analysis
- budgeting, wardrobe planning
- accessory development
- color, texture, balance
- line and design
- "total look"

Visual
- standing, sitting, walking
- arm and hand movements
- body alignment and posture
- entering, exiting
- pivoting, turning
- inner poise

Exercise and Diet
- figure and weight analysis
- body fat analysis
- personal exercise program
- personal diet program
- nutrition

Positive Image Building
- positive self esteem
- goal setting and affirmations
- attitude control
- personal and group skills
- problem solving
- time management
- successful communications
- tension and stress management

Social Skills
- job interviewing
- business and social etiquette
- hostessing
- phone etiquette

Glorea La Vonne
Finishing, Modeling, Self Enhancement, Acting
1220 S.W. COLUMBIA ST., SUITE 102
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FINISHING, FASHION, SELF ENHANCEMENT

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FINISHING - FASHION - MODELING - SCHOOL
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PLEASE SEND MORE INFORMATION ON THE COURSES I HAVE CHECKED

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