

Herbs provide more than good seasoning

by JUDE RAMSAY JENSEN

In its broadest, dictionary definition, an herb is a plant useful to man for food, seasoning, medicine or perfume.

That covers a lot of ground when you stop to think about it. Most people, however, tend to think of herbs as kitchen plants used to spice up the spaghetti sauce or top a potato or brew into a cup of tea. Herbs are all these things and more.

As part of a permanent landscape, they are unbeatable for variety, beauty and dependability. Herbs of many sizes, colors, forms, textures and fragrances are available, creating a multitude of choices for different effects. They fit well into any style of landscape, nestling comfortably among more traditional home plantings to provide harmonious color spots or dramatic foliage contrasts to shrubs and flowers.

Herbs require little in the way of special care. A number of the perennials are long-lived and hardy in our area, providing the homeowner with an attractive, low-maintenance landscape year after year. And many serve double-duty, performing as well in the kitchen or hobby room as they do outdoors in the foundation bed or flower garden.

The following suggestions, grouped by landscape use, may be of help in planning. All are hardy perennials

unless otherwise noted. Double-duty herbs are keyed according to traditional use: 1. Culinary (flavoring, teas) 2. Fragrant (potpourri, sachet, perfume) 3. Medicinal.

Ground covers

1. Hardy Sweet Marjoram; to 1 ft.; dark green, rounded, aromatic leaves; fast spreader; sun.
2. Sweet Woodruff; 4"; glossy green pinwheel leaves, dainty white flowers; needs shade and acid soil; does well beneath evergreens.

3. Ajuga reptans (Bugleweed); 3-6"; fast spreading ground-hugger; glossy bronze leaves of A. reptans atropurpurea boast 6" spikes of blue flowers in mid-late April; very attractive with pale or dark greens; sun or shade.

Borders-Low hedges

1. Chives; 1'; dark green, weeping onion-flavored leaves followed by lavender pom-pom blossoms; sun.
1. Thymes; 1', equal spread; English thyme has dark green

leaves, strong aroma; Lemon thyme comes in dark green or variegated with a gold edge, delicious lemon flavor; Silver thyme grows fast, very attractive with silver edged leaves; all thymes can be clipped to formal shape.

2. Gray Santolina; clip to 1' to maintain a neater appearance; lacy blue-gray foliage contrasts dramatically against a dark background; sun.
1. Salad Burnet; 1-2'; bushy, fernlike mounding evergreen with cucumber flavor; sun; lime.

Shrub borders

English Lavender; slow to 2-4'; attractive upright form; needlelike gray-green leaves topped by lavender flower spikes in June-July; sun; bee attractant; very fragrant.

3. Hyssop; 2-3'; woody shrub, shiny dark green needlelike leaves; blue, white or pink blossoms; sun.
- 1, 2, 3. Rosa Rugosa; 5; old fashioned single pink rose; distinctive crinkled foliage; noted for abundance of "hips" left after blooming which are high in Vitamin C; hardy; sun.

Accent plants

1. Lovage; 3-5'; tall stalks topped by celery-like leaves, yellow flowers; strong celery flavor, young leaves best for salads; sun or shade; heavy feeder.



Christopher Berck and Rita Carpenter

Couple tells of plans for wedding in June

Rita Faye Carpenter and Christopher Alan Berck, both of Sandy, have announced their plans to be married.

Carpenter is the daughter of Gary and Linda Carpenter of Sandy. She is a 1981 graduate of Sandy High School

Honor roll announced at Cottrell

The honor roll for the third quarter at Cottrell School was announced recently.

Fifth graders to receive highest honors were Maryanne Betschart, Catherine McRae and Angelan Moore. Other honor roll students were Diana Clift, Tim Schmutz and Angela Weise.

Sixth grade honor roll students were Jody Anderson and Nancy Mowdy.

High honors in the seventh grade were earned by Toni Peterson, Jason Sullins and Alisha Watts.

Eighth grade honor roll students were Mike Anderson, Kim Ham and Suzanne Turner.

Good citizens for March in the kindergarten through the fourth grade were awarded ice cream bars. Good citizens in grades five through eight, in the East Building, saw the movie "Cloak and Dagger."

and attended Mt. Hood Community College for two years.

She is currently working as a waitress at The Refectory in Portland.

Berck is the son of Alan and Patricia Berck of Sandy. He is a 1980 graduate of Sandy High School, and is employed as an electronic technician at Electro Scientific Industries in Portland. He served for four years in the marines. He got out July 22, 1984.

The wedding is planned for June 1 at the First Baptist Church in Gresham.

Garden Fair set May 4 and 5

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The first Spring Garden Fair, sponsored by the Clackamas County Master Gardeners Association and the Clackamas County Fair Board, will be held May 4 and 5 from 10 a.m. to 5 p.m. at the Clackamas County Fairgrounds in Canby.

The two-day fair will feature retailers' display booths exhibiting the latest garden equipment, nursery supplies and planting stock. Informational booths will be set up to answer questions on soil and plant nutrition, safe chemical use, ornamental garden care, insect and disease control, and garden planning. The Clackamas County 4-H Club and several area schools will also be represented. All interested gardeners, nursery and flower shop owners and landscapers, as well as retailers of gardening equipment, are urged to participate.

Display booth applications can be obtained by contacting Master Gardener Robert Nelson in Sandy at 668-6355, or through Arthur Olsen, 263-8084, in Canby. Some applications have been distributed to local retailers. Rental space for two days is \$20 for commercial booths and \$10 for non-profit booths. Each 8- by 10-foot booth space will be provided with a six-foot table and an electrical outlet. Set-up for the fair begins on Friday, May 3, and tear-down will be on Monday, May 6.

Admission is free to the public. Before leaving home, scoop up one cup of garden soil, put it into a plastic bag and take it along. Gray Thompson, retired Extension Service agent for Clackamas County, will be on hand to conduct free soil tests to determine pH and nutrient levels of each sample. Testing will be done from 1 to 4 p.m. both days. This is a service that is normally provided for

a fee of \$12.95.

According to Arthur Olsen, 2,000 people are expected to turn out for a weekend at the Spring Garden Fair. If it is as successful as its planners hope, it will become an annual event.

Recording artist to perform at Pre-school open house

The Mt. Hood Pre-School Cooperative is holding its first open house Saturday, April 27 from 10:30 a.m. to 12:30 p.m. at the Hoodland Women's Club building.

The purpose of the open house is to introduce the functions of the preschool to the community, and also to provide a fun day for all family members. Tom Hunter, recording ar-

tist, will be performing from 10:30 to 11:30.

His works include "Our Record," a collection of songs for children, "Comin' Home," which has several children's songs, and "You Gave Me This Song," which is about people, events and issues.

Hands-on art projects will also be available at the open house for children of all ages. Pudding painting is one of the more popular activities, and will be held along with wood, nail and rubber band construction projects.

The entire family is welcome. Bring a brown bag lunch. Special refreshments will be sold.

Laffertys welcome Kelsey Marie

Kevin and Sherry Lafferty of rural Sandy recently welcomed Kelsey Marie to the family.

She weighed 7 pounds, 3 ounces and was 20 inches long. She was born April 16 at 5:12 a.m. Kelsey is their first child.

Grandparents are Gerald Dozier of Portland, Patsy Kennett of Gresham, Richard Lafferty of Gresham and Sally Lafferty of Sandy.



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