



Love interest

Darlene Lamb, center, does not approve of Howard Bickle romancing her daughter, played by Heidi Beck at right. SUHS's "Out of the Frying Pan" will play Thursday and Saturday at 8 p.m. in the commons. "Feiffer's People" will

be performed Friday evening. Pictured, from left to right: Dawn Thomas, Jesse Berger, Tom Russell, Denise Lewis, Lamb, Beck, Russ Benton and Bickle.

Photo by Scott Newton

County extends welcome to tourists

"You're More Than Welcome to Clackamas County" will be the theme of a two-day conference focusing on tourism in Clackamas County. The May 15 and 16 gathering is being sponsored by the Clackamas County Associated Chambers of Commerce. The Business Center of Clackamas County is assisting in the planning of the conference.

"We're trying to develop a greater understanding and recognition of the economic importance of tourism in Clackamas County's economy," said

Keith Petrie, who is executive director of the Mt. Hood Recreation Association. "It is our objective to form a county-wide tourism development plan as a result of this conference."

The Tourism Conference will be the first event held at the new Monarch Motor Hotel at I-205 and Sunnyside Road. All aspects of the tourism industry will be discussed, including tourism promotion, Clackamas County attractions, tour

packaging, attracting new tourism business, Expo 86 and a possible multi-purpose facility.

"We are inviting key county leaders from teachers to business people to government officials to local volunteers," said Petrie. "Everyone benefits from the tourism business."

The conference will begin on Wednesday evening, May 15 with a banquet. Governor Vic Atiyeh has been invited to be the keynote

speaker. On Thursday, May 16 various speakers will address the conference on tourism development with the remaining time devoted to the six focus areas.

The Clackamas County Associated Chambers of Commerce is comprised on the nine chambers of commerce in Clackamas County. They include Canby, Estacada, Lake Oswego, Molalla, Mt. Hood, North Clackamas County, Oregon Tri-City, Sandy and Wilsonville.

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spinach," Swarthout said with a laugh.

Swarthout is serious, though, in stressing the need for livability in nursing homes. Home may be the best place, but when a parent or grandparent must be fed, requires turning or is incontinent, it becomes increasingly difficult to provide that care at home.

"I tell families there is a place for nursing homes," Swarthout said. "It is not an easy thing."

In some cases, Swarthout said they serve as a patient's family. One patient has been at St. Jude's since the late 1960s without a single visit from a family member. "We are his family now," Swarthout said. "We see that his Christmases are taken care

of, that his birthdays are remembered."

The operation goes on seven days a week, 24 hours a day. When Swarthout needs to get away from it all, she plays golf or knits. "Grandma likes to baby-sit," she added.

Her husband, Neil, is retired after 36 years at Darigold Farms, formerly Mayflower Farms. He worked in the accounting department. Since his retirement, he is "having a ball" working as a travel consultant and playing golf.

Golf is fairly high on his list of priorities, and so the St. Jude's staff was impressed when he gave up golf time to attend a surprise reception for Swarthout. At the reception she was given a silver serving tray.

Swarthout takes every opportunity

to credit the people she works with for making it possible for her to win the award. "I think the nicest thing the staff gave me was lots of hugs. We do that a lot here."

Swarthout has been with the Society of St. Paul since 1959. The Episcopal order once owned three nursing homes, and has kept St. Jude's because of the beauty of the location, according to Swarthout.

Father Bozarth was general administrator until 1972, when Swarthout was asked to take over. Bozarth "was way ahead of his time," Swarthout said, adding that they had many programs in the nursing home before they were required.

The order, founded by Bozarth, has been moved to Palm Desert. The order emphasizes retreats, quiet

days and counseling. Fathers Andrew and Barnabas are both licensed nursing home administrators involved in the professional organizations and the operation of St. Jude's, according to Swarthout.

Samsel is also a licensed nursing home administrator, giving St. Jude's the rare distinction of having four.

Swarthout seems to find her work in professional organizations satisfying, and the plaques on the wall indicate she has enjoyed a degree of success.

The personal contact, though, apparently makes the difference. "When a patient takes your hand and says they're glad to be here, that really makes your day."

Tom Russell Continued from Page 1

play a leading role in "A Flea in Her Ear," a French farce.

As a sophomore, he was in George and Ira Gershwin's "Of Thee I Sing," which made light-hearted fun of political conventions and the presidency. For his role as Alexander Throttlebottom, candidate for vice president, the students voted Russell best supporting actor.

Russell played a writer of James Bond-type novels in "Done to Death," Kuntz's last show at SUHS.

In his junior year he was the steelworker-narrator in the musical "Working," the romantic lead in "You Can't Take It With You," a comedy, and a con man in "Wait Until Dark," a mystery.

He was voted best actor, again by his peers, in "Working."

In a recent drama competition at the University of Portland, Russell received superior ratings in two categories. He performed a duet with Suzanne Delaney from "Wait Until Dark," and did a monologue from the

play "The Shadow Box."

Working with Delaney was a good experience, he said. "It's a challenge to work with her because she is so good."

Andy Dietderich, who plays Bernard in "Feiffer's People," which is also showing this weekend, "blew me away" in the UP drama competition, Russell said. "He's going to be a fine actor." For the record, it should be mentioned Dietderich won his division, scoring a point higher than Russell.

Music is another area in which Russell excels. H. has been in the choir four years, and the Pionaires and the symphonic choir for two years. He was voted outstanding freshman vocalist and outstanding junior vocalist, again by his classmates.

His father, Jeff Jaqua, is president of the Sandy Community Players, but Russell said he isn't that involved — with one exception. "He always drags me along to clean up the

theater," Russell said.

When he isn't busy with music or the theater, work at the Mt. Hood Dairy Queen in Sandy occupies his time. "The managers have been very flexible," he said. "That's helped a lot." He has worked there two years.

Though he was invited to audition for entrance to the Goodman School of Drama in Chicago, he let his chance slip away. The distance, and the expense of the school, didn't make it a practical alternative, he

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Lions look for actors to join theater group

The Lions Club of Mt. Hood extends an invitation to all residents of the Hoodland area to participate in establishing a theater group to be called the MountainLion Players.

The purpose of the group will be to stage family-type productions at the Lions Pavilion and to create a healthy and productive hobby for interested people in the community. Profits from the productions will be

used exclusively for Lions Club service projects.

Plan to attend an orientation meeting at the Lions Club on Tuesday, March 12 at 7:30 p.m.

For more information contact any member of the Players committee. They include Roy Bunting, chairman, Keith Bowman, Hank Dalpez, Milt Fox and Fred Thornberg.

Grade school slates second budget study

The Sandy Elementary District has set its second budget meeting for Thursday, March 7 at 7:30 p.m. in the Cedar Ridge library.

Clark Lund, superintendent, said the budget committee "sent us back to the drawing board" at the first meeting, which was Monday, March 4.

State fines Sandy builder for violation

E.C. Marshall Construction, Sandy, was fined \$1,000 in January by the State Builders Board for contracting and installing a septic system, pressure line, mobile home hook-up, alarm system, driveway rocking and electrical hook-ups at a residence while not registered with the Builders Board.

The Builders Board assessed civil penalties totalling \$18,725 during the month of January against builders for violation of the Oregon Homebuilders Law.

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NEW GUIDELINES FOR ADULT VACCINES

Leading doctors along with Centers for Disease Control and National Institutes of Health developed new guidelines for protecting adults against potentially deadly infectious diseases. Recommendations include:

- Those over 65 with chronic diseases and those at high risk of exposure should be immunized yearly against flu.
- Those over 65 should be immunized once against pneumococcal pneumonia.
- All adults should have been immunized against tetanus and diphtheria as children. If not, they should get shots now. Those immunized as children need booster dose every 10 years to maintain immunity.
- Women of childbearing age who weren't immunized against rubella (German Measles) as children need vaccine now as they may be at highest risk since vaccines reduced occurrence of disease in U.S., and women may not have built up natural immunities.
- All adults should be immunized against measles if they weren't vaccinated as children.
- Health-care workers, sexually active men, I.V. drug users, kidney dialysis patients and institutionalized persons should be immunized against hepatitis B.
- People traveling abroad, especially in underdeveloped countries, should check with their doctor about needed vaccines for specific countries.

ASK YOUR PHARMACIST: ★ Question - "What is the new non-Rx drug that reduces pain of menstrual cramps?" Answer: ★ "Ibuprofen 200 mg (ADVIL or NUPRIN) is now available without prescription. It is a very effective drug useful in relieving menstrual cramps. Be sure to take it according to the directions on the package."

NEWS BRIEF: ★ Nutritionists report that honey shouldn't be given to babies under one year of age. Even "pure" or "filtered" honey contains tiny amounts of bacteria. Although harmless to older children and adults, these can lead to botulism in infants. Symptoms include constipation, lethargy, feeding trouble.

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