

Soups of winter

by LORI CALLISTER

Ron Clawson casts a long glance down at his feet and admits it: those wonderful soups he makes come from a package mix.

There, it's out. Clawson, principal at North Gresham Grade School, scoops up soups each quarter for teachers, students and their parents in an evening he calls "Soup and Salad with Ron."

But the soups, which many a parent has praised, are actually the creation of Doug McKay at Boyd's, who helped create the soup mixes available at their Red Wagon Store, 19730 NE Sandy Blvd.

"It's so easy to look good with soups," says Clawson. "You look like a hero."

When Clawson was principal at West Gresham Grade School, he began his dinners with spaghetti.

"But we wanted the kids to eat their vegetables so we thought we'd sneak them into soups," he said.

It worked. The youngsters love Clawson's cream of broccoli and cauliflower or his nacho soup with corn added to it. For minestrone soup he uses Boyd's minestrone mix and frozen Italian vegetables. For chicken soup, he simply adds cooked, diced chicken to Boyd's cream soup base.

For folks who don't mind spending a little more time at the soup pot, soups make an excellent way to warm the winter.

Paul Wenner of the Gardenhouse Restaurant in Gresham suggests making soup stocks out of vegetables.

"Use salt last," he cautions.

He suggests taking vegetables, putting them in a stock pot with water or chicken broth and cooking "to a mush," he says.

Add salt to taste, cool and use as a base for a variety of soups or freeze and use when needed.

He recommends using whole wheat flour to thicken soups or bread crumbs pushed through a sieve.

Here are vegetables he suggests to use in soup stocks:

Mushrooms, but beware they turn the stock dark.

Half teaspoon lemon or lime will keep it from turning dark.

Onions, including skin

Celery, including tops

Carrots

Green beans

Zucchini

Cauliflower

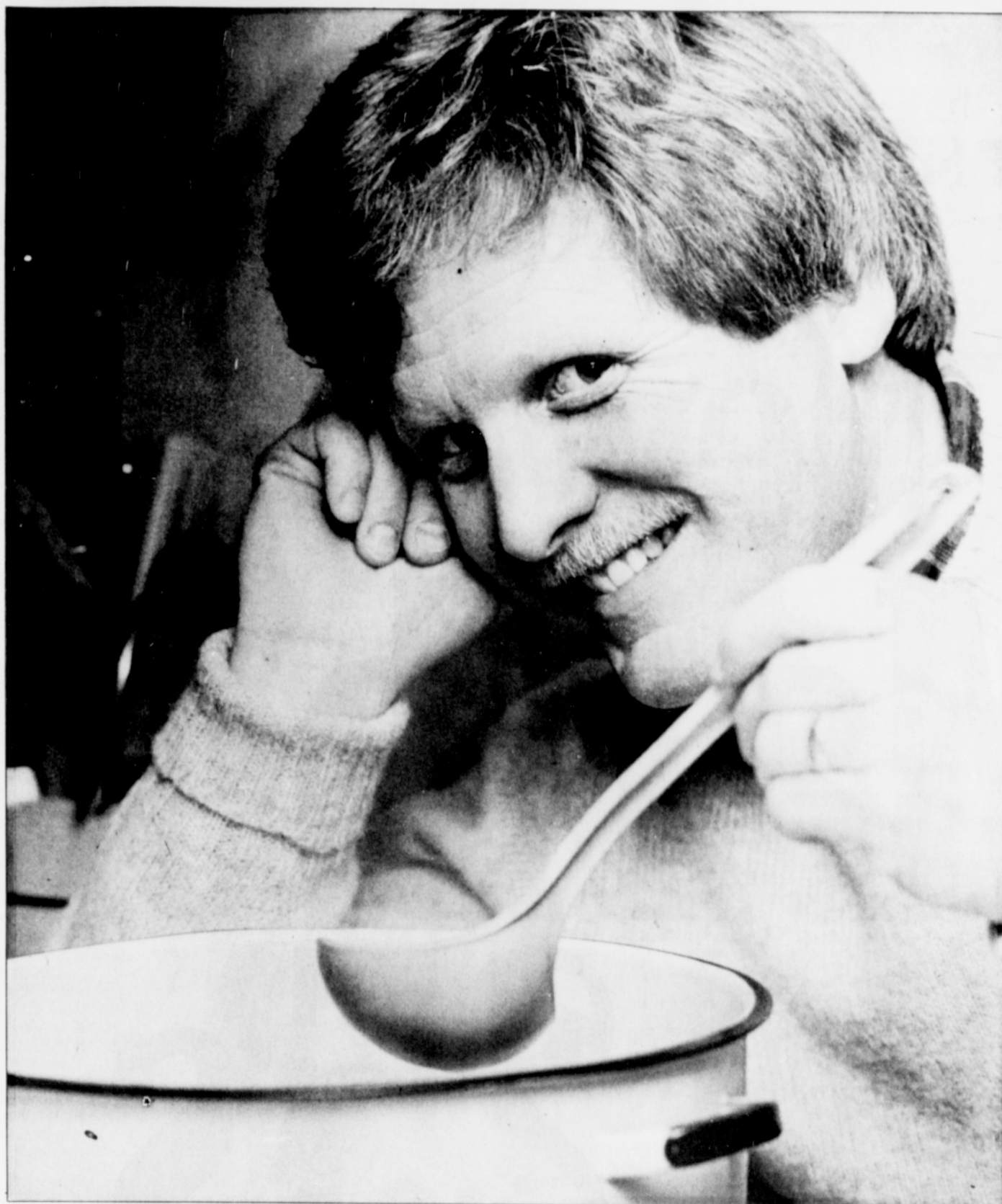
Parsley

Potato

Squashes

Broccoli

Avoid cabbage and brussel sprouts.



Ron Clawson admits it. His soups are really from mixes.

Photo by Terry Farris

Here are some favorite winter soup recipes to warm the evening meal.

Marjorie Finley's Cabbage Patch Soup

5 strips bacon, diced
1/4 cup chopped onion

1/4 cup chopped celery
cup flour
1/2 teaspoon salt
1/8 teaspoon pepper
3 cups chicken broth
2 cups shredded cabbage
1 cup chopped, pared carrots
1/2 bay leaf

1 cup frozen peas, thawed
3/4 cup sour cream
2 tablespoons chopped parsley
Fry bacon in 3 quart saucepan until crisp, about six minutes. Remove with slotted spoon and drain in paper towels. Drain all but 2 tablespoons drippings from pan. Add onion and celery to drippings and saute

Chilly days make soups inviting fare

about 5 minutes or until tender. Blend in four, salt and pepper. Gradually stir in chicken broth.

Cook over high heat, stirring constantly, until mixture comes to boil. Add cabbage, carrots, and bay leaf. Reduce heat to low; cover and simmer 10 minutes or until vegetables are tender. Stir in peas and cook 3 minutes more.

Stir some of the hot mixture into sour cream, then stir sour cream mixture back into saucepan. Remove from heat. Serve garnished with parsley and bacon.

Ron Clawson's Cream of Broccoli and Cauliflower Soup

1 28-ounce package Boyd's Cream Soup Base
3 pints hot tap water
3 quarts boiling water
2 pounds frozen winter mix (broccoli and cauliflower)

Combine soup base and tap water. Add boiling water and mix well. Add vegetables to soup and simmer one hour. Serve. Makes 216 ounces, Clawson says.

Ron Clawson's Nacho Soup

1 bag Boyd's Nacho Soup Mix
1 gallon hot water
2 bags Corn Mexicali or Chuck Wagon Corn (2 pounds), available in frozen food section.

Combine soup base with hot water. Add vegetables to the soup and simmer one hour.

Paul Wenner's Red Potato Soup

3 pounds red potatoes, cut in 1/2-inch cubes
Several stalks celery
1 pound carrots
3 medium onions
1/2 medium bunch parsley
One gallon chicken stock
1 cup minced scallions or leeks

Cut vegetables into bite size pieces. Put all vegetables except parsley and scallions into chicken stock. Cook until tender crisp. Blend about one fourth of the mixture in a blender until smooth. Pour back into stock. Blend parsley in blender with some of soup. Add scallions just before serving.

Public notice

TRUSTEE'S NOTICE OF SALE

Reference is made to that certain trust deed made by Lloyd R. Biddlecome & Pamela D. Biddlecome, as grantor, to SAFECO Title Insurance Company, as trustee, in favor of Lloyd J. Boswell & Barbara N. Boswell, husband and wife, as beneficiary, dated August 27, 1979, recorded September 5, 1979, in the mortgage records of Clackamas County, Oregon, in book/reel/volume No. at page, fee No. 79-38874 covering the following described real property situated in said county and state, to-wit:

The West one-half of the East one-half of the West one-half of the Southeast one-quarter of the Northwest one-quarter of Section 4, Township 3 South, Range 5 East, of the Willamette Meridian, in the County of Clackamas and State of Oregon.

Both the beneficiary and the trustee have elected to sell the said real property to satisfy the obligations secured by said trust deed and a notice of default has been recorded pursuant to Section 86.735(3) of Oregon Revised Statutes, the default for which the foreclosure is made is grantor's failure to pay when due the following sums:

The sum of TWENTY-ONE THOUSAND FOUR HUNDRED NINETY-FOUR DOLLARS & EIGHTY-SEVEN CENTS (\$21,494.87), secured by that certain promissory note, dated August 27, 1979, secured by the above described deed of trust, and payable in full on the 27th day of August, 1984. No amount of said sum has been paid.

By reason of said default the beneficiary has declared all sums owing on the obligation secured by said trust deed immediately due and payable, said sums being the following, to-wit:

TWENTY-ONE THOUSAND FOUR HUNDRED NINETY-FOUR DOLLARS & EIGHTY

SEVEN CENTS (\$21,494.87) plus interest thereon, the balance due on the promissory note secured by the above described trust deed, said balance due on August 27, 1984 as set forth in that promissory note, dated August 27, 1979, signed by grantors.

WHEREFORE, notice hereby is given that the undersigned trustee will on May 13, 1985, at the hour of 2:00 P.M., Standard Time, as established by Section 187.110, Oregon Revised Statutes, at front steps of the Clackamas County Courthouse in the City of Oregon City, County of Clackamas, State of Oregon, sell at public auction to the highest bidder for cash the interest in the said described real property which the grantor had or had power to convey at the time of the execution by him of the said trust deed, together with any interest which the grantor or his successors in interest acquired after the execution of the said trust deed, to satisfy the foregoing obligations thereby secured and the costs and expenses of sale, including a reasonable charge by the trustee. Notice is further given that any person named in Section 86.753 of Oregon Revised Statutes has the right, at any time prior to five days before the trustee conducts the sale, to have this foreclosure proceeding dismissed and the trust deed reinstated by payment to the beneficiary of the entire amount then due (other than such portion of the principal as would not then be due had no default occurred) and by curing any other default complained of herein that is capable of being cured by tendering the performance required under the obligation or trust deed, and in addition to paying said sums or tendering the performance necessary to cure the default, by paying all costs and expenses actually incurred in enforcing the obligation and trust deed, together with trustee's and attorney's fees not exceeding the amount provided by said Section 86.753 of Oregon Revised Statutes.

In construing this notice, the masculine gender includes the feminine and the

neuter, the singular includes the plural, the word "grantor" includes any successor in interest to the grantor as well as any other person owing an obligation, the performance of which is secured by said trust deed, and the words "trustee" and "beneficiary" include their respective successors in interest, if any.

DATED December 17, 1984.
Jeffrey A. Crook, Successor Trustee
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