

Senior Center news

Full slate of programs set for seniors

The new year begins at the Senior Center with a full program of classes and special events.

Beginning this month, each non-potluck Thursday afternoon, usually the third and fifth weeks, will be devoted to playing a variety of card and table games. Beginning this Thursday, Jan. 3 at 12:30 p.m. with Bunco. Other popular games to be explored will be Backgammon, UNO and Trivial Pursuit. Instructors will be available to assist new learners.

Community Card Night will be held every Friday evening from 7:30 to 10. Card players will gather to play various card games, including bridge and pinochle. Transportation will be

available on a limited basis to those who don't drive.

Morning stretching exercises will be held every Monday and Thursday morning from 9 to 10. Gayle Geisler will lead the early bird class in general aerobic and stretch routines for the beginner. Each class is open to adults of all ages, but special attention is available for seniors with limited abilities and experience. Seniors interested in taking the class for the first time are encouraged to check with their physicians before enrolling.

A class in beginning calligraphy is scheduled to begin Jan. 16. Gayle Geisler will be teaching the class

each Wednesday morning from 9:30 to 11:30. One will start by learning the lower case letters and then continue on to learn the capital letters. A complete list of supplies needed for the class, and advice on where to buy them, will be available upon registration.

Quilting Circle, a new program started because of perceived interest, will meet on Wednesdays at 1 p.m. Experienced quilters and beginners are invited to join the circle.

A tour of the Loaves and Fishes Center's central kitchen in Portland is scheduled for Wednesday, Jan. 9. Participants will see how they prepare the large variety of food that is served each day and will learn what is involved in the process. Departure is 8:30 a.m. and return is at noon. Donations will be taken to cover transportation expenses. For more information call the Senior Center at 668-5569.

With changes in the Medicare laws beginning to be felt by an increasing number of individuals, it is not surprising to hear of family members caring for ill or frail persons in their own homes. Many times these persons need special attention or care that taxes the abilities of the caregiver. In order to provide care givers with the necessary skills to keep a loved one at home, the Oregon Trail Chapter of the American Red Cross and the Good Samaritan Hospital will offer a five-week course at Mt. Hood Community College entitled, "Helping You Care — Skills Building for Home Care of the Elderly." For more information, contact the Senior Center.

Activities
Jan. 3-10

Thursday, Jan. 3
9 a.m.: Morning stretch
Noon: Loaves and Fishes meal
12:30 p.m.: Bunco

Friday, Jan. 4
Noon: Loaves and Fishes meal
12:30 p.m.: Musical program
7:30 p.m.: Community card night

Monday, Jan. 7
9 a.m.: Morning stretch
Noon: Loaves and Fishes meal
1 p.m.: Band practice
1 p.m.: Cards
6:30 p.m.: Departure for PDQ Bach Concert

Tuesday, Jan. 8
10 a.m.: Golden Age Club board meeting
Noon: Loaves and Fishes meal

Wednesday, Jan. 9
8:30 a.m.: Departure, tour of Loaves and Fishes
Noon: Loaves and Fishes meal
1 p.m.: Quilting Circle

Thursday, Jan. 10
9 a.m.-noon: Senior law project
9 a.m.: Morning stretch
Noon: Golden Age Club potluck

Parenting
class set
by school

A four-part "parenting" class will be held at the Child's Kingdom Montessori School on Jan. 14 and 28, and Feb. 11 and 25 at 7:30 p.m.

The class will be led by the school's consultant, Patricia Oriti, who has been working with children and adolescents for the past 14 years. The class will cover such topics as how to apply Montessori principles to the home environment, to family routines, and to "discipline."

Cost of the class is \$15. Space is limited. For more information or to register, call 668-8784.

Bull Run board
meets tonight

The regular meeting of the Bull Run School board of directors will be Thursday, Jan. 3 at 7:30 p.m. in the cafeteria.

Committee sets
meeting Jan. 10

A special meeting of Bull Run School's sights and facilities committee will be held Thursday, Jan. 10 at 7:30 p.m. in the cafeteria.

Smay on president's list

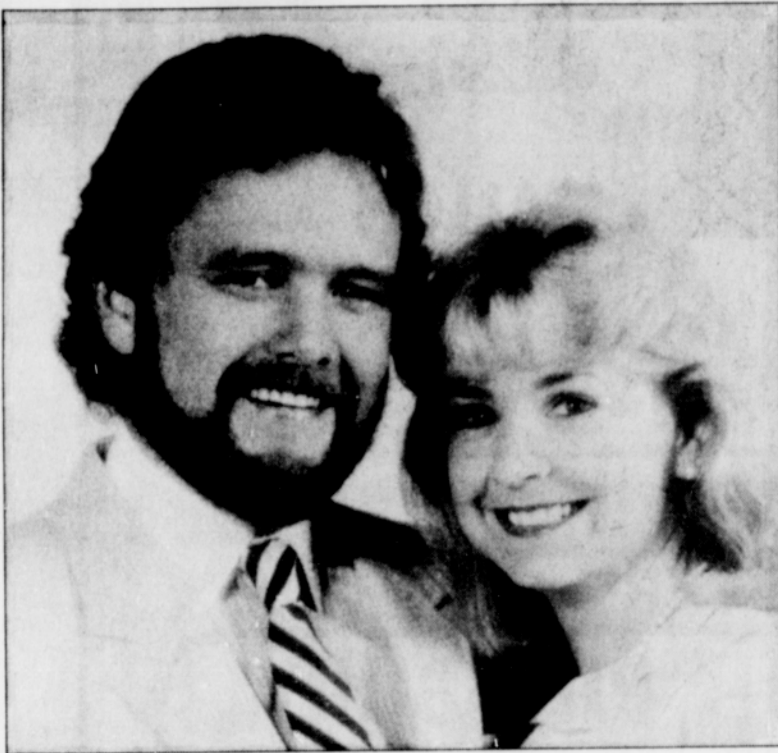
A total of 119 students have been named to the president's list for fall quarter at Western Oregon State College in Monmouth for achieving a straight-A (4.0) grade point average.

An additional 293 students have been placed on the honor roll for recording a grade point average of

between 3.5 and 3.9.

WOSC, a comprehensive liberal arts college, has an enrollment of 2,800 students.

Kyla Renee Smay of Sandy was among the students who made the president's list.



Dean and Mary Brown

Concert of sacred music
planned by Sandy church

The Sandy Assembly of God Church will be hosting the musical ministry of Dean and Mary Brown on Wednesday, Jan. 9. The sacred music concert will begin at 7 p.m.

Pastor Dale Edwards invites the public to hear and enjoy the inspired

music of their ministry, which spans across North America, Israel, South Africa, Asia and Europe.

The Sandy Assembly of God Church is located at 39800 E. Highway 26 in Sandy.

Obituaries

Services held for
retired carpenter

Funeral services for former Sandy resident Otis Henley were held Saturday, Jan. 5 in the chapel of Sandy Funeral Home. Vault interment followed at Firhill Memorial Cemetery in Sandy.

Mr. Henley died in Huntington Beach, Calif., on Dec. 30 at the age of 81.

He was born in Arkansas on May 17, 1903. Moving to Missouri in his youth, he received his education there.

On August 15, 1925 he was married to Ethel Mae Hodge in Missouri. They remained in Missouri until moving to California in 1936.

In 1944, they moved to Oregon to make their home in Sandy where Mr. Henley continued with his life-long occupation as a carpenter until retiring.

After his wife's death in 1982, Mr. Henley remained in Sandy until 1983 when he moved to California to be near his daughter.

He is survived by his daughter, Helen Knudsen in California; Three brothers: Loren Henley of California and Carl and Raymond Henley of Missouri.

The family suggests memorial contributions to Firhill Memorial Cemetery in care of P.O. Box 95, Sandy, Ore., 97055.

Sylvia Jackson

A memorial service for Sylvia M. Jackson was held Saturday, Dec. 29 in the chapel of Sandy Funeral Home. Private interment will be at Rose City Cemetery in Portland.

Mrs. Jackson died at her daughter's home in Sandy after a lengthy illness. She was 79.

She was born Sylvia May Sturm in South Bend, Washington, on May 22, 1905. She moved to Portland in her youth, where she was raised.

On Dec. 31, 1925 she was married to Linus T. McMahon in Portland, where they raised their family. She was employed for many years at Vogen Candy Company and Meier and Frank.

Mrs. Jackson was a member of the American Legion Auxiliary, and sang with the Sweet Adelines.

In 1954, she was married to Howard Jackson. Shortly after her husband's death in 1976, she moved to Sandy to live.

Survivors include three children: Harriette M. Shake of Bellevue, Washington, Carole I. Graybeal of Sandy and Raymond T. McMahon of Sandy; 10 grandchildren and three great grandchildren.

The family requests memorial contributions to Mt. Hood Hospice.

Local people
pass test for
LPN licenses

The Oregon State Board of Nursing announced recently that 293 candidates passed the licensed practical nurse examination and have met all requirements for licensure.

All qualified applicants have been issued an Oregon LPN license and therefore accorded all the rights and privileges of the title: Licensed practical nurse.

Among those to receive the LPN licenses were Flora A. Huber of Boring (Clackamas Community College), Patricia A. Bergamini of Sandy (Mt. Hood Community College), Stephanie Martin of Brightwood (MHCC), Cynthia G. Peetz of Sandy (MHCC), Kathy E. Pratt of Boring (MHCC) and Claudia C. Richards of Sandy (MHCC).

Menus

Bull Run School

Jan. 7-11

Monday: Hamburger on a bun, pickles, chips, cherry cobbler and milk.

Tuesday: Navy bean and ham soup, corn bread, cheese stick, apple and chocolate milk.

Wednesday: Spaghetti, green beans, hot french bread, coconut pudding and milk.

Thursday: Fried chicken, tator tots, peas and carrots, bread and butter, peaches and milk.

Friday: Baked beans and franks, green salad, cinnamon roll, applesauce and milk.

Sandy

Monday: Vegetable beef soup, cottage cheese and pear salad, carrot sticks, biscuit with honey butter and milk.

Tuesday: Beef and cheese taco, lettuce and tomato, sliced peaches, bread and butter, peanut butter cookie and milk.

Wednesday: Turkey ala king, rice and gravy, seasoned green beans, orange wedges, bread and butter and milk.

Thursday: Hot dog on a bun, potato cakes, orange juice bars, cinnamon bun and milk.

Friday: Pizza, vegetable salad, applesauce and milk.

Welches School

Monday: Burrito with sauce, buttered peas and carrots, cinnamon

roll, peaches and milk.

Tuesday: Beef stew, cheese sticks, wheat roll and butter, fruited Jello and milk.

Wednesday: Hamburger gravy on biscuit, buttered corn, raisins, apple wedge and milk.

Thursday: Submarine sandwich, seasoned green beans, dill pickle chips, cherry cobbler, whipped topping and milk.

Friday: Chili, crisp vegetables, buttered cornbread, fruit medley and milk.

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OREGON
Decisions: 1985

Legislative Forum - All Invited
"Tell it to your Legislators!"

SUHS Cafeteria 7:30 p.m., January 8
with Sen. Steve Starkovich & Rep. Bob Shiprack
FREE Hot Dogs, Coffee & Cookies

Sponsored by the Clackamas County Democratic Central Committee

The Sandy Post

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668-5548

SUBSCRIPTION RATES

In Clackamas County per year	\$9.00
Multnomah County	\$10.00
Elsewhere in Oregon	\$11.50
In Northwest and Pacific Coast States Outside Oregon per year	\$14.00
Outside Northwest and Pacific Coast States per year	\$17.00

Sandy Post Sandy Oregon 97055

No. 1

Jan. 3, 1985

Come to Church

COMMUNITY
PRESBYTERIAN
CHURCH

Sunday school
Opening worship 9:30 a.m.
Sunday school 9:45 a.m.
Morning worship 11:00 a.m.
Home Bible Study 6:00 p.m.
Nursery Care During Worship
Pastor John H. Van Lierop
Home 668-6100
Church 668-4543
Corner of Meinig & Scenic Sandy

SANDY CHURCH
OF THE
NAZARENE

Currently meeting at
17150 University Ave., Sandy
(Seventh-day Adventist Church)
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Service 6:30 p.m.
Pastor Robert F. Scheifers
668-5712

EPISCOPAL MOUNTAIN MINISTRIES
The Holy Eucharist - Sunday Schedule

The Church of the Holy Cross 9 a.m.
10351 S.E. Orient Drive, Boring
The Church of the Good Shepherd 11 a.m.
Pioneer Blvd., downtown Sandy
The Chapel of Saint Jude 1:30 p.m.
Scenic Drive, Sandy

Fr. Tom Davidson, Vicar 663-4223

SANDY
ASSEMBLY
OF GOD
SUNDAY SERVICES

Sunday School 9:45 a.m.
Morning Worship 10:45 a.m.
Evangelistic Service 6:00 p.m.
Family Night
Wednesday 7:00 p.m.
Dale Edwards
Pastor Church
Phone 668-5589

SANDY
SEVENTH-DAY
ADVENTIST
CHURCH

Proctor and University
Sabbath School 9:30 a.m.
Morning Service 11:00 a.m.
You are Welcome
Pastor
Ray Erwin
668-6144 Church

ORIENT DRIVE BAPTIST CHURCH S.B.C.

15150 S.E. Orient Drive

(First exit West of Sandy on Hwy. 26)

WORSHIP 8:30 AM
SUNDAY SCHOOL (all ages) 9:45 AM
WORSHIP 11:00 AM
TRAINING 6:00 PM
WORSHIP 7:00 PM
WEDNESDAY SERVICES (all ages) 7:00 PM
Children Ministries • Youth Ministries
Pastor Mike Holleman • Church 668-6083 • Home 668-6363



Join us as we
praise His name.

Pleasant Home
United Methodist Church
Sunday School 9:45 am
Worship 11:00 am

Pastor Ron Borden • 663-5654

1 mi. East of Orient on Bluff Rd.

ST. MICHAEL'S
CATHOLIC
CHURCH

Sat. Eve Mass 7:30 p.m.
Sunday Mass 10:00 a.m. - 6 p.m.
St. John's Catholic Church
Welches, Oregon
Mass 6 p.m. Sat. - 8 a.m. Sun.
18090 SE Langensand
Sandy, Oregon
Father Carl Gimpl 668-4446

Sandy Baptist Church

We invite you to join us for fellowship

Church: 668-4064
Pastor Fred Vogel
Wednesday
7:30 p.m. Prayer Meeting

Sunday

9:45 Sunday School
11:00 Morning Worship
6:00 Evening Worship



NEW LOCATION

ORIENT DR.

FELLOWSHIP BIBLE
CHURCH

We emphasize Biblical teaching
supportive fellowship, children's
learning center & regular home
meetings.

MEETING AT:
Sandy High School (Bluff Road)
Sunday mornings (9:30, 11:30)

PASTORS:
Dr. John Moore (695-2924)
Dr. Al Baylis (658-4728)

LIVING WAY
FELLOWSHIP
(FOURSQUARE)

DOUBLE SERVICES
Worship service 8 a.m.
Discovery (Sun. School) 9:30 a.m.
Worship service 10:30 a.m.
Pastor Ken Wold
17275 Strauss
668-4949
(Prayer Chain Available)

IMMANUEL
LUTHERAN
CHURCH

Worship 8:30 a.m.
Sunday School 9:30 a.m.
Bible Study 9:45 a.m.
Worship 11:00 a.m.
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Extended To All
PASTOR FRANK KOEPKE
668-6232 Church

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