

College a lesson for SUHS Hall of Famers

Skipper to be a two sport athlete at UO

by HANK EMRICH

The way Scott Skipper performed in three sports at Sandy High School, the question was not whether to put him in the school's Hall of Fame. A more difficult decision was choosing which sport to honor the 1983 graduate. Skipper competed in football, wrestling, and track.

Football was the choice, in part because of the full scholarship Skipper received to the University of Oregon, and his being honored as a member of the Shriner's All-Star team.

Skipper, who finished second in the state in javelin his senior year, could have just as well been chosen for track, and plans to compete for the NCAA champion Ducks this year.

"I would have been out this year, but they pretty much want the freshmen to concentrate on spring football practice," said Skipper.

Skipper, who redshirted his first season, said his introduction to college football was abrupt.

"The first day I was lined up against Gary Zimmerman," he said.

Zimmerman graduated this year from UO and signed a 2.2 million dollar contract with the LA Express of the United States Football League.

"He pretty much welcomed me to the Pac-10," said Skipper.

"By the end of the season, I got so I could either dodge him, or get in a little stalemate," he said.

Skipper said the Pac-10 level has no room for players who do not give 100 percent.

"I don't have any problem with that," he said, "but almost everybody else feels the same way."

You have to go that much harder," said Skipper.

"You can pretty much lose your spot in one day."

Skipper, who carried an 18 hour class load, said redshirting his freshman year will help him academically as well as on the football field. He plans to major in business or telecommunications, and is taking the education seriously.

"I would like to play pro, but a lot of things can happen," he said.

"A person is really down here to go to school, a lot of kids wait too long to realize that," said Skipper.

Skipper said athletes have to set priorities early, in academics and in



Scott Skipper during the 1983 state AAA championships.

training. Skipper has a big hand in helping his younger brother, Art Jr., in his training program. Art will be a freshman at SUHS next year. The Skipper's are a close knit family, and it does not take much to get Scott talking about his brother.

"I think Toad is stronger than I was at that age," he said.

"Toad" is the family nickname for Art Jr. Scott is referred to as "The Bear."

"He also has one heck of an arm for a quarterback," said "The Bear."

Skipper believes in conditioning for his brother and himself, one reason

being his need to "bulk up" for the coming football season. He played at "under 200 pounds" at SUHS, and wants to be at 230-235 by fall.

The extra weight has not cut into Skipper's speed. He recently clocked 4.8 in the 40 yard dash.

A break from school does not mean a break from the weights for Skipper.

"I started working out the first night home," he said.

"The guys that don't work out over the summer seem to get hurt regularly," said Skipper.

Skipper's position on the depth chart should call for quite a bit of



Moe Contreras shows the batting form that put him in SUHS Hall of Fame.

playing time on the varsity next year, both as an outside linebacker and on special teams.

"They take the top three linebackers on each side, and linebackers get hurt pretty fast," explained Skipper.

Randy Hutchinson, who coached Skipper in both track and football, thinks Skipper can play varsity in both track and football next year at UO.

"He is a hard worker and just ornery enough to make him good," said Hutchinson.

Skipper evidently has some ad-

miration for his former coach as well.

"He is one of the best around."

"He is willing help with other things than just practice."

Skipper said Hutchinson was a large part of the reason for his getting the scholarship at Oregon.

With a position on the football team almost certain, and javelin throws "stepped off at about 235 feet," Skipper is beginning to make that scholarship pay for UO.

Maybe in four years, the Ducks will have a difficult time figuring out in which sport to hand out the honors.

Contreras is still hitting at LBCC

by DANIEL CRAWFORD
for The Post

After a season of baseball at Linn-Benton Community College in Albany, Steven "Moe" Contreras is well entrenched on the team.

Contreras, a 1983 Sandy High graduate, hit .569 in his senior year of high school. That batting average was the best in the state and good enough to earn him a spot in the State-Metro All-Star series. He is also the only baseball player in the SUHS Hall of Fame.

Being the third of four brothers (Mark, Mike, Moe and Scott) to play varsity baseball for the Pioneers, Contreras has some extra pressure to go with "living up to" his awards.

He says it helps. "Playing under a lot of pressure is a plus for me," said Contreras, "it brings out the best in me."

Primarily a catcher at SUHS, Contreras has since adopted Jekyll and Hyde characteristics. He viewed the battery from the pitchers standpoint this season at Linn-Benton, turning in some impressive statistics. They include a 2-0 won-lost record and a microscopic 0.50 ERA. He also fanned 12 while walking only 5 in 16 innings of work.

The difference between college level and high school baseball became immediately apparent to Contreras.

"Everybody is just as good or better than me," he said.

"It is just a matter of how much you want to play the game."

Contreras wanted to play enough to garner an impressive .308 average at the plate. At least it impressed everyone but Contreras.

"It is a good average, but not after you just hit .569," he said.

He also found some other differences in college ball.

"Everybody says I am too small to play catcher and I am beginning to believe them," said Contreras.

With the current major league prescription calling for about 6-4 and 210 pounds, Contreras' 5-8, 150 pound frame does not seem to fill that bill.

His hitting and defensive capabilities were good enough to rate a trip by scouts to Sandy, however. As luck would have it, Contreras was filling in at first base both times the scouts came to visit.

He hopes to play at several positions, including pitcher and catcher next season. Second base would be the most likely place for him to further a career in baseball, he said.

Contreras refuses to give up on his hopes of playing professional baseball.

"If I have a good year, I'm sure I'll get another look," he said.

Proctor gets invite and scholarship

Denise Proctor, Sandy High's top shot putter this year who finished second in state, has been invited to compete in the Women's International Prep Classic in Beaverton June 30.

The top 10-15 athletes in the nation (in each event) are invited to compete in the prestigious event. Athletes from other nations compete as well.

Proctor also recently decided to accept a scholarship offer from the University of Northern Colorado in Greeley, Colorado.

Jensen grabs a win at MHCC in Heptathlon

Sharon Jensen, a Sandy High graduate who will be playing in the Metro State All-Star basketball contest June 23 at Portland State, showed last week that her athletic abilities are not confined to the basketball court.

Jensen finished first at the Junior Olympic Heptathlon held June 14 and 15 at Mt. Hood Community College. Jensen's score of 4,413 bettered that set by All-American Gayle Roth, also an SUHS graduate, when she competed several years ago. It is the fifth highest point total scored in district Junior Olympic competition.

"Sharon's score is a reflection of how good an all around athlete she is," said Coach Wayne Keuchler.

While Jensen and her coach are certain she can tally a similar score at regionals to qualify for the national competition, there are still problems to be overcome.

"The finals are in Baton Rouge, and I am not sure how she can go if we don't raise the funds," said Keuchler.

The seven event competition includes 100m hurdles, shot put, high jump, 200m, long jump, javelin and 800m.

Lisa Lind, a junior at SUHS, scored 4,102 for second at the meet. Both qualify for regionals.

"Lisa did a great job, especially considering it was her first time for this type of competition," said Keuchler.

"With some hard work in the next two weeks, she could make nationals."

Bob Collins competed in the decathlon, finishing eighth with 4,775 points.

"Bob is a very hard worker and wanted to try something different," said Keuchler, "he did very well in



Sharon Jensen

his strong event and will do better the next time he competes."

Sandy baseball teams vying for top spot

After a week of solid rain, the Senior division Bruce Cook Insurance team finally got some games in last week, beginning with a lopsided victory over Corbett.

The following day, BCI was matched against the Mt. Hood Dairy Queen and it turned into a classic pitching duel. DQ pitcher Robert Rodriguez and BCI pitcher Randy Wheeler each allowed only one hit in the game, ending in a 1-0 BCI win.

BCI traveled to the Canby Invitational over the weekend, taking second place among some of the state's toughest teams. In their first game, the Sandy team faced Gladstone, a team that had not lost a game this season.

Randy Gifford and Tony Hale combined to pitch a three-hitter, ending Gladstone's win streak with a 3-1 score. Wheeler also added a single and a double in the game.

The second game was a rout of Canby II, with Hale leading a steady

offensive attack in the 11-1 win. Hale had a homerun and a double, Gifford had two hits, and Wheeler added a single and a double. Gifford and Wheeler were the pitchers.

Untimely errors in the first inning gave Canby I an early lead in the championship game, and BCI was unable to recover, losing 10-4 to take second place.

Sandy VFW holds an identical 8-1 record after two wins this week in the same Senior league. One victory came at the expense of Mt. Hood Dairy Queen, just recovering from the tough game with BCI.

Wes Kelley and Jeff Ullmen pitched the team to a 12-6 win. John Peterson, Donovan Buhl, Doug Cassidy and Lance Conger all had three hits in the game.

Ullmen combined with Dale Boyd for a 7-2 win over Welches earlier. Peterson's home run was the first of the year for VFW.

Commission sets Oregon game mammals hunting rules

Following public hearings in Bend and Coos Bay and on two different days in Portland, the Oregon Fish and Wildlife Commission set the 1984 game mammal regulations.

For the first time in recent history, portions of eastern Oregon will be closed entirely to mule deer hunting. In other units, the season will be limited to 5 days and in a number of units where severe winter conditions did not occur, a 12-day season will be the rule.

Seasons for black-tailed deer in western Oregon and elk on both sides of the mountains are quite similar to the 1983 regulations.

The opening date for deer season statewide was set earlier this year for Sept. 29. However, the following management units will have no open season for mule deer: Catherine Creek, Keating, Lookout Mountain, Pine Creek, Sumpter and the Oregon

portion of Hells Canyon Wilderness in the Snake River unit.

In 19 other units where the winter took a lighter toll on mule deer, a five-day season ending on Oct. 3 was set. The remaining 22 eastern Oregon management units will have a 12-day season ending on Oct. 10. Bucks with visible antlers will be legal in most eastern Oregon open areas.

Two existing permit entry hunts will be continued for mule deer and two new ones added. The South Steens Mountain hunt will continue with a 4-point antler rule. One thousand permits will be available in a season closing Oct. 10.

The Trout Creek Mountains season will again be limited to 200 permit holders in a 12-day season for any buck with visible antlers.

A new permit entry hunt was set for the Beatty Butte unit with 600 permits available for one buck with visi-

ble antlers. A 12-day season was set.

The Silvies unit hunt will be held this year as a permit entry hunt. It will last five days with 1,000 permits proposed for bucks with visible antlers.

A new regulation this year closes permit entry deer hunting areas to all other hunting with centerfire rifles during the deer season.

One thousand controlled hunt permits, mostly for antlerless deer, will be issued to control specific agricultural damage problems in five eastern Oregon areas.

Seasons for black-tailed deer in western Oregon are nearly identical to last year. Blacktail populations are stable through most of their range. The general season will run 40 days, from Sept. 29 through Nov. 7, for bucks with forked antler or better.

A "hunter's choice" either-sex

season from Nov. 3 through 7 is again on tap in all or parts of the ten north-west Oregon management units and a two-month either-sex deer season in the Willamette unit from Sept. 29 through Nov. 30.

In addition, 8,400 antlerless permits will be available for southwest and central coast management units, 100 more than last year. Included is the McDonald Forest hunt with a limit of 1,000 permits.

A high Cascades buck hunt is set for Sept. 8 through 16 for buc+s with at least a forked antler, and 3,500 permits. Permit holders may hunt during the later general blacktail season if they are unsuccessful in the high Cascades hunt.

Split seasons were again set for elk hunting on both sides of the Cascades, with the hunter to choose a first or second period hunt for either Roosevelt elk or Rocky Mountain elk

at the time of tag purchase.

In western Oregon, the general bull seasons for Roosevelt elk will run Nov. 10 through 13 for the first period and Nov. 17 through 23 for the second, for bulls with spike antler or better.

Saddle Mountain and Tioga units will remain under a 3-point antler

regulation, and again this year there will be no quota on hunter numbers. A hunter simply buys a tag good for a first or second period hunt in both of these units. The tag restricts the hunter to that hunt for the season.

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Gardner team fights to tie

Gardner Plumbing's womens soccer team took on the Bruisers last Thursday with the end result a 3-3 tie, thanks to the skills of Amy Lynch.

Lynch's incredible ball handling resulted in her scoring a "hat trick," chalking up all three of Gardner's goals. The Bruisers' forward, a high school first team all state pick singlehandedly scored all three Bruiser goals.

The game was a head to head contest with each team taking 21 shots on goal.

Laurie Espenel, playing sweeper, did an excellent job of hustling and picking up any balls that got by the defense, said Coach Don Gardner. Gardner's two goalies, Christa Searls and Rhonda Schoppert, had a combined effort of 12 saves.