



John Knapp, left, with Cox Big Shot M68.

Knapp wins competition

In the 57-head Puget Sound Angus Association's fourth annual Show of Merit in Chehalis, Wash., the junior winner, Cox Big Shot M68, claimed reserve grand champion bull honors for John Knapp of Sandy.

Knapp and Bill Cox of Hermiston own the bull.

Shelter home seeks help

The Women's Center and Evergreen House, Clackamas County's new shelter home, needs volunteers in the Sandy area for a transportation network.

Volunteers will work with other volunteers in Sandy and receive free training. Help families help themselves to escape domestic violence and make positive choices in their lives.

For more information call Mary Tanguay Webb at 656-2091.

Senior Center news

Flu shot clinic set

The Clackamas County Public Health Division will hold its annual flu shot clinic at the Sandy Senior Center, today from 12:45 to 2 p.m.

Persons age 60 and older are eligible to receive the immunization at a charge of \$5. The Oregon State Health Division has recommended that seniors with chronic medical conditions such as heart, lung or kidney disease, diabetes, severe anemia and other conditions which result in an increased susceptibility to infection participate in this program to avoid the risk of adverse consequences from lower respiratory tract infection. Persons with questions concerning the receiving of the vaccine are urged to contact their physician for further advice.

Seniors are reminded the U.S.D.A. surplus cheese will be distributed to income eligible persons on Sat., Oct. 22 from 10 a.m. to 7 p.m. at the Sandy Community Action Agency.

Seniors needing assistance in obtaining cheese are asked to contact the Sandy Senior Center at 668-5569.

Activity Calendar

Thursday, Oct. 20

9 a.m.: Exercise class
10 a.m.: Humanities class

Noon: Loaves and Fishes meal
12:45-2 p.m.: Flu shot clinic

Friday, Oct. 21

9 a.m.: Departure for NW Trek Wildlife Park
10 a.m.: Senior drama group at Gresham Senior Center
Noon: Loaves and Fishes meal
7:30 p.m.: Community card night

Monday, Oct. 24

9 a.m.: Exercise class
Noon: Loaves and Fishes meal
1 p.m.: Ceramics
1 p.m.: Cards

Tuesday, Oct. 25

9 a.m.-noon: Medical insurance assistance
9 a.m.-noon: Foot care clinic
Noon: Loaves and fishes meal
12:30 p.m.: Birthday party with Silver-tones
1 p.m.: Arts and crafts

Wednesday, Oct. 26

Noon: Loaves and fishes meal
12:30 p.m.: Film "Parade of the Tall Ships"
1 p.m.: Band practice
5:30 p.m.: Senior dine out at "The Holland Gateway"

Lights added at Multorpor

New lighting throughout the Multorpor side of Multorpor Ski Bowl should insure that virtually all of the terrain will be lit for night skiing, according to manager Keith Petrie. Multorpor first offered night skiing on the Mt. Hood in 1957.

Petrie said 139 lights have been added for a total of 245. This will more than double the wattage from 100,000 to 250,000.

All poles, lights and wiring were installed last summer, and all poles were set by helicopter.

The new lighting represents good news for not only the beginning skier, but also the intermediate and expert skier.

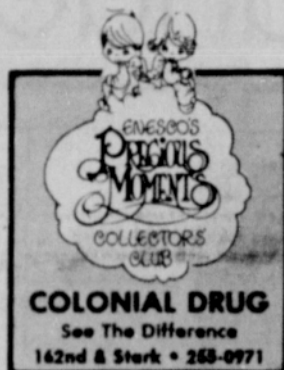
"All runs have been lit to make night skiing ideal under any weather conditions. One of the problems skiers have experienced in other ski areas is that they are out in the open and exposed to rough winds... this

can be pretty uncomfortable."

Petrie said most of the Multorpor runs are protected by the natural terrain and tree growth so the winds have little effect on the skier. The extended lighting offers 10.5 miles of ski runs plus the open bowls and slopes.

"Now the better skier will discover what night skiing is all about," said Petrie.

Plans are to open the entire facility for both day and night skiing as soon as snow conditions allow.



VFW safety program set

The Sandy VFW is interested in a safe and happy halloween for youngsters. For its part in that effort, the VFW is sponsoring a "Lite a Spook" program.

On Oct. 31 from 4 to 6:30 p.m., youngsters are invited stop by upstairs at the VFW Hall for a reflective sticker to put on their costumes. They're also welcome at that time to have some popcorn with VFW members.

The Sandy VFW Hall is at 38452 Proctor Boulevard.



Helicopter installs new light poles at Multorpor.

Collection to be shown

Steven Kenney will show his post card collection, which dates back to the 1900s, at the Sandy Pioneer and Historical Association's potluck dinner.

Plans for a proposed museum will also be discussed.

at the Sandy Senior Center at 1 p.m. Oct. 23.

Dave Kennedy & Pete Zandell
Invite You To Visit

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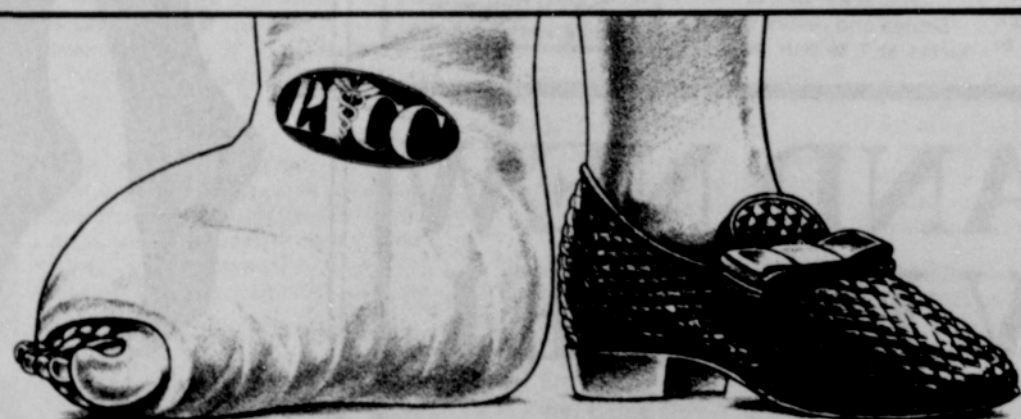
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