

The Sandy Post

## Home &amp; Garden

## What's Cooking?

## Cake, frosting from scratch team up for treat

SARA SEWELL  
For The Post

This recipe offers another good way to make a good dinner from hamburger.

MEATBALLS WITH  
SOUPER RICE

1 can beef consomme  
1 can cream of onion soup  
1 stick margarine  
1 cup instant rice  
2 lbs. ground beef  
1 medium onion, grated  
1 egg, beaten  
1 cup milk  
three-fourths teaspoon salt and pepper to taste  
¼ teaspoon seasoning salt  
Cook soup, consomme, rice and margarine in a saucepan for one

hour, stirring occasionally. Combine meat, onion, bread crumbs, egg, milk, salt, pepper and seasoning salt and mix until smooth.

Shape into small balls and fry until brown. Serve over the soup-rice mixture. Serves eight.

—From the files of Laverne Latham, Gadsden, Ala.

## PACIFIC LIME MOLD

1 cup boiling water  
1 3-oz. pkg. lime gelatin  
1 9-oz. can crushed pineapple, drained (save juice)  
1 cup creamy cottage cheese  
½ cup mayonnaise  
¼ cup chopped nuts  
Dissolve gelatin in hot water; add juice from drained pineapple and chill until slightly thickened. Beat until frothy. Fold in remaining ingre-

dients. Pour into greased or moistened mold. Chill until set. Serves eight.  
—From the files of Mrs. Frank M. Palmer, Glencoe, Ala.

If you like to make your cakes from scratch, the following recipe makes a delicious chocolate cake and you don't even have to use a mixing bowl.

## WHACKY CAKE

3 cups all-purposed flour  
2 cups sugar  
6 tablespoons cocoa  
2 teaspoons soda  
1 teaspoon salt  
Sift these ingredients into an ungreased 9" x 13" pan and make three holes in the flour-sugar, cocoa and leavening mixture.  
In the first hole put two tablespoons of vinegar. In the second hole put 12

tablespoons oil. In the third hole put two teaspoons of vanilla. Over the top pour 2 cups water. Stir until mixed in the pan.

Put into preheated 350-degree oven and bake until cake tests done, about 25 to 30 minutes. Allow to cool and frost with your favorite frosting.

If you're making a two-layer cake, simply put one-half of the ingredients in each pan and proceed according to directions.

—From the files of Connie Verdoorn, Sandy.

## VANILLA CREAM FROSTING

1 cup milk  
3 tablespoons flour  
Mix and cook until very thick, stirring constantly. Cool.  
Cream thoroughly two cubes

margarine or butter, one cup sugar and one tablespoon vanilla.

Blend creamed mixture with thickened milk and spread on cake. Covers a 9" x 13" cake.

—From the files of Ethel Sutherland, Sandy.

This is an old-fashioned recipe with a creamy texture. It tastes as if it had whipped cream on it, but it does not. Especially good on chocolate cake. With these recipes one can have a great cake without cake mix or a frosting mix.

Here's a recipe for your appetizer file left over from last week. It was served recently at a wedding reception I helped serve.

## TACO DIP

Use an 8" x 12" or 9" x 13" pan.

Spread in layers starting with:

1. 30 oz. can refried beans.
2. 1 medium onion, chopped, with 1 teaspoon garlic salt sprinkled over top.
3. Taco sauce to taste.
4. 2 avocados, mashed and mixed with 1 tablespoon lemon juice and 2 teaspoons garlic salt.
5. 1 cup sour cream mixed with ½ cup mayonnaise.
6. 1 medium tomato, chopped.
7. 2 small cans chopped olives.
8. Shredded cheese to cover.

Serve with taco chips.

—From the files of Shirley Porter of Boring.

Last week someone forgot to put the title of my first recipe. It is "Company's Coming."

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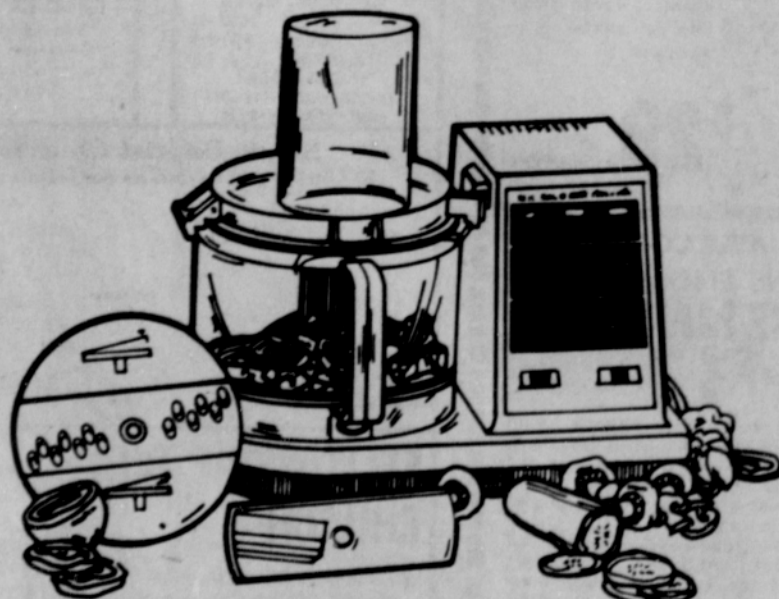
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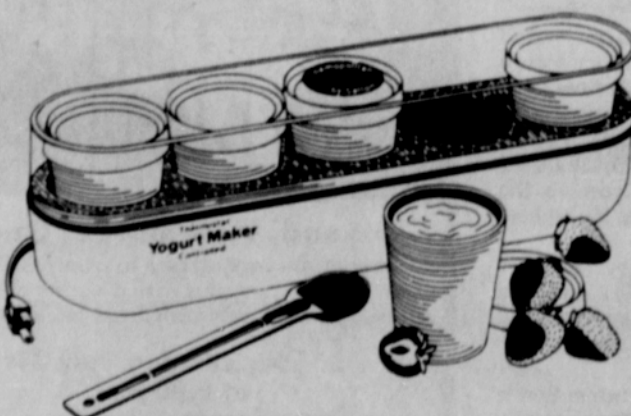


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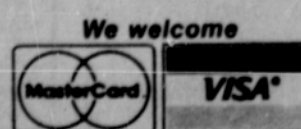
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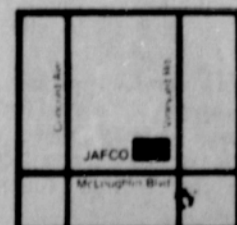
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