



Lorena Tichenor, in back on the left, and members of her foods II classes prepared foreign foods for the Cedar Ridge teachers and support staff last week.

Staff photo

Ministries talk set

The Rev. James Mulder, new Northwest Area representative for the Conservative Baptist Foreign Mission Society (CBFMS), headquartered in Wheaton, Ill., will explain the CBFMS and its ministries in 20 countries when he speaks at Pleasant Home Baptist Church this Sunday, June 5, at 11 a.m.

Mulder and his wife Joan

also served with Unevangelized Fields Mission in Sao Luis, Maranhao, Brazil, for eight years, where he trained church leaders in a seminary and became chaplain in a local penitentiary.

Pleasant Home Baptist Church is located five miles east of Gresham at 32120 Dodge Park Blvd.

Church hosts drama

"In the Shadow of the Cross," a musical-drama presentation is scheduled at Gospel of Christ Community Church, 13050 Bobby Lane, Boring, this Tuesday, June 7, at 7 p.m.

The musical-drama is being presented by Em-

manuel, a group of young musicians and dramatists from Helena, Mont.

Interspersed between and during the scenes are songs carrying the mood and feelings of the characters. The musical-drama closes with the resurrection of Christ.

Special meal takes class around the world

by SCOTT NEWTON

When Lorena Tichenor was in high school girls didn't take shop classes and boys didn't take cooking classes.

Tichenor, home economics teacher at Cedar Ridge, doesn't believe the old stereotypes exist here. No one is called a sissy for taking a cooking class.

They may be complimented, however, for their sauerbraten, coq a bin, teriyaki meatballs,

mousaka melitzanes, weiskringle or beef florentine.

The eighth graders served the Cedar Ridge teachers and support staff, and then themselves, last week at the Foreign Foods Banquet, an annual event started by Tichenor four years ago when she joined the teaching staff upon graduation from Washington State University.

"I wanted these kids to have the fun I had doing it," said Tichenor, who par-

ticipated in foreign foods banquets in high school in Stevenson, Wash.

About \$100 and three weeks of work went into the preparations for the food banquet. The money was raised by the students from the sale of cookbooks earlier this year.

Tichenor likes to include other fields in the teaching of home economics, and the week spent working on reports on Germany, Italy, France, Norway, Greece and Japan could have been classified social studies.

Math, as in computations used in recipes, and science principles are all part of home economics, in Tichenor's opinion.

Another week was spent planning, which included work making up a shopping list. All the items needed were purchased locally, with one exception.

The next week students began preparing dishes like sauerbraten, a German roast marinated for three days. Coq a bin is a French dish, chicken cook-

ed in Burgundy. One Japanese entree was teriyaki meatballs. Mousaka melitzanes is a Greek eggplant casserole. Weiskringle is a Norwegian pastry, and beef florentine is an Italian stew.

"A lot of kids thought these things would be bad because they hadn't eaten them before," Tichenor said. "They're used to hamburgers and french fries, but I think after cooking these things they realize there are other good things to eat."

"I think it was a good ex-

perience for them."

Members of each of the six groups prepared a main dish, side dish and a dessert. Sue Helberg, owner of Le Bon Petit Restaurant in Sandy and a substitute teacher, helped with the French foods, and Randi Leuthold, Cedar Ridge principal, helped with the Norwegian dishes.

Senior Center News:

Center begins membership drive

The Sandy Senior Center is kicking off its annual membership drive and subscription promotion during June.

The new fiscal year begins July 1 and this month is being dedicated to renewing memberships at \$1 per person and subscriptions to the Sandy Senior Scene newsletter at \$2.

It is not mandatory to join the center in order to take part in activities or receive services, however,

fees collected partially offset printing costs and help supplement the center budget.

Application forms are available at the office or in the June issue of the Sandy Senior Scene. Persons who wish to mail in their forms may send them to the Sandy Senior Center, P.O. Box 413, Sandy OR 97055.

An excursion to the Fort Dalles Museum and Indian Petroglyphs is planned tomorrow, June 3, with

departure from the center at 9 a.m.

Music lovers will have the opportunity to attend a special concert this Sunday at Mt. Hood Community College. Departure for the free vocal and instrumental concert will be at 3 p.m.

THURSDAY, JUNE 2

9 a.m.: Senior Law Project
9 a.m.: Exercise Class
10 a.m.: Humanities Class
Noon: Loaves and Fishes
2:30 p.m.: Loaves and

Fishes Fund-raising Workshop (Cancelled)

FRIDAY, JUNE 3
9 a.m.: Depart for Fort Dalles Museum
Noon: Loaves and Fishes
7:30 p.m.: Community Card Night

SUNDAY, JUNE 5
3 p.m.: MHCC Concert Departure

MONDAY, JUNE 6
9 a.m.: Exercise Class
Noon: Loaves and Fishes
1 p.m.: Cards
1 p.m.: Ceramics
1:30 p.m.: Nutrition Subcommittee

TUESDAY, JUNE 7
9:30 a.m.: Planning and Evaluation Subcommittee
Noon: Loaves and Fishes
12:30 p.m.: Elections to

Loaves and Fishes Centers' Council

1 p.m.: Memory Loss Class
WEDNESDAY, JUNE 8
9 a.m.: HARRP Assistance
Noon: Loaves and Fishes
1 p.m.: Band Practice

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Keeping Posted:

Senator visits tonight

THURSDAY, JUNE 2
The Bull Run School board will hold a regular meeting at 7 p.m. in the school cafeteria.

State Sen. Steve Starkovich, D-Canby, will hold a town hall meeting at 7 p.m. at the Sandy Senior Center.

FRIDAY, JUNE 3
Sandy Elementary School will present an operetta, "Mississippi Melody," at 7:30 p.m. in the school gymnasium.

SATURDAY, JUNE 4
Oral Hull Foundation for the Blind will hold its monthly board meeting at 1:30 p.m. in the Rainbow Lodge. All board members should be present.

MONDAY, JUNE 6
Sandy City Council meets

at 7:30 p.m. at Sandy City Hall.
Sandy Rainbow Girls meet at 7:30 p.m. at the Masonic Hall.

TUESDAY, JUNE 7
Jim Larimer, Clackamas County Youth Program coordinator, will speak on "Tax Savings to Employers Through Hiring Youth" at the noon meeting of the Sandy Area Chamber of Commerce at the Tollgate Inn.

The Sandy Post Office will hold a grand opening ceremony at the new facility, 17570 Wolf Drive, at 1 p.m.

Sandy Area Merchants meet at 6:30 p.m. at TJ's Fireside Dining. Discussion will be on promotional activities during Mountain Festival Week.

WEDNESDAY, JUNE 8
The Sandy Area Chamber of Commerce board meets at 7 a.m. at TJ's Fireside Dining.
The Sandy TOPS Club meets at 9 a.m. at the Sandy fire hall. For more information, call 668-5010 or 668-8442.
The Sandy Tough Love group meets at 7:30 p.m. at Your United Bank, 38561 Proctor Blvd.

The Sandy Post

(USPS 481-180)

MEMBER: Oregon Newspaper Publishers Association, National Newspaper Association and U.S. Suburban Press.
Published weekly Thursdays by The Outlook Publishing Co., Box 48, Sandy, Oregon 97055. Second class postage paid at Sandy, Oregon.

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SUBSCRIPTION RATES

In Clackamas County per year	\$9.00
Multnomah County	\$10.00
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Outside Northwest and Pacific Coast States, per year	\$17.00

Sandy Post, Sandy, Oregon 97055 No. 22 June 2, 1983

Menus

SANDY

MONDAY, JUNE 6
Pizza, tossed green salad, applesauce, milk.

TUESDAY, JUNE 7
Hamburger on a bun with lettuce and pickle, potato rounds, jello, fruit bar, milk.

WEDNESDAY, JUNE 8
Burrito, buttered corn, carrot sticks, fruit, milk.

THURSDAY, JUNE 9
Cook's choice.

FRIDAY, JUNE 10
Cook's choice.

*WELCHES

MONDAY, JUNE 6
Sloppy joe, lettuce wedge, buttered corn, pineapple tidbits, fruit juice super sip.

TUESDAY, JUNE 7
Corn dog, mustard, ketchup, tater tots, carrot coins, graduation cake, ice cream, milk.

WEDNESDAY, JUNE 8
Spaghetti with meat sauce, seasoned green beans, garlic bread, apple sauce, milk.

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