

Pageant adds to independence

by SCOTT NEWTON

Mary Russell, a senior at Sandy High School and an Oregon Junior Miss contestant, said she made a lot of friends and perhaps gained some independence by participating in the scholarship program.

She earned \$600 in scholarships, having won the creative and performing arts category and having received a special recognition award.

In the creative arts category, she sang "I Could Have Danced All Night" from the Broadway musical "My Fair Lady."

Todd Byron, an SUHS student who was among about a dozen locals from the area who traveled to Eugene to watch the finals of the pageant Saturday night, thought she had won.

"She should have, definitely," Byron said. "During intermission I was walking around and everyone was saying how she should win."

Regardless of the outcome, Russell said participating in the scholarship program was good for her.

One thing about the Oregon Junior Miss program is that it's not overly competitive. "You're not at each other's throats," she said, adding that she feels she made some lifelong friends.

Also, contestants weren't allowed to communicate with their parents during the week. Doing without her parents' support and advice throughout the week forced her to be independent, she said.

The Kiwanis Club of Sandy spon-



Mary Russell

sored Russell. "They were really supportive," she said. "They sent me flowers. That was nice."

She emphasized that it's a scholarship pageant, not a beauty contest. Contestants were judged on scholastic achievement (Russell expects to have a 3.5 grade point average at the end of the semester) and an interview, as well as poise and appearance, physical fitness (they staged "jazzy" exercise routines in three different groups) and a creative and performing arts presentation.

At SUHS Russell is president of the choir and the band, and performs with the Pioneers. She plays oboe and guitar, and has been in a number of musical productions, including "Of Thee I

Sing" and "West Side Story."

She's involved in a youth legislature program, was the fall homecoming princess and is active in the Sandy Community Players.

In the Oregon Junior Miss program one of Russell's hobbies is listed as "spending money."

Kecia Harris, also a senior at SUHS, competed in an at-large competition with Russell in the fall.

In Eugene last week Russell attended a number of luncheons and dinners, including one at the new Hilton Hotel. "They fed us like you wouldn't believe," Russell said.

She received a necklace, makeup and beauty supplies and an exercise outfit in addition to her scholarships.

She'd like to attend the University of Washington and continue to participate in musicals. As a career, broadcast journalism is not out of the question, and she said she's also interested in archeology.

"I want a career that's compatible with being a wife and mother, and something I can be happy at," she said.

Twenty competed in the Oregon Junior Miss competition. The winner, Jane Yedinak of Eugene, received a \$2,000 scholarship and a trip to Mobile, Ala., for the National Finals.

Russell admits to having been "very nervous." When it was over it was like a weight had been lifted from her shoulders, she said.

Russell is the daughter of Jeff and Jan Jaqua of Sandy.

Keeping Posted:

Pioneers plan 'show-and-tell'

THURSDAY, JAN. 27
Bull Run School board will hold a special meeting to discuss policies at 7 p.m. in the school cafeteria.

SATURDAY, JAN. 29
Cottrell School will host a rummage sale and paper drive from 10 a.m. to 4:30 p.m. Proceeds will go to the sixth grade Outdoor School.

SUNDAY, JAN. 30
An old-fashioned "show and tell" will be the program for the Sandy

Pioneer Association's quarterly meeting at the Sandy Community Center at 1 p.m. Participants are asked to bring an artifact to discuss after a potluck luncheon.

MONDAY, JAN. 31
Ladies aerobic exercise is held Monday and Wednesday at 9 a.m. at the Church of the Good Shepherd. For information, call 663-5050.

TUESDAY, FEB. 1

The Sandy Chamber of Commerce meets at noon at the Tollgate Inn.

WEDNESDAY, FEB. 2
The Sandy TOPS Club meets at 9 a.m. at the Sandy Fire Station. For more information, call 668-5010 or 668-8442.

Sandy Business and Professional Women's Club meets at 7 p.m. at TJ's Fireside Dining.

THURSDAY, FEB. 3
The Sandy Women's Club meets at 11 a.m. for a

business meeting, followed by a "brown bage luncheon program" at noon, featuring Rick Johnston of Pioneer Electronics, who will discuss computers. The club is located at 38452 Proctor Blvd.

The Bull Run School board meets at 7 p.m. in the school cafeteria.

Sandy Union High School's budget committee meets at 7:30 p.m. in Rooms 50-51 at the school to take study the 1983-84 budget proposal.

Senior Center News:

Seniors travel to Vancouver

A special trip is on tap for local senior citizens tomorrow as they travel to Vancouver, Wash., to celebrate the opening of the new Glenn Jackson Bridge.

The first stop after crossing the Columbia River will be at the Marshall House Restaurant, located in a Victorian home near Fort Vancouver. After lunch, travelers will visit the U.S. Grant museum before returning home.

Departure from the Sandy Senior Center will be at 11:30 a.m. for persons holding reservations for the excursion.

The Sandy Golden Age Club will host a potluck luncheon today, Jan. 27, at the center at noon. A monthly business meeting will

follow the meal at 1 p.m. Arts and crafts has been scheduled for 2 p.m.

Steve Simonsen, Clackamas County Bank representative, will be the center's guest this Tuesday, Feb. 1. He will discuss the impact of new federal laws requiring banks to withhold a percentage of interest income for income tax purposes. The law will take effect later this year. The program begins at 12:30 p.m.

Income tax assistance will be available Wednesday mornings from 9 a.m. to noon beginning Feb. 2. The service is provided on an appointment basis only. A trained volunteer will help seniors, who are reminded that Homeowners and

Renters Relief Program forms won't be available from the state of Oregon until March.

THURSDAY, JAN. 27
9 a.m.: Exercise Class
10 a.m.: Humanities Class
Noon: Golden Age Potluck
2 p.m.: Arts and Crafts

FRIDAY, JAN. 28
11:30 a.m.: Depart for Vancouver
Noon: Loaves and Fishes
7:30 p.m.: Community Card Night

MONDAY, JAN. 31
9 a.m.: Exercise Class
Noon: Loaves and Fishes

1 p.m.: Ceramics
1 p.m.: Cards

TUESDAY, FEB. 1
9:30 a.m.: Planning and Evaluation
Noon: Loaves and Fishes
12:30 p.m.: Guest Speaker

WEDNESDAY, FEB. 2
9 a.m.: Income Tax Assistance
Noon: Loaves and Fishes
12:30 p.m.: Blood Pressure Clinic

1:15 p.m.: Dance Class
2:15 p.m.: Band Practice

THURSDAY, FEB. 3
9 a.m.: Senior Law Project
9 a.m.: Exercise Class
10 a.m.: Humanities Class
Noon: Loaves and Fishes
1 p.m.: Arts and Crafts

Inside the church:

Stop smoking plan offered

Smokers who want to kick the habit will have the opportunity to do so next week in a successful group therapy program at the Sandy Adventist Community Center, 17150 University Ave.

The Five-Day Plan to Stop Smoking begins Sunday evening, Jan. 30, and

continues at 7 p.m. each night through Thursday.

Bernie Clark, program director, said, "The smoking problem is approached by seeking solutions from both physical and psychological dependency on tobacco."

"The program includes

group dynamics, a physical fitness program, films, and a personal day-to-day guide explaining how to successfully stop smoking," he said.

According to Clark, the plan is one of the most successful programs of its kind in the world. It is

estimated that 100 Five-Day Plans are held weekly around the world. The program has been widely publicized on radio, television and print media.

The program is a free community service sponsored by the Seventh-day Adventist Church.

Missionaries to speak Sunday

Missions Convention convenes this Sunday, Jan. 30, at the 11 a.m. service at Sandy Assembly of God Church.

The Rev. Curtis Myers, missionary to Indonesia, will speak at the first service.

Myers, his wife and sons

have been ministering in Indonesia for the past nine years, first on Java then in pastors seminars, church planting and building for two years on Sulawesi.

From there he accepted a pastorate in Jakarta, Indonesia's capital city. He is now involved in extensive

outreach to other Indonesian island where new congregations have grown rapidly.

The Rev. David Godwin, former Latin American missionary, will speak at the Sunday Evening service at 7 p.m. as the con-

vention continues. Godwin and his wife, Doris, traveled throughout the United States as evangelists before becoming missionaries to Latin America. He will also speak Monday and Tuesday evenings at 7 p.m. at Sandy Assembly of God.

Menus

COTTRELL

MONDAY, JAN. 31
Wiener wraps, French fries, Popeye salad, Buttered green beans, Fruit, Milk.

TUESDAY, FEB. 1
Hamburger gravy on hot biscuits, Jello salad, Buttered corn, Fruit, Milk.

WEDNESDAY, FEB. 2
Chili, Crackers, Buttered corn bread, Honey, Crispy celery sticks, Pudding, Milk.

THURSDAY, FEB. 3
Hot beef sandwich, Mashed potatoes, Gravy, Buttered spinach, Carrot sticks, Fruit, Milk.

FRIDAY, FEB. 4
Tacos, Shredded lettuce, Potato chips, Buttered green beans, Fruit, Choice of milk.

WELCHES

MONDAY, JAN. 31
Hamburger gravy, Mashed potatoes, Green beans, Cornmeal roll, Butter, Pears.

TUESDAY, FEB. 1
Meat and cheese pizza, Crisp mixed vegetables, Graham crackers, Chocolate pudding, Milk.

WEDNESDAY, FEB. 2
Tuna ala king on a biscuit, Buttered peas, Carrot coins, Ruby jello, Milk.

THURSDAY, FEB. 3
Spaghetti with meat sauce, Tossed green salad, Garlic bread, Apricots, Milk.

FRIDAY, FEB. 4
Taco, Cheese and lettuce, Buttered corn, Ginger bread, Applesauce, Milk.

SANDY

MONDAY, JAN. 31
Spaghetti with meat sauce, Tossed green salad, Fruit, Cheese biscuit, Milk.

TUESDAY, FEB. 1
Burrito, Potato bars,

Apricots, Garlic bread, Milk.

WEDNESDAY, FEB. 2
Fish sticks, Tartar sauce, Seasoned green beans, Banana, Corn bread and honey, Milk.

THURSDAY, FEB. 3
Fried chicken, Green beans with bacon, Cherry pie, Hot roll, Milk.

FRIDAY, FEB. 4
Turkey ala king over rice, Peas, Orange wedges, Cinnamon bun, Chocolate milk.

Brides Registered at Cloudtree & Sun

For the Gift They'll Really Use
January thru April

BRIDE

Lori Sinclair
Jody Kay Goodwin
Tracy Orr
Molly Peterson

GROOM

Tim Mackey
Rod Dawes
Dean Reynolds
Doug Graham

CLOUDTREE & SUN
and School of Cookery
112 N. Main 666-8495

Gresham City Limits Presents

A DANCE AT THE CLUB PAESANO

Featuring the largest dance floor in Portland at 187th & Powell

Country Music Provided by

Leon Smith
and

The Last Rodeo Band

Every Friday 9:15 to 2:15 a.m.

\$3.00 Admission

75¢ Beverages

• Beer

• Wine

• Soft Drinks

Dance Lessons By

Jack & Sue Wagner

Feb. 11 from 7:30 to 9:00

Listen to KRDR 1230 AM

For Further Details

Special Guest Appearance

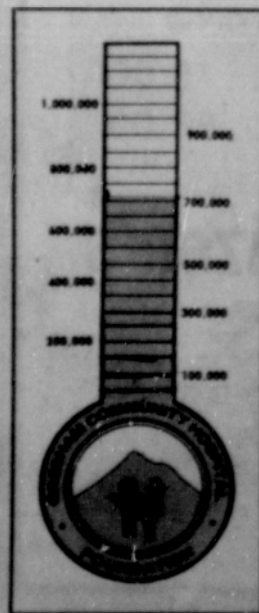
By Johnny Counterfit Feb. 4



We Need You

The current Emergency Department at Gresham Community Hospital was originally constructed as an obstetrics wing and is poorly located at the rear of the hospital. In its present location it is inaccessible to surgical suites and to the Radiology Department.

Emergency Department usage increased by more than 151% over the ten year period from 1971 to 1981.



Yes, We Need You

In order to accommodate current and projected health care needs in east Multnomah and north-central Clackamas counties, a new, 96,000 square foot hospital will be constructed on a 22 acre site at 246th & Stark in Gresham. The funding for this highly needed project is provided, in part, by you, the people we serve. To find out how you can help, through tax deductible donations, contact:

GRESHAM COMMUNITY HOSPITAL

FOUNDATION OFFICE: 661-9434

P.O. Box 718
Gresham, OR 97030

LIQUIDATION

Prices slashed 50% & more!

All must go by Sat

Hansel & Gretel's

Frontier Building

SANDY, OREGON 668-9391 Next to Words Home-made & used children's clothes for newborns to size 12.



You Need Us

As Yvette Fletcher of Gresham found when she recently injured her hand, the Emergency Department staff at Gresham Community Hospital is there to help, 24 hours a day.

With utmost care and courtesy, the Emergency Department provides expert medical aid to more than 19,000 patients annually (avg. 50 per day).

For emergencies ranging from minor injuries to critical care, the Emergency Department can be reached by phoning 661-9400 or by coming to N.E. Fifth & Beech in Gresham.

When you need us, we are there.

