

Wrestlers get key win over David Douglas

by SCOTT NEWTON

In a dual meet of the type that threaten to make wrestling a popular spectator sport, the Pioneers edged David Douglas 30-23.

Coach Ron Calhoun picked Gresham, Barlow and David Douglas as the top teams in the Mt. Hood Conference. "So that was a crucial win," he said. "It shows we have the ability to be in the top three."

On paper, Calhoun had figured the match for a 28-28 tie. Fortunately, Calhoun doesn't always get it right "on paper."

Several of his wrestlers did get it right on the mat, beginning with 98-pounder John Cox, who won by a fall when Calhoun had only expected a win (a three-point difference in the team score).

Sophomore Tony Barnes, though inexperienced, looked like a veteran against his opponent, a second-place finisher in the Metro League's district tournament last year.

"He did so well before he made one crucial mistake," Calhoun said. Barnes was ahead 15-9 before getting caught on his back, and pinned.

David Douglas, "perennial" Metro champs before joining the Mt. Hood Conference, boasted several district champions, including Larry Toppliff's opponent, Chris Creelman.

Toppliff, wrestling up in the 115-pound weight division, found out Creelman is "a very good wrestler

and fine technician" in the first period when he got taken down.

Sandy fans, who came close to filling one side of the SUHS gym, aren't used to seeing someone get a fast takedown on Toppliff, a state freestyle champion two years ago.

Toppliff dominated later, getting a 6-3 win.

Hui Choi, at this time "our most improved wrestler," said Calhoun, scored 10 points in the first period en route to an 11-4 win over another defending district champion.

David Douglas fans got to cheer as Randy Swanson, at 130 pounds, and Dave Gibson, at 136, lost decisions.

Robert Paul, at 141 pounds, fell 3-1 to a wrestler who beat out a district champion to make the Scots' team.

"Maybe the next time we wrestle him we can change that around," Calhoun said.

Mike Rohweder, a 148 pounder, won "a real barn burner."

The match was tied 6-6 after a fast-paced first period. Rohweder stayed in control the entire second period, and got a two-point reversal in the third.

His opponent got an escape as the period came to an end, with both wrestlers working to break a stalemate (for the takedown) as the match ended with Rohweder ahead 8-7.

Calhoun was pleased with a "good effort" from Frank McKinnis, who lost to the winner of the large Pacific

Tournament, a preseason tourney that's billed as the largest one-day collegiate-style wrestling tournament in the country.

Sandy's hopes were pretty much dashed when Loren Bateman lost in the 168-pound weight division. "We're not sure what happened to him," Calhoun said about the 20-2 loss, which gave David Douglas a 23-15 advantage in the team score.

Sandy's next two wrestlers, ob Wantowski and Chris Davenport, lack varsity experience. Wantowski had never won a varsity match, and Davenport had never even wrestled varsity before.

"It looked dismal," Calhoun said. As it turned out they wrestled two of the most exciting matches of the evening.

Wantowski and Davenport turned out to be "the heroes of the night."

The score was tied at 8-8 before Wantowski, a 178 pounder, caught his opponent on his back and pinned him.

"Bob gave us a chance to win," said Calhoun. Davenport, a junior, had never wrestled on the high school level before this year, but one would never have guessed it Thursday night.

He kept a slight lead throughout, winning the six-minute match 9-3, much to the delight of the hometown crowd.

"As tired as he was it seemed like he always went for a fall," Calhoun said. "He kept right after him."

Chuck Kearney added the icing to

the cake. The triple-crown winner couldn't even tip the scales at the 191-pound minimum required of a heavyweight (he won the 168-pound AAA title last year, though Calhoun uses him at whatever weight he feels will be to the team's advantage).

Three hot dogs, four Cokes and a lot of water later he made the

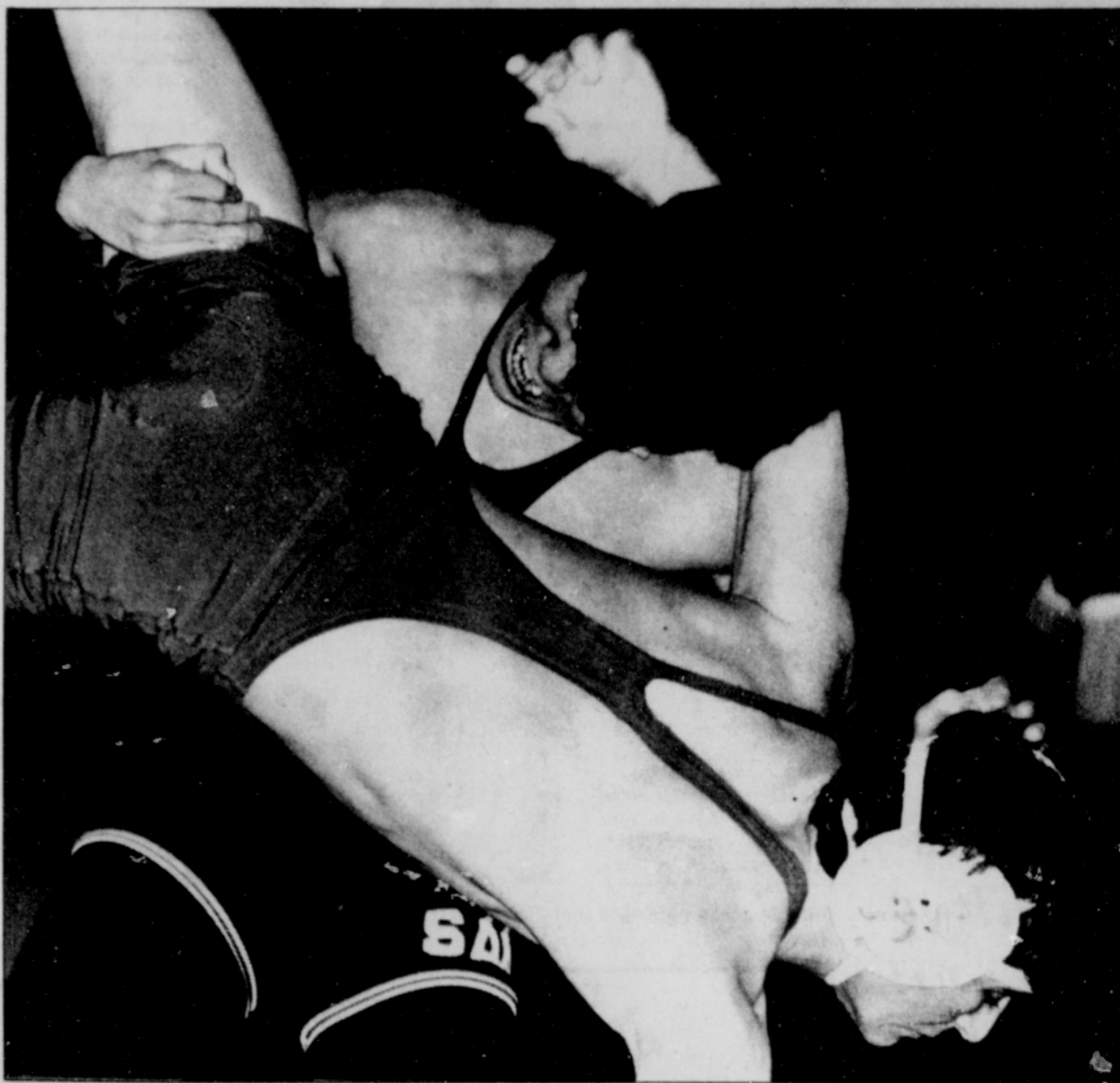
minimum, but refused to wrestle like a junk-food junkie.

He pinned his opponent in one minute and 17 seconds.

SUHS 30, DDHS 23

98: John Cox won by fall, 4:35.
106: Tony Barnes was pinned, 5:16.

115: Larry Toppliff won 6-3.
123: Hui Choi won 11-4.
130: Randy Swanson lost 7-0.
136: Dave Gibson lost 8-6.
141: Robert Paul 3-1.
148: Mike Rohweder won 8-7.
157: Frank McKinnis lost 14-7.
168: Loren Bateman lost 20-2.
178: Bob Wantowski won by fall, 4:36.
191: Chris Davenport won 9-3.
HWT: Chuck Kearney won by fall, 1:17.



Hui Choi shakes things up in a dual against David Douglas.

Photo by Scott Newton

For Rebecca Koepke

Persistence paid off well

by SCOTT NEWTON

Rebecca Koepke's persistence has paid off, and rather well at that.

Her credentials coming out of high school weren't especially impressive. She lettered in tennis, swimming and volleyball, an accomplishment in itself.

As a starter her senior year the volleyball team made it to the state tournament, also noteworthy, but not awe inspiring.

She said she got enthusiastic about volleyball while at Sandy. This weekend she finished the season with one of the top volleyball teams in the nation.

Koepke, a senior at Arizona State University at Tempe, was at San Luis Obispo, Calif., where the Sun Devils lost in the first round to eighth-ranked Cal-Poly in four games in the NCAA Division I Northwest Regional Volleyball Championship.

It was the second year in a row the Sun Devils, with Koepke on the roster, made it to the national tournament, which put them among the top 16 teams in the nation (with the winner of each regional meeting to play for the national title).

Arizona State ended up with a 36-15 record, and finished fourth in the Western Collegiate Athletic Association, which includes national powers USC and UCLA.

Koepke, who played regularly as a back row (defensive) specialist, said they competed well this season.

ASU, as well as the University of Arizona, are coming into their own as far as volleyball is concerned, she said.

At ASU the athletic programs are pretty well supported, she said. "We fly just about everywhere, which is real nice," she said.

Last year they flew to Alabama for the national tournament at Tuscaloosa, and last spring she was on a United States Volleyball Association team that made a trip to Hawaii.

As a freshman in college Koepke played at Portland State University. She redshirted the next year, and used her second year of eligibility at PSU also, though she didn't start.

She felt she needed a change, and her junior year walked on at Arizona State, making the varsity.

Most of the players there that August were already on scholarship, although four or five others were also at the tryout hoping to make the team.

She admits the whole ordeal was "pretty scary."

But, she also said she wasn't surprised to make the team. "I didn't know if I'd make it or not. I believed in myself. I went out and gave it a shot."

This year she's on full scholar-

ship.

She's the daughter of Frank and Joan Koepke of Sandy. She said her family has been behind her all through her college career.

She'll receive her bachelor of arts degree in French in the spring. She's not sure what kind of job she'll be looking for, though she's



Rebecca Koepke

considered translating, and working for one of the airlines. She'd like to travel, and has been taking international business classes.

Asked if the changes and the red-shirting all worked out to her advantage, she said, "Perfectly."

Sandy girls lose by 1 to Indians

The Sandy girls fell 47-46 Tuesday night to The Dalles. It was their second Mt. Hood Conference loss.

With two minutes to go Sandy was down by seven. They got two shots off in the last eight seconds, according to Coach John Smith, who added that both came close.

He said they played "excellent defense," and that he was "encouraged with the intensity."

The bright spot of the night was sophomore Wendy Heckard's ball handling, he said. The Dalles tried to press and run a half-court trap, but neither was effective against Heckard.

Her ball handling was "excellent," he said. She scored 11 points.

Linda Mosbrucker scored 10 points and Sharon Jensen scored eight.

Tamee Lindsay and Jensen both fouled out, and Smith said Jill Ingram and Peggy Gillies did well going in off the bench.

Smith said their press worked well, and that they "played well in the stretch." He said poor play in the third quarter hurt them.

Friday the Pioneers take on David Douglas at home at 7:30 p.m.

Last week the Pioneers, now 0-4, fell 93-39 to Tigard. "We opened with some fairly tough teams," Smith said. "Considering we've had to play Virginia, Georgetown and UCLA, we have learned some things and the girls still have a good attitude about the upcoming season."

"We really believe that we will be competitive in our league."

"We're going to get better but it's going to take some hard work."

Lindsay scored 10 points against Tigard. Mosbrucker contributed 11

all-around game, "but you need five guys against Tigard." He said Tigard has a good team.

"Ron (Muck) did a good job getting us off the mark," Brisbin said. "He was the only offense we had the first four or five minutes."

Gordon Brinser was credited with doing a good job going in off the bench.

Boys swim team wins two

The Sandy boys swim team swept every event Tuesday, winning two duals.

The boys won 84-28 over Bend, and 73-36 over Mt. View. The girls lost 66-49 to Bend and 65-51 to Mt. View.

Heidi Lamer was the only winner for the girls, taking the 100 breast.

Matt Roth was first in the 200 IM and the 100 fly. Kirk Benson won the 100 free and the 50 free. Shawn Burns won the 200 free and the 500 free. Richard Rolph won the 100 back.

Jamie Tuttle won the 100 breast. Burns, Mark Gunderson, Brian Stamm and Benson comprised the winning 400 free relay team.

Rolph, Tuttle, Roth and Javier Herrero comprised the winning 200 medley relay team.

Coach Mark Smith credited John Haugan with swimming well. Freshmen Kathy Weidman, Debbie Izer and Kim Howell also performed well, he said.

Local named Outstanding cyclist

At the Oregon Cycling Association's banquet in Portland Saturday Mike Sheppard of Sandy was named the state's Most Outstanding Junior Racer.

Sheppard, 17, received more state medals than anyone at the banquet.

He owns the gold medal for pursuit, a three-kilometer race. He received silver medals for the one-kilometer time trial and the omnium, which is a collection of three races.

And he received bronze medals for the sprints and the road race (a 57-mile event).

Sheppard, a senior at Sandy Union High School, attended the United States Cycling Federation national

meet this summer, finishing eighth in the points race and 17th in pursuit. He said he considers pursuit his strongest event.

He set a personal record of 4:02 in the pursuit at the national meet. He'd like to take 15 seconds off that time next season, and has set a goal of making the top four in both of those events at nationals next year.

In addition, he feels it is possible for him to win all six events in Oregon next season. The tandem time trial was added to the list of competitions this year.

Sheppard just turned 17, and will be able to compete in the Juniors again next season. Though he'd like

to sweep the state events next year, he said there are a lot of good riders coming up.

Sheppard, a National Honor Society member, and Mojavy of Oregon teammate Robert Burney of Portland, were known as the "dynamic duo." Burney was named Oregon's Most Outstanding Senior Racer Saturday night.

Between the two of them they nearly won Mojavy of Oregon (one team member contributed a point) the three-foot-tall trophy. Instead, the Beaverton Bicycle Club, with about 50 members, took the honors.

Sheppard said he's cycled over 4,500 miles so far this year.

Romey 75th at national meet

Sam Romey took 75th out of 170 at the Junior Olympics national meet in Cincinnati, Ohio, Saturday.

Romey is a junior at SUHS and a two-time district cross country champion. He ran the 5000-meter course in 16:24, quite a way off his personal best of 15:18, "which would have won it."

Superintendent Jack Peters, who called Romey's finish "outstanding," joked at the board of directors meeting Monday night about how Romey had trained at Government Camp to prepare for the cold, but that it wasn't cold enough there.

Romey confirmed that for The Post. "Compared to that, Government Camp is the Bahamas," he said.

The seven-degree-below chill factor and gusts of 30 miles per hour did take a toll, he said.

About a quarter of a mile into the race his nose "froze up," and he couldn't breathe through it. Later he had a hard time swallowing, and dropped back to "about 100th" before recovering and passing some people.

"I know I could have done better," he said.

A number of local contributors made the trip possible, with Romey having raised \$576 for the flight and two-day stay.

He roomed with Mike Miner of Philomath once in Cincinnati. Miner attended the national meet with the Timber Hills Track Club of Corvallis, and finished 13th with a 15:45.

Oregon was well represented, Romey said. Athletes from every state but Alaska were in attendance.

Though he's flown before, he rode out on a new Boeing 767, which has a channel that allows one listen in on the pilot's conversations. He said it was especially interesting to listen in as they approached O'Hara Airport in Chicago.

He said the meet was "really competitive. There was a lot of pushing and shoving, like at state." He added that it was a good experience.

Though some runners might be content to take it easy before track season starts up, Romey is not. This weekend he'll be competing in the Heart of the Valley Run in Corvallis.

Boys fall to Jesuit, 66-54

Pat Baird scored 17 points and Robert Brader scored 11 points and nabbed 10 rebounds but the Sandy Pioneers fell 66-54 to Jesuit Tuesday evening.

Coach Dan Brisbin said they played "fairly well," except for a four or five minute stretch in the second quarter, when Jesuit improved its lead from two to 11 points.

Sandy was within five at the end of the third quarter.

Jesuit got inside on the defense in the first half, Brisbin said. "We didn't have that defensive intensity for about four or five minutes, and that's all it takes."

Brisbin said they put up more shots, though Jesuit had a better percentage. The Pioneers also out-rebounded Jesuit.

Mike Lund contributed four assists and Ron Muck had three steals.

The Pioneers, now 1-2, fell 71-59 to Tigard last week. Brader scored 14 points and Lund scored 10.

Brisbin said Brader played a good,

Barlow edges Sandy wrestlers

Six wrestlers, out of 13 weight classes, won individual championships at Milwaukie Saturday, an accomplishment Coach Ron Calhoun termed "outstanding."

Those winning the four-man brackets were 115-pound Larry Toppliff, 130-pound Randy Swanson, 141-pound Robert Paul, 157-pound Frank McKinnis, 178-pound Loren Bateman and 191-pound Chuck Kearney.

Swanson receives the "upset of the week award," said Calhoun. He used a pinning hold called the guillotine to win 8-7 over an age group state champion from Milwaukie.

After a close loss to David Douglas, Paul "came back strong. He's looking pretty good."

McKinnis won 8-5 over his opponent from Barlow and got an exciting 12-11 win against Milwaukie, Calhoun said.

Bateman came back from a 2-0 deficit to win by a fall in the third period against a Milwaukie wrestler.

Kearney won by straight falls, once again. "But they were good wrestlers," Calhoun said.

Toppliff "wrestled tough," he added.

The Pioneers handily won over Milwaukie and Lebanon, but Barlow won its non-league matchup with SUHS.

Barlow took six firsts, three seconds, and two thirds. Sandy had three second-place finishers and one third-place finisher, thus the three-point difference in the team standings.

Second-place finishers for Sandy were 98-pound John Cox, 106-pound Tony Barnes and 148-pound Mike Rohweder.

Hui Choi finished third.

Cox tied his opponent from Barlow, but only decided his opponent from Milwaukie while the Barlow wrestler pinned him.

Calhoun has been pleased all season with Barnes, a sophomore. "Tony's been a big surprise," he

said. "He's doing a heck of a job."

Rohweder lost 13-6 to "one of Barlow's best wrestlers."

Choi fell 21-1 to Brad Rhodes of Barlow, who finished third in the state last season. Calhoun said he'd set a goal of beating Rhodes, and when he lost didn't recover for his match against Milwaukie.

Choi, like Barnes, has done a good job for lacking varsity experience, Calhoun said.

Calhoun has also been pleased with second varsity wrestler Dan King, a 141 pounder with a 7-0 record and two tournament titles to his credit.

King won 12-8 Thursday over a Metro district champion who got beat out for a position on David Douglas's first team.

Tournament scores: Barlow, 65; Sandy, 62; Milwaukie, 53; Lebanon, 25.

Dual meet scores: Barlow 29, Sandy 28; Sandy 37, Milwaukie 24; Sandy 57, Lebanon 6.