

Roth 62nd at NAIA national meet

Gayle Roth, a freshman at Willamette University, finished 62nd at the NAIA national cross country meet in Kenosha, Wis., Saturday.

Roth, a 1982 SUHS graduate, said she felt kind of strange competing in the national cross country meet. "I've only run 5000 meters four times in my life," she said.

She qualified by running an 18:50 5000 at the district meet, a personal record.

She finished ninth in district competition. She said she didn't feel that good, and was surprised with the

time. She said she just followed her teammate, Kara Crisifulli of Washington, who reportedly had a good day.

Out of 289 runners, Crisifulli finished 48th at the national meet. Previously, the top finisher by a woman at Willamette University at the national meet was 92nd.

Roth's 62nd-place finish came in a time of 19:55. Roth explained that the course was more difficult than the one at Willamette University, where the district meet was held.

More of the WU course is paved

ment, and though weather was good for the national meet, the course was still wet from previous rains.

The men's team also did "super," Roth said, finishing fifth in the nation, a goal Coach Charles Bowles had been aiming for for some time.

The future of the girls team appears to be good also for the Salem college of about 1,400. Roth reports five out of the six girls on the team are freshmen.

Bowles is a "really good coach," Roth said.

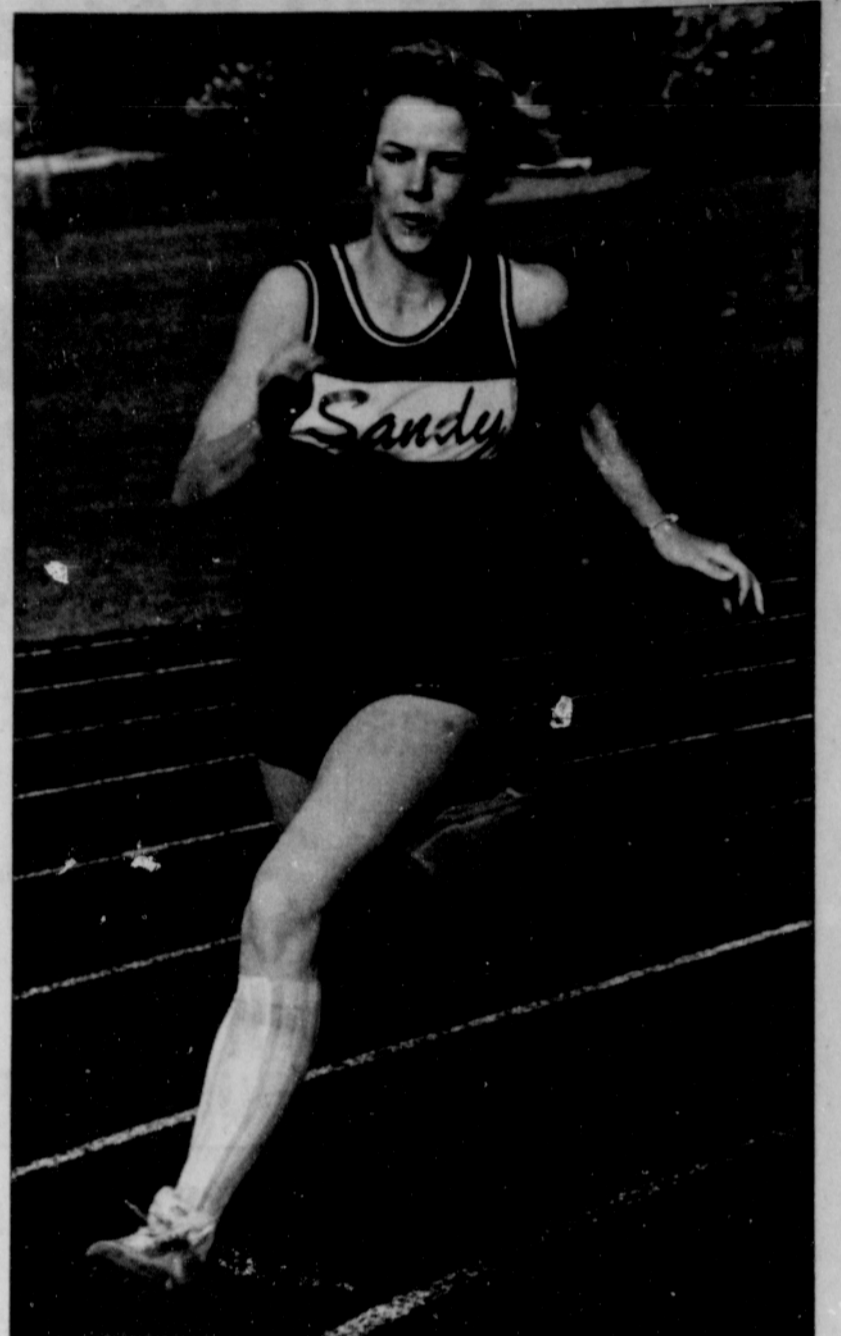
She said school is also going well.

She was planning to major in computer science, but said that is still "up in the air."

Now Roth is back in the pool, and she's expected to be the team's number one freestyle sprinter. In the spring Roth, who is on scholarship, will be out for track.

"Coach is already giving me a bad time. You're costing this school too much," she said, mocking him.

Roth and her teammates were flown to Chicago, and then drove to Kenosha, Wis., about 50 miles away for the national competition.



Gayle Roth has changed uniforms but she hasn't slowed down.

Funds sought for nationals

Hawks compete well at Jr. Olympics

Seventeen members of the Cinder Hawks Track Club ran in the Regional Junior Olympics cross country championship meet in Ephrata, Wash., Saturday.

Ten earned medals and the right to

compete at the national meet in Cincinnati, Ohio.

The Region 12 Junior Olympic meet brings together the ones who qualified from the four Athletic Congress associations in Oregon,

Washington and Idaho.

Marty Romey made three tough hills look easy, according to Coach Darold Beymer. He took 12th in the 3000 meters with a time of 13:35 in the 10 and under boys division.

Rosey Pankey ran the 3000 meters in 14:09. Her "great effort" got her a 12th-place finish in the 10 and under girls division.

Danielle Jordan, "The Bull Run Express," ran the "tough, hilly" 3000 meters in 12:56, leading the 11-12 girls to a second-place finish with a 12th-place individual finish.

Nicole Galvin was six seconds behind her, placing 13th. Shawna Patterson was 17th, Karla Harrison 18th and Kim Yankauskas 23rd.

Beymer said, "This is an excellent team but we do not intend to run at nationals. They are young and growing and I think they have had enough for one season."

Tom Romey, coming off the flu, was 43rd in the 11-12 competition, "which was not typical of his ability by a long way."

Shawn Gilchrist was "outstanding" as she led the 13-14 girls team to a third-place finish. She ran the 4000 meters in 16:31 for ninth. Cindy Roth "was looking great as usual," finishing 13th.

Angela Benedetti, last year's state champion and this year's runner-up, had a "disappointing" day, finishing 22nd after two bad falls.

Robin Ermatinger, "still improving," took 29th while Colleen Fones was 37th.

Adam Ermatinger had five "tough" hills to handle in 15-16 boys competition, and finished 25th out of 50 runners.

Sam Romey "represented Sandy High, the Oregon association and the Cinder Hawks well" in 17-18 competition with a "great" fifth-place finish. He ran the 5000-meter course in 16:45.

The Mt. Hood Conference and two-time district champion would like to represent the area at the national meet on Dec. 11 in Cincinnati.

Randy Hutchinson, a Sandy Union High School instructor, has figured it will cost \$576 for Romey to make the trip to Cincinnati.

Persons who would like to help defray the expense may make their tax-deductible donations out to the Oregon Cinder Hawks. Contact Hutchinson at the high school for more information.

Phil Burks, also from the Sandy High program, finished 25th in a large field.

This is the first time in the last four years the Hawks have not had at least one Regional Junior Olympics championship team.

"It was building year for some very good runners," said Beymer. "I think we'll have some great teams again next year."

2 from Sandy crowned at wrestling tourney

Larry Toppliff and Chuck Kearney were champions at the Pacific High School Wrestling Tournament, held Saturday in Forest Grove.

The tournament is billed as the largest one-day collegiate-style high school wrestling tournament in the nation.

About 450 participated, according to Ron Calhoun, SUHS wrestling coach. Thirteen from Sandy participated, though not as a team.

Toppliff, wrestling in the 108-pound division, won 7-2 over last year's Pacific Tournament champion, who is from Alaska. In the finals Toppliff won 15-1 over an AA state champion.

About Kearney, who won three matches by fall and one by decision in taking the 193-pound division title,

Calhoun said, "Nobody even stayed with him."

Mike Rohweder, a 150 pounder, "wrestled well." He won four matches, and received a forfeit for third place.

Loren Bateman took fourth in the 170-pound division. He won three matches to get to the consolation finals, and then dropped two matches.

"I thought most all the kids did well," said Calhoun.

Jeff Smith, a 125 pounder, won three matches before being put out. Hui Choi, also a 125 pounder, "beat a good kid, then lost to a good wrestler." He lost his second match 6-5 to a wrestler from U.S.A. Oregon.

Robert Paul got three wins, including one over last year's Metro League champion, before losing out in the 143-pound division.

Frank McKinnis, a 159 pounder, also won three matches before getting bumped.

Five of the 13 weight division champions were from the Mt. Hood Conference. Besides Toppliff and Kearney, Gresham crowned two and David Douglas one.

Bowling

Early Birds Nov. 22	
Raggedy Ann's, Andy Too	30 14
Brightwood Store	23 21
West Coast Bowling	22 22
Eagle Foundry	21 23
Toni's	19 25
Zig Zag Inn	19 25

Individual game and individual series: Sandra Lagers, 200 and 488. Team game: Toni's, 729. Team series: Raggedy Ann and Andy's Too, 2082.

Mt. Hooders Nov. 18	
Dirt, Aggregate	19.5 13.5
Sheppard's Construction	19.0 14.0
Michael's Pre-cast	17.5 15.5
Wally's Frontier Deli	17.0 16.0
Pioneer Real Estate	15.0 18.0
Walrad Insurance	15.0 18.0
Williams Thriftway	14.0 19.0

Individual game: Jean Enz and Terri Rader, 191. Individual series: Grace Lamb, 532. Team game and team series: Sheppard's Construction, 768 and 2202.

Sandy Early Birds Nov. 15	
Raggedy Ann & Andy, Too	26 14
Brightwood Store	22 18
Eagle Foundry	21 19
West Coast Bowling	19 21
Zig Zag Inn	18 22
Toni's	18 24

High individual game and series Irene Blount 203 and 499. High team game Toni's 720 and high team series Brightwood store 2054.

Mt. Hooders Nov. 11	
Dirt & Aggregate	19.5 10.5
Sheppard's Construction	16.0 14.0
Wally's Frontier Deli	16.0 14.0
Michael's Pre-cast	15.5 14.5
Walrad Insurance	14.0 16.0
Pioneer Real Estate	13.0 17.0
Acent Hair	12.0 18.0

High individual game Jill Long 202, high individual series Irene Blount 539. High team game Michael's Pre-cast 763 and high team series Wally's Frontier Deli 2079.

Message center set for Sandy

Mt. Hood Meadows will provide skiers with up-to-date information via an electronic message center just one-half mile west of Sandy.

Located in the parking lot of Janz Berryland, the message center will be visible in excess of one-quarter of a mile by traffic going either way.

The "state of the art" system utilizes an electronically controlled lampbank with letters some 24 inches high. Measuring five feet tall, 20 feet wide and elevated some 18 feet off the roadway, the message center will give "accurate and complete snow and service information" at The Meadows, according to Michael Clark, director of marketing and sales.

Besides weather and road conditions, the message center will keep the public informed of daily specials, upcoming events, snow depth and even community events.

Additionally, a complete sales office will be located at the Janz Berryland site, where one may purchase or enroll in programs offered by The Meadows.

Cleaners, Carlsons face key match-up

Both Mt. Hood Cleaners and Carlson Chevrolet won key volleyball matches in the Sandy Recreation Department "B" division play, which should make the Dec. 1 rematch interesting.

Mt. Hood Cleaners had an easy night, beating Welches Fearless Faculty 15-1, 15-6 behind flawless serving.

Mt. Hood then won again over

Calamity Jane's, 15-3, 15-6. Calamity Jane's then rebounded to win its second match, 15-12, 9-15 and 15-9 over the Welches Faculty. Down 12-3 in the first game, Debbie Geurts served up 12 straight points to cap Calamity Jane's victory.

Carlson Chevrolet moved into sole possession of second place by dropping Wy'East, 15-1, 15-7. Carlson Chevrolet then rolled over the Zig Zag Rollers 15-7, 15-6.

In the third match of the evening, which lasted an hour and 20 minutes, Wy'East won a three-game marathon 7-15, 15-5 and 15-11 over the Zig Zag Rollers.

In "A" division action Wuv's won its first game, but that was not enough as they were downed by Mt. Country Realty, 1-15, 15-12 and 15-2.

Godfather's Pizza handed Wuv's a quick 15-1, 15-9 loss, and then won in three games over Mt. Country Realty to grab a tie with that team for the division lead, 15-4, 6-15 and 15-6.

"B" division	
Mt. Hood Cleaners	7 1
Carlson Chevrolet	6 2
Wy'East	6 2
Calamity Jane's	2 6
Welches Faculty	2 6
Zig Zag Rollers	1 7

"A" division	
Godfather's Pizza	8 2
Mt. Country Realty	8 2
Wuv's	3 7
Rippling River Resort	1 9

New aquatic programs set to begin

The Sandy Aquatic Center will be holding recreational swims for senior citizens Mondays through Fridays between Nov. 29 and Dec. 17. These swims will be held from 10:30 (not 10 as was incorrectly reported in last week's Sandy Post) to 11:30 a.m.

Adult lessons will be available on a daily basis from 8:15 to 9:15 a.m. Nov. 29 through Dec. 10.

The pool will be closed Nov. 25 for Thanksgiving. It will open again Nov. 26 from 1 to 4 p.m. for a recreational swim. The regular evening schedule will be continued Nov. 26.

For more information call the Aquatic Center at 668-4400.

Survival class considered at Welches Community School

At anytime of the year the beauty of the mountains can suddenly change into a situation of life or death.

In the winter season the critical nature of the situation is intensified even more with adverse weather conditions. Despite the thousands of persons using the Mt. Hood area for such things as mountain climbing, snowshoeing, downhill and cross-country skiing, most are unprepared

for winter survival.

Realizing this, the Welches Community School is interested in hearing from those who are interested in participating in a class on winter survival.

Reva Cox, coordinator, said if there is enough interest in the community the class will be schedule in the near future.

If interested in taking a winter survival class call 622-3700 or 622-3397.

Ladies Day ski program set

The 1983 Ladies Day Multipor Ski Bowl Program was announced recently by Town and Country Travel, Gresham.

Two sessions are planned. One will begin either Wednesday, Jan. 12 or Thursday, Jan. 13. The other will begin either Wednesday, Feb. 9 or Thursday, Feb. 10.

An "invigorating" outdoor experience on "uncrowded" slopes is proposed. Alpine and cross country packages are offered.

Each session runs for four con-

secutive weeks, and can include four one and one-half hour lessons with no more than eight students per class.

Four intermediate to advanced cross country tours, four all-day lift tickets, four days of rental equipment, lunches and round-trip chartered buses are included.

Buses will pick people up in Portland, Gresham and Sandy. Complimentary coffee and rolls will be offered.

For more information contact Pat Calkins at 668-4685.

Volunteers are needed for Special Winter Olympics

Mt. Hood Meadows and Rippling River have combined forces to host the 1983 Oregon Special Winter Olympics, set for April 8-10, 1983.

Over 250 special olympic athletes are expected to compete in alpine and nordic events during their three days on the mountain.

In its second year of organization, the Oregon Special Winter Olympics has seen "tremendous growth and interest in the past year," according to information provided by Mt. Hood Meadows.

Hundreds of volunteers dedicate time and service throughout the year for special athletic competitions.

If interested in becoming involved with the Oregon Special Winter Olympics, contact the marketing department at Mt. Hood Meadows by calling 337-2222. The Oregon Chapter of the Special Olympics is headed up by a team of "enthusiastic and highly qualified individuals" who organize and provide challenging programs for Oregon's special athletes.



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Min. age 8 weeks (for rabies 4 mos.) Dog rabies recommended every 3 yrs.; all other vaccinations yearly. Veterinarian present. Dogs on LEASHES, cats in BOXES!

EAST PORTLAND Saturday, November 27 Hours: 9:30 a.m. to 11 a.m. Eastport Plaza Parking Area 400 SE 82nd Ave., near main entrance	SANDY AREA Saturday, November 27 Hours 2:30 p.m. to 4:30 p.m. Former parking lot of St. Michaels Church *Mrs. Muff's portion of proceeds donated to Sandy High School Fund
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PAOLA'S PIZZA BARN

Congratulations to:
Jennifer Mann

Jennifer Mann is prep of the week.

The SUHS senior won a gold medal at the National FFA convention in Kansas City recently, putting her in the top 20 out of about 150 competing in the milk quality and dairy foods competition.



Enjoy great pizzas & good times at Paola's!