

Local youngster wins beautiful baby contest

Tiffany Lafen of Sandy recently won the Gresham Most Beautiful Baby Contest, a competition sponsored by the Jayceettes to raise money for a sudden infant death syndrome center at Portland State University.

Lafen, 16 months, is the daughter of William and Laurie Lafen. William is a mechanic and in the police reserve. Laurie is a dental assistant.

Tiffany's picture was also entered in the Oregon Most Beautiful Baby Contest and although she didn't win, she did receive a t-shirt and a \$20 gift certificate.

Laurie learned of the contest through her mother, Joan Forester of Sandy, who heard about it on "AM Northwest."

About 35 participated in the Gresham competition, with the number of contestants divided about equally in the under 1 and 1-3 divisions.

Tiffany won the latter division.

According to Diann George, vice president of the Gresham Jayceettes, about \$2,000 has been raised state-wide for the SIDS Center.

Locally, the contest wasn't as successful as it

could have been. Some Gresham people entered the East Portland competition instead of the local one, according to George, who is hoping

next year's will be more successful. "We learned a lot the first year," she said.

Tiffany has a brother, Michael, almost 3.



Tiffany Lafen

What's Cooking?

Salmon loaf saves money

by SARA SEWELL

The following recipe provides a good budget stretcher and is the best salmon loaf I have ever eaten. With the colorful vegetable-cheese sauce it makes a delicious family or company dinner.

SALMON LOAF WITH VEGETABLE-CHEESE SAUCE

1 (1 lb.) can salmon
1 cup 7-UP
3/4 cup dry bread crumbs
1/2 cup sour cream

Drain salmon. Remove skin and bones. Flake into small pieces. Add remaining ingredients. Mix well. Spoon into a greased 9"x5" loaf pan and pack firmly. Bake at 350° for 50-60 minutes. While salmon loaf is baking prepare sauce.

VEGETABLE-CHEESE SAUCE

2 Tablespoons butter or margarine
2 Tablespoons flour
1 (13 Fl. Oz.) can evaporated milk
1 cup 7-UP
1 cup (1/4 Lb.) shredded cheddar cheese
1/2 teaspoon salt
1 (10 Oz.) pk. mixed vegetables, cooked.

Melt butter. Blend in flour. Stir in evaporated milk and 7-UP. Cook, stirring constantly until thickened. Add cheese. Stir until melted. Stir in salt and well-drained cooked vegetables. Spoon sauce over sliced salmon loaf. Serves 6.—From the files of Millie Richards, Port Ludlow, Washington.

This is good served with cole slaw or a crunchy green salad.

COLE SLAW

Grate cabbage, a little onion, and two or three carrots. Put together with the following dressing. Refrigerate any unused dressing for another time.

COLE SLAW DRESSING

1 (13 Fl. Oz.) can evaporated milk
2/3 cup sugar
Mix together and stir well. Add slowly:
1/4 cup wine vinegar. Salt lightly.
Pepper to taste.

CRUNCHY FRESH VEGETABLE SALAD

Cut into bite-size pieces. Avocado, carrot, broccoli, cauliflower, bean sprouts, green pepper, radish, cucumbers (if desired), and slivered cashew nuts. Pour Kraft Italian or Golden Caesar Dressing over. Toss and

serve. Use your imagination and add other vegetables you have. Tomatoes could be added just before serving. —From the files of Gaylene Frogley, Burnaby, B.C.

HELPFUL HINT FOR BAKING FISH

When baking salmon or white fish, mix 1 Tablespoon dried onion soup mix with 1/2 cup mayonnaise and spread over fish before putting in oven. This removes the fishy taste, provides moisture and gives a delightful flavor. —From the files of Beth McKinnon, Burnaby, B.C.

MARY'S MOULDED SALAD

1 (6 Oz.) pkg. of lime

gelatin
1 (8 Oz.) pkg. cream cheese, softened and cut into pieces.

1 (8 Oz.) can pineapple tidbits, drained, (save juice)

Make the gelatin with 3 cups of liquid, not 4. I use 2 cups of hot water to dissolve gelatin. Measure pineapple juice and add enough cold water to make 1 cup. Stir in. Cool until gelatin just starts to set. Beat gelatin in mixer until it foams, add cream cheese one piece at a time. Beat until cheese is broken into small pieces. Stir in pineapple. Pour into greased mould. Let set for 3 hours in refrigerator. Serves 8. —From the files of Mary Laurie, Burnaby, B.C.

Drama workshop canceled at Welches

The Welches board of education canceled the after-school drama workshop last week due to lack of student participation.

Gary Dietderich, vice principal, said the class, which was being instructed by Eileen Stanley, who teaches sixth grade, had only 11 students. The board had made a recommenda-

tion to cancel any class that did not have an enrollment of a minimum of 15 students to justify the expense.

The students were to have practiced for six weeks and present the play "The Time Machine" sometime before Christmas vacation. The workshop was dropped

from the after-school program after only one week of practice.

The drama workshop was originally to be taught by Jeanine Bolt, who teaches English in grades six through eight. The board, however, refused to hire her, claiming she had inappropriately resigned from a previous contract.

Boldt denied that she did and called the board's actions "vindictive." She claims her role as one of the negotiators for the Welches Education Association influenced the board's decision. The WEA, the teachers bargaining unit, had sought a contract with the district and it took nine months for the two sides to reach an

agreement. Dietderich said he doesn't know whether the low enrollment was due to Bolt not being hired as the instructor for the program. He said originally there were 18 students signed up for the workshop, but seven dropped out. Last year 20 students were enrolled in one drama workshop and 25 participated in another.

No parent, said Dietderich, has told him directly that they were not letting their youngster participate in the workshop due to the board's recent action against Bolt. He said, however, he has heard rumors to that effect.

The after-school drama workshop will be offered again in the middle of January, said Dietderich.

Alderwood hearing postponed

The hearing concerning the Alderwood mobile home subdivision near Brightwood was postponed by the Board of Clackamas County Commissioners due to a lack of notification.

In the past there have been similar notification

problems involving developments in the Cedar Ridge area, and last Wednesday's hearing was no different.

Commissioner Ralph Groener did not want any additional delays concern-

ing the development. He said notification shouldn't have been too big of a problem since the opposition was in attendance with their legal counsel.

He said he wanted the hearing to proceed, and gave both the proponents and opponents a total of 35 minutes to present their cases.

An attorney representing Robert and Deborah Stephens, whose property borders the development site, took issue with the time allotted. Attorney Deanna Darling told Groener that this wouldn't be enough time to even begin to accommodate all the witnesses that were scheduled to testify again at the trailer park.

She said since the Stephens had not received the required notification, as specified by both state

law and Clackamas County ordinance, that the hearing should be postponed.

Groener finally agreed and rescheduled the hearing for Monday, Nov. 22 at 10 a.m. in the commission chambers, 902 Main Street, Oregon City.

Rogers appointed to Welches school board

Verla Rogers of Brightwood has been appointed to fill the vacant position on the Welches board of education.

Dick Hoffman, board chairperson, said that Rogers has a lot of expertise in financial matters, which will assist the other members with the new budgeting process that is being implemented.

A member of the

district's budget committee the past three years, Rodgers was selected unanimously by the board last Thursday over five other candidates seeking a bid for that position.

Ron Worrell, the board member who had to resign his position due to a job transfer, had recommended that she be his replacement.

Flower show set; locals to participate

The "Let's Serenade the Holidays" flower show and bazaar will be held Saturday, Nov. 20 and Sunday, Nov. 21 at the Ventura Park School, 145 S.E. 117 Street, Portland.

Locals from the Sandy Garden Club, the Barlow Trail Junior Club in Sandy, the Boring Garden Club, and the Wildwood Garden Club in Boring, will participate in the Oregon State Federation of Garden Clubs Inc. show.

Preschool has openings

The Mt. Hood Preschool Coop has openings in classes for 3 and 4 year olds.

For more information contact Louise Hoyt at 622-3752.

Any gardeners, including those not in clubs, are invited to participate. All clubs in the state help with work at the Oral Hull Gardens of Enchantment near Sandy.

The "Serenade the Holidays" show will be held from 1 to 9 p.m. Saturday and 10 a.m. to 5 p.m. Sunday.

Admission is \$1.25. Those under 14 get in free.

The judging is to be done by nationally accredited flower show judges.

"Serenade the Holidays" is being hosted by Multnomah District 14.

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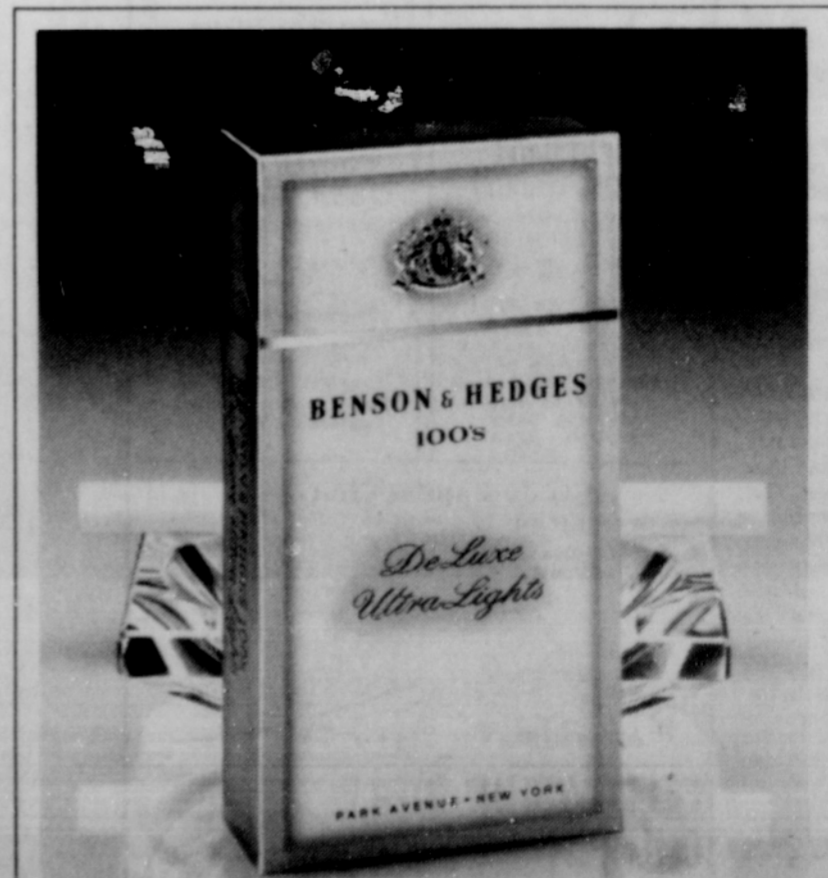
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