



At left: Sam Romey and Brian Reick lead the way at the district cross country meet. Above: Donna Nelson went out with the leaders. Photo by Scott Newton

Reick, Romey bound for state

by SCOTT NEWTON

For SUHS senior Brian Reick, qualifying for the state meet Friday at Clackamas Community College was the realization of a long-term goal.

Reick was sixth at the district cross country meet, running the 5000-meter course in 16:29, a personal record by about 17 seconds.

Reick has a base that's almost beyond belief. As of Tuesday, he'd logged 534 consecutive days of getting in a run. In 1981 he ran 2,205 miles, and he's already run 2,300 this year. By Dec. 31 he figures he'll have run 2,700 miles.

"I'm used to it. It's part of my day," Reick said.

That 4,000-plus mileage also figured into his finish at the district meet. "I was thinking about it before the race, almost 4,000 miles of training just to make it to state," he said. "That's all I ever dreamed of, making it to state. Now that I have, I guess it was all worth it."

The 3.1-mile race didn't start well for Reick. He said his legs were numb. At the one-mile mark he was 15 seconds behind the leaders. He had planned to be with them.

At two and one-half miles he was in 13th place. Only the top six qualify for state.

Reick said, "I knew I had to do something there, so I took off."

Reick, who has participated in track since his freshman year and cross country since his sophomore year, would like to participate in cross country on the college level next year, though he is undecided about which college or what to major in.

A nine-minute 3000 meters, or the school record, is a goal for the spring. As for a goal at the state cross country meet in Eugene this weekend, Reick said, "I don't know what's left. I was never sure I could make it to state."

With a grin, he added, "I'd like to beat Sam once."

Sam, of course, is Sam Romey. He won his second district cross country title Friday, finally winning a good battle with Centennial sophomore Rob Collins.

Romey ran the course in 15:53.4, with Collins three-tenths of a second behind him.

About the race, Romey said, "I enjoyed it."

About the state meet, he said, "I'm still trying for the top 10. I think that's a realistic goal. It's going to be a high one, but it's realistic."

Romey, a junior, finished 29th at the state meet last year. Having been before will be an advantage Saturday, he feels. He said,

"Any other race experience doesn't mean that much, but down at state it's a whole 'nother world."

Both runners feel that going out with the leaders is a key to doing well.

If things went well for Reick and Romey Friday, other Pioneer runners didn't fare as well. Coach Scott McMullen has been pleased with senior Donna Nelson all year, but Friday she finished eighth, in 11:16.4 (3000 meters).

"All that hard work and she would have to get sick before district," he said. Nelson had the flu the day of the race.

Sharon Jensen, who finished 16th at state last year, was 10th in the District 3 meet with a time of 11:22.2.

McMullen had envisioned better finishes from both the girls and boys teams, figuring both had a chance to win the Mt. Hood Conference crown, even if they weren't dual-meet champs. A second-place team finish would have been good for a trip to state.

Instead, Gresham, with 82 points, took the district title. Reynolds had 87, for second. Centennial was third with 95 and Sandy fourth with 97.

For the girls, Centennial was handily first with 33 points. David Douglas had 68 and Sandy was third with 85.

Cindy Pokorny of Centennial won the girls race with a 10:50.2.



George Morgan
Local Representative

SERVICE WE GIVE!

INSURANCE WE SELL . . .

The personal insurance counsel and advice of a local agent is important to you in planning a complete insurance program.

WALRAD

INSURANCE AGENCY

Sandy, Oregon

668-4421

Hwy. 26, Sandy Phone 668-8058



Congratulations to:
Sam Romey

Sam Romey is prep of the week.

The SUHS junior won his second district cross country title Friday, running the 5000-meter course in 15:54. Way to go, Sam!



Enjoy great pizzas & good times at Paolo's!

MERRY CHRISTMAS



What finer Christmas present to your wife or husband, parents, son or daughter, or other relatives or friends than a round trip for 2 to far-away Barbados or Trinidad.

The only "kicker" is that in order to fly away to excitement you must first buy a new Chevrolet (preferably from Carlson Chevrolet) at our low 1982 year end prices and then for only \$175 on several models and for only \$350 on all other 1982 and 1983 models, you'll receive 2 round trip tickets via Eastern Airlines.

Better yet, you can save as much as \$2,000 and more on every 1982 model in our inventory with the 10.9% APR G.M.A.C. financing.

You must purchase or order your Chevrolet by November 15, plus you'll have until 11-15-83 to take your trip of a lifetime. We can even save you 25% on room rates at several Hilton and Princess Hotels.

We have never before been able to offer you such a travel opportunity in addition to such huge financing savings. Please, come listen to our story — it's strictly non-fiction.

PETE CARLSON
SANDY Open Sunday & Evenings
688-4101

NOW EXPANDED CABLE LISTINGS.

TV GUIDE
With Expanded CABLE

"The Blue and the Gray" Civil War Tragedy: When Brother Fought Brother

Local Programs NOV 13 1982

Complete listings for local, network, HBO, Showtime, ESPN, USA, WTBS, ARTS, Nickelodeon, WGN.



TV Guide* and the TV Guide logo are registered trademarks of Triangle Publications, Inc.

TV GUIDE HELPS YOU DECIDE.

Portland

All those channels. All those shows. All those choices. To help you watch the best that's on, pick up the best...TV Guide. On sale now.