

## Delectable Desserts

### EASY ENDINGS TO SPECIAL-OCCASION DINNERS

When entertaining, the last thing a busy host or hostess wants to be concerned with is preparing the proper dessert to end that special meal. For just the right grand finale, try these two impressive but very easy dessert ideas developed in the Betty Crocker Kitchens.

Chocolatey Brownie Walnut Ring Cake can be popped into the oven just as dinner is served. Topped with a scoop of ice cream and a cherry, it's a beautiful ending to any meal.

This Fruit-topped Cheesecake will win approval from everyone, including the cook! Because there's no cream cheese to soften, it's very quick and easy to prepare. A make-ahead dessert, it's topped with a can of favorite fruit pie filling.

#### BROWNIE WALNUT RING CAKE

- 1/3 cup margarine or butter, softened
- 1/4 cup packed brown sugar
- 3/4 cup coarsely chopped walnuts
- 1 package (21.5 ounces) Betty Crocker® fudge brownie mix



Double Winners! These two desserts are an impressive ending to special dinners yet are quick and easy to prepare.

#### FRUIT-TOPPED CHEESECAKE

Heat oven to 350°. Mix margarine and brown sugar. Spread in bottom of ungreased 10-inch ovenproof ring mold; sprinkle with walnuts. Prepare Cake-like Brownies as directed on package. Spoon and spread dough over mixture in mold. Bake 30 to 35 minutes. Run knife around edge of mold to loosen; immediately invert on heatproof serving plate. Remove mold. Serve warm with ice cream and garnish with maraschino cherries if desired.

Graham Cracker Crust (below) 1 cup dairy sour cream  
1 package Betty Crocker 2 eggs  
cream cheese & nuts 1 can (21 ounces) fruit  
frosting mix pie filling

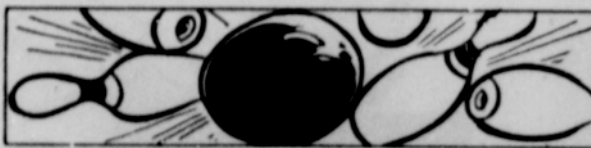
Heat oven to 350°. Bake Graham Cracker Crust; cool. Beat frosting mix, sour cream and eggs in large bowl on low speed until moistened. Beat on high speed until smooth and fluffy, 1 minute. Spread over crust. Bake until set, 30 to 35 minutes; cool. Spread pie filling over cheesecake. Cover and refrigerate at least 4 hours. Refrigerate any remaining cheesecake. 16 to 18 servings.

**Graham Cracker Crust:** Mix 1 1/4 cups graham cracker crumbs (about 16 squares), 2 tablespoons sugar and 1/4 cup margarine or butter, melted. Press firmly and evenly in bottom of ungreased square pan, 9x9x2 inches. Bake 10 minutes.

## IT'S A FACT!

According to data from the U.S. Department of Agriculture, a bowl of vegetable soup has more vitamin A than two heads of lettuce, 12 ears of corn, or four tomatoes. A bowl of chicken noodle soup has more protein and thiamin than peanut butter, or rye bread.

Experts from leading universities have recently confirmed what many people suspected all along—nutrition-wise, soup is super. In fact, some soups have more nutrients per calorie than other good foods you think are very nutritious. According to information appearing in a series of messages from Campbell's Soup in Reader's Digest, soup has been proven to be one of the most nourishing and easily digestible foods you can eat. It's been called the wholesome food that satisfies your appetite and your spirit.



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## Camper cuts cost of family travel

You say the family budget's so strained you can hardly afford a trip to the grocery, let alone a real vacation? You might be surprised at the travel you could afford with a fold-down camper.

Today there are campers so lightweight they can be towed by subcompact cars; campers so inexpensive that, with conventional financing, you can have one for \$58 a month.

Now, imagine yourself on the road. Time to eat? Drive past that restaurant to a scenic roadside area. Most campers have built-in ice boxes and ranges, so you can fix a tasty meal fast—and cheap. No more expensive than eating at home, but a lot more fun.

Bedtime? Forget about motel reservations and room rates. A lovely campsite will cost you just a few dollars rental, and you'll have the pleasure of sleeping under the stars as well as meeting other camping families.

The economics of traveling with car and camper were substantiated recently during a cross-country cost comparison sponsored by the United States Auto Club. A family of four traveled from Los Angeles to Indianapolis in a 1977 six-cylinder automobile staying in motels and eating out.

In Indianapolis, they picked up a Starflyer camper made by Starcraft R. V. On the return

trip west, they stayed in campgrounds and cooked in the great outdoors.

The results? The cost of cooking their own meals and staying in campsites was less than half the motel/restaurant costs. They also found that towing the camper barely increased their car's gas consumption. The additional gas cost 1.3 cents per mile, only

\$32.34 over 2,487 miles driven.

The kind of camper you want depends on your family's size, resources and your car's towing ability. If you are a first-time camper, it's best to look for a model made by an established camper company. You'll be able to get experienced advice and good service wherever you travel.

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