

Senior Center News

Interpretive readings to entertain

The Sandy Golden Age Club would like to invite members and guests to a noon potluck at the Sandy Senior Center today.

Participants are asked to bring an appropriate dish and their own table service for this event. A musical program will follow the meal at approximately 1 p.m.

Zara Richey will be the center's featured guest speaker Friday at 12:30 p.m. She will entertain Loaves and Fishes par-

ticipants with several humorous interpretive readings.

The Sandy center will sponsor a Men's Breakfast preceding the 9 a.m. meeting of the Sandy Senior Center Advisory Committee this Tuesday, March 16.

The breakfast, featuring homemade biscuits, eggs and sausage, will begin at 7:30 p.m. followed by a presentation by C.W. Post who will discuss the ins and outs of log cabin construc-

tion. A Travel Fair will be held at the senior center next Thursday, March 18, from 1 to 2 p.m. Coordinated through Sandy Travel, the fair will provide information on a variety of excursion packages of particular interest to seniors.

For more information about services and programs, call the center at 668-5569.

Activities for the Week of March 11 to March 18

THURSDAY, MARCH 11
9 a.m.: Exercise class
10 a.m.: Humanities class
Noon: Golden Age Club potluck

FRIDAY, MARCH 12
Noon: Loaves and Fishes
12:30 p.m.: Readings by Zara Richey
7:30 p.m.: Community

Card Night
MONDAY, MARCH 15
9:30 a.m.: Exercise class and therapy pool
Noon: Loaves and Fishes
1 p.m.: Cards

TUESDAY, MARCH 16
7:30 a.m.: Men's Breakfast: Guest speaker, C.W. Post
9 a.m.: Sandy Senior Center Advisory Committee
Noon: Loaves and Fishes
1 p.m.: Blood pressure clinic
1 p.m.: Ceramics

WEDNESDAY, MARCH 17
9:30 a.m.: Income tax assistance by appointment
9:30 a.m.: Arts and crafts
Noon: Loaves and Fishes

THURSDAY, MARCH 18
9 a.m.: Exercise class
10 a.m.: Humanities class
Noon: Loaves and Fishes
1 p.m.: Travel fair

Tax measure would enrich street funds

A plan that could bring an additional \$20,000 into Sandy's road maintenance funds was recently announced at a joint meeting of Clackamas County Commissioners, mayors and city managers.

John McIntyre, road engineer in charge of the County's Environmental Services Department, explained to representatives of 10 cities the proposed statewide ballot measure to increase the state tax on trucks and on gasoline.

Voter approval of Measure 4 on the May

primary ballot would mean more than \$2 million per year in additional funds for repair of county and city roads, McIntyre said.

Added revenue, based on population, for Sandy would be \$20,939. The range among county cities would be \$783 for Barlow to a high of \$165,368 for Lake Oswego.

Ballot Measure 4 would raise truck highway taxes and the state gas tax with the revenue used for repair and construction of state, county and city streets.

Scouts honor Eagles

Boy Scout Troop 662 has held several Honor Courts during the past few months recognizing six Scouts who have earned the rank of Eagle.

Troop members who have recently received the honor are Ron Armstrong, Locke Christman, Bob Mohr, David Armstrong, Todd Plaster and Doug Armstrong.

Troop 662, sponsored by the Sandy Kiwanis Club and chartered in 1968, has had 22 Scouts attain the Eagle rank. Less than 3

percent of all boys who join Scouting ever reach the Eagle rank.

Two reached the rank and still remain active in the troop as assistant scoutmasters are John Nederhiser and Dale Rasmussen.

They assist Dan LeBrun, sixth grade teacher at Firwood School, who is scoutmaster for the troop's more than 40 registered members. He has held the position since 1970 helping many boys with their climb toward Eagle.

Jubilee sets speaker on beating depression

"Up the Down Staircase" is the theme of the March 15 Jubilee.

Bobbi Wold will speak about depression. She is the mother of seven children and knows first-hand the pressures of raising children and maintaining a

happy home life. She also counsels with people from all walks of life.

Jubilee meets at 7:30 p.m. this Monday at Living Way Fellowship on Strauss Avenue, across from Sandy Elementary School.

Fomentation discussion set

Hot fomentations and their application will be presented by the Adventist Community Education Service during the next two Sundays at the Sandy Adventist Center.

The classes, March 14 and 21, at 7 p.m. will demonstrate the principal use of fomentations which are applications of moist heat to treat pains and injuries.

Instructions on how to wring hot water from the cloths and the proper way to apply them to the patient

will be given. Among drugless methods used in the treatment of disease, the use of water is considered the most important because it may be applied hot or cold.

Many illnesses may be treated by fomentations at home because treatment requires little and very simple equipment.

There will be a \$2 fee. This is the first of three hydrotherapy classes conducted by the Adventist Community Education Services.

Adventists hosts stress class

Why let stress kill you? The Adventist Community Education Service is offering a 10-day Stress Control Clinic beginning this Tuesday, March 16, at 7 p.m. at the Sandy Adventist Community Center.

Latest research indicates stress is the catalyst in many of the most dramatic killers of the time.

The stress clinic is designed to help par-

ticipants evaluate their lives, identify personal sources of stress and become more effective in dealing with daily stresses.

The clinic introduces the dynamics for resolving sources of stress at the mental, physical or spiritual origins and outlines a program of lifestyle alterations which allows participants to live longer and better.

At PGE facilities

Campsite reservations ready

For Sandy area residents who enjoy the out-of-doors, it's time to make reservations for campsites and group picnic areas operated by Portland General Electric.

Some 700,000 persons visited PGE's parks during the 1981 season.

The parks open for the 1982 season April 23, coinciding with the opening of fishing season. They close in mid-September.

Roslyn Lake Park is three and one-half miles north of Sandy on the shore of Roslyn Lake, the forebay for PGE's Bull Run hydroelectric project. Five picnic areas and two cooking shelters are available for group use.

A small concession stand at the park has canoes and non-motorized rowboats available for rent. Fishing is permitted at the lake year-round.

There is a small charge for use of group facilities at the park and

a parking fee of \$1 per car.

Fifty-nine campsites are available at PGE's Promontory Park, seven miles east of Estacada on the Clackamas River. Campsites are available for \$3 per night Sunday through Thursday and \$4 on Fridays, Saturdays and holidays.

A special feature for children at the park is Small Fry Lake, a one-acre fishing area stocked with trout.

Campsites are also available at Pelton Park on the shore of Lake Simtustus above Pelton Dam on the Deschutes River. The lake borders the Warm Springs Indian Reservation.

The 80 campsites at Pelton are \$4 per night Sunday through Thursday and \$5 per night Fridays, Saturdays and holidays.

Facilities at Promontory and Pelton Parks include boat launching ramps, moorage spaces,

barbecue boxes, electric stoves, restrooms, showers and drinking water.

Stores at both parks offer food, fishing supplies and boat rentals. Pelton park's store carries special fishing permits required for Lake Simtustus.

Advance reservations for campsites require for a fee of \$1 payable upon arrival at the camps.

Further from home, the 75-acre Trojan recreation area borders a man-made lake adjacent to the Trojan Nuclear Plant near Rainier. Facilities include 12 picnic shelters, playground and a biking-hiking trail.

There is charge for group facilities and parking at Trojan.

Persons interested in reserving group picnic areas at Roslyn Lake Park or the Trojan Recreation area or campsites at Promontory Park or Pelton Park should contact PGE at 226-8503.

THE SABBATH



Listen I Am Coming Soon

32. All the holy prophets kept the seventh day.
33. When the Son of God came, He kept the seventh day all His life. (Luke 4:16; John 15:10.) Thus He followed His Father's example at creation. Shall we not be safe in following the example of both the Father and the Son?
34. The seventh day is the LORD'S DAY. (see Rev. 1:10; Mark 2:28; Isaiah 58:13; Ex. 20:10)
35. Jesus was LORD of the SABBATH (Mark 2:28), that is to love and protect it, as the husband is the lord of the wife, to love and cherish her. 1 Peter 3:6.
36. He vindicated the Sabbath as a merciful institution designed for man's good (Mark 2:23-28)
37. Instead of abolishing the Sabbath, He carefully taught how it should be observed. (Matt. 12:1-13.)
38. He taught His disciples that they should do nothing upon the Sabbath day but what was "LAWFUL." (Matt. 12:12)
39. He instructed His apostles that the Sabbath should be prayerfully regarded forty years after His resurrection. (Matt. 24:20)
40. The pious women who had been with Jesus carefully kept the seventh day after His death (Luke 23:56)
41. Thirty years after Christ's resurrection, the Holy Spirit expressly calls it the "SABBATH DAY." (Acts 13:14)
42. Paul, the apostle to the Gentiles, called it the "Sabbath day" in A.D. 45. (Acts 13:27) Did not Paul know? Or shall we believe modern teachers, who affirm that it ceased to be the Sabbath at the resurrection of Christ?

To Be Continued....

Sandy Seventh-day Adventist Church

P.O. Box 519, Sandy, OR 97055

If you would like more information on this subject, Mail in this COUPON:

Name: _____

Address: _____

City _____ State _____ Zip _____

Los Amigos now is open at 4 p.m. with specials for all Early-Birds!

OPEN Tuesday through Thursday 4-9 p.m. Open Friday & Saturday 4-10 p.m. Open Sunday 4-8 p.m. Reservations suggested.

CLIP AND SAVE

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(Good thru March 31, 1982.)

One coupon per purchase

COUPON

46881 SE Hwy 26 — 4 mi. east of Sandy. 668-5444

PUBLIC NOTICE OF FILING OF OREGON ELECTRIC RATE INCREASE APPLICATION

On February 23, 1982, Portland General Electric Company filed a request for a two-phase rate increase with the Oregon Public Utility Commissioner.

The residential rate request is for a 7 percent interim increase while the PUC studies the need for an additional residential increase of 5.1 percent. Rates for commercial and industrial customers would increase 8.9 percent on an interim basis with an additional 5.5 percent reviewed by the PUC. If the PUC approves the proposal as filed, the Company's revenues will increase approximately \$69.9 million.

For residential customers using 1000 kilowatt-hours a month, the interim request would increase the monthly bill by \$2.30. An additional 6¢ per month would be added to the bill if the full request is granted.

Reasons for having to request this increase in electric rates.

The Company, like everyone else, is faced with ever-rising costs during this inflationary period. The materials, equipment, and supplies necessary to provide electric service to increasing numbers of customers continue to be more expensive. The costs of expanding and maintaining a dependable transmission and distribution system; of owning and operating needed thermal generating facilities, and of conforming to ever-increasing regulatory and environmental requirements — all have increased.

Other Information

The purpose of this notice is to provide customers of the Company with general information as to the proposals made by the Company and their affect on customers. The calculations and statements contained in this notice will not be binding on the Public Utility Commissioner of Oregon.

Copies of the Company's proposed rates and exhibits are available for inspection at PGE's business offices. Company personnel will be available to answer questions or assist in finding particular information.

If you wish to receive other information or notice of the time of any additional public hearings, if scheduled, a special toll-free number, 1-800-452-7813, has been established by the PUC of Oregon. Ask for the Customer Assistance Division of the office of the Public Utility Commissioner. Also, you may write to the Public Utility Commissioner of Oregon, 300 Labor & Industries Building, Salem, Oregon 97310.

For your convenience, the Company's business addresses and telephone numbers are listed below:

Portland General Electric Co.

Portland Customer Services Department 121 S.W. Salmon St. Portland, Oregon 97204 228-6322	Newberg 305 N. Springbrook Rd. Newberg, Oregon 97005 538-3151
Salem 136 High St., S.E. Salem, Oregon 97301 585-4410	Banks, Gaston Areas 648-8573
Sheridan 215 S. Bridge St. Sheridan, Oregon 97378 843-2324	St. Helens 1771 Columbia Blvd. St. Helens, Oregon 97051 397-1133
Silverton 110 S. 2nd St. Silverton, Oregon 97381 873-8381	Rainier 108 East "B" St. Rainier, Oregon 97048 556-4561
Woodburn 2079 Progress Way Woodburn, Oregon 97071 981-3271	Gresham 335 N.E. Roberts Ave. Gresham, Oregon 97030 661-5000
Western Division (East Washington County) 14655 S.W. Old Scholls Ferry Rd. Beaverton, Oregon 97007 643-5454	Sandy 38250 Pioneer Blvd. Sandy, Oregon 97055 668-4158
Hillsboro 171 S.E. 2nd Ave. Hillsboro, Oregon 97123 643-5454	Oregon City 209 Warner Milne Rd. Oregon City, Oregon 97045 655-6321
	Molalla 102 E. Main St. Molalla, Oregon 97038 829-5551

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Multnomah County	\$10.00
Elsewhere in Oregon	\$11.50
In Northwest and Pacific Coast States Outside Oregon per year	\$14.00
Outside Northwest and Pacific Coast States per year	\$17.00