

Beef, chicken casserole recipes offered

By SARA SEWELL

BEEF CASSEROLE
2 lbs. ground beef
1 qt. tomatoes
1 pkg. chili mix
1 box yellow or brown rice
1 can cheddar cheese soup
½ cup milk
½ cup chopped onions

½ cup chopped olives (or green pepper)
½ cup grated cheese
½ cup Fritos, crushed
Cook meat until brown, add salt, onions, chili mix and tomatoes. Simmer until dry.
Prepare rice as directed on box. Heat soup and mix with milk. Spread one-half meat in casserole. Add all of

rice, then remaining meat. Pour soup and milk mixture over this. Add olives and grated cheese. Sprinkle crushed Fritos on top.

Bake at 375 degrees for 30 minutes.

This makes enough for one casserole to bake and one to freeze for later.

Each will serve 6. —From the files of Myrtle Wolf, Gadsden, Alabama. This is a very tasty dish.

CHICKEN CASSEROLE
6-8 chicken breasts or stewing pieces from 3 chickens
1 carton sour cream
2 teaspoons poppy seed
2 cans cream of chicken soup

1 pkg. Ritz crackers (3 pkg. box)
1½ sticks margarine
Cook chicken, cut off bones into pieces. Put in 7x11" buttered dish. Mix soup and sour cream, pour over chicken. Crush crackers and combine with poppy seed. Sprinkle over soup mixture. Melt margarine and pour over top. Cook 30 to 40 minutes at 350 until bubbly. Serves 6-8. —From the files of

Mrs. Lera Jenkins, Talladega County, Ala. This was a first prize winner in the 1975 Farm Bureau Cooking Contest.

PINEAPPLE CRANBERRY SQUARES
2 (3 oz.) pkgs. raspberry gelatin
1½ cups boiling water
1 (1 lb. 4 oz.) can crushed pineapple, undrained
1 pound can whole cranberry sauce
¾ cup port wine
1 cup chopped pecans
1 (8 oz.) cream cheese
1 cup dairy sour cream
Crisp salad greens
Dissolve gelatin in boiling water. Stir in undrained pineapple, cranberry sauce and wine. Chill until mixture thickens slightly. Fold in pecans and turn into a 9x9x2" square pan. Chill until firm. When gelatin is set, soften cheese and

gradually beat in sour cream until mixture is smooth. Spread over gelatin; chill. When ready to serve, cut into squares and arrange on crisp salad greens. Serves 9. —From the files of Mrs. Madge Taylor, Madison County, Alabama, another prize winning recipe!

CHERRY FRUIT SWIRL COFFEE CAKE
1½ cups sugar
½ cup margarine
½ cup shortening
1 teaspoon vanilla
1 can prepared cherry pie filling
1 teaspoon almond flavoring
4 eggs
3 cups all-purpose flour
1½ teaspoons baking powder
Cream margarine, shortening, sugar, vanilla and almond flavoring. Add eggs one at a time. Stir in

flour sifted with baking powder. Put two-thirds of batter on greased cookie sheet. Spread on cherry filling. Then drop the remainder of batter by teaspoon over cherry filling. Bake at 350 degrees for 45 minutes. Dribble frosting while warm. Cut in squares.

Frosting: Use about 1 cup sifted confectioner's sugar, 1 teaspoon melted margarine and a little warm water, stir, dribble over top. This cake can be baked in 10 in. round pie pan with high sides. Serves 6-8. —From the files of Mrs. Vera Avera, Baldwin Co., Alabama.

Moss indicates a problem

Lawn grass doesn't grow much during the winter, and that gives moss an excellent opportunity to become established in home lawns, especially in western Oregon.

"A significant growth of moss in a lawn indicates that something is preventing the grass from growing in a normal, vigorous

manner," says Ray McNeilan, Oregon State University extension home gardening agent.

The primary causes of lawn moss are poorly drained or compacted soils, extremely acid soils, lack of fertility, incorrect watering, too much shade, grass diseases or any combination of these.

According to McNeilan, now isn't the time of year to try to control lawn moss. However, if moss is a problem in your lawn, McNeilan suggests finding out what caused it to grow in the first place.

Any type of moss control will be only temporary or incomplete unless the basic fault is corrected.

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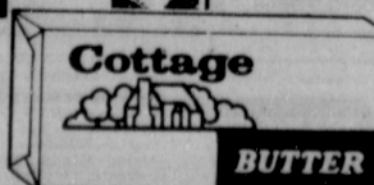
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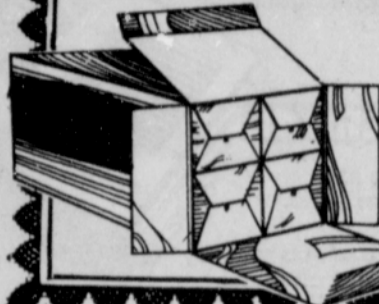
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