

# \$8,000 bus schedule change tabled at Boring

by GWEN BOGH  
Post Correspondent

The Boring School Board tabled a proposed change in the school bus schedule last week, which was to help offset a projected \$40,000 budget deficit.

The savings from eliminating the primary bus run would be approximately \$8,000, according to Joe Taylor, superintendent.

A meeting of staff members, including Tina Hinchliff, Jan Speciale, Ron Welsh, Isabell Sullivan, Principal Jerry Prickett and Taylor, held prior to the board meeting, made recommendations regarding the schedule changes that would be needed if the primary bus run was eliminated.

The proposed school hours in the Middle School would be 8:35 a.m. to 2:45 p.m., and 8:45 a.m. to 2:30 p.m. at Naas School.

An eight-period day was recommended over a change to a seven-period day.

Concern was voiced over the unstructured twenty to thirty minutes per day the students would have. One parent, addressing the issue of how much time the students would have at school but not in class, said, "It could be bedlam."

The parents were told, however,

that the students would be adequately supervised during the extra time they might have from arriving early, or with added lunch or break time due to the change in schedule.

Parents also expressed concern about overcrowding on the buses. PTA President Connie Reynolds said, "What are you going to do when you have extra children on them?"

Clair Reynolds, her husband, said, "How do we make sure we don't get into a liability suit by overloading the buses?"

Taylor said there would be no overloading. The buses seat 67-72 passengers. Normally, Boring School buses carry 60-65 children, according to Taylor.

Parents also voiced concern over the discipline on school buses. One parent, Shirley Gaare, who lives a half a mile from the bus stop, said, "I can hear the bus coming."

If the bus schedule is changed to drop the primary run, the younger children will be riding with the older ones.

Parents said that the older students tend to harass the younger ones.

Board Chairman Gale Meier asked for comments from the attending bus drivers.

Doug Telford, a bus driver, said, "It's the responsibility of the bus

driver to discipline." He said he grabs a disobeying child and physically puts them in their seat when there is a confrontation.

About the change in the bus schedule, Meier said, "Maybe it's not wise to implement this."

It was brought up that if the children are at school longer than normal, it would be tiring for them.

Jackie Anderson, parent of two at Boring Middle School, said, "I know

the younger kids couldn't handle it." Taylor said, "Kids could sleep on the bus."

He added, "How important is it to save that money?"

Citing a questionnaire, which 188 parents responded to, Taylor said, "The idea of cutting the primary (bus) run was favorable."

He added that the longer it takes to make a decision, the more they decrease the savings involved.

Connie Reynolds said the questionnaire did not adequately define the areas in which the budget would be cut.

"We need more definition under categories," she said.

The questionnaire allowed parents to list district expenses in order of priority. Parents ranked each program from least important to most important. Dollar amounts were not given.

It was agreed that the board would delay making any decisions in order to collect more detailed information on the proposed budget cuts. Board Member Stu McKenzie said, "We need a complete analysis of how the buses are run."

Review of the budget and proposed cutbacks will take place at the next board meeting, scheduled for Feb. 9 at 8 p.m.

## Water board issues hydro study permit

by MICHAEL P. JONES  
Post Correspondent

A study permit has been issued by the State Water Policy Review Board on a mini-hydroelectric project proposed for South Boulder Creek in the Brightwood area.

In a hearing in Salem on Jan. 22 the board adopted the recommendation made by the staff of the State Water Resources Department to approve of the hydro study proposed by Steven Sweitzer of Wemme.

Tom Kline, a staff person assigned to the board, said that the permit was granted under certain conditions, which request that the developer provide specific information concerning the project.

He said that he feels the conditions adequately reflect the public's concern, raised in a number of hearings held this past summer.

Kline said that before the final license is granted to the developer, that the information concerning the project would have to be "pretty specific."

The final application would be more involved and there will be hearings held for public input.

The board requested that the following concerns be addressed dur-

ing the course of the study: availability of water that can be used to generate power; measures to minimize or reduce the negative impact on fish and wildlife; the acquisition of the necessary permits from both the Bureau of Land Management and Clackamas County; design measures and operational procedures to insure structural integrity and structural dependability of the project; ways to minimize erosion due to construction; and demonstrate economic feasibility.

Corinne Sherton, an attorney who specializes in water rights and policy, and is representing the Mountain Area Corridor Citizens, who oppose the project, said that she isn't surprised over the action of the board.

Sherton, who was present at the Jan. 22 hearing, said that Ellen Lowe, board member who conducted the public hearings, told the rest of the members that she has reservations about the project. Sherton said Lowe has "serious doubts that the project would ever be feasible."

Sweitzer will have two years to conduct a study on South Boulder Creek. The state could allow him a one-year extension if needed.

## Hoodland Happenings

### DES to hold hearings on Ziz Zag Village

THURSDAY, FEB. 4

A senior citizens lunch, sponsored by Loaves and Fishes, will be served at 11:30 a.m. at the Welches School library. Transportation and further information is available by calling Maxine Worley at the Senior Center, 622-3331.

A CPO (Community Planning Organization) organizational meeting will be held this evening beginning at 7:30 at the Welches new school multi-purpose room. John McMahan will chair the meeting which has election of board of directors for the CPO on tonight's agenda.

MONDAY, FEB. 8

A senior citizens lunch, sponsored by Loaves and Fishes, will be served at 11:30 a.m. at the Welches School library.

"Navajo Weavings" will be the subject of this evening's Wy'East Artisan's Guild meeting at the "old" library in Welches School. Audrey Moore of the Damascus Pioneer Craft School will be the guest speaker and will present a slide show on old and new Navajo weavings. Social hour for the group begins at 6:30 with the business meeting at 7 p.m., and the program starting at 7:30 p.m. Refreshments will be served. For additional information call Phid Simmons at 622-4331.

TUESDAY, FEB. 9

The senior citizens monthly potluck luncheon will be held today beginning at noon at the Hoodland Women's Club. Members of the Hoodland Women's Club will be preparing ham as their featured dish. Call Maxine Worley at the senior center for additional information or to arrange transportation to the luncheon.

Welches Community School will hold their registration for winter

term classes at the Hoodland Women's Club on Salmon River Road from 11 a.m. to 1 p.m. The public may also register for these classes this evening from 7 to 8:30 at Welches School. Call Reva Cox at 622-3397 for details or to register.

Tonight at 7:30 in Welches School, the Welches Baseball and Softball Association will be accepting names at their formal sign-up for boys and girls desiring to be placed on a baseball or softball team.

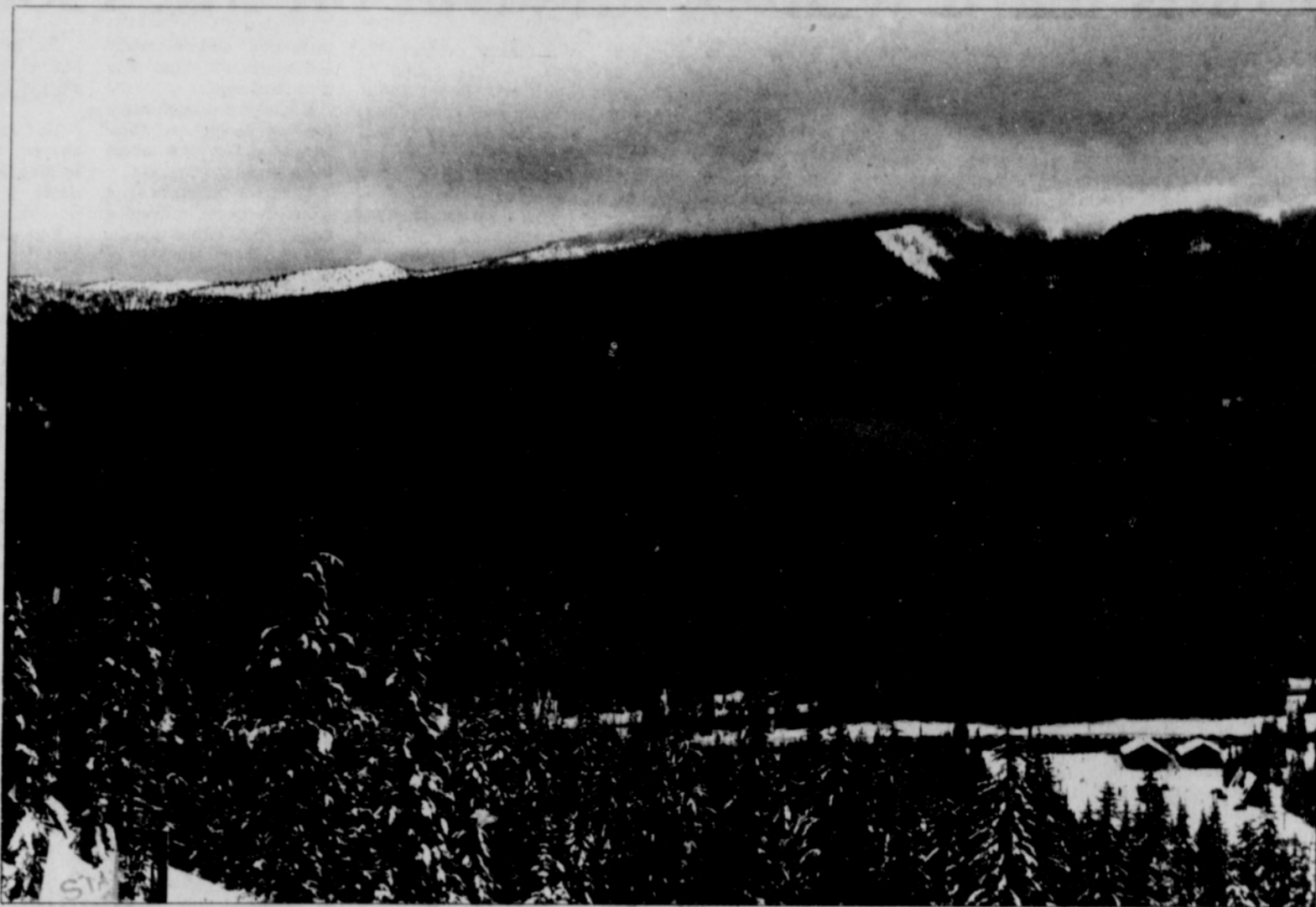
WEDNESDAY, FEB. 10

Welches Community School Tiny-tots group meets from 10 a.m. to noon. Call Carol Smith, 622-4852, for information and meeting location.

The Clackamas County Department of Environmental Services will hold a public hearing this morning at 9 a.m. concerning development at Zig Zag Village on Lolo Pass Road. The proposal is to modify the already approved preliminary plat to allow construction of a private drive which is to serve the cluster homes portion of the plat, and to be constructed in a location different from that previously approved. The new location proposed is on both sides of Lolo Pass Road, at the end of Snow Cap Way, South Loop and Village Loop Road.

The Welches School PTA will meet this evening in the old school library beginning at 7:30 p.m. Guest speaker for this evening's program will be Ruth Coleman, a third grade teacher from Victoria, B.C. Included in the program will be a drama presentation by Ms. Boldt's class. A short business meeting will follow the evening's program. Refreshments will be served. Call 622-3538 for more information.

To place an event in the "Hoodland Happenings," contact Dawn Morrison at 622-3538.



Although the clouds hovered over Mt. Hood a good part of Saturday last week, the sun did break through in the lower elevations. The Multitpor Ski Lodge is in the lower right-hand corner.

Staff photo

## House fire near Alder Creek extensive

### Hoodland chief rescues Morris the cat

by MICHAEL P. JONES  
Post Correspondent

Chimney fires and flooded basements kept the Hoodland Rural Fire Department scurrying the past two weeks.

On Jan. 22 at 8 a.m. a jack-knifed truck-trailer on Highway 26 near the east end of Brightwood Loop kept the department occupied. The accident blocked traffic, causing minor problems for motorists.

Later, the department responded to a broken water pipe inside a home on Road 20 in Rhododendron.

On Jan. 22 at 9:40 p.m. the third chimney fire struck a residence on Closer Lane in Rhododendron. Armintrout said that the fire in the stove pipe was so intense that it set fire to the surrounding ceiling. A

four-by-four-foot section of ceiling was removed by fire crews in order to extinguish the fire. Damage is estimated to be about \$500.

Saturday, Jan. 23, as heavy rains and melting snow flooded residential property, the department assisted seven residents with water problems by pumping out basements.

On Monday, Jan. 25, at 7:59 a.m., a chimney fire broke out in a house on Wildflower Lane in Brightwood. A quick response from the department prevented damage to the structure.

Later that evening at 9:30 p.m. the department conducted a public assist, rescuing "Morris the Cat." The successful rescue was conducted by Chief Don Armintrout, who climbed a tall tree on the property of the Kishner family on Rutledge Lane just off Welches Road.

On Tuesday, Jan. 26, the fire department responded to a chimney fire on East Highway 26 near Alder Creek at 9 a.m. Armintrout said that the fire was contained and that no damage was done to the structure.

On Jan. 28 the department was called to the Hoodland Park Pharmacy at the Hoodland Shopping Center in Welches at 4:40 p.m. due to smoke in the building. When firefighters arrived they discovered an overheated bearing in the furnace to be the cause. According to Assistant Fire Chief Lane Wintermute, no fire had broken out but the unit was extremely hot.

Crew members cleared smoke from the building with smoke ejectors (large fans).

A house fire near Alder Creek sent 25 firefighters, two engines, two

tankers and a rescue unit scurrying down to Hummingbird Place at 11:14 a.m.

Firefighters fought the blaze for a couple of hours. The structure was heavily damaged and the cause is still under investigation. No further information could be released.

On Jan. 29, at 6:58 p.m., a fire broke out at the Edelwiess Condominiums in Government Camp. Seventeen firefighters, three engines and a rescue unit were at the scene. The cause of this blaze also has not been made public.

A non-injury auto accident in Zigzag on Highway 26 caused minor damage to two vehicles on Jan. 30.

On Jan. 31, two more chimney fires broke out in the area.

## Medical advice

### Measures can be taken to prevent cancer

Cancer is the second leading killer in America (heart disease being first). If there were measures that could be taken now to prevent cancer, these would be welcome facts. Well, there are.

Cancer is no longer seen as the inevitable consequence of aging, but the result of our lifestyle, environment and diet.

New studies show cancer-causing factors in our individual lives can be neutralized, reversed or removed, actually lessening chances for this dreaded disease.

Obese individuals have been shown to have higher incidences of cancer involving the uterus, kidney and breast. This is a good starting point for any conscientious person seriously considering this article—weight reduction.

Studies show the amount of animal fat we consume increases the risk of oncogenesis, that is, cancer development. This includes the organs of breast, ovaries, colon and blood.

Why? The population of intestinal bacteria change, causing bile acids to change to carcinogens. Hormone changes involving prolactinestrogen ratios occur affecting the breast and ovaries. Low animal fat meals involving chicken and fish, etc., should replace less leaner fatty meats. Limit one third of your total calories per day to this type of low fat protein.

Fiberbulk has been much in the news as of late. Touted as a treatment for many ailments, it definitely has been shown to protect against bowel cancer.



by Dr. Paul Guilleux

This results from its ability to retain water, as a consequence reducing the concentrations of fatty and bile acids. Fatty and bile acids which result from and are involved in the normal digestive process are carcinogenic in the fecal matter. Fiber also changes bacterial populations and bind bile acids preventing colon cancer.

Fruits and vegetables. Reading the medical journals, one could wonder how far astray investigators had gone when they reported people who eat cabbage have less cancer. But support has been forthcoming that not only cabbage but brussels sprouts, broccoli, spinach, dill and

celery have a protective action. Citrus fruits do as well. Both groups seem to protect individual cells from turning cancerous.

Alcohol is not itself carcinogenic, but wait, don't pop open the bottle yet. Alcohol intake in conjunction with smoking and poor nutrition lead to increased cancer rates of the mouth, throat, liver and stomach.

Food additives have been much in the news. The trade-off of safety for convenience by the Food and Drug Administration and bottling companies has once again added the proven carcinogen saccharin to the market place. The recommendation on saccharin at this present time is that pregnant women are not to use it because of its cancer causing properties and resulting effect on the fetus. The rational deduction is why then is it available to you and me?

Several other additives proven to be cancer causing have been removed from the market over the years.

Nitrites found in cured meats and bacon break down into nitrosamines that have been postulated to cause stomach cancer. Yet nitrites have not been banned by the F.D.A., only their "acceptable" levels have been reduced.

Vitamins and minerals. Megadose vitamin therapy as preventative or curative of cancer is unwarranted at present.

With that broad statement out of the way, there are some vitamins that have helped to prevent cancer in specific areas. Vitamin A is perhaps the most promising. Its deficiency in

the diet promotes cancer of the lungs and cervix. So it is particularly important for smokers of both sexes and asbestos workers to take adequate Vitamin A. Careful dosing is needed to prevent serious toxic effects such as headaches and liver damage.

Vitamin C inhibits nitrosamine production, mentioned above. It is beneficial in preventing stomach cancer. There is no other proof Vitamin C helps to prevent any other cancers at this time.

Vitamin B (Riboflavin) has been shown to increase, not decrease, tumor growth. Feeding this vitamin to deficient animals sped up tumor growth.

Laetrile possibly should have headed up this article because of the extent of misdirected hope cancer victims have placed in it. Also called B1, and amygdalin, cancer treatment charlatans and "metabolic therapists" have preyed on the despair of the cancer patient through its use. The lives of some, the fortunes of many have been wasted through the use of this drug. The prestigious New England Journal of Medicine reported this last month of a study done on 178 cancer patients. All were treated with laetrile; 85 percent died, none improved over the time of the study. The average survival was five months. Laetrile is not justified in the treatment of cancer patients anymore.

(NOTE: Dr. Guilleux will answer medical questions addressed to the Sandy Post, PO Box 68, Sandy, Or 97055)