

Snow play requires caution, preparation, consideration

Snow play. You won't find a definition in Webster's, but the Forest Service says it means tubing, sledding, or sliding down snow covered slopes just for the fun of it.

Snow play in the Mount Hood National Forest is a popular and growing activity. Like other winter sports activities, snow play requires some degree of preparation, caution and consideration by the recreationist.

To be properly prepared, snow players must know how to dress, what kind of equipment to use, and where to go. The key thing to remember about clothing is that you are going to get wet and cold.

So dress for it. Dress in layers and utilize wool clothing. Wool retains much of its insulation qualities when wet.

Avoid cotton outer garments. Cotton tends to absorb moisture and lose its ability to keep you warm. Snowmobile suits and other insulated, water resistant garments are ideal for snow players.

Warm gloves and a hat are also a must. And, don't forget your feet. Street shoes, running shoes or high fashion boots are next to worthless in the snow. Wear insulated or waterproof boots with wool socks. Pack along a dry change of clothes for the trip home.

As far as equipment goes, people have used everything from cardboard boxes to eight-person toboggans to slide down hills. There is a wide variety of equipment available on the market. The main consideration in choosing snow play equipment is safety.

Snow play can be a hazardous activity so, if you are buying equipment, buy the safest equipment you can find.

Developed snow play area operators have found that rubber inner tubes with a seat and handles are among the safest types of snow play equipment. The newer discs and plastic tubes are too fast for developed snow play areas.

Where you go to snow play will depend on whether or not you want to use your own equipment. There are two developed snow play areas on the Mount Hood National Forest's Zigzag Ranger District: Summit Snow Play Area and Snowbunny Lodge. Both of these areas

are operated under special use permits from the Forest Service.

Because of safety considerations, the operators have authority to limit the type and number of snow play devices used on their slopes. Personal equipment is not allowed at Summit. If you equipment conforms to Snowbunny Lodge's requirements you may use it on their slope.

Both Snowbunny Lodge and Summit charge fees for the use of their equipment and slopes. These areas provide groomed slopes free of rocks and trees, adequate run-out areas, hill attendants, access to first aid and warming rooms.

If you want to use your own equipment you'll find that most of the National Forest is open to snow play. However, safe snow play areas located near highways are hard to find. There are some areas, however, that are closed to snow play. For example, developed ski areas.

Once again, safety is the prime consideration in locating your own snow play area. The area you pick must have adequate parking. Be sure you have a state Sno-Park permit. The hill should have enough snow to safely cover all hazards. Walk through the area before sliding to check for rocks or stumps that might be just under the snow.

Be sure there is enough room at the bottom for sliders to stop well before hitting trees or rocks. Avoid hills with trees, moguls or bumps. They have caused many back injuries.

Never slide toward or into the roadway. Avoid crowded areas or areas where a variety of types of equipment are being used.

If you decide to visit one of the developed snow play areas, follow the directions of the hill attendants. They are there to ensure that everybody plays safely. If you choose to find your own hill, appoint someone to be the hill attendant. Use the utmost caution when playing outside of developed areas.

Most injuries occur when one snow player slides into another or strikes an object.

Regardless of where you decide to play, be considerate of other winter recreationists. Leave your pets at home when you are snow playing. Loose pets

on the slopes are a hazard to themselves and the sliders. Few things are more unpleasant than sliding through snow soiled by someone's pet.

Choose an area that isn't being used for another activity. For example, avoid cross-country ski trails. Take turns sliding down the hill and be patient with slower players. Avoid walking uphill in the sliding runs.

Dan joins Fower family

Kurt and Doris Fowers of Sandy recently announced the birth of a son, Daniel Wayne.

He was born Dec. 31 at Bess Kaiser Medical Center in Portland. He weighed eight pounds, nine ounces and was 20 and three-quarters of an inch long.

Snow play on the Mount Hood National forest is a great way for a family to have fun. But, it is also an activity that requires some preparation and caution by the snow players.

For further information about winter sports on the south slope of Mount Hood, visit the Winter Sports Information Center in Government Camp. The Center is open weekends from 9 a.m. to 4 p.m.

He was born on his mother's birthday.

Daniel joins Dawn, 15, Dana, 13, Kathleen, 9, Kristopher, 8, and Karey, 5.

Grandparents are Boyd and Margie Ross of Greenriver, Utah, Millie Fowers of Ontario, Calif., and Dave Fowers of the San Francisco area.

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JENNIE-O, 2 LB. TURKEY PAN ROASTS <table border="0"> <tr><td>ALL DARK MEAT</td><td>\$2.28</td></tr> <tr><td>WHITE AND DARK</td><td>\$2.28</td></tr> <tr><td>ALL WHITE MEAT</td><td>\$2.28</td></tr> <tr><td>WESTERN FAMILY, HALF</td><td>\$2.18</td></tr> <tr><td>Boneless Hams</td><td>\$2.48</td></tr> <tr><td>USDA CHOICE BONELESS BEEF STEAK</td><td>\$2.48</td></tr> <tr><td>Chunk Tenderloins</td><td>\$1.58</td></tr> <tr><td>FRESH FILLET Black Cod</td><td>\$1.58</td></tr> </table>	ALL DARK MEAT	\$2.28	WHITE AND DARK	\$2.28	ALL WHITE MEAT	\$2.28	WESTERN FAMILY, HALF	\$2.18	Boneless Hams	\$2.48	USDA CHOICE BONELESS BEEF STEAK	\$2.48	Chunk Tenderloins	\$1.58	FRESH FILLET Black Cod	\$1.58	BUDGET-WISE TURKEYS 18-22 lb. birds 69¢ LB. HILLSHIRE FARMS SAUSAGE • SMOKED • POLISH • HOT SMOKED • BEEF \$2.18 LB.	TURKEY BREASTS JENNIE-O GRADE A (FROZEN) \$1.18 LB.
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Snow players at Snowbunny Lodge hike back up the hill while more sliders start the twisting run down the slope. Personal equipment may be used at Snowbunny if it meets the approval of the hill attendant.

Clackamas County students may apply for scholarship

The State Scholarship Commission annually administers a number of scholarship programs sponsored by private industry and organizations. Among these scholarship programs is the KGON Scholarship Fund, financed through the efforts of KGON radio station.

The KGON Scholarship Fund provides assistance to students who reside in Washington, Multnomah, Clackamas or Clark County, and are enrolled or planning to enroll as full-time college undergraduates in the field of broadcasting or jour-

nalism.

Selection is made on the basis of academic achievement, financial need, and involvement in broadcast-related activities.

Five scholarships will be awarded for the 1982-83 school year.

Any eligible person interested in applying for the KGON Scholarship should contact the State Scholarship Commission for an application prior to April 10. Interested persons may write to: State Scholarship Commission, 1445 Willamette Street, Eugene, 97401, or call toll free 1-800-452-8807.