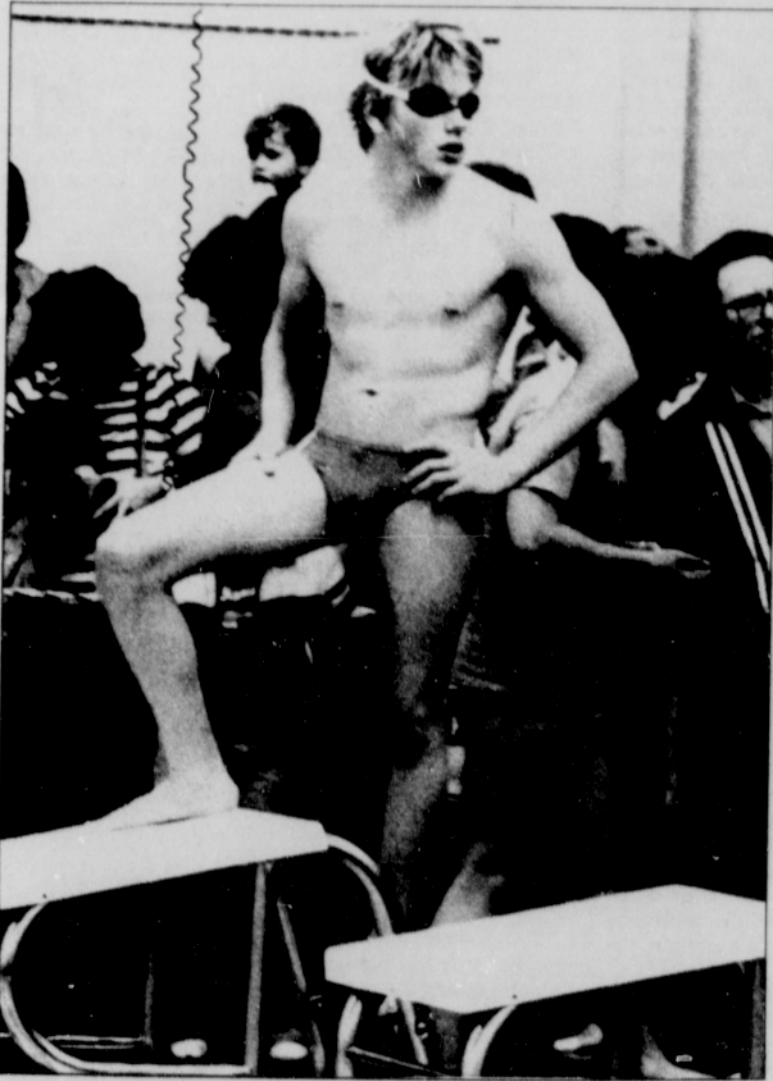


Gresham between Sandy girls and Wilco title



Freshman Richard Rolph, pictured above, lowered his times in three events at the League Relays Friday.

This is the year for the Sandy girls swim team to go for it, according to Coach Mark Smith.

"This is the year to take Gresham."

The girls lost the Wilco League (District 3) title to Gresham by six points last year. Neither team has lost a swimmer, and though Sandy may not have the depth Gresham has, the Pioneers have the quality, according to Smith.

About the boys, he said, "They have a difficult task ahead of them."

"I do believe they'll be able to pull through. They've got a lot of determination and desire."

"If this positive attitude continues, which I'm sure it will, I believe we could give Reynolds and Gresham a run for their money."

The season opened for the Pioneers on Friday at the 10th annual League Relay Meet. They girls finished 14 points out of first, and the boys finished fourth.

Several members of the boys team are not eligible yet because of the two-week rule (one must be out for a sport a full two weeks before being eligible for competition).

Smith said that he has a young boys team, but it is a team with a lot of AAU experience.

He was extremely pleased with the way times dropped Friday.

"We're very pleased, Carl (Neuenfeldt, assistant coach) and I, with what the girls and boys teams

Freshman Richard Rolph lowered his time in the 50 fly from 30 seconds to 28.7. His time in the 50 back dropped from 32 to 29.9, and his time in the 200 IM (individual medley: butterfly, back, breast and free) dropped from 2:21.6 to 2:20.6.

Another freshman, Jamie Tuttle, also set personal records in three events.

He dropped his time in the 50 breast from 32.4 to 31.9, his 200 IM from 2:32.84 to 2:25.0, and the 50 free from 27.47 to 26.2.

Junior Mark Gunderson dropped his 50 free time from 30.3 to 25.9, and his 50 fly time from 33.9 to 28.6.

Junior Shawn Burns dropped his 50 free time from 27.7 to 25.7, and his 50 fly time from 28.4 to 27.5.

Junior Steve Clark dropped his 50 free time from 31.8 to 29.1.

For the girls, sophomore Shauna Thoreson lowered times in all three of her events.

In the 50 free she went from 33.47 to 30.7. In the 50 back she went from 39.7 to 36.6, and in the 50 breast she went from 41.1 to 39.1.

Freshman Julie Dasher lowered her 50 breast time from 40.9 to 36.8.

Senior Bonita Connelly lowered her 100 fly time from 1:09.5 to 1:08.5.

Sophomore Brenda DeBois lowered her 50 fly time from 48.7 to 46.1, and her 50 back time from 42.3 to 40.1.

Junior Lisa Izer lowered her 50 fly time from 39.1 to 38.9, and her 50 breast time from 43.3 to 42.4.

did," Smith said.

"Naturally, we were disappointed that the girls couldn't overcome Gresham."

It would have been the third consecutive League Relay title for the Pioneers, which hasn't been done in the meet's 10-year history.

Senior Gayle Roth, who finished third at state last year in the 50 free, Connelly and senior Teresa Lamer are the foundation of the team. Connelly and Lamer also competed in the state meet.

It seems to be the attitude of the team that encourages Smith the most. He reports good turnouts for volunteer practices over Thanksgiving break. Every member of both teams is a hard worker, he said.

He added, "To get in condition it's not from the time you're rested to the time you're tired, it's from the time you're tired to the time you're exhausted."

An average workout may be comprised of 4,500 yards, utilizing all strokes. As the season progresses an average workout will be comprised of 6,000 yards, with swimmers working on primary and secondary strokes.

Smith feels that positioning girls in events could play a major part in whether they are able to overcome Gresham.

Under Smith the boys and the girls dominated the old Coast Valley League, winning titles from 1974 through '79.

The girls have finished second in the Wilco League the past two years, and the boys have finished second, and then third.

They had only six team members at the district meet last year. To take third "showed a lot of class," Smith said.

Senior Rick Topliff is the only member of the boys team that went to state last year.

What Smith really wants at this point is a Wilco League title. Although he isn't counting the boys out, it's the girls that he thinks have the most realistic shot at it.

"They know they have the potential to be number one," he said, "and they're gonna go for it."

The swim team will take on Canby this afternoon at the Sandy Swim Center at 4 p.m.

10th Annual League Relay Meet
Dec. 5

Team scores, girls: Gresham, 116; Sandy, 90; Barlow, 84; Reynolds, 72; Centennial, 48; Oregon City, 44; Canby, 40.

Team scores, boys: Gresham, 116; Reynolds, 82; Centennial, 68; Sandy, 62; Barlow, 60; Canby, 56; Oregon City, 48; Columbia, 1.

Individual girls results

400 Medley Relay: 3rd, 2:19.37, Donna Nelson, Julie Dasher, Nici DuBois and Dawn Miller.

400 Free: 3rd, 4:41.65, Heidi Lamer and Bonita Connelly.

400 IM: 2nd, 5:11.06, T. Lamer and Roth.

200 Free, 2nd, 2:04.88, Nelson, Shauna Thoreson, Lisa Izer and Dawn Miller.

400 Medley: 1st, 4:44.11, Roth, H. Lamer, Connelly and T. Lamer.

200 Back: 3rd, 2:32.96, Nici DuBois, Kelly Russell, Brenda DuBois and Thoreson.

400 Free: 1st, 4:11.04, Connelly, Nelson, T. Lamer and Roth.

Individual boys results

200 Medley: 1st, 1:57.37, Richard Rolph, Jamie Tuttle, Rick Topliff and Mark Gunderson.

400 Free: 2nd, 4:03.59, Topliff and Shawn Burns.

0 IM: 5th, 4:06.94, Rolph and Tuttle.

200 Free: 2nd, 1:47.05, Burns, Gunderson, Steve Clark and Tuttle.

200 Fly: 1st, 1:51.30, Rolph, Burns, Gunderson and Topliff.

Fourth period fatal twice to Pioneers

The SUHS boys basketball team has fallen twice in close games the past week.

Friday, against Gresham, they were not able to hold on to a 13-point third-quarter advantage, losing 51-50.

Tuesday they played Centennial close until the fourth quarter, losing 88-63.

About the team's second loss, Coach Dan Brisbin said, "It came down to a very good ball team taking us out of our game in the fourth quarter."

He said that Mitch Paola played a "super ball game," shooting well and staying in good defensive position.

"He played the way I want him to play all year," Brisbin said.

Paola and Bob Nippert each contributed 16 points, with Steve Palmer adding 14.

The score was 56-55 in Centennial's favor going into the fourth quarter. Nippert drew his fourth foul in the final period, which keep him from defending 6-7 center Ben Carson as aggressively as he might have.

Brisbin said that they handled Centennial's different presses well the first three quarters, but turned the ball over a lot in the fourth period.

Also, he said that they need to be more aggressive on the boards.

He said there were times when

they gave Centennial three or four shots in the fourth quarter. The combination of letting up on the boards and turning the ball over allowed Centennial to make about a 15-point run at one point in the fourth period.

Brisbin said that Centennial has one of the best shooting teams he's seen.

About the Gresham game, Brisbin said, "I thought we played good defense the entire game. They got a few points there in the end inside our zone, but for the most part, our zone was pretty effective. I was encouraged by the defense."

Again, letting up on the boards hurt them.

"They got two or three shots when we'd have liked to have limited them to one," Brisbin said.

He added, "The shot selection was not as good as it should be with a 13-point lead, and that allowed them to get back in the ball game."

Palmer was the leading scorer in that game with 13.

Brisbin said that having Paola out a good part of the second half also hurt.

"It's noticeable when he's not in. He provides stability and leadership."

Brisbin added that in the first half they shot pretty well.

For Martin, it's not the same now

by SCOTT NEWTON

Some wrestlers just aren't up to the challenge of taking on Dan Martin.

Take the Carey Larson Memorial Tournament, for instance. "The first guy, he just ran the whole time. The second guy stalled a lot," Martin said, recognizing the fact that anyone who has ever wrestled him close will be looking to beat last year's AAA 157-pound champion.

"That's a lot better than the guys that are running from me," Martin said. "I hate chasing 'em."

Martin was recently nominated for the National Football Foundation and Hall of Fame Scholar Athlete Award. An all-Timber Valley League guard and linebacker, Martin was chosen, along with Scott Fish of Oregon City, to represent the league. Two players were also selected from the PIL, Metro, Wilco and Willamette Valley leagues to attend the prestigious banquet, which will be held at the Hilton Hotel Dec. 14.

Martin, a National Honor Society member, "only" has a 3.76 grade point average.

"It could have been better," he said after the Carey Larson Memorial, where he won 28-6, 8-0 and by a fall.

Martin is also co-editor of Mountain Echoes, the high school newspaper, and had a part in "West Side Story."

Although everything appears to be going well for him, things could be

better.

Chris Jones, who was seriously injured in an accident Nov. 6 that claimed the life of Carey Larson, has been a friend of Martin's since the second grade, when Martin moved to Redland.

"He made friends with me right away," Martin said.

Martin showed him wrestling moves, and it was the start of something special.

They made the junior high wrestling team as fifth graders, and rarely lost, even in those early years.

Last year they both won state titles, Jones as a 148 pounder.

This will be the first season in seven years they haven't wrestled together on the same team.

"Chris and I used to work real hard, especially when we'd go against each other," Martin said. "We helped each other, more than anything else, I think, wrestling each other."

"It's not the same now," Martin added, "I had a lot of different feelings for awhile."

"I was pretty upset when he was just laying there. I feel a lot better now that he's started talking."

"When he was just laying there, and that machine was on..."

He paused, and then added, "Those machines, he didn't have any choice. That bothered me a lot."

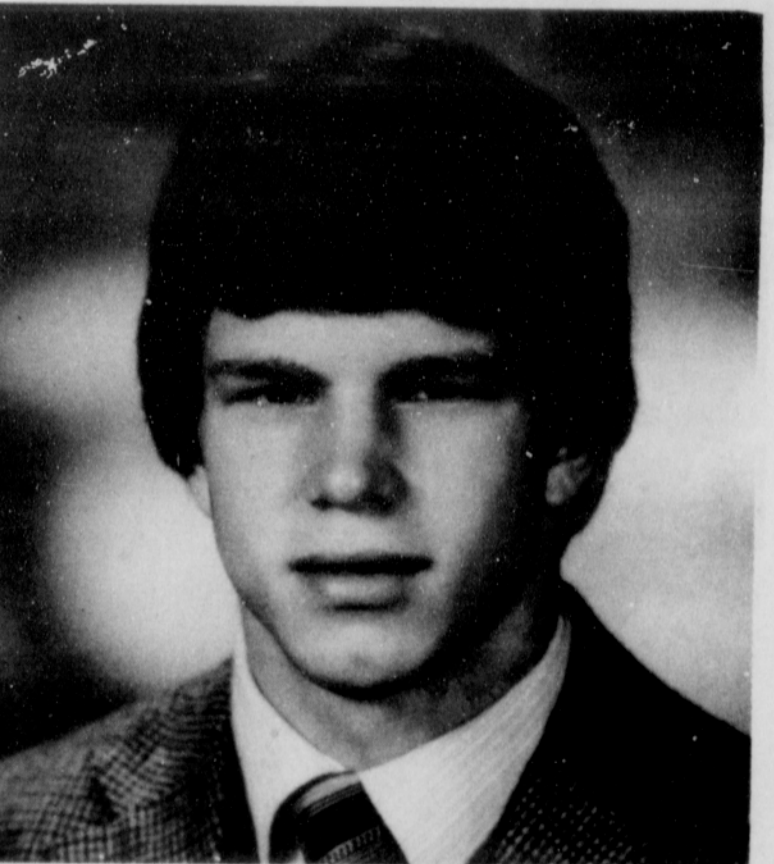
And, he points out, it could have been him or a number of other people

with them that night.

"Lately, I think he's been doing a lot better," said Martin, who has visited often. "He's better every time

I see him."

But, he adds, "I don't like the way he is. I'd rather have him back on the mat, and back like normal."



Dan Martin

Larson Memorial



Photo by Scott Newton

Pictured above are Pioneer wrestlers that won championships in either varsity or junior varsity competition at the Carey Larson Memorial Tournament. Back

row, from left to right: Randy Sprenger, Loren Bateman, Calvin McKinnis, Frank McKinnis, Dan Martin, Vern Larson, Chuck Kearney Jr., Randy Car-

mony, Scott Skipper, Roland Aumueller, Coach Mark Mullens, Tim Systma and Coach Chuck Kearney. Front row, from left to right: Coach Ron Cathoun, Brad

Emerson, John Cox, Larry Topliff, Randy Swanson, Jeff Smith, Bill Mathews, Mike Sheppard, Paul Gagner and Mo Contreras.