

School menus

Sandy	Welches	Cottrell
Monday, Dec. 7 Bean and bacon soup Crackers Cottage cheese and Pear salad Celery stick Hot whole wheat roll Chocolate milk	Monday, Dec. 7 Beef raviolis Buttered corn Whole wheat roll Butter Pears Milk	Monday, Dec. 7 Tomato soup Crackers Peanut butter sandwich Carrot sticks Mandarin oranges Milk
Tuesday, Dec. 8 Macaroni and cheese Vegetable salad Orange slices Fruit muffin Milk	Tuesday, Dec. 8 Toasted cheese sandwich Green beans with Mushroom sauce Carrot coins Orange jello Milk	Tuesday, Dec. 8 Pizza Tossed green salad with dressing Buttered peas Cauliflower chunks Chocolate cake Milk
Wednesday, Dec. 9 Beef stew Sliced peaches Cheese stick Biscuit Milk	Wednesday, Dec. 9 Burrito with sauce Calico salad Graham crackers Vanilla pudding Milk	Wednesday, Dec. 9 Country fried steak Hash browns Buttered mix vegetables Gravy Brownies Fruit cocktail Milk
Thursday, Dec. 10 Hamburger gravy Whipped potatoes Carrot rings Banana Cinnamon bun Milk	Thursday, Dec. 10 Creamed turkey on bun Sweet potatoes Tossed green salad Peaches Milk	Thursday, Dec. 10 Macaroni and cheese Hot rolls with jelly Buttered green beans Celery sticks Jello jewels Milk
Friday, Dec. 11 Barbecue pork on a bun Buttered corn Fruit salad Cookie Milk	Friday, Dec. 11 Tuna noodle casserole Buttered peas Cinnamon toast Applesauce Milk	Friday, Dec. 11 Hot dogs French fries Cole slaw Buttered beets Pineapple chunks Choice of milk

Senior Center News

Appointments are still available for persons who wish to schedule a free 30-minute legal consultation with a local attorney at the Sandy Senior Center today.

To make arrangements, call the center, 668-5569.

A committee of senior volunteers will meet today following the Loaves and Fishes meal to prepare luncheon items for the Senior Bazaar and Flea Market this weekend, Dec. 4 and 5, at the center.

Persons interested in lending a hand are welcome to attend. The kitchen will be open Friday from 9 a.m. to 5 p.m. and Saturday from 9 a.m. to 4 p.m. Pastries or cornish meat pies, vegetable soup, sandwiches, ice cream and fruit crisp will be served.

Seniors with reservations to attend this Sunday's matinee performance of the Ice Capades are reminded to meet at the

Sandy center at 12:30 p.m. Return to the center will be approximately 5:30 p.m. Gail Renner, field representative from the Social Security Administration, will be the guest speaker this Tuesday, Dec. 8. She will outline recent changes in Social Security laws and address individual questions following the Loaves and Fishes meal at 12:30 p.m.

Activities for the Week of Dec. 3 to Dec. 10

Thursday, Dec. 3
9 a.m.: Exercise Class
9 a.m. to noon: Senior Law Project
10 a.m.: Humanities Class
Noon: Loaves and Fishes
1 to 4 p.m.: Bazaar Workshop

Friday, Dec. 4
9:30 a.m. to noon: Introduction to Drama at Gresham Senior Center
9 a.m. to 5 p.m.: Senior Bazaar and Flea Market.

No Loaves and Fishes meal today.

Saturday, Dec. 5
9 a.m. to 4 p.m.: Senior Bazaar and Flea Market
Sunday, Dec. 6
12:30 p.m.: Departure to Ice Capades

Monday, Dec. 7
9:30 a.m.: Arts and Crafts
9:30 a.m.: Exercise Class and Therapy Pool
Noon: Loaves and Fishes
1 p.m.: Cards
1 p.m.: Oil Painting

Tuesday, Dec. 8
10 a.m.: GAC Board Meeting
Noon: Loaves and Fishes
12:30 p.m.: Guest Speaker Gail Renner, Social Security representative
1 p.m.: Ceramics

Wednesday, Dec. 9
9:30 a.m.: Ceramics
Noon: Loaves and Fishes
1 p.m.: Band Practice

Thursday, Dec. 10
9 a.m.: Exercise Class
Noon: GAC Potluck and Entertainment

Local businessmen told

Chamber needs more active voice

"The U.S. Chamber of Commerce was one of the least effective organizations on Capitol Hill in the early '70s," guest speaker John Thompson told the Sandy Chamber of Commerce last Tuesday.

Lack of involvement by chief executive officers, a slow-moving bureaucracy and a narrow self-interest by members were the reasons for the organization's ineffectiveness, he said.

"Businesses only got involved in issues that affected them directly," Thompson said. "As a result, no one was looking out for the health of the overall free enterprise system. No wonder it began to collapse around our ears."

Thompson is the manager of the Hoodland Chamber of Commerce and a candidate for the new Senate District 14, encompassing portions of

Clackamas, Marion, Linn and Lane counties. He has served on or chaired a number of committees for the U.S. Chamber of Commerce and other national political organizations.

Last year the U.S. chamber's membership doubled and, according to Thompson, the organization is again a significant force in Washington, D.C. He attributed its comeback to duplicating tactics developed by new political activist groups of "the Nader variety."

Once the national chamber recognized that "you can't use 1940 techniques in 1980 and expect to win," he said, the organization was on the mend.

According to Thompson, the three main factors effective in today's politics are a strong grassroots organization, an aggressive legal organization to do battle in the courts and, most importantly, tak-

ing the offense.

The chamber has formed a 76,000-member grassroots organization, Citizens Choice, and a National Legal Defense Fund.

Thompson cautioned that one tactic used by some of the new activist groups "must be avoided like the plague. No matter how effective, scare tactics via press that have no basis in fact are out," he said. "Other groups may come

and go, but we have to maintain credibility over the long haul."

Thompson advised the Sandy chamber to retain its traditional role as a service organization in the community while making a new commitment to "surface immediately as the primary spokesman and advocate at the local level for basic, sound economic principles.

"Never before has the difference between

fabulous prosperity and economic disaster rested on so few basic decisions," he said.

According to Thompson, businessmen in local chambers are the most qualified to articulate economic principles and formulate solutions for Oregon's economic woes.

"If we're too busy to meet the challenge today," he said, "tomorrow, we won't be busy at all."

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Garden Club nets honors

The Sandy Garden Club was well represented in the annual Clackamas District 15 Holiday Flower Show held recently in Milwaukie.

Local club members garnered 11 blue ribbons and 14 second-place red

ribbons. Blue ribbon winners were Shirley Dyal, who won five in horticulture; Marge Jacoby, who won four in horticulture, and Joyce Marcy, who won a horticulture ribbon. Jacoby also received a blue ribbon

in the artistic design category for her Christmas Dinner table design.

The Sandy Garden Club finished in second place for the Sweepstakes Award. It was won by the Happy Valley Garden Club.

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