



Cranberry parfaits

Cranberries a sign of holiday season

The availability of fresh cranberries marks the imminent approach of the holiday season. These tart, winter berries are favored additions to breads and sauces and create bright and festive garnishes as well.

Because of their slightly bitter flavor, cranberries are often teamed with creamy dairy products, particularly sour cream.

Brighten up a winter menu with "Cranberry Dessert Parfaits," a sour cream dessert in the colorful tradition of the holidays. Cranberry dessert parfaits feature rich vanilla pudding layered with a sauce of fresh whole cranberries. The look is spectacular, and the preparation couldn't be easier.

Cranberry Dessert Parfaits

One third cup sugar
2 tablespoons water
1 cup fresh whole cranberries
1/2 teaspoon grated orange peel, divided
1 (3 1/2 ounce) package instant vanilla pudding and pie filling mix
1 cup cold milk
1 cup dairy sour cream
One eighth teaspoon mace
Sour cream for top

Bring sugar and water to boil in small saucepan. Add cranberries and 1/4 teaspoon orange peel; simmer 3 minutes. Remove from heat and cool. Combine pudding mix and milk in a deep, narrow bowl. Beat slowly until well blended, about 2 minutes. Beat in sour cream, remaining 1/4 teaspoon orange peel and mace. Layer cranberries and pudding in four (7 1/2 ounce) parfait glasses. Top each parfait with an additional swirl of sour cream, if desired. Makes 4 servings.

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