



Members of the Firwood School staff dressed up Friday to celebrate Halloween. Pictured, from left to right, is Sherry Lawson, second grade instructor, Ruth Jensen, first grade instructor, Connie Hayes, Title I

teacher, Paula Vuylsteke, resource room teacher, Marlene Nonamaker, library aide, Linda Whitmore, librarian, Pat Baker, first grade instructor, and Verne Buhler, principal.

## In solar, conservation technologies

# Economic benefits seen

Much has been written about the technological feasibility of various conservation and solar technologies. It is now common to hear reports of annual heating bills of \$100 or less in homes that are either super-insulated or incorporate both high levels of insulation and passive solar design. Solar water heating is both technologically well understood and

economically cost-effective in cutting family water heating bills in half. Basic conservation techniques and simple solar approaches to home design are working now in Oregon. The State of Oregon has gone so far as to study the state-wide potential of each of these energy resources. The study done by the governor-appointed Alter-

nate Energy Development Commission has published reports showing, for example, that the projected increase in energy demand by the year 2000 in the residential and commercial sectors can be met by cost-effective conservation and solar strategies.

There is little question about the current (Continued on Page 9)

## Howell receives scholarship

Kit Howell, son of Allen and Karen Howell of Boring, has been awarded a music scholarship for the 1981-82 year at Whitman College in Walla Walla, Washington.

The scholarship is presented by the Whitman music department faculty.

## Family Vision Care

10% Discount to Senior Citizens 65 and older.

Open 9-5 p.m. Tues. & Wed.  
& 9-1 p.m. Sat. (Other days  
& evenings by appointment.)

Hoodland Park Plaza  
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Hoodland Optometric  
Center

Michael J. Moore, O.D.

# 6 a.m. until 9 p.m. Daily!

BONELESS BEEF

## TOP SIRLOIN STEAK

# \$2.98

LB.

BONELESS BEEF

## SIRLOIN TIP ROAST

# \$2.38

LB.

### DELICATESSEN SELECTIONS

## TURKEY WIENERS

JENNIE-O

12 oz. PKG. **49¢**

OSCAR MAYER 8 OZ. MEAT, BEEF

**SLICED BOLOGNA** **99¢**

GALLO 8 OUNCE CHUB

**ITALIAN SALAMI** **\$2.49**

HYGRADE 4 OUNCE

**SLICED COOKED HAM** **\$1.19**

ARMOUR DOUBLE

**SMOKED THURINGER** **\$2.19**

**NALLEY CHILI WITH BEANS**

\* REG. \* HOT \* THICK 30 OUNCE **\$1.63**

**NALLEY CUKE PICKLE CHIPS**

16 OUNCE **93¢**

**NALLEY SALAD DRESSINGS**

ASST'D. 16 OUNCE **\$1.49**



### COUPON

SUNDAY, MONDAY, TUESDAY

## Prestone Anti-Freeze

LIMIT: ONE GAL.

# \$3.99

Good at Sandy SENTRY only Nov. 8-9-10, 1981



### COUPON

SUNDAY, MONDAY, TUESDAY

## Dishwashing Detergent

Sunlite 22-oz. With real lemon juice Limit: 2 EA.

# 89¢

Good at Sandy SENTRY only Nov. 8-9-10, 1981

## Low produce prices!

CAULIFLOWER OR BROCCOLI

FRESH & RIPE

# 38¢

LB.

# BANANAS

# 41¢

4 BUN. **\$1.00**

LB.

MIX OR MATCH

## RADISHES OR GREEN ONIONS

4 BUN. **\$1.00**

FANCY RED DELICIOUS APPLES

4 LBS. **\$1.00**

**RUSSET POTATOES**

NO. 1 BAKING 4 LBS. **\$1.00**

**VALENCIA ORANGES**

CHOICE GRADE 3 LBS. **\$1.00**

**COMICE PEARS**

FROM MEDFORD 3 LBS. **89¢**

WHITE BUTTERFLY

## NEPHTHYTIS PLANTS

6 INCH POT, EA. .... **\$4.99**

KEN L RATION 10 LB. DOG FOOD **\$4.29**

KIBBLES 'N BITS **99¢**

KITTY DIGGINS 8 LB. **\$1.39**

CAT LITTER **\$3.59**

SHIELD DEODORANT 2 PK. 7 OZ. **\$2.39**

BAR SOAP **79¢**

HEAVY DUTY DETERGENT 64 OZ. **\$1.88**

LIQUID WISK **\$1.08**

SPRAY CLEANER REFILL 64 OZ. **\$1.08**

FORMULA 409 **\$1.08**

CLEANSER 13 OUNCE **79¢**

MILDEW REMOVER 16 OUNCE **\$1.88**

TILEX **\$1.08**

GLAD 150 COUNT PLEATED **\$1.08**

SANDWICH BAGS **\$1.29**

GLAD 200 FT. ROLL **79¢**

PLASTIC WRAP **79¢**

CORONET 200 COUNT 2 PLY **79¢**

FACIAL TISSUE **79¢**

## Coupons good Sunday, Monday & Tuesday only!

### COUPON

SUNDAY, MONDAY, TUESDAY

## Robattussun DM

COUGH SYRUP **\$1.89**

6-8 Hr. Control 4-oz. (Limit: 2)

Good at Sandy SENTRY only Nov. 8-9-10, 1981

### COUPON

SUNDAY, MONDAY, TUESDAY

## Blue Mt. Dog Food

Inst. Mix 50-lb. Pkg. (Limit: 1) **\$10.99**

Good at Sandy SENTRY only Nov. 8-9-10, 1981

### COUPON

SUNDAY, MONDAY, TUESDAY

## SunMaid Fruit Juice

100% REAL FRUIT JUICE ASST'D. 32-OZ. (LIMIT: 2) EA. **89¢**

Good at Sandy SENTRY only Nov. 8-9-10, 1981

### COUPON

SUNDAY, MONDAY, TUESDAY

## FIREPLACE LOGS

Cottage LIMIT: 6 Logs EA. **99¢**

Good at Sandy SENTRY only Nov. 8-9-10, 1981

DELTA & ROLL PKG.

**BATH TISSUE** **\$1.39**

SURE & NATURAL 12 PK **\$1.55**

**MAXI SHIELDS** **\$1.08**

DINTY MOORE 15 OZ. **\$1.08**

**BEEF STEW** **\$2.29**

HERSHEY MILK 11.5 OZ. **\$2.29**

**CHOC. CHIPS** **\$1.18**

HERSHEY SEMI-SWEET 12 OZ. **\$1.29**

**CHOC. CHIPS** **\$1.49**

CRESCENT 4 OUNCE **\$1.59**

**BLACK PEPPER** **\$1.69**

BETTY CROCKER ASST'D. 11.13 OZ. CAKES **\$1.69**

**STIR 'N FROST** **\$1.69**

GENERAL MILLS 12 OUNCE **\$1.69**

**TOTAL CEREAL** **\$1.69**

GENERAL MILLS 12 OZ. CEREAL **\$1.69**

**BOO BERRY** **\$1.69**

GENERAL MILLS 12 OZ. CEREAL **\$1.69**

**COUNT CHOCOLA** **\$1.69**

HOMETOWN SPECIALS GOOD ONLY AT SANDY SENTRY ....

BETTY CROCKER 14 1/2 OUNCE

## GINGER-BREAD MIX

# 99¢

WESTERN FAMILY 32 OUNCE

## SPAGHETTI SAUCE

# \$1.19

\* MEAT \* MUSHROOM \* PLAIN

DOLE, CANNED, 46 OUNCE

## PINEAPPLE JUICE

# 99¢

G.E. SOFT WHITE 4 PACK

## LIGHT BULBS

# \$1.99

BLUE MOUNTAIN 15 OUNCE

\* BEEF CHUNKS \* CHICKEN CHUNKS \* HORSE MEAT

## CANNED DOG FOOD

# 2 79¢

ORLEANS, 8 OUNCE TIN

## WHOLE OYSTERS

# 99¢

39180 Pioneer in Sandy. 668-7418

SENTRY AD PRICES EFFECTIVE SEVEN FULL DAYS, NOVEMBER 4TH-11TH, 1981.

# SENTRY

MEMBER OF UNITED GROCERS, INC.