

Senior Center News

The annual flu clinic, sponsored by the Clackamas County Health Department, will be held today (Thursday) beginning at 1 p.m. at the Sandy Senior Center.

Pre-registration will be held from 10:30 a.m. to noon for those who wish to receive prompt service. The 1981-82 vaccine is for A+Brazil, A+Bangkok and B+Singapore and is recommended for individuals over 45 years of age and individuals with chronic diseases.

Persons suffering from a cold or fever or those with a history of allergic reactions to chicken eggs are advised against receiving the injection. Cost of the service is \$5.

Pastor Frank Koepke will be featured speaker following Men's Breakfast this Tuesday, Oct. 20, at 7:30 a.m. Members and guests of the Sandy Senior Center are invited.

Appointments are now being taken for the Nov. 5 Senior Law Project. This monthly service, sponsored by the Clackamas County

Area Agency on Aging, the Sandy Senior Center and local law firms, enables seniors to meet with an attorney on a no-fee basis for a period of 30 minutes. For more information concerning this program and other services, contact the Senior Center office, 668-5569.

This month the senior dine-out will be held at the Asia Kitchen on Thursday, Oct. 29. Persons interested in enjoying a Chinese family-style dinner must register at the Senior Center. Cost is \$5.75 per person.

Activities for the Week of Oct. 15 to Oct. 22
Thursday, Oct. 15
 9 a.m.: Exercise Class
 9 a.m.: Keep Well Clinic
 10 a.m.: Humanities Class
 10:30 a.m. to noon: Flu Clinic Registration
 Noon: Loaves and Fishes Meal
 1 to 3 p.m.: Flu Clinic
Friday, Oct. 16
 9:30 a.m. to noon: Introduction to Drama/Gresham Senior Center

Noon: Loaves and Fishes Meal
 7:30 p.m.: Community Bridge and Pinochle Night
Monday, Oct. 19
 9:30 a.m.: Arts and Crafts
 9:30 a.m.: Exercise Class and Therapy Pool
 Noon: Loaves and Fishes Meal
 1 p.m.: Pinochle and Cribbage
 1 p.m.: Oil Painting
Tuesday, Oct. 20
 7:30 a.m.: Men's Breakfast—Guest Speaker: Rev. Frank Koepke
 9 a.m.: SSC Advisory Com-

mittee Meeting
 Noon: Loaves and Fishes Meal
 1 p.m.: Blood Pressure
 1 p.m.: Ceramics
Wednesday, Oct. 21
 9:30 a.m.: Ceramics
 Noon: Loaves and Fishes Meal
 12:30 p.m.: Musical Entertainment
Thursday, Oct. 22
 9 a.m.: Exercise Class
 10 a.m.: Humanities Class
 Noon: Golden Age Club Potluck and Business Meeting
 1:30 p.m.: Film



Out-going President Frank Hoppold, left, passes the gavel to new Kiwanis President Darrell Dempster at installation ceremonies held earlier this month.

Kiwanis officers cited

The Kiwanis Club of Sandy held its 35th annual Installation Banquet on Oct. 1 at the Sandy Community Presbyterian Church. Outgoing President Frank Hoppold passed the gavel to Darrell Dempster who was elected to serve the Sandy club during the 1981-82 club service year.

Dempster is a local realtor and associate broker with Pioneer Real Estate. He is active in civic affairs and serves as chairman of the Sandy Mountain Festival Association.

Other new officers and directors include Clark

Lund, first vice president; Roger Atkins, second vice president; Don Deming, secretary; Atkins, treasurer, and Mort Spence, program chairman.

Other new members of the board of directors are Hugh Armstrong, Chalmers Thornber, Dave Emerson, Ken Hallgren, Gus DePaepe, Mort Spence, Mel Haneberg and Hoppold.

Installation of officers and directors was administered by Lt. Gov. Ken Fagen of Division 66 of the Pacific Northwest district of Kiwanis International.

School menus

SANDY	Mandarin oranges Milk
Monday, Oct. 19	Hot dog on a bun Potato rounds Catsup Apple coffee cake Milk
Tuesday, Oct. 20	Bean and bacon soup Crackers Fruit salad Carrot sticks Cinnamon bun Milk
Wednesday, Oct. 21	Fish sticks Tartar sauce Seasoned green beans Orange wedges Bread and butter Milk
Thursday, Oct. 22	Lunch meat sandwich with lettuce Cottage cheese and pineapple salad Fruit bar Milk
Friday, Oct. 23	Scalloped potatoes with ham and cheese Green beans Fresh apple Cinnamon bun Milk
COTTRELL	
Monday, Oct. 19	Sloppy Joes French fries Crunchy carrot sticks Chocolate pudding Milk
Tuesday, Oct. 20	Scrambled eggs on English muffin Buttered mixed vegetables Celery sticks Apple wedges Milk
Wednesday, Oct. 21	Burritos Tater tots Turnip wheels Buttered broccoli
Thursday, Oct. 22	Hamburger gravy on mashed potatoes Buttered peas and carrots Cinnamon toast Fruited medley Milk
Friday, Oct. 23	Chili con carne Crackers Carrot coins Bread and butter Fruited jello Milk
Wednesday, Oct. 21	Beef lasagna Pineapple Cottage cheese on lettuce leaf Whole wheat roll Butter Applesauce Milk
Thursday, Oct. 22	Hamburger sandwich Buttered peas and carrots Cinnamon toast Fruited medley Milk

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Come to Church

COMMUNITY PRESBYTERIAN CHURCH Sunday School 9:30 a.m. Opening worship 9:30 a.m. Sunday school 9:45 a.m. Morning worship 11:00 a.m. Home Bible Study 6:00 p.m. Nursery Care During Worship Pastor John H. Van Lierop Home 668-6100 Church 668-4543 Corner of Meigs & Scenic, Sandy	IMMANUEL LUTHERAN CHURCH Worship 8:30 a.m. Sunday School 9:30 a.m. Bible Study 9:45 a.m. Worship 11:00 a.m. A Cordial Welcome is Extended to All PASTOR FRANK KOEPKE 668-6232 — Church
Church of Christ Sun. Bible study 9:45-10:30 a.m. Sun. communion 10:45-12:00 a.m. Sun. eve. service 6:30-7:30 p.m. Wed. Bible study 7:30-8:30 p.m. We offer personal home Bible study or private Bible correspondence study. Only cost is your time. 39640 SE Pioneer Blvd Sandy, OR 97055 668-6116	Hoodland Church of Wemme Presenting the reformed faith Sunday School 10 a.m. Worship 11 a.m. Wed. service 7 p.m. Rev. Alan L. Wyatt, pastor
St. MICHAEL'S CATHOLIC CHURCH Sat. eve Mass 7:30 p.m. Sunday Mass 10:00 a.m. - 6 p.m. St. Johns Catholic Church Welches, Oregon Mass 6 p.m. Sat.; 8 a.m. Sun. 18090 SE Longensand Sandy, Oregon Father Carl Gimpl 668-4446	Gospel of Christ Community Church (Kelso area) Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evangelist Service 6:00 p.m. Bible Study Wednesday 7:00 p.m. 13050 Bobby Bruce Lane Pastor H.O. McDams 663-6213
SANDY SEVENTH-DAY ADVENTIST CHURCH Proctor and University Sabbath School 9:30 a.m. Morning Service 11:00 a.m. You Are Welcome Pastor BERNIE CLARK 668-9249 — Home 668-6144 — Church	Sandy Church of the Nazarene Currently meeting at: 17150 University Ave., Sandy (Seventh Day Adventist Church) Sunday School - 9:45 a.m. Morning Worship - 11:00 a.m. Pastor Robert F. Scheifers 668-5712
SANDY ASSEMBLY OF GOD SUNDAY SERVICES Sunday School 9:45 a.m. Morning Worship 10:45 a.m. Evangelistic Service 6:00 p.m. Family Night Wednesday 7:00 p.m. Dale Edwards Church PASTOR Phone 668-5589	Chapel of the Hills Bible Fellowship Located E. Hwy. 26 between Sandy & Brightwood Sun. Bible School 9:45 a.m. Sun. Worship Serv. 11:00 a.m. Sun. Evening Serv. 6:00 p.m. Wed. Pastor Visitation 7 p.m. Thurs. Bible Study 7:15 p.m. You are welcome Independent, Non-Denominational Pastor Kent McKinon Assistant Mike Whisner Call 622-3654
ORIENT DRIVE BAPTIST CHURCH (Southern) 15150 S.E. ORIENT DRIVE BORING, OREGON (2 1/2 miles from Sandy) BIBLE STUDY - 9:45 A.M. MORNING WORSHIP - 11:00 A.M. CHURCH TRAINING - 1:00 P.M. AFTERNOON WORSHIP - 2:00 P.M. (PASTOR) Ted Davis CHURCH PHONE - 668-6083 HOME PHONE - 668-6261	Church of the Good Shepherd (Episcopal) Sunday Communion 9 a.m. Midweek Services Tues-Thurs. 10 a.m. Little Pioneer church on West Pioneer Blvd. Father Lindsay Warren 284-7439
Sandy Baptist Church We invite you to join us for fellowship. Church 668-4064 Pastor 668-4795 Sunday 9:45 Sunday School 11:00 Morning Worship 6:00 Evening Worship NEW LOCATION Wednesday 7:30 pm Prayer Meeting	FELLOWSHIP BIBLE CHURCH We emphasize Biblical teaching, supportive fellowship, children's learning center & regular home meetings. MEETING AT: Sandy High School (Bluff Road) Sunday mornings (9:30-11:30) PASTORS: Dr. John Moore (695-2924) Dr. Al Baylis (658-4728)
Living Way Fellowship (Foursquare) Discovery 9 a.m. Worship service 10 a.m. Wed. eve. service 7:15 p.m. Pastor Ken Wold 17275 Strauss 668-4949 (Formerly St. Michael's Hall)	First Church of Christ, Scientist 1525 West Powell Boulevard Gresham, Oregon 97030 Sunday Service 10:00 a.m. Sunday School 10:00 a.m. Wednesday evening 8:00 p.m. Children's Room available at all services. You are warmly invited to attend. 666-3212

Hey Baby, drink your Milk.

If you're always on the run like University of Oregon track star Eryn Forbes, sprint to the fridge for a glass of the original fast food. Beautiful Milk! Just two glasses a day provide more than a third of your daily protein needs for energy. Healthy cell growth. Even resistance to infection.

From natural-born athletes like Eryn to other fast-paced Oregonians, here's to all you beautiful babies drinking beautiful milk!

Nutrition source: Nutrition Education Services/Oregon Dairy Council.
 Milk the beautiful food.
 Dairy Farmers of Oregon.



Join the fun!

RENO Nite!

7-11 pm, Oct. 17

ENJOY OUR--

- GAMES!
- Beverages!
- SAUERKRAUT
- COLD CUTS
- COFFEE, COKE.

St. Michael's Parish Hall
 SE Langensand, Sandy