

American Lupus Society provides the support

One of the main purposes of the American Lupus Society is to provide support groups to all lupus patients.

The Mt. Hood Chapter, based in Portland, serves patients and their families living in Clackamas, Clark, Marion, Multnomah and Washington Counties.

Meetings are held the first Saturday of each month at The Easter Seal Building, 5757 SW Macadam, at 1 p.m. October 18 through 24 has been designated National Lupus Week.

Activities have been planned nationwide to create public awareness of this insidious disease, medically

termed systemic lupus erythematosus.

Lupus is basically described as a chronic connective tissue involving the body's auto-immune system.

It is estimated that close to a million Americans are victims.

Although not well known, it is much more prevalent than diseases such as muscular dystrophy, cerebral palsy, multiple sclerosis, cystic fibrosis and other highly visible and more well known diseases.

Lupus attacks females in an almost nine-to-one ratio over males. It strikes one adult woman in 700 and one adult black woman in 240. Every 10 and a half minutes a new lupus patient is diagnosed.

Lupus may attack externally in its disc-shaped form, causing multiple skin problems, the most notable of which is a butterfly-type rash across the nose and cheeks. Internally, in its systemic form, there may or may not be a rash.

It may damage or even destroy any organ it may hit, but, because it can involve the joints, kidneys, heart, or the lungs, systemic lupus may appear in different forms and with different intensities at different times in the same person.

Many people with lupus have relatively few symptoms by using approved medication and treatment. Although lupus is now largely controllable, a mild case can become life threatening if not properly treated.

Over 5,000 victims of lupus

die yearly in America.

The cause of lupus is not known and its diagnosis is difficult as there is no single set of symptoms. Early warn-

ings include sun rash and sensitivity, chills, extreme fatigue, low grade fever (99.5 to 100.5), hair loss, chest and joint pain, and

swelling of the hands and feet.

Lupus is not cancerous, malignant or infectious.

One of the main programs of the American Lupus Society is to provide support groups. By attending lectures and receiving free

printed materials, lupus patients and their families are made more knowledgeable about the disease.

This increased awareness

and the resulting patient-to-patient support network can help ease the patients' anxieties in dealing with lupus.

Tenor evangelist to present service at Assembly of God

Frank Gillock, a well-known tenor evangelist from Tigard will present a musical evangelistic service

of praise and worship at Sandy Assembly of God this Sunday, Oct. 18, at 6 p.m. Gillock has two recordings

to his credit and has copyrighted seven songs. His style has made him a popular musician

throughout the Northwest, including Washington, and Southern and Northern California.

His schedule takes him approximately 50,000 miles a year, singing and speaking at retreats, banquets and conventions.

He was a member of his family's quartet and age 10. At age 16, he and a brother formed the original Wings of Song Trio which he reorganized in 1978. He joined another brother when he was 19 to sing in the Good News

Quartet.

Gillock is a graduate of Clackamas Community College with degrees in community leadership and administration. He is presently working on a degree in theology through the International Correspondence Institute.

Gillock, his wife and his sound man make their home in Tigard.



Nickie Loundree

Cancer drive kicked off

Nickie Loundree of Sandy recently won handmade ragdolls crafted by Renee Churchill for her donation to the local cancer fund.

Mountain View Social Club has kicked off local efforts in the annual American Cancer Society drive.

Child health care clinic to be Oct. 22

The Clackamas County Public Health Division is going to offer a child health care clinic at the Holly View Baptist Church at 14095 SE 257th Avenue, Boring, on the

fourth Thursday of every other month.

The first clinic will be held Oct. 22.

The clinic will be staffed by a pediatric nurse practi-

tioner and a community health nurse. Services provided are physical examinations, developmental testing, immunizations, and health counseling for children up to five years of age.

The clinic is available only to well children. Sick children should be taken to a private physician. There is a nominal fee for service, but no one will be denied services due to an inability to pay.

Volunteers are needed to staff the clinic. The duties of volunteers are making appointments, registration of clients, weighing and measuring children, and collecting fees. Training is provided.

If interested in making an appointment or volunteering, contact the Clackamas County Public Health Division at 655-8470. Sandy and Boring residents may call 668-3510, ext. 470.

Mt. Hood Lions plan for bazaar in Wemme

The Mt. Hood Lions Auxiliary will sponsor their first bazaar Oct. 24 and 25 from 10 to 5 each day.

The bazaar will be held at the Lions Club building in Wemme. Twenty tables have been set up, and the proceeds will go to various community services, including the eye bank and the

building improvement fund. There will be food available, including a bake sale by the Mt. Hood senior citizens group. Baby-sitting services will be provided.

MOONLITE MADNESS



Friday, Oct. 30

Flea market is Oct. 24

A flea market will be held Oct. 24 from 10 a.m. till 5 p.m. at the Boring-Damascus Grange Hall on S.E. Grange Street, off Highway 212.

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New Owner
ELAINE THOMAS

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ROSY'S BEAUTY SHOP
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Meet the Red Lion at Bowmans' Employee Of The Month



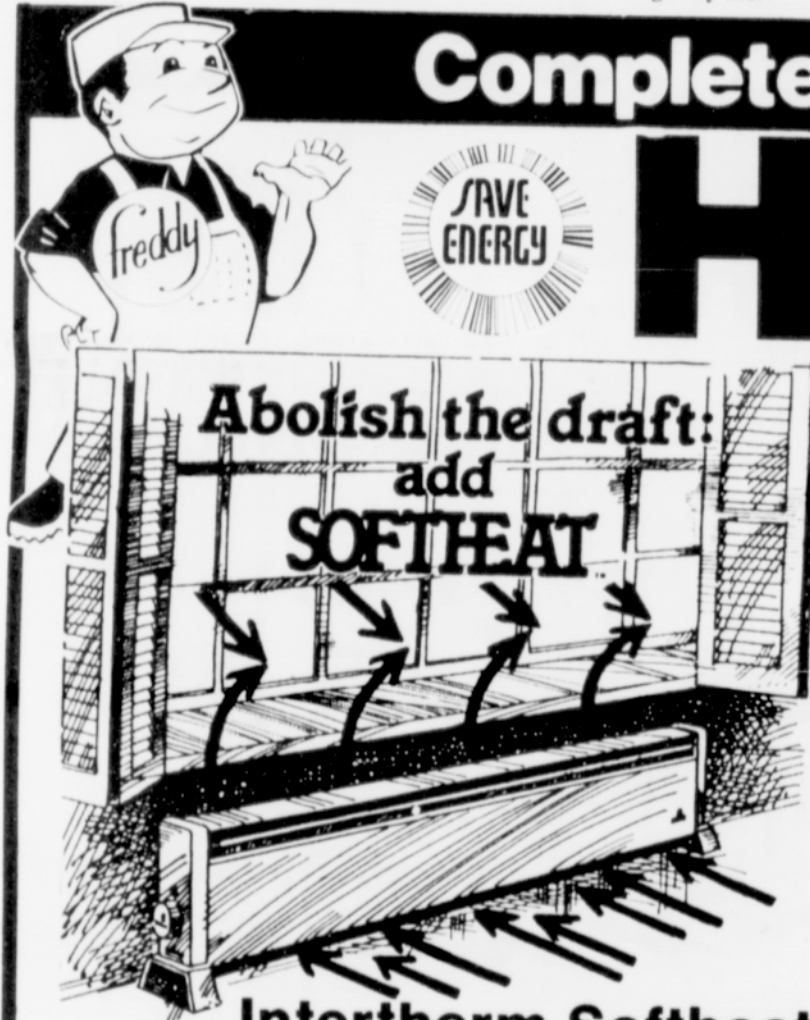
Renato Acuna has a background almost as colorful as the mountainous background surrounding Oregon's most complete family resort, the Red Lion at Bowmans. Even before Renato joined us as our Dining Room and Lounge Host at the Red Lion at Bowmans, he was no stranger to our serene alpine paradise. He had performed here as a featured vocalist, dancer, guitarist and drummer, and had been Dance Director and Assistant Manager for Arthur Murray Studios in Palm Springs. One of the originators of The Health Club at the Red Lion at Bowmans, Renato is now the Director of the club and a wizard at designing exercise programs for our grateful guests. An avid biking enthusiast, Renato is one of the most versatile and effective public relations pluses we've ever had the pleasure to work with. Congratulations, Renato, on your selection as our September Employee of the Month.



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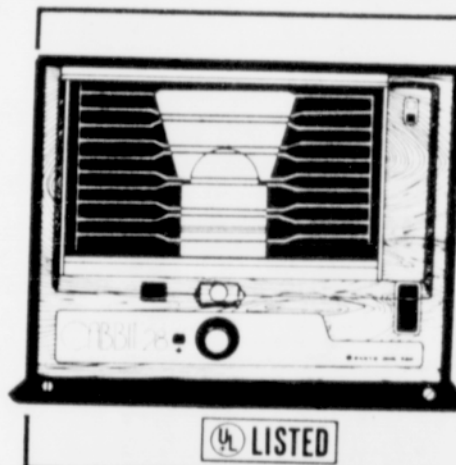


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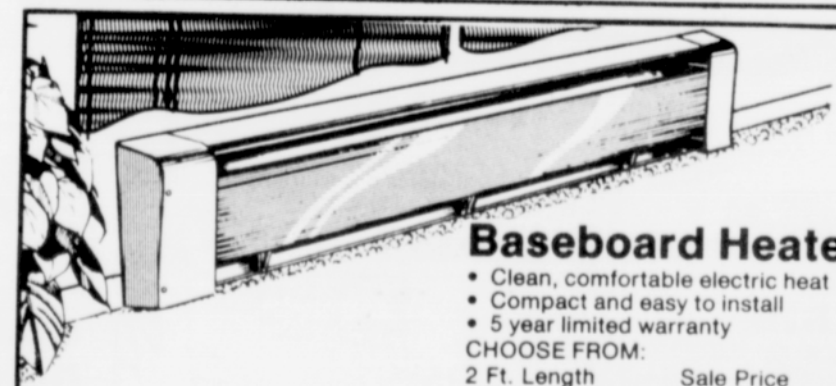
SANYO Deluxe Kerosene Heater

SAVE 19.98

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- 9,000 BTU heat output
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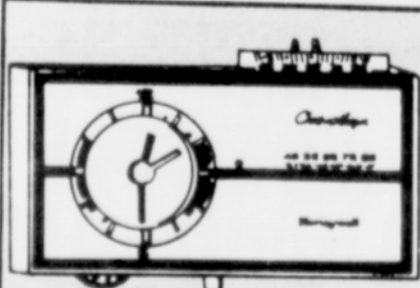


2-3 Hour Firelog

Reg. 1.49
88¢ **SAVE 61¢**

- Burns up to 3 hours
- Easy to light
- Multi-colored flame

Case of 6 **5.28**



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219.97 **SAVE 50.02**

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- Airtight design provides efficient combustion
- Heavy cast iron construction
- 5 year limited warranty, Model #308

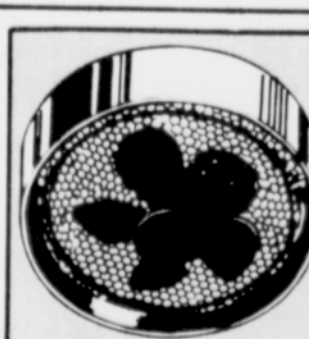


1000 Watt Recessed Wall Heater

23.88 **SAVE 6.07**

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- Radiant heater mounts easily into bathroom wall or any small area requiring space heating
- Includes thermostat
- #CB1-10A, 120 volt



Nautilus® Bathroom Heater

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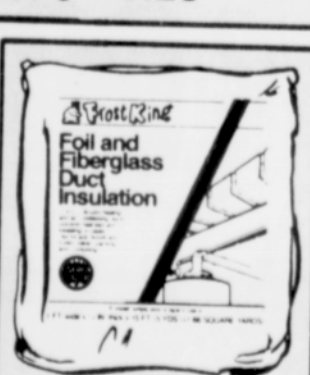
- Fan forced ceiling heater
- Easy to install for fast, even heat
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- The upper level of logs reflects heat into the room, not up the chimney
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Frost King® 12" Duct Tape

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- Helps prevent loss from your heating system
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Portland - Northeast - 86th and Green
Portland - Northwest - Interstate
Interstate - NE Lombard at Interstate
Portland - Southwest - Hwy. 217 at
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