

Water treatment therapy class planned at Welches School

Thursday, Oct. 8
A senior citizens lunch, sponsored by Loaves and Fishes, will be held at the Welches School library beginning at 11:30 a.m. Transportation and further information is available by calling 622-3331.
The senior citizens will have a booth at the Lions Club Ladies Auxilliary "Pumpkin Patch Bazaar" on Oct. 24 and 25. Plants, baked goods and crafts will be featured at their booth. They would appreciate any donations. Call Edythe Kasch, chairwoman, at 622-3207, or Kathy Bock at 622-4445, for more information or to make a donation.
A stress control clinic will

be held from 7:30 to 9 p.m. tonight at Welches Elementary School. Bernie Clark, pastor of the Adventist Church of Sandy, is the instructor. Registration is \$5. The purpose of the clinic is to map out a positive strategy for getting the most out of one's life style. For more information, call 668-6144 or 668-6859.
Welches School Board will meet this evening at 8 p.m. in the school conference room adjacent to the library.
Saturday, Oct. 10
An "Edge of Lace" fund raising sale for the Mt. Hood Preschool Co-op will be held today from 10 a.m. to 3 p.m. The sale will be held at their classroom inside the

Hoodland Womens Club on Salmon River Road. The public is invited to shop and buy lace, trims, ribbon and braid at reasonable prices.
The Welches School class in "Mushroom I.D." will go on a field trip today. Group Leader Terry Pearson will lead the group in identifying and cooking wild edible mushrooms. Call 622-3397 for further details or to register for the class.
Sunday, Oct. 11
The Mountain Music Group will present Reilly and Maloney, a singing team from Seattle, at the Hoodland Womens Club at 7:30 p.m. Tickets can be obtained at The Store, Natural Foods and Cafe in Wemme,

and at the Mt. Hood Food and General Store in Rhododendron.
Tuesday, Oct. 13
10 a.m. the Oregon Health Division will hold a public meeting to consider if a health hazard exists in the Alder Creek water system. The hearing will be held at the Mt. Hood Lions Club building in Wemme.
Welches Community School Tiny-Tots group meets from 10 a.m. till noon. Call Louise Hoyt, 622-3752, for information and meeting location.
The senior citizens monthly potluck will be held at noon in the Hoodland Womens Club building. These potlucks are open to

all senior citizens and transportation can be arranged by calling Maxine Worley at 622-3331.
The Hoodland Womens Club Golf Tournament will tee-off at 11 a.m. at Bowman's. Members and non-members are invited to play in the 9- or 18-hole divisions. Proceeds will go to the club. Call Nonie Smith, tournament chairwoman, at 622-3755 to sign up or for more information.
Beginning at 6 p.m. the Hoodland Womens Club will hold a potluck dinner and no-host bar at the club building. Prizes donated by merchants in the mountain area will be presented to golf tournament winners. Call Kathy

Bock, potluck chairwoman, at 622-4445, or Ruth Taylor at 622-4544, for more information.
Wednesday, Oct. 14
A class designed to help persons learn to control home sicknesses and to help prevent future illnesses through hot and cold treatments will be held tonight and tomorrow night at Welches Elementary School from 7:30 to 9 p.m. Larry Shinner, registered physical therapist at the Portland Adventist Medical Center, will teach the class. Eldridge Smith, a retired registered nurse who specializes in water treatments, will assist. The Welches Community

School's hike program meets at 10 a.m. for carpooling at the Hoodland Womens Club. Bring a lunch and beverage. Mothers with babies in packs and carriers are welcome. For more information call

Lou Tipton, 622-4316.
The Wy'east Artisans Guild Gallery people will meet at Marian Martin's home at 7 p.m. Call 622-4958 for more information.

APPLIANCES

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FIRST 10 LB. BAG **89¢**
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LARGE GREEN PEPPERS **7 FOR 99¢**

U.S. NO. 1 POTATOES BAKING SIZE RUSSETS OR NEW RED **4 LBS. 99¢**

CHOICE VALENCIA ORANGES **3 LBS. 89¢**

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DELICIOUS **APPLES** **4 99¢** LBS

RED OR GOLDEN FANCY SCHOOL BOY SIZE

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FRESH **RED SNAPPER** FILLETS **\$1.48** LB.

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FRESH **BLACK COD FILLETS** **\$1.38** LB.

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WHITE OR WHEAT FIRST 3 LOAVES ADD'L AT REG. PRICE

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CRISCO OIL

FIRST BOTTLE ADD'L AT 12¢ SAVE 81¢

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5 99¢

8 OZ. FOR

FROZEN FOODS DEPT.

EGGO WAFFLES **79¢** 11 OZ.

TREE TOP PEAR/APPLE CIDER **\$1.15** 16 OZ.

WESTERN FAMILY TATERS **88¢** 2 LB.

SWANSON FRIED CHICKEN **\$2.98** 32 OZ.

CRISP CRUST CLASSIC PIZZA **\$2.98** 20 OZ.

BEVERAGE CELLAR

DIET RITE RC COLA **\$1.89** 12 OZ. CANS

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COLONY WINE **\$2.99** 1.5 LT.

SCHMITT SOHNE LIEBFRAUMILCH **\$2.59** 750 ML.

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WELCH'S **GRAPE JELLY** **\$1.09** 20 OZ.

STEINFELD'S **DILL PICKLES** **89¢** 22 OZ.

COTTAGE **PEANUT BUTTER** **\$3.99** 36 OZ.

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