

L.O. Angels champions of tourney

Lake Oswego rode the hot pitching of Lisa Venneri to the title of the Sandy Invitational Fast Pitch Softball Tournament.

Host Lance's Ladies of Sandy were eliminated when a controversial call overturned a Sandy victory and enabled Canby to claim a 6-4 win.

Venneri, who plays infield for Portland State University, fanned 25 batters in the tournament. Lake Oswego swept through without a loss in the double elimination tourney, beating the Eugene Jets 3-0 in the finals.

Lance's Ladies overcame an early deficit to post an opening game win over Gladstone. The final score of the slugfest was 20-14.

Lance's then ran into the Jets, who rolled to an 11-2 win. Lance's stayed alive in the tournament, squeaking by Putnam 6-5. But then came the 6-4 loss to the Canby Red Devils and the end of the line for Lance's.

The controversy came in the bottom of the sixth inning. Candi Netto singled for Lance's and was on first base with two outs when Dawn New lashed a shot to the left side of the infield. The throw to first base was wild, and Netto went on to score. The umpire ruled the game was over, but out came the Canby coach and the argument was on. After 20 minutes or so, the umpire ruled that Netto had to go back to third base and the game continued. Canby got the third out in the inning, scored twice itself, and Lance's was done for the weekend.

In first round games it was Sandy 20, Gladstone 14; Milwaukie 2, Canby 0; Lake Oswego 7, Putnam 2; and Parr Lumber 4, Marv's Chevron 1.

Lake Oswego got into the finals with a 2-0 win over Milwaukie. Eugene qualified by nipping Milwaukie 9-8.



Martins lead Sandy past Oregon City

by MARK FLOYD

Paola's Sandy used a two-run homer by John Martin and some sterling relief pitching from Randy Martin to secure a 5-4 win over Oregon City Friday in American Legion baseball.

Paola's trailed 3-2 going into the bottom of the fifth inning when Mo Contreras slapped a two-out single. Martin then ripped a shot over the left-centerfield wall to give Sandy the lead. Craig Gifford then singled in Jerry Bennett who reached base on an error.

Randy Martin came on in relief of Gifford in the fourth inning and yielded just one hit the rest of the way. He had some control problems and loaded the bases in the fifth and sixth innings, but got out of tie jams with just one run scored, and that was one less than Oregon City needed to tie it up.

"We had to come from behind and that showed a little character on our part," Paola's coach Curtis Heath said. "Oregon City is no slouch, we just played some tight defense down the stretch and that's heartening."

The Paola's defense and Martin's pitching left 11 Oregon City runners stranded on base.

Sandy almost made it two in a row, but LaSalle squeaked by with a 10-9 win last Wednesday.

It was a wild game and each team had one big inning. For LaSalle, it was a six-run sixth inning; for Sandy, a five-run fourth. The difference in the big innings was one run and that turned out to be the difference in the ball game.

Both teams scored three in the first, then picked up a run later, before Sandy

got its five to take a 9-4 lead. But LaSalle answered with a big inning and the Paola's bats went silent over the last three innings.

Sandy got its runs in the first when Mike Lund singled, Mitch Paola doubled, Contreras sacrificed and John Martin doubled.

Paola doubled again in the third inning, went to third on another Contreras sacrifice and scored on Bennett's single.

Sandy's big inning was the fourth and Keith Powell started the rally with a double. He moved to third on an error and scored on Gordon Brinser's sacrifice. Rick Lambert walked, stole second and scored on Lund's double. Contreras singled Lund home, then John Martin slugged a two run homer, his third round-tripper in the last three games.

Lambert started on the mound for Sandy and pitched well for five innings, but he tired in the sixth and LaSalle came up with its big inning. It scored six runs on just one hit, taking advantage of three walks and two hit batsmen.

Paola's ran into a hot-hitting Milwaukie team Monday and suffered a 12-3 defeat. The hosts pounded 14 hits in the cozy park where the "left field fence proved to be disastrous," Heath muttered.

Martin hit another home run as did Dan Paola, but both were solo shots and Sandy needed some runs. It stranded nine runners in the ball game.

Bennett took the loss on the mound for Paola's.

Fish need more care during summer months

by KEN DURBIN
of the Fish and
Wildlife Department

There are subtle indications that summer may be here or, at least, that we may be going to get some stretches of warmer weather.

With warmer weather, it behooves outdoor recreationists to examine their habits. Of course, there is the always present danger of forest fires set by carelessly tossed cigarettes or other burning material.

To the angler, warmer weather means a more difficult time in keeping fish fresh. As the lakes warm up, the surface water is the first part affected and all too often we see people dragging their catch of trout around in the top six inches of warm lake water.

Developed in the eastern United States for use with warm water fish, the fish stringer moved west a few years ago and has probably been responsible for more poor tasting trout than any other one invention. The stringer with the safety pin type snaps on it or the simple stringer of some type of cords works fine with bluegills, crappie, catfish, etc. since these fish can be put on the stringer, lowered back into the water and will stay alive until they are cleaned.

However, the situation is different with trout. In most cases, they will die soon after being put on the stringer, especially if they are being dragged alongside a boat. The result is the angler is dragging dead fish around in the warmest water in the lake. By the time the day has ended and the fish are cleaned, the flesh has become soft, the rib bones are pulling away from the meat and, if the fish have any tendency to taste muddy, it will be very evident. So how do you keep fish in a boat or

alongside a stream? The old wicker creel is still probably the best container. With a bit of green grass in it to somewhat hold the fish apart, the basket, set in the shade, allows the air to circulate around the fish. This not only puts a glaze on the outside of them, but promotes natural cooling through evaporation.

A fish box in a boat if lined with moist, not sopping wet burlap bags with the fish placed in layers in the burlap will also do a good job keeping them cool. Again, the box should be in the shade under a seat or in some other location where the air can best circulate around and in it.

If fishing the high lakes when no ice is available to cool the fish, use natural means. After catching the fish, clean them and hang them in the shade. They should be protected by cheesecloth or something else to keep the insects off. As night falls leave them hanging to get thoroughly cool. If you are staying a day or two, take the fish down the next day and wrap them inside your sleeping bag or foam-type mattress for the day. Then hang them out to cool again at night.

Fish can be kept for several days by the night-cooling, day-insulating method. They first glaze on the outside, then may dry out somewhat. However, they will cook up in fine fashion if soaked in mild salt water for a half an hour or so before cooking.

In a great many cases, foul tasting fish is not the fault of the fish nor the water it came from. It is the fault of the person who did not take care of the catch correctly.

Local license agents now have all of the necessary materials for applying for the various controlled big game hunts. Deadline for mailing applications is July 15.



Sandy pitcher Patty Gray (top) fires a fastball, the same kind of pitch that teammate Donna Gentzler hit for a home run. Gentzler is mobbed by her happy teammates (above). Christi Coleman of Sandy beats a throw to home plate (right), much to the displeasure of the Gladstone catcher.



photos by Mark Floyd

stuff shots

Road runs a new form of summer recreation

by MARK FLOYD
Sports Editor

An increasingly popular form of summer recreation has been that of road runs.

Nearly every little town in the state, or at least the northwestern part of Oregon, has its own road run these days. That certainly makes it nice for runners who wish to travel a bit, run with a crowd and lower their times or just have fun.

The popularity of runs is amazing. Some 6,000 runners jammed the streets of Portland last week for the Cascade Run and other road races are drawing record numbers of entries.

A pair of local races looms on the horizon. The July Fly will be held on the Fourth of July at 1 p.m. The five-mile race is sponsored by the Hoodland Fire Department and will begin at Welches School.

The Sandy Mountain Festival Almost 10-Kilometer Run will be held July 11 at 9 a.m. The race, also in the neighborhood of five miles, will begin at the parking lot of sponsor Camera Connection and make a loop south of Sandy.

This will be the first try for the July Fly, which could turn out to be an annual event. There are a lot of joggers in the Hoodland area, and the area is simply a nice place to run because of the scenery. The hills can be a problem, but they are no greater than in the Sandy area if a course is chosen properly.

The one problem with the July Fly is the time. Starting a race at 1 p.m. in July is not wise. Despite recent mild temperatures, the mercury could easily be in the 90s at that time of day and that can be a dangerous time to hold a race. Runners can lose too much body fluid and are susceptible to heat exhaustion and heatstroke.

Obviously, the Hoodland organizers had reasons for staging the run in the afternoon — there are a lot of activities going on in the morning because of the holiday and the events have to be staggered. But the run really should take place in the morning; for the safety of the runners and as a factor in enticing more runners to compete.

The Almost 10-Kilometer Run has gained strides in the two years of existence in the festival and, hopefully, its third year will be the best ever.

There were some problems last year with registration fees — the price was an exorbitant \$7 — and by the time an understanding was reached, it was too late to change. This year, however, the sponsors and festival committee are a year older and wiser and the event seems to be running much smoother.

An entry fee of just \$3 has been tentatively set and there should be a record number of

entries this year. The race is at 9 a.m., an ideal time for running, and out of conflict with most other festival events.

The course is hilly, but scenic and really quite a nice run. Last year's winners in the men's and women's competition were strong competitors and their names may draw other top-notch runners to the race. There is no word yet on whether Sid Christie and Connie Case will be back to defend their titles.

One further suggestion for the organizers of both runs is to add a shorter run. Five miles isn't that far for a lot of people, but to the young, the elderly and the out-of-shape, a five mile jaunt in the hills is rather discouraging.

Most races these days have two divisions, say a two-mile and a six-mile. It's a sure way to get more entries and the bookkeeping isn't that difficult.

It's something to shoot for next year.