



This mobile health van will be at the Hoodland Plaza parking lot June 29 from 10 a.m. to 6 p.m. Sponsored by the Seventh Day Adventist Church, the van will provide free lung and blood pressure checks. No diabetes service will be available, however.

In Hoodland area

Mobile health unit slated

Hoodland area residents will have an opportunity for a free update on many of their health conditions next week.

The Sandy Seventh-day Adventist Church will sponsor a mobile health unit June 29 at the Hoodland Plaza shopping center from 10 a.m. to 6 p.m. Free blood pressure and lung function tests as well as a computerized health profile screening will be offered.

"Many people have health problems that they are not aware of and which need attention," said Pam

Baumgartner, Community Health coordinator. "All of the testing is done by qualified personnel. When individuals being tested have conditions which need medical attention, they will be advised to see their family physicians immediately."

The Portland-based mobile unit was purchased in 1975 at the cost of \$11,000 by the Oregon Conference of the Seventh-day Adventist Church for health testing in Oregon and southwest Washington.

The unit is equipped with a machine which gives an

automatic readout on blood pressure. Instruments are also available for the checking of pulmonary functions.

The free computerized health profile is offered to everyone who comes to the mobile unit. Based on an individual's answers to a health questionnaire, the computer will predict the remaining length of a patient's life. It is based on averages from a study of nearly 4,000 people.

The computer printout also suggests ways an individual may increase life expectancy.

Hoodland rummage sale due

The annual Hoodland Women's Club Rummage Sale will be held Fourth of July weekend.

Women's Club members have been sorting and arranging items of all kinds for the sale. It will run from 9

a.m. to 4 p.m. July 4 and from 10 a.m. to 4 p.m. July 5.

Baked goods will also be available and their will be coffee for shoppers and punch for the kids.

Proceeds from the sale will go toward several pro-

jects sponsored by the Women's Club, which helps needy people in the area secure food and clothing.

The sale will be at the Women's Club, located on Salmon River Road in Welches, right across from the school.

THRIFTWAY'S FROZEN FOOD FIESTA

WESTERN FAMILY **PRE-FRIED CHICKEN**
FIRST 2 LB. BOX

\$1.88

ADDITIONAL AT \$2.29

BIRD'S EYE **COOL WHIP TOPPING**
FIRST TWO 8 OZ. TUBS

63¢

ADDITIONAL AT 79¢

APPLE, PEACH OR CUSTARD **PET-RITZ PIES**
FIRST TWO (24 TO 26 OZ.)

77¢

ADDITIONAL AT 89¢

WESTERN FAMILY **LEMONADE**
REGULAR OR PINK
FIRST THREE 12 OZ. TINS

3 FOR \$1

ADDITIONAL AT 2/99¢

WHEN IT COMES TO SAVINGS, COME TO THRIFTWAY!

CHUCK ROAST BONELESS
USDA CHOICE BEEF CHUCK **\$1.68** LB.

RED SNAPPER
FRESH PACIFIC **\$1.38** LB.

TURKEY BREASTS
RICHBOOK BRAND **\$1.18** LB.

BONELESS CHUCK STEAK LB. **\$1.88**
USDA CHOICE

FRYER RABBITS LB. **\$1.98**
PEL FREEZE CUT UP FROZEN

CALVES LIVER LB. **\$1.98**
GENUINE

CORN DOGS REGULAR OR CHEESE 15 OZ. PKG. **\$1.58**
STATE FAIR BRAND

THURINGER LB. **\$2.18**
ARMOUR DOUBLE SMOKED COUNTRY STYLE

SPARERIBS EXCELLENT FOR BAR-B-Q LB. **\$1.68**

LAMB SHOULDERS 98¢ LB.
GENUINE SPRING FROZEN PRE-SLICED

PORK CHOPS **\$1.68** LB.
CENTER RIB CUT ARMOUR 'VERI-BEST' HALF OR WHOLE

PORK LOINS **\$1.48** LB.

SAVE 60¢!

MIRACLE WHIP
KRAFT SALAD DRESSING **99¢**
FIRST 32 OZ. JAR
ADDITIONAL AT \$1.49

SAVE 38¢!

GOLD 'n SOFT
GREGG'S MARGARINE **49¢**
FIRST ONE 1 LB. TUB
ADDITIONAL AT 69¢

BUTTER CUP

FRESH BREAD
WHITE OR WHEAT FIRST THREE 22 1/2 OZ. LOAVES **\$1.09**
ADDITIONAL AT REG. PRICE

BAR-S "BIGGIES"
ALL-MEAT FRANKS **99¢**
1 LB. PKG.

THICK SLICED BACON 1 1/2 LB. PKG. **\$1.98**

ITALIAN SALAME CHUB 8 OZ. **\$2.29**

GRATED PARMESAN 8 OZ. **\$1.99**

IMO DRESSING 8 OZ. **39¢**

KRAFT SINGLES **\$2.29**
16 OZ. PKG. PROCESSED AMERICAN CHEESE FOOD

ALEX FLOUR TORTILLAS 18 OZ. **59¢**

MINUTE MAID CHILLED DRINKS 64 OZ. **\$1.19**
FRUIT PUNCH, REGULAR OR PINK LEMONADE

SWIFT'S SIZZLEAN **\$1.58**
12 OZ. REGULAR OR BROWN SUGAR CURED BREAKFAST STRIPS

DINTY MOORE BEEF STEW 15 OZ. **\$1.09**

ARM & HAMMER BAKING SODA 16 OZ. **98¢**

SUGAR REPLACEMENT SUGAR TWIN 2.85 OZ. **83¢**

MERLINO'S LONG SPAGHETTI 12 OZ. **\$1**

TREE TOP APPLE JUICE HALF GAL. **\$1.59**

POPPER'S POPCORN CHEESE OR SOUR CREAM AND ONION 6 OZ. **78¢**
PLAIN 5 1/2 OZ. **68¢**

NALLEY'S ASSORTED SALAD DRESSINGS 16 OZ. BTL. **\$1.29**

FRENCH'S CREAMY MUSTARD 24 OZ. **79¢**

NISSIN (BEEF, BEEF-ONION OR CHICKEN) CUP O'NOODLES 1.2 OZ. 2 PK. **75¢**

PILLSBURY FLOUR ENRICHED 5 LB. BAG **\$1.19**

RALSTON WHEAT CHEX 15 OZ. **\$1.29**

OREO CREME COOKIES NABISCO 19 OZ. **\$1.59**

HONEYMAID GRAHAMS NABISCO 16 OZ. **99¢**

AUNT JEMIMA SYRUP 24 OZ. **\$1.79**

WE CARE MORE WE OWN OUR STORE

THRIFTWAY

WILLIAMS, 17450 Meinig Ave., Sandy, 668-4240
HOODLAND, Welches Rd., Wemme, 622-3244
Prices effective Wed. thru Tues., June 24 thru 30